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# **Quasi-stationary measures and metastability**

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# Outline

## 1. Introduction

- Metastable systems.
- Markovian models.
- Metastable state: restricted ensemble and quasi stationary measure

#### 2. Exit time: law and sharp average estimates

- Exponential law of the exit time.
- Sharp estimates on average exit time and relaxation time.
- Example: Curie-Weiss model.

#### 3. Escape from metastability

- Soft measures as generalization of quasi-stationary measures.
- Transition times and mixing time asymptotics.

Metastability is a common dynamical phenomenon related to first order phase transition.



If the parameters of the system change along the line of the first order phase transition, *the system moves from one metastable state to the new equilibrium*.

**Main features**: This transition takes a long time, while the system stays in an apparent equilibrium.

## Rigorous description

Due to the work of Lebowitz & Penrose (J. Stat. Phys., 3, 1971):

"We shall characterize metastable thermodynamic states by the following properties:

(a) only one thermodynamic phase is present,

- (b) a system that starts in this state is likely to take a long time to get out,
- (c) once the system has gotten out, it is unlikely to return. "

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one phase of metastable state  $\longrightarrow$  region  $\mathcal{R} \subset \mathcal{X}$  of the phase space metastable state  $\longrightarrow \mu_{\mathcal{R}} = \mu(\cdot | \mathcal{R})$ , the restricted ensemble.

**Main question**: Show properties (b) and (c) by analyzing the exit time from  $\mathcal{R}$ :  $\mathcal{T}_{\mathcal{R}^c}$ .

## Metastability in stochastic dynamics

Previous results and techniques

A simple example: Let  $X_t \in \mathbb{R}$  solution of  $dX_t = -V'(X_t) + \sqrt{2\varepsilon} dW_t$ 



• Large deviations techniques [Freidlin, Wentzell ('84)]:

(1) 
$$\lim_{\varepsilon \to 0} \varepsilon \log \mathbb{E}_x \mathcal{T}_y = \Delta$$
 (2)  $\lim_{\varepsilon \to 0} \mathbb{P}_x \left( \frac{\mathcal{T}_y}{\mathbb{E}_x \mathcal{T}_y} > t \right) = e^{-t}$ 

- Pathwise approach[Cassandro, Galves, Olivieri, Vares ('84)]: It focuses on typical trajectories and exponential law of the exit time. By LD techniques, it provides (1)-(2). Developed and generalized in many ways: [Neves, Schonmann ('92)], [Ben Arous, Cerf ('96)], [Schonmann, Shlosman ('98)], [Gaudillière, Olivieri, Scoppola ('05)].
- Potential theoretic approach [Bovier, Eckhoff, Gayrard, Klein ('01-'04)]: It focuses on relation between exit time and capacities, (and spectrum of the generator), providing sharp results (T finite): [Bovier, Manzo ('02)] [B., Bovier, Ioffe, '09], [Bovier, Den Hollander, Spitoni ('10)], [Beltrán, Landim ('10)].

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**Our main goal**: Give a different description of metastable state and find simple hypotheses to get sharp estimates on the average exit time and prove its exponential law.

Markovian models

## **Markovian Models**

Markov process  $X = (X_t)_{t \in \mathbb{R}}$  on a finite set  $\mathcal{X}$  with generator

$$\mathcal{L}f(x) = \sum_{y \in \mathcal{X}} p(x,y)(f(y) - f(x))$$

For  $\mathcal{R} \subset \mathcal{X}$  metastable set, let  $X_{\mathcal{R}}(X_{\mathcal{R}^c})$  be the reflected process on  $\mathcal{R}(\mathcal{R}^c)$ . Assume:

- 1) X irreducible and reversible w.r.t  $\mu$ ;
- 2)  $X_{\mathcal{R}}, X_{\mathcal{R}^c}$  irreducible  $\longrightarrow$  reversible w.r.t.  $\mu_{\mathcal{R}}$  and  $\mu_{\mathcal{R}^c}$ .

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• Consider the sub-Markovian kernel on  ${\mathcal R}$ 

$$r^*(x,y) = p(x,y), \quad ext{for all } x,y \in \mathcal{R}$$

and let  $e_{\mathcal{R}}(x) = \sum_{y \notin \mathcal{R}} p(x, y)$  (escape probability from  $\mathcal{R}$ ).

# **Quasi-stationary measure**

From Perron-Frobenius Theorem and Darroch & Seneta('62):

•  $\exists$  a measure  $\mu_{\mathcal{R}}^*$  on  $\mathcal{R}$ , called **quasi stationary measure** defined as

$$\mu_{\mathcal{R}}^{*}(y) = \lim_{t \to \infty} \mathbb{P}_{x}(X(t) = y | \mathcal{T}_{\mathcal{R}^{c}} > t) \qquad \text{Yaglom limit}$$

• Moreover 
$$\exists \phi^* > 0$$
 s.t.  
1.  $\mu_{\mathcal{R}}^* r^* = (1 - \phi^*) \mu_{\mathcal{R}}^* \longrightarrow \text{left eigenvector}$   
2.  $\mathbb{P}_{\mu_{\mathcal{R}}^*}(\mathcal{T}_{\mathcal{R}^c} > t) = e^{-\phi^* t} \longrightarrow \text{exponential law}$   
3.  $\mathbb{E}_{\mu_{\mathcal{R}}^*}(\mathcal{T}_{\mathcal{R}^c})^{-1} = \phi^* = \mu_{\mathcal{R}}^*(e_{\mathcal{R}}) \longrightarrow \text{exponential rate}$ .

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• Choose  $\mu_{\mathcal{R}}^*$  instead of  $\mu_{\mathcal{R}}$  in order to describe the metastable state.

## Advantages and disadvantages.

- $\mu_{\mathcal{R}}^*$  immediately provides the exponential law of  $\mathcal{T}_{\mathcal{R}}$ , that in general is hard to deduce.
- $\mu_{\mathcal{R}}^*$  is not explicitly given, then preventing from getting quantitative estimates.

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Let  $\gamma_{\mathcal{R}}$  be the spectral gap of  $X_{\mathcal{R}}$  and define  $\boldsymbol{\varepsilon}_{\mathcal{R}} := \frac{\phi^*}{\gamma_{\mathcal{R}}}$ .

**Proposition 1.** If 
$$\varepsilon_{\mathcal{R}} < 1$$
, then  $\left\| \frac{\mu_{\mathcal{R}}^*}{\mu_{\mathcal{R}}} - 1 \right\|_{\mathcal{R},2}^2 \leq \frac{\varepsilon_{\mathcal{R}}}{1 - \varepsilon_{\mathcal{R}}}$ 

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**Remark.** Note that  $\varepsilon_{\mathcal{R}} = \gamma_{\mathcal{R}}^{-1} / \mathbb{E}_{\mu_{\mathcal{R}}^*}(\mathcal{T}_{\mathcal{R}^c}).$ 

For metastable systems, we expect  $\varepsilon_R \ll 1$  with some parameter of the system (e.g. size of the system  $\to \infty$ ,  $T \to 0$ )

# **Exponential law of the exit time**

Assume that  $\varepsilon_{\mathcal{R}} \to 0$  and let  $S_{\mathcal{R}} := \frac{1}{\gamma_{\mathcal{R}}^*} \ln \frac{2}{\delta(1-\delta)\zeta_{\mathcal{R}}}$  (local mixing time), with  $\zeta_{\mathcal{R}} := \min_{x \in \mathcal{R}} \{ \mu_{\mathcal{R}}^{*2}(x) / \mu_{\mathcal{R}}(x) \}$ ,  $\gamma_{\mathcal{R}}^*$  the spectral gap of  $r^*$ , and  $\delta = O(\varepsilon_{\mathcal{R}})$ .

**THM 1.** [Exponential law] If  $S_{\mathcal{R}} \cdot \phi^* = o(1)$  as  $\varepsilon_{\mathcal{R}} \to 0$ , then

1) 
$$\mathbb{E}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}^{c}}) = \phi^{*-1}(1+o(1))$$
  
2)  $\mathbb{P}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}^{c}} > t \cdot \phi^{*-1}) = e^{-t}(1+o(1))$ 

**Remark.** In fact we can prove much more. We can consider general initial measure  $\nu$ , and get exact corrective terms which are matching in the regime  $S_{\mathcal{R}} \cdot \phi^* = o(1)$ .

# **Sharp average estimates**

# Recall that: If $A, B \subset \mathcal{X}, A \cap B = \emptyset \implies \operatorname{cap}(A, B) = \sum_{a \in A} \mu(a) \mathbb{P}_a(\tau_A^+ > \tau_B^+).$

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#### Generalized capacities

For  $k, \lambda > 0$ , define an extended system  $\mathcal{X}' = \mathcal{X} \cup A' \cup B'$ , A', B' copies of A, B.



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Definition  $(k, \lambda$ -capacities):  $\operatorname{cap}_k^{\lambda}(A, B) = \operatorname{cap}(A', B')$ .

When  $\lambda = +\infty \longrightarrow B = B'$  and  $\operatorname{cap}_k^{\infty}(A, B) = \operatorname{cap}_k(A, B)$ . In particular  $\operatorname{cap}_{\infty}^{\infty}(A, B) = \operatorname{cap}(A, B)$ .

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**THM 2.** [Mean exit time] If  $S_{\mathcal{R}} \cdot \phi^* = o(1)$  as  $\varepsilon_{\mathcal{R}} \to 0$ , and choosing  $\phi^* \ll k \ll \gamma_{\mathcal{R}}$ ,

$$\phi^{*-1} = \frac{\mu(\mathcal{R})}{\mathsf{cap}_k(\mathcal{R}, \mathcal{R}^c)} (1 + o(1))$$

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**THM 3.** [relaxation time] If  $S_{\mathcal{R}} \cdot \phi^* = o(1)$  and  $S_{\mathcal{R}^c} \cdot \phi^{c*} = o(1)$  with  $\varepsilon_{\mathcal{R}}, \varepsilon_{\mathcal{R}^c} \to 0$ , and choosing  $\phi^* \ll k \ll \gamma_{\mathcal{R}}$  and  $\phi^{c*} \ll \lambda \ll \gamma_{\mathcal{R}^c}$ , then

$$\mathcal{T}_{rel} \equiv \frac{1}{\gamma} = \frac{\mu(\mathcal{R})\mu(\mathcal{R}^c)}{\operatorname{cap}_k^{\lambda}(\mathcal{R}, \mathcal{R}^c)} (1 + o(1))$$

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# A simple example: the Curie-Weiss model

Let  $m \in \Gamma = \{-1, -1 + \frac{2}{N}, \dots, 1\}$  (magnetization) a 1D-parameter

Let  $\mu(m) \propto e^{-\beta N F_N(m)}$  the Gibbs measure on  $\Gamma$  and consider a dynamics reversible w.r.t.  $\mu$  with transition rates  $p(m, m^{\pm}) \propto e^{-\beta N \nabla_{\pm} F_N}$ .

For some values of the parameters



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## Questions:

- 1. Law and average of  $\mathcal{T}_{\mathcal{R}^c}$  w.r.t.  $\mu_{\mathcal{R}}$ ?
- 2. Relaxation time?

Studied by [COGV('84)], [MP('98)], [BEGK('01)],[BBI('09)].

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We want to show that  $\varepsilon_{\mathcal{R}}, \varepsilon_{\mathcal{R}^c} \xrightarrow[N \to \infty]{} 0$  and  $S_{\mathcal{R}} \cdot \phi^* = o(1), S_{\mathcal{R}^c} \cdot \phi^{c*} = o(1).$ 

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and similarly  $\phi^{c*} \leq e^{-\beta N \Gamma_2}$ , with  $\Gamma_1 < \Gamma_2$ .

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2.  $\gamma_{\mathcal{R}}^{-1} \leq \mathcal{T}_{mix}^{\mathcal{R}} \leq c(\beta) N^{3/2} \quad \longleftarrow \text{ argument used in [Levin,Luczak, Peres ('10)]}$ . and similarly  $\gamma_{\mathcal{R}}c^{-1} \leq c(\beta) N^{3/2}$ .

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- 3. With the above estimates we get easily  $S_{\mathcal{R}}, S_{\mathcal{R}^c} \leq c(\beta)N^3$ .

#### $\rightarrow$ Then the required hypotheses follow.

#### Second step: compute the capacities

We make use of the two-side variational principle over the capacities. Test functions and flows are provided by the 1D process over the magnetizations, where capacities can be computed explicitly.

Then, for all  $\phi_{\mathcal{R}}^* \ll k \ll \gamma_{\mathcal{R}}$  and  $\phi_{\mathcal{R}^c}^* \ll \lambda \ll \gamma_{\mathcal{R}^c}$ 

1. 
$$\operatorname{cap}_k(\mathcal{R}, \mathcal{R}^c) = \frac{1}{Z_N} \cdot \frac{1}{\sqrt{\pi N}} c(m_0) e^{-\beta N f_N(m_0)} (1 + o(1)),$$

2. 
$$\operatorname{cap}_k^{\lambda}(\mathcal{R}, \mathcal{R}^c) = \frac{1}{Z_N} \cdot \frac{1}{2\sqrt{\pi N}} c(m_0) e^{-\beta N f_N(m_0)} (1 + o(1)),$$

where  $c(m_0) = \sqrt{(1-m_0^2)|f_N''(m_0)|}.$ 

#### The result

From Theorems 1.,2. and 3., it holds

(i)  $\mathcal{T}_{\mathcal{R}^c}$  has asymptotic exponential law w.r.t.  $\mu_{\mathcal{R}}$  with mean

$$\mathbb{E}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}^c}) = \frac{\pi N}{\beta c(m_0)c(m_-)} e^{\beta N\Gamma_1}(1+o(1))$$

(ii) The relaxation time  $\gamma^{-1}$  is given by

$$\gamma^{-1} = \frac{2\pi N}{\beta c(m_0)c(m_-)} e^{\beta N \Gamma_1} (1 + o(1))$$

# Soft measure and escape from metastability

Recall property (c) of Lebowitz & Penrose:

"once the system has gotten out, it is unlikely to return "

What does it mean "to get out" from  $\mathcal{R}$ ? Exit from  $\mathcal{R}$ ? When the system just exited  $\mathcal{R}$ , the probabilities to go back to  $\mathcal{R}$  or proceed in  $\mathcal{R}^C$  are equal, and (c) fails.

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#### Main Idea

If the dynamics spends in  $\mathcal{R}^c$  a time  $\geq S_{\mathcal{R}^c}$  (local mixing in  $\mathcal{R}^c$ ) then it is close to  $\mu^*_{\mathcal{R}^c}$ .

Define the "true escape from  $\mathcal{R}$ " as the first time that the "dynamics on  $\mathcal{R}$ " makes an excursion in  $\mathcal{R}^c$  of order  $\geq S_{\mathcal{R}^c}$ .

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#### Formally:

• For any  $\lambda > 0$  and  $\sigma_{\lambda} \sim \exp(\lambda)$  indep. of X, sub-Markovian kernel on  $\mathcal{R}$ :

$$r^*_\lambda(x,y) = \mathbb{P}_x(X( au^+_\mathcal{R}) = y, L_{\mathcal{R}^c}( au^+_\mathcal{R}) \leq \sigma_\lambda)$$

where  $L_A = \text{local time in } A \subset \mathcal{X}$  and  $G_A$  its right-continuous inverse.

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• Define the transition time:

$$\mathcal{T}_{\mathcal{R}^c,\lambda} = L_{\mathcal{R}}(G_{\mathcal{R}^c}(\sigma_{\lambda}))$$



 $\sigma_{\lambda} = \text{length of blue-path}$  $G_{\mathcal{R}^c}(\sigma_{\lambda}) = \text{length of black-path}$  $\mathcal{T}_{\mathcal{R}^c,\lambda} = \text{length of red-path}$ 

By similar arguments to those used for the analysis of  $r^*$ , we define the **soft measure**  $\mu^*_{\mathcal{R},\lambda}$  on  $\mathcal{R}$  as

$$\mu_{\mathcal{R},\lambda}^*(y) = \lim_{t \to \infty} \mathbb{P}_x(X(G_{\mathcal{R}}(t)) = y | \mathcal{T}_{\mathcal{R}^c,\lambda} > t)$$

It turns out that  $\exists \phi_{\lambda}^{*} > 0 \text{ s.t.}$ 1.  $\mu_{\mathcal{R},\lambda}^{*} r_{\lambda}^{*} = (1 - \phi_{\lambda}^{*}) \mu_{\mathcal{R},\lambda}^{*} \longrightarrow \text{left eigenvector}$ 2.  $\mathbb{P}_{\mu_{\mathcal{R},\lambda}^{*}} (\mathcal{T}_{\mathcal{R}^{c},\lambda} > t) = e^{-\phi_{\lambda}^{*}t} \longrightarrow \text{exponential law}$ 3.  $\mathbb{E}_{\mu_{\mathcal{R},\lambda}^{*}} (\mathcal{T}_{\mathcal{R}^{c},\lambda})^{-1} = \phi_{\lambda}^{*} = \mu_{\mathcal{R},\lambda}^{*} (e_{\mathcal{R},\lambda}) \longrightarrow \text{average time}$ 

**Remark 1.**  $\mu_{\mathcal{R},\lambda}^*$  is continuous interpolation between  $\mu_{\mathcal{R}} = \mu_{\mathcal{R},0}^*$  and  $\mu_{\mathcal{R}}^* = \mu_{\mathcal{R},\infty}^*$ .

**Remark 2.** The same construction can be done for the dynamics on  $\mathcal{R}^c$ : For k > 0 and taking a time ( $\mathcal{R}$ )-excursion bound of  $\sigma_k \sim \exp(k)$ , we construct  $\mu^*_{\mathcal{R}^c,k}$ .

## Transition time and mixing time

**THM 4.** All the results proved for  $\mathcal{T}_{\mathcal{R}^c}$  and  $\phi^*$ , hold for  $\mathcal{T}_{\mathcal{R}^c,\lambda}$  and  $\phi^*_{\lambda}$  under analogous hypotheses ( $\varepsilon_{\mathcal{R}} \ll 1$  and  $S_{\mathcal{R},\lambda} \cdot \phi^*_{\lambda} = o(1)$  as  $\varepsilon_{\mathcal{R}} \to 0$ ). In particular:

1.  $\mathcal{T}_{\mathcal{R}^c,\lambda}$  has asymptotic exponential law w.r.t.  $\mu_{\mathcal{R}}$ , with rate  $\phi_{\lambda}^*$ 

2.  $\phi_{\lambda}^{*}$  satisfied sharp asymptotics expressed in term of capacity

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From 1. and 2.

$$\mathbb{E}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}^{c},\lambda}) = \phi_{\lambda}^{*^{-1}}(1+o(1)) = \frac{\mu(\mathcal{R})}{\mathsf{cap}_{k}^{\lambda}(\mathcal{R},\mathcal{R}^{c})}(1+o(1))$$

Moreover, the truly escape from  $\mathcal{R}$  is given by the time  $G_{\mathcal{R}^c}(\sigma_{\lambda})$ , (first excursion  $\sim \sigma_{\lambda}$ ) for  $\lambda = O(S_{\mathcal{R}^c,0}^{-1})$ . Indeed it holds, for all  $x \in \mathcal{X}$ ,

$$\begin{cases} \|\mathbb{P}_x(X(G_{\mathcal{R}^c}(\sigma_{\lambda})) = \cdot) - \mu_{\mathcal{R}^c}\|_{\mathsf{TV}} \leq \lambda S_{\mathcal{R}^c,0} + o(1) \\ \|\mathbb{P}_x(X(G_{\mathcal{R}^c}(\sigma_{\lambda})) = \cdot) - \mu\|_{\mathsf{TV}} \leq \mu(\mathcal{R}) + \lambda S_{\mathcal{R}^c,0} + o(1) \end{cases} \end{cases}$$

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**THM 5.** [mixing time] If  $S_{\mathcal{R}} \cdot \phi^* = o(1)$  and  $S_{\mathcal{R}^c} \cdot \phi^{c^*} = o(1)$  as  $\varepsilon_{\mathcal{R}}, \varepsilon_{\mathcal{R}^c} \to 0$ , and taking  $\lambda = O(S_{\mathcal{R}^c,0}^{-1})$ ,

$$\mathcal{T}_{mix} \leq \frac{4}{\gamma} \left( \frac{1 - \mu(\mathcal{R})}{1 - 2\mu(\mathcal{R})} \right) \left( 1 + o(1) \right)$$

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#### Transition and mixing time of the Curie-Weiss model:

Recall that we get:

•  $\mathcal{T}_{\mathcal{R}^c}$  has exponential law w.r.t.  $\mu_{\mathcal{R}}$ ;

• 
$$\mathbb{E}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}}c) = \frac{\pi N}{\beta c(m_0)c(m_-)} e^{\beta N\Gamma_1}(1+o(1));$$

• 
$$\gamma^{-1} = \frac{2\pi N}{\beta c(m_0)c(m_-)} e^{\beta N\Gamma_1} (1 + o(1)).$$

By Theorem 6., with no need of further computations, it holds:

(i)  $\mathcal{T}_{\mathcal{R}^c,\lambda}$  has exponential law w.r.t.  $\mu_{\mathcal{R}}$ , with mean

$$\mathbb{E}_{\mu_{\mathcal{R}}}(\mathcal{T}_{\mathcal{R}^{c},\lambda}) = \frac{2\pi N}{\beta c(m_{0})c(m_{-})} e^{\beta N\Gamma_{1}}(1+o(1))$$

(ii) The mixing time  $\mathcal{T}_{mix}$  is bounded as

$$\gamma^{-1} \leq \mathcal{T}_{mix} \leq \frac{8\pi N}{\beta c(m_0)c(m_-)} e^{\beta N\Gamma_1} (1+o(1)) = 4\gamma^{-1} (1+o(1))$$

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# Thank you for your attention!