# Heat kernel estimates on a connected sum of two copies of $\mathbb{R}^{n}$ along a surface of revolution 

Alexander Grigor'yan*<br>Department of Mathematics<br>University of Bielefeld<br>33501 Bielefeld, Germany<br>grigor@math.uni-bielefeld.de<br>Satoshi Ishiwata ${ }^{\dagger}$<br>Department of Mathematical Sciences<br>Yamagata University<br>Yamagata 990-8560, Japan<br>ishiwata@sci.kj.yamagata-u.ac.jp

April 2012

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#### Abstract

We prove sharp two sided heat kernel estimates on a connected sum of two copies of $\mathbb{R}^{n}$ along a surface of revolution taking into account a bottleneck effect. In the proof, estimates of the hitting probability of a non-compact set play a crucial role. For the heat kernel upper bound, we use isoperimetric inequalities on connected sums. For the heat kernel lower bound, we use a lower bound of the Dirichlet heat kernel in the exterior of a non-compact set.


2010 Mathematics Subject Classification: Primary 35K08, Secondary 58JJ65, 58J35, 31C12

Keywords: heat kernel, connected sum, Riemannian manifold, diffusion process, hitting probability

## 1 Introduction

Let $M$ be a connected, geodesically complete non-compact Riemannian manifold and $\Delta$ be the (positive definite) Laplace operator associated with its Riemannian metric. The heat kernel $p(t, x, y)$ is defined as the minimal positive fundamental solution of the heat equation

$$
\begin{equation*}
\left(\partial_{t}+\Delta\right) u(t, x)=0 \tag{1.1}
\end{equation*}
$$

on $(0, \infty) \times M$. From the probabilistic point of view, $p(t, x, y)$ can be regarded as the transition density of the Brownian motion $\left(\left\{X_{t}\right\},\left\{\mathbb{P}_{x}\right\}\right)$ on $M$.

It is interesting to study the relationship between the long time behavior of $p(t, x, y)$ and global geometric properties of $M$. Many authors have considered this problem for various classes of manifolds - see [8], [12], [23] and literatures therein.

Let $d(x, y)$ be the geodesic distance on $M$ and $V(x, r)$ be the Riemannian volume of the geodesic ball $B(x, r)$ of radius $r$ centered at $x$. One of the most interesting heat kernel estimates is the following Li-Yau type estimate

$$
\begin{equation*}
p(t, x, y) \asymp \frac{C}{V(x, \sqrt{t})} \exp \left(-b \frac{d(x, y)^{2}}{t}\right) \quad \forall x, y \in M, t>0 \tag{1.2}
\end{equation*}
$$

where $C, b>0$ are constants and the sign $\asymp$ means that both $\leq$ and $\geq$ are satisfied but possibly with different values of the constants $C, b$. For example, (1.2) is obviously true for $\mathbb{R}^{n}$, since $V(x, \sqrt{r})=$ const $t^{n / 2}$. Moreover, the same
estimate is true for the heat kernel of uniformly elliptic operators in divergence form in $\mathbb{R}^{n}$ ([1]). Li and Yau [20] proved the estimate (1.2) for the manifolds with non-negative Ricci curvature.

A complete characterization of manifolds admitting (1.2) is known and follows from the works of Fabes, Stroock [10], Grigor'yan [13], Saloff-Coste [22], [23] (see Theorem 7.1 in Appendix).

On the other hand, there are many interesting manifolds where the heat kernel does not satisfy (1.2). Let $M_{1}$ and $M_{2}$ be two Riemannian manifolds of the same dimension, and let $A_{1}, A_{2}$ be closed subsets of $M_{1}, M_{2}$ respectively. Let $A_{1}, A_{2}$ have non-empty interiors and smooth boundaries. Let $J$ be a manifold with boundary so that $\partial J$ is isometric to the disjoint union $\partial A_{1} \amalg \partial A_{2}$. Then we define the connected sum $M=M_{1} \#_{J} M_{2}$ as the disjoint union of $M_{1} \backslash A_{1}, M_{2} \backslash A_{2}$ and $J$ with identification of $\partial A_{1} \amalg \partial A_{2}$ and $\partial J$. The Riemannian metric of $M$ on $M_{i} \backslash A_{i}$ is defined to be the metric of $M_{i}$, and the Riemannian metric on $J$ is chosen so that the metric on $M$ is smooth.

We are interested in heat kernel bounds on the connected sum $M=$ $M_{1} \#_{J} M_{2}$ assuming that the heat kernels on $M_{1}$ and $M_{2}$ satisfy the Li-Yau estimate (1.2). If $A_{1}, A_{2}, J$ are compact then the value of the heat kernel $p(t, x, y)$ for $x$ and $y$ at the different ends of $M$ may be significantly smaller than predicted by (1.2), which is due to a bottleneck effect. The first author and Saloff-Coste proved in [16] that the heat kernel $p(t, x, y)$ on $\mathbb{R}^{n} \#_{J} \mathbb{R}^{n}$ with compact $A_{1}, A_{2}, J$ and $n \geq 3$ satisfies the following estimate:

$$
\begin{equation*}
p(t, x, y) \asymp C t^{-n / 2}\left(\frac{1}{d(x, J)^{n-2}}+\frac{1}{d(y, J)^{n-2}}\right) \exp \left(-b \frac{d(x, y)^{2}}{t}\right) \tag{1.3}
\end{equation*}
$$

assuming that $x, y$ belong to different copies of $\mathbb{R}^{n}$ and $d(x, J), d(y, J), t$ are large enough. The terms $d(x, J)^{2-n}$ and $d(y, J)^{2-n}$ arise from the bottleneck effect and give a quantitative meaning to the latter.

Now assume that $A_{1}, A_{2}$ are non-compact subsets of $\mathbb{R}^{n}$. In this case the heat kernel behavior can be depend on the structure of the joint $J$. The full extent of this dependence is not yet clear. To avoid complications arising from the structure of $J$, let us assume that $A_{1}=A_{2}$ and that $J$ is defined by embedding of the two copies of $\mathbb{R}^{n}$ into $\mathbb{R}^{n+1}$ as on Figure 1.

It follows from the results of [19] and [6], that if, for some $\varepsilon>0$ and for any Euclidean ball $B(x, r)$ with $r \geq 1$ and $x \in A_{i}$,

$$
\begin{equation*}
\mu\left(B(x, r) \cap A_{i}\right) \asymp c r^{n-2+\varepsilon}, \tag{1.4}
\end{equation*}
$$

then $M$ satisfies the Poincaré inequality (7.1) and consequently the Li-Yau estimate (1.2) (cf. Theorem 7.1 in Appendix). In this case there is no bottleneck effect, due to the fact that $A_{1}, A_{2}$ are fat enough.

The purpose of this paper is to obtain two-sided estimates of the heat kernel on $M=\mathbb{R}^{n} \#{ }_{J} \mathbb{R}^{n}$ where $J$ connects two non-compact domains of revolution


Figure 1: Definition of $J$.
$A_{1}, A_{2}$ that however are small enough so that the Poincaré inequality fails and the heat kernel bounds become non-trivial.

Fix two integers $m$ and $n$ so that $0 \leq m \leq n-1$. For any $x=\left(x_{1}, x_{2}, \ldots, x_{n}\right) \in$ $\mathbb{R}^{n}$, define functions $r(x)$ and $h(x)$ by

$$
\begin{equation*}
r(x)=\sqrt{\sum_{1 \leq i \leq m} x_{i}^{2}+1}, \quad h(x)=\sqrt{\sum_{m+1 \leq i \leq n} x_{i}^{2}} . \tag{1.5}
\end{equation*}
$$

For any $\alpha \geq 0$, define a domain of revolution $A(m, \alpha)$ in $\mathbb{R}^{n}$ by

$$
\begin{equation*}
A(m, \alpha)=\left\{x \in \mathbb{R}^{n} \mid h(x) \leq r(x)^{\alpha}\right\} \tag{1.6}
\end{equation*}
$$

(see Figure 2). If $m=0$ then $r(x) \equiv 1$ so that $A(m, \alpha)$ does not depend on $\alpha$. In this case we always take $\alpha=0$.

Now consider two copies of $\mathbb{R}^{n}: M_{1}=M_{2}=\mathbb{R}^{n}$ and denote by $A_{1}, A_{2}$ two copies of the set $A(m, \alpha)$ on $M_{1}$ and $M_{2}$, respectively. Define a connected sum

$$
M_{m, \alpha}^{n}=M_{1} \#_{J} M_{2}=\mathbb{R}^{n} \#_{J} \mathbb{R}^{n}
$$

The joint $J$ can be taken again as on Figure 1 (see Sections 3, 6 for rigorous definition of $J$ ).

If either $m=n-1$ or $\alpha \geq 1$, then the condition (1.4) is satisfied and, hence, $M_{m, \alpha}^{n}$ admits Li-Yau bounds (1.2). In this paper we treat the case

$$
\begin{equation*}
0 \leq m \leq n-3, \quad 0 \leq \alpha<1, \tag{1.7}
\end{equation*}
$$



Figure 2: $A(m, \alpha)$
while postponing the remaining critical case $m=n-2$ to another opportunity.
To state our main result, let us introduce the following notation. As above set $A=A(m, \alpha)$ and, for any $L \geq 0$, define the set

$$
E^{L}=\left\{x \in \mathbb{R}^{n} \mid d(x, A) \geq \operatorname{Lr}(x)^{\alpha}\right\} .
$$

Denote by $E_{k}^{L}$ a copy of $E^{L}$ on $M_{k}, k=1,2$ so that $E_{1}^{L}$ and $E_{2}^{L}$ can be regarded as disjoint subsets of $M_{m, \alpha}^{n}$. We use the same notation $r(x), h(x)$ for $x \in M_{k} \backslash A_{k}$ if there is no confusion.

Our main result is as follows.
Theorem 1.1 Let $m, n, \alpha$ be as in (1.7) (if $m=0$ then set $\alpha=0$ ). Then there exist constants $L, T \geq 1$ such that the heat kernel on $M=M_{m, \alpha}^{n}$ satisfies the following estimates:
(i) For all $x, y \in M \backslash E_{2}^{L}$ and $t>T\left(d\left(x, E_{1}^{L}\right)+d\left(y, E_{1}^{L}\right)\right)^{2}$,

$$
\begin{equation*}
p(t, x, y) \asymp \frac{C}{t^{n / 2}} \exp \left(-b \frac{d(x, y)^{2}}{t}\right) . \tag{1.8}
\end{equation*}
$$

(ii) For all $x \in E_{1}^{L}, y \in E_{2}^{L}$ and $t>T(d(x, J)+d(y, J))^{2 \alpha}$,

$$
\begin{align*}
p(t, x, y) \asymp & \frac{C}{t^{n / 2}}\left\{\left(\frac{r(x)^{\alpha}}{d(x, J)}\right)^{n-m-2}+\frac{1}{d(x, J)^{(1-\alpha)(n-m-2)}}\right. \\
& \left.+\left(\frac{r(y)^{\alpha}}{d(y, J)}\right)^{n-m-2}+\frac{1}{d(y, J)^{(1-\alpha)(n-m-2)}}\right\} e^{-b \frac{d(x, y)^{2}}{t}} \tag{1.9}
\end{align*}
$$

In particular, if $d(x, J) \geq L^{\prime} r(x), d(y, J) \geq L^{\prime} r(y)$ for some $L^{\prime}>1$, then

$$
\begin{equation*}
p(t, x, y) \asymp \frac{C}{t^{n / 2}}\left(\frac{1}{d(x, J)^{(1-\alpha)(n-m-2)}}+\frac{1}{d(y, J)^{(1-\alpha)(n-m-2)}}\right) e^{-b \frac{d(x, y)^{2}}{t}} . \tag{1.10}
\end{equation*}
$$

It is easy to see that the cases $(i),(i i)$ cover all possible locations of the points $x, y$ on $M_{m, \alpha}^{n}$, up to switching the indices 1,2 .

Remark 1.2 As we see from the last statement of the above theorem, the bottleneck effect, given by the estimate (1.10), manifests itself in the situation when $x$ and $y$ are far enough from the joint $J$. If $x$ and $y$ are close enough to the boundaries of $E_{1}^{L}$ and $E_{2}^{L}$, respectively, then $d(x, J) \asymp r(x)^{\alpha}, d(y, J) \asymp$ $r(y)^{\alpha}$, and (1.9) amounts to the Li-Yau estimate (1.8). The estimate (1.9) can be regarded as an interpolation between the Li-Yau estimate (1.8) and the estimate (1.10) (see Figure 3).


Figure 3: The domains in $M_{m, \alpha}^{n}$ where the heat kernel has different behavior.

Remark 1.3 In the case $\alpha=0$, the above estimates follow from already known results. If $m=0$ then $A(0,0)=B(1)$, that is, $M_{0,0}^{n}$ is the connected sum along the surface of the unit ball. Then the above estimate follows from the estimate (1.3). In the case $m \geq 1$, we have $A(m, 0)=B\left(\mathbb{R}^{m}, 1\right)$, that
is, $M_{m, 0}^{n}$ is the connected sum along the 1-neighborhood of a $m$-dimensional subspace. Since

$$
M_{m, 0}^{n}=M_{0,0}^{n-m} \times \mathbb{R}^{m},
$$

the above heat kernel bound follows from the heat kernel estimate on $M_{0,0}^{n-m}$ and a simple formula for the heat kernel on Riemannian products (see [12, Section 9.2.1]).

Remark 1.4 Our theorem can be applied to connected sums of two copies of $\mathbb{R}^{n}$ along $A_{k}(m, \alpha) \cap Q, k=1,2$, where $Q$ is a union of some quadrants of $\mathbb{R}^{m}$ (together with smoothing deformation). For example, we can obtain a sharp heat kernel bound on the connected sum of two copies of $\mathbb{R}^{4}$ along a paraboloid of revolution:

$$
\left\{\left(x_{1}, x_{2}, x_{3}, x_{4}\right) \in \mathbb{R}^{4} \mid x_{2}^{2}+x_{3}^{2}+x_{4}^{2} \leq x_{1}\right\}
$$

Notation. Throughout this article, the letters $c, C, b, B \ldots$ denote positive constants whose values may be different at different instances. When the value of a constant is significant, it will be clearly stated.

Acknowledgments. This project was started during the second author's visit of University of Bielefeld in 2009. He would like to express his gratitude to that university for financial support.

## 2 Hitting probability of a non-compact set

Let $M$ be a geodesically complete non-parabolic Riemannian manifold. For any closed set $A \subset M$ define the first hitting time $\tau_{A}$ of $A$ by

$$
\tau_{A}=\inf \left\{t>0: X_{t} \in A\right\}
$$

The main purpose of this section is to estimate the probability $\mathbb{P}_{x}\left(\tau_{A}<t\right)$ of hitting $A$ before time $t$ assuming that the process $X_{t}$ starts at a point $x$.

### 2.1 General estimates

For a precompact set $F \subset M$ and an open set $U$ containing $\bar{F}$, the capacity of the capacitor $(F, U)$ is defined by

$$
\begin{equation*}
\operatorname{cap}(F, U)=\inf _{\substack{\phi \in L i_{0}(U) \\ \phi \mid F=1}} \int_{U}|\nabla \phi|^{2} d \mu \tag{2.1}
\end{equation*}
$$

(cf. [15]). In the case $U=M$, we use the abbreviation $\operatorname{cap}(F, M) \equiv \operatorname{cap}(F)$. Grigor'yan and Saloff-Coste proved the following estimate of $\mathbb{P}_{x}\left(\tau_{A}<t\right)$ in [15, Theorems 3.5, 3.7].

Theorem 2.1 Let $A$ be a compact subset of $M$ and $U$ be an open set containing $A$. Then, for all $x \in M \backslash U, t>0$, the following estimate holds:

$$
\begin{align*}
\operatorname{cap}(A) \int_{0}^{t} \inf _{z \in \partial A} p(s, x, z) d s & \leq \mathbb{P}_{x}\left(\tau_{A}<t\right) \\
& \leq 2 \operatorname{cap}(A, U) \int_{0}^{t} \sup _{z \in U \backslash A} p_{M \backslash A}(s, x, z) d s . \tag{2.2}
\end{align*}
$$

In this section, we obtain estimates $\mathbb{P}_{x}\left(\tau_{A}<t\right)$ for non-compact $A$. The following elementary lemma will be useful for estimating of certain integrals.

Lemma 2.2 Let $f$ be a positive function on $(0, \infty)$ satisfying

$$
\begin{equation*}
\frac{f(D)}{f(d)} \geq \kappa\left(\frac{D}{d}\right)^{\beta} \quad \forall D \geq d>0 \tag{2.3}
\end{equation*}
$$

with some $\kappa>0, \beta>2$. Then there exists $c>0$ such that, for all $d, t>0$,

$$
\begin{equation*}
\int_{0}^{t} \frac{1}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s \geq c \frac{d^{2}}{f(d)} \exp \left(-\frac{2 d^{2}}{t}\right) \tag{2.4}
\end{equation*}
$$

In addition, if $f$ satisfies

$$
\begin{equation*}
\frac{f(D)}{f(d)} \leq \kappa^{\prime}\left(\frac{D}{d}\right)^{\beta^{\prime}} \quad \forall D \geq d>0 \tag{2.5}
\end{equation*}
$$

with some $\kappa^{\prime}>0, \beta^{\prime} \geq \beta>2$, then there exists $C>0$ such that, for all $d, t>0$,

$$
\begin{equation*}
\int_{0}^{t} \frac{1}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s \leq C \frac{d^{2}}{f(d)} \exp \left(-\frac{d^{2}}{2 t}\right) . \tag{2.6}
\end{equation*}
$$

Proof. Let us first prove (2.4). If $t \leq d^{2}$, then by (2.3)

$$
\begin{aligned}
\int_{0}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s & \geq \kappa \int_{t / 2}^{t}\left(\frac{d^{2}}{s}\right)^{\beta / 2} \exp \left(-\frac{d^{2}}{s}\right) d s \\
& \geq \kappa \exp \left(-\frac{2 d^{2}}{t}\right) \int_{t / 2}^{t}\left(\frac{d^{2}}{s}\right)^{\beta / 2} d s
\end{aligned}
$$

Using again that $t \leq d^{2}$, we obtain

$$
\int_{t / 2}^{t}\left(\frac{d^{2}}{s}\right)^{\beta / 2} d s=\frac{2^{\frac{\beta}{2}}-1}{\frac{\beta}{2}-1} \frac{d^{\beta}}{t^{\beta / 2-1}} \geq c d^{2}
$$

where we have also used that $\beta>2$. Then (2.4) follows.

In the case $t>d^{2}$ we have

$$
\begin{aligned}
\int_{0}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s & \geq \kappa \int_{d^{2} / 2}^{d^{2}}\left(\frac{d^{2}}{s}\right)^{\beta / 2} \exp \left(-\frac{d^{2}}{s}\right) d s \\
& \geq \kappa e^{-2} \int_{d^{2} / 2}^{d^{2}} d s=c d^{2}
\end{aligned}
$$

which proves (2.4).
To prove (2.6), we consider the same two cases again. If $t \leq d^{2}$ then by (2.5)

$$
\int_{0}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s \leq \kappa^{\prime} \exp \left(-\frac{d^{2}}{2 t}\right) \int_{0}^{d^{2}}\left(\frac{d^{2}}{s}\right)^{\beta^{\prime} / 2} \exp \left(-\frac{d^{2}}{2 s}\right) d s
$$

By changing the variable $s=\frac{d^{2}}{u}$, we obtain

$$
\int_{0}^{d^{2}}\left(\frac{d^{2}}{s}\right)^{\beta^{\prime} / 2} \exp \left(-\frac{d^{2}}{2 s}\right) d s \leq d^{2} \int_{1}^{\infty} u^{\frac{\beta^{\prime}}{2}-2} \exp (-u) d u=C d^{2}
$$

whence (2.6) follows.
In the case $t>d^{2}$ we have

$$
\exp \left(-\frac{1}{2}\right) \leq \exp \left(-\frac{d^{2}}{2 t}\right)
$$

so that it suffices to show that

$$
\int_{0}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s \leq C d^{2}
$$

We split the integral as follows:

$$
\int_{0}^{d^{2}} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s+\int_{d^{2}}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s
$$

The first term has the desired bound by the previous argument for $t \leq d^{2}$. By (2.5) the second term can be estimated as follows:

$$
\int_{d^{2}}^{t} \frac{f(d)}{f(\sqrt{s})} \exp \left(-\frac{d^{2}}{s}\right) d s \leq \kappa^{-1} \exp \left(-\frac{d^{2}}{t}\right) \int_{d^{2}}^{t}\left(\frac{d^{2}}{s}\right)^{\beta / 2} d s
$$

Using $\beta>2$, we obtain

$$
\int_{d^{2}}^{t}\left(\frac{d^{2}}{s}\right)^{\beta / 2} d s \leq \int_{d^{2}}^{\infty}\left(\frac{d^{2}}{s}\right)^{\beta / 2} d s=\frac{d^{2}}{\frac{\beta}{2}-1}
$$

which together the previous lines finishes the proof.

Lemma 2.3 Let us fix a closed set $A \subset M$ and two families $\left\{F_{i}\right\}_{i \in I}$ and $\left\{U_{i}\right\}_{i \in I}$ of subsets of $M$ such that $F_{i}$ are compact, $U_{i}$ are open, $F_{i} \subset U_{i}$ and

$$
A \subset \bigcup_{i \in I} F_{i} .
$$

Let $x$ be a point in $M \backslash \bigcup_{i \in I} U_{i}$. Then, for all $t>0$, the following estimate holds

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \leq 2 \sum_{i \in I} \operatorname{cap}\left(F_{i}, U_{i}\right) \int_{0}^{t} \sup _{z \in U_{i} \mid F_{i}} p(s, x, z) d s \tag{2.7}
\end{equation*}
$$

Moreover, if the heat kernel $p(t, x, y)$ of $M$ satisfies the Gaussian upper estimate

$$
\begin{equation*}
p(t, x, y) \leq \frac{C}{V(x, \sqrt{t})} \exp \left(-b \frac{d(x, y)^{2}}{t}\right) \quad x, y \in M, t>0 \tag{2.8}
\end{equation*}
$$

and the volume function $V(x, R)$ of $M$ satisfies the conditions

$$
\begin{equation*}
\kappa\left(\frac{D}{d}\right)^{\beta} \leq \frac{V(x, D)}{V(x, d)} \leq k^{\prime}\left(\frac{D}{d}\right)^{\beta^{\prime}}, \quad \forall D \geq d>0 \tag{2.9}
\end{equation*}
$$

with some constants $\kappa, \kappa^{\prime}>0$ and $\beta^{\prime} \geq \beta>2$, then

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \leq C_{1} \sum_{i \in I} \operatorname{cap}\left(F_{i}, U_{i}\right) \frac{u_{i}(x)^{2}}{V\left(x, u_{i}(x)\right)} \exp \left(-b_{1} \frac{u_{i}(x)^{2}}{t}\right) \tag{2.10}
\end{equation*}
$$

where $u_{i}(x)=d\left(x, U_{i}\right)$ and the constants $C_{1}, b_{1}$ depend only on the constants $\kappa, \kappa^{\prime}, \beta^{\prime}, \beta$ and on the constants $C, b$ from (2.8).

Proof. Set $A_{i}=F_{i} \cap A$. Since the sample paths of Brownian motion $X_{t}$ are continuous, the first hitting point $X_{\tau_{A}}$ belongs to $A$ and, hence, to one of the sets $A_{i}$. It is obvious that

$$
\tau_{A}<t \text { and } X_{\tau_{A}} \in A_{i} \Rightarrow \tau_{A_{i}}<t
$$

which implies

$$
\begin{aligned}
\mathbb{P}_{x}\left(\tau_{A}<t\right) & \leq \sum_{i \in I} \mathbb{P}_{x}\left(\tau_{A}<t \text { and } X_{\tau_{A}} \in A_{i}\right) \\
& \leq \sum_{i \in I} \mathbb{P}_{x}\left(\tau_{A_{i}}<t\right) \\
& \leq \sum_{i \in I} \mathbb{P}_{x}\left(\tau_{F_{i}}<t\right)
\end{aligned}
$$

where we have also used that $A_{i} \subset F_{i}$. Estimating $\mathbb{P}_{x}\left(\tau_{F_{i}}<t\right)$ by (2.2), we obtain (2.7).

Under the additional conditions (2.8) and (2.9), we have

$$
\sup _{z \in U_{i} \backslash F_{i}} p(s, x, z) d s \leq \frac{C}{V(x, \sqrt{s})} \exp \left(-b \frac{u_{i}(x)^{2}}{s}\right)
$$

and, by Lemma 2.2,

$$
\int_{0}^{t} \frac{C}{V(x, \sqrt{s})} \exp \left(-b \frac{u_{i}(x)^{2}}{s}\right) d s \leq C^{\prime} \frac{u_{i}(x)^{2}}{V\left(x, u_{i}(x)\right)} \exp \left(-b^{\prime} \frac{u_{i}(x)^{2}}{t}\right)
$$

Substituting into (2.7), we obtain (2.10).
By using the monotonicity of the hitting probability, (2.2) and Lemma 2.2, we obtain the following lower estimate of the hitting probability:

Lemma 2.4 Let $A$ be a closed subset of $M, K$ be a compact subset of $A$, and $x$ be a point in $M \backslash A$. Then for all $t>0$,

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \geq \operatorname{cap}(K) \int_{0}^{t} \inf _{z \in \partial K} p(s, x, z) d s \tag{2.11}
\end{equation*}
$$

Moreover, suppose that $M$ admits the Li-Yau bound (1.2) and (2.9). Set

$$
D=\sup _{z \in \partial K} d(x, z)
$$

Then the following estimate is true for all $t>0$ :

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \geq c_{1} \operatorname{cap}(K) \frac{D^{2}}{V(x, D)} \exp \left(-B_{1} \frac{D^{2}}{t}\right) \tag{2.12}
\end{equation*}
$$

where the constants $c_{1}, B_{1}>0$ depend only on $\kappa, \beta$ and on the constants in (1.2).

### 2.2 Hitting probability of the set $A(m, \alpha)$ in $\mathbb{R}^{n}$

First we prove some capacity estimates in $\mathbb{R}^{n}$. Let $B_{d}(\ell) \subset \mathbb{R}^{d}$ be the $d$ dimensional ball of radius $\ell$ centered at the origin. Fix some integers $0 \leq m<$ $n$ and real $0<h<R$, and set

$$
\begin{aligned}
\mathcal{D}_{0} & =B_{m}(R) \times B_{n-m}(h) \\
\mathcal{D}_{0}^{\prime} & =B_{m}(2 R) \times B_{n-m}(2 h), \\
\mathcal{D}_{1} & =\left(B_{m}(2 R) \backslash B_{m}(R)\right) \times B_{n-m}(h) \\
\mathcal{D}_{1}^{\prime} & =\left(B_{m}(4 R) \backslash \overline{B_{m}(R / 2)}\right) \times B_{n-m}(2 h)
\end{aligned}
$$

Note that $\mathcal{D}_{0} \subset \mathcal{D}_{0}^{\prime}$ and $\mathcal{D}_{1} \subset \mathcal{D}_{1}^{\prime}$. In the case $m=0$, the balls $B_{0}(R)$ are identical to $\{0\}$ and the annuli $B_{0}(2 R) \backslash B_{0}(R)$ are empty, so that

$$
\mathcal{D}_{0}=B_{n}(h), \mathcal{D}_{0}^{\prime}=B_{n}(2 h), \mathcal{D}_{1}=\mathcal{D}_{1}^{\prime}=\emptyset .
$$

Denote by cap ${ }_{d}$ the capacity in $\mathbb{R}^{d}$ and by $\mu_{d}$ the Lebesgue measure in $\mathbb{R}^{d}$.

Lemma 2.5 If $0 \leq m \leq n-3$, then the following estimates hold

$$
\begin{equation*}
c_{1} R^{m} h^{n-m-2} \leq \operatorname{cap}_{n}\left(\mathcal{D}_{0}\right) \leq \operatorname{cap}_{n}\left(\mathcal{D}_{0}, \mathcal{D}_{0}^{\prime}\right) \leq C_{1} R^{m} h^{n-m-2} \tag{2.13}
\end{equation*}
$$

If in addition $m \geq 1$ then also

$$
\begin{equation*}
c_{1} R^{m} h^{n-m-2} \leq \operatorname{cap}_{n}\left(\mathcal{D}_{1}\right) \leq \operatorname{cap}_{n}\left(\mathcal{D}_{1}, \mathcal{D}_{1}^{\prime}\right) \leq C_{1} R^{m} h^{n-m-2} \tag{2.14}
\end{equation*}
$$

The constants $c_{1}, C_{1}>0$ depend on $n, m$ only.
Proof. It is known that, for any $d \geq 3$,

$$
\begin{align*}
\operatorname{cap}_{d}\left(B_{d}(r)\right) & =a_{d} r^{d-2}  \tag{2.15}\\
\operatorname{cap}_{d}\left(B_{d}(r), B_{d}(R)\right) & =a_{d}\left(\frac{1}{r^{d-2}}-\frac{1}{R^{d-2}}\right)^{-1} \tag{2.16}
\end{align*}
$$

where $a_{d}>0$ (see [14, Example 4.2]). Then the estimate (2.13) in the case $m=0$ follows from (2.15)-(2.16) with $d=n$.

In the case $m \geq 1$ we use the following estimates of the capacity of product sets:

$$
\begin{align*}
\mu_{m}(F) \operatorname{cap}_{n-m}(G) & \leq \operatorname{cap}(F \times G) \leq \operatorname{cap}\left(F \times G, F^{\prime} \times G^{\prime}\right) \\
& \leq \operatorname{cap}_{m}\left(F, F^{\prime}\right) \mu_{n-m}\left(G^{\prime}\right)+\mu_{m}\left(F^{\prime}\right) \operatorname{cap}_{n-m}\left(G, G^{\prime}\right) \tag{2.17}
\end{align*}
$$

where $\left(F, F^{\prime}\right)$ is a capacitor $\mathbb{R}^{m},\left(G, G^{\prime}\right)$ is a capacitor in $\mathbb{R}^{n-m}$, and $F \subset F^{\prime}$, $G \subset G^{\prime}$. Combining these estimates with (2.15)-(2.16), we obtain (2.13).

It follows from (2.17) and (2.15) that

$$
\operatorname{cap}_{n}\left(\mathcal{D}_{1}\right) \geq \mu_{m}\left(B_{m}(2 R) \backslash B_{m}(R)\right) \operatorname{cap}_{n-m}\left(B_{n-m}(h)\right) \geq c_{1} R^{m} h^{n-m-2},
$$

which proves the lower estimate in (2.13). For the upper bound, we have

$$
\begin{aligned}
\operatorname{cap}\left(\mathcal{D}_{1}, \mathcal{D}_{1}^{\prime}\right) \leq & {\left[\operatorname{cap}_{m}\left(B_{m}(R / 2), B_{m}(R)\right)+\operatorname{cap}_{m}\left(B_{m}(2 R), B_{m}(4 R)\right)\right] } \\
& \times \mu_{n-m}\left(B_{n-m}(2 h)\right) \\
& +\mu_{m}\left(B_{m}(4 R) \backslash B_{m}(R / 2)\right) \operatorname{cap}_{n-m}\left(B_{n-m}(h), B_{n-m}(2 h)\right) \\
\leq & C_{1} R^{m} h^{n-m-2},
\end{aligned}
$$

which finishes the proof.
Our next goal is to estimate the hitting probability of the set $A=A(m, \alpha)$ in $\mathbb{R}^{n}$, which was defined by (1.6).

Theorem 2.6 Let $1 \leq m \leq n-3,0 \leq \alpha<1$ or $m=0, \alpha=0$. There exists $L \geq 1$ such that for all $x \in \mathbb{R}^{n}$ with $d:=d(x, A)>\operatorname{Lr}(x)^{\alpha}$ and for all $t>0$

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \asymp C\left(\left(\frac{r(x)^{\alpha}}{d}\right)^{n-m-2}+\frac{1}{d^{(1-\alpha)(n-m-2)}}\right) \exp \left(-b \frac{d^{2}}{t}\right) \tag{2.18}
\end{equation*}
$$

In particular, there is a constant $L^{\prime}>1$ such that if $d(x, A) \geq L^{\prime} r(x)$ then

$$
\begin{equation*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) \asymp \frac{C}{d^{(1-\alpha)(n-m-2)}} \exp \left(-b \frac{d^{2}}{t}\right) \tag{2.19}
\end{equation*}
$$

Proof. Let us fix $x \in \mathbb{R}^{n}$ for the entire proof and denote by $x^{\prime}$ the orthogonal projection of $x$ onto $\mathbb{R}^{m} \subset \mathbb{R}^{n}$. First we prove the upper bound in (2.18). Set

$$
R_{i}= \begin{cases}0 & i=0 \\ 2^{i} d & i \in \mathbb{N},\end{cases}
$$

and define a sequence of compact sets $\left\{F_{i}\right\}_{i=0}^{\infty}$ by

$$
\begin{equation*}
F_{i}=\left\{z \in A: R_{i} \leq\left|z^{\prime}-x^{\prime}\right| \leq R_{i+1}\right\}, \tag{2.20}
\end{equation*}
$$

where $|\cdot|$ is the Euclidean norm (see Figure 4).


Figure 4: Sequences $F_{i}$ and $U_{i}$
Set

$$
h_{i}:=\left(r(x)+2^{i+1} d\right)^{\alpha}=\left(r(x)+R_{i+1}\right)^{\alpha}
$$

and observe that

$$
F_{i} \subset x^{\prime}+\left(\overline{B_{m}\left(R_{i+1}\right)} \backslash B_{m}\left(R_{i}\right)\right) \times \overline{B_{n-m}\left(h_{i}\right)} .
$$

Consider also the sets

$$
\begin{equation*}
U_{i}=x^{\prime}+\left(B_{m}\left(2 R_{i+1}\right) \backslash \overline{B_{m}\left(R_{i} / 2\right)}\right) \times B_{n-m}\left(2 h_{i}\right) \tag{2.21}
\end{equation*}
$$

Taking $L \geq\left(8 \cdot 2^{\alpha}\right)^{\frac{1}{1-\alpha}}$, we obtain that, for all $x \in M \backslash A$ satisfying $d \geq \operatorname{Lr}(x)^{\alpha}$,

$$
2 h_{0} \leq 2 r(x)^{\alpha}+2^{1+\alpha} d^{\alpha} \leq \frac{d}{2}
$$

whence we have

$$
d\left(x, U_{0}\right)=\left|x-x^{\prime}\right|-2 h_{0} \geq d-2 h_{0} \geq \frac{d}{2}=\frac{R_{1}}{4} .
$$

Furthermore, we have

$$
\begin{equation*}
d\left(x, U_{i}\right) \geq d\left(x^{\prime}, U_{i}\right)=\frac{R_{i+1}}{4} \quad \text { for all } i \geq 1 \tag{2.22}
\end{equation*}
$$

Applying the estimate (2.10) of Lemma 2.3 and the estimates of capacity of Lemma 2.5, we obtain

$$
\begin{align*}
\mathbb{P}_{x}\left(\tau_{A}<t\right) & \leq C^{\prime} \sum_{i=0}^{\infty} R_{i+1}^{m} h_{i}^{n-m-2} \frac{1}{R_{i+1}^{n-2}} \exp \left(-b \frac{R_{i+1}^{2}}{t}\right) \\
& \leq C^{\prime} \sum_{i=0}^{\infty}\left(\frac{h_{i}}{R_{i+1}}\right)^{n-m-2} \exp \left(-b \frac{d^{2}}{t}\right) \\
& \leq C^{\prime \prime}\left(\sum_{i=0}^{\infty}\left(\frac{r(x)^{\alpha}}{R_{i+1}}\right)^{n-m-2}+\sum_{i=0}^{\infty} \frac{1}{R_{i+1}^{(1-\alpha)(n-m-2)}}\right) \exp \left(-b \frac{d^{2}}{t}\right) \\
& \leq C\left(\left(\frac{r(x)^{\alpha}}{d}\right)^{n-m-2}+\frac{1}{d^{(1-\alpha)(n-m-2)}}\right) \exp \left(-b \frac{d^{2}}{t}\right), \tag{2.23}
\end{align*}
$$

where in the last line we have summed up a geometric series.
Next we prove the lower bound in (2.18). For any $z \geq 0$, define a point $x_{z} \in \mathbb{R}^{n}$ by

$$
x_{z}=\left\{\begin{array}{l}
\left(1+\frac{z}{\left|x^{\prime}\right|}\right) x^{\prime}, \text { if } x^{\prime} \neq 0  \tag{2.24}\\
(z, 0, \ldots, 0), \text { if } x^{\prime}=0
\end{array}\right.
$$

Define a compact set $K \subset \mathbb{R}^{n}$ by

$$
\begin{equation*}
K=x_{4 d}+\overline{B_{m}(d)} \times \overline{B_{n-m}\left(r\left(x_{3 d}\right)^{\alpha}\right)} \tag{2.25}
\end{equation*}
$$



Figure 5: Compact subset $K$ of $A$
and observe that $K \subset A$ (see Figure 5).
By Lemma 2.4, $\mathbb{P}_{x}\left(\tau_{A}<t\right)$ can be estimated via $\operatorname{cap}(K)$. By the estimate (2.13) of Lemma 2.5, we have

$$
\operatorname{cap}(K) \geq c d^{m} r\left(x_{3 d}\right)^{\alpha(n-m-2)}
$$

Observe that $\left|x_{z}\right|=\left|x^{\prime}\right|+z$ and

$$
r\left(x_{z}\right)=\sqrt{1+\left|x_{z}\right|^{2}}=\sqrt{1+\left(\left|x^{\prime}\right|+z\right)^{2}}>\frac{\sqrt{1+\left|x^{\prime}\right|^{2}}+z}{2}=\frac{r(x)+z}{2}
$$

in particular, we have

$$
r\left(x_{3 d}\right) \geq \frac{r(x)+3 d}{2}
$$

Taking $L \geq 1$ large enough, we obtain that, for all $x \in M \backslash A$ satisfying $d \geq \operatorname{Lr}(x)^{\alpha}$,

$$
D:=\sup _{z \in \partial K} d(x, z) \leq 7 d+r\left(x_{3 d}\right)^{\alpha} \leq C d .
$$

Hence, applying the estimate (2.12) of Lemma 2.4, we obtain

$$
\begin{aligned}
\mathbb{P}_{x}\left(\tau_{A}<t\right) & \geq c^{\prime} d^{m} r\left(x_{3 d}\right)^{\alpha(n-m-2)} \frac{1}{D^{n-2}} e^{-B^{\prime} D^{2} / t} \\
& \geq \frac{c^{\prime \prime}}{d^{n-m-2}}\left(\frac{r(x)+3 d}{2}\right)^{\alpha(n-m-2)} e^{-B d^{2} / t} \\
& \geq c\left(\left(\frac{r(x)^{\alpha}}{d}\right)^{n-m-2}+\frac{1}{d^{(1-\alpha)(n-m-2)}}\right) e^{-B d^{2} / t} .
\end{aligned}
$$

## 3 Isoperimetric inequality on connected sums

Let $N$ be a $n$-dimensional Riemannian manifold, possibly with boundary $\partial N$. We say that $N$ satisfies the isoperimetric inequality if there exists a constant $c>0$ such that

$$
\begin{equation*}
\mu_{n-1}(\partial \Omega) \geq c \mu_{n}(\Omega)^{\frac{n-1}{n}} \tag{3.1}
\end{equation*}
$$

for all compact sets $\Omega \subset N$ whose topological boundary $\partial \Omega$ is a $C^{1}$-smooth hypersurface in $N$ (see Figure 6).


Figure 6: Boundary of $N$ (thin line) and boundary of $\Omega$ (thick line).
Here $\mu_{n}$ is the Riemannian measure $\mu$ on $N$ and $\mu_{n-1}$ is the $n-1$-dimensional induced Riemannian measure on $n$ - 1-dimensional hypersurfaces in $N$ (see, for example, [3]).

It should be noted that, if $N$ is complete, i.e. $\partial N=\emptyset$, then the isoperimetric inequality on $N$ implies the global Gaussian upper bound for the heat kernel of $N$ :

$$
\begin{equation*}
p(t, x, y) \leq c t^{-n / 2} e^{-b d(x, y)^{2} / t} \tag{3.2}
\end{equation*}
$$

(cf. [23]). From the point of a bottleneck effect arising from the connected sum, this estimate is too rough. Nevertheless, this estimate plays a crucial role in the proof of sharper upper estimate of the heat kernel in Lemma 4.1 (cf. [16, Section 4] and [2]).

Let us first prove the following lemma.
Lemma 3.1 Let $M$ be a Riemannian manifold without boundary and $N_{1}, N_{2}$ be two closed subsets of $M$ that have $C^{1}$-smooth boundaries. Assume that $N_{1} \cup N_{2}=M$ and that both $N_{1}, N_{2}$ considered as manifolds with boundaries, satisfy the isoperimetric inequality (3.1). Then $M$ also satisfies (3.1).

Proof. For any compact subset $\Omega$ of $M$ with $C^{1}$-boundary, set

$$
\Omega_{1}=\Omega \cap N_{1}, \quad \Omega_{2}=\Omega \cap N_{2} .
$$

Clearly, $\Omega_{i}$ is a closed subset of the manifold $N_{i}$, and $\Omega_{i}$ has in $N_{i}$ a $C^{1}$ boundary $\partial \Omega_{i}=\partial \Omega \cap N_{i}$. Without loss of generality, we assume that

$$
\mu_{n}\left(\Omega_{1}\right) \geq \mu_{n}\left(\Omega_{2}\right)
$$

By the isoperimetric inequality (3.1) on $N_{1}$, we have

$$
\begin{aligned}
\mu_{n-1}(\partial \Omega) & \geq \mu_{n-1}\left(\partial \Omega_{1}\right) \\
& \geq c \mu_{n}\left(\Omega_{1}\right)^{\frac{n-1}{n}} \\
& \geq c^{\prime}\left(\mu_{n}\left(\Omega_{1}\right)+\mu_{n}\left(\Omega_{2}\right)\right)^{\frac{n-1}{n}} \\
& =c^{\prime} \mu_{n}(\Omega)^{\frac{n-1}{n}}
\end{aligned}
$$

which was to be proved.
Fix parameters $m, n, \alpha$ such that $0 \leq m \leq n-1,0<\alpha \leq 1$ or $m=0$, $\alpha=0$ and consider $A=A(m, \alpha) \subset \mathbb{R}^{n}$ defined in (1.6). In this section, we consider also both the cases of $m=n-1$ and $\alpha=1$. Let $M_{1}=M_{2}=\mathbb{R}^{n}$ and denote by $A_{1}, A_{2}$ the copies of $A$ on $M_{1}, M_{2}$, respectively. Here we define the joint $J$ to be isomorphic to $\partial A(m, \alpha) \times[0,1]$ and its Riemannian metric satisfies that $M_{m, \alpha}^{n} \backslash E_{2}^{0}=M_{1} \backslash A_{1} \amalg J$ and $M_{m, \alpha}^{n} \backslash E_{1}^{0}=M_{1} \backslash A_{2} \amalg J$ are quasi-isometric to $\mathbb{R}^{n} \backslash A^{\prime}$, where

$$
A^{\prime}=\left\{x \in \mathbb{R}^{n} \left\lvert\, h(x) \leq \frac{1}{2} r(x)^{\alpha}\right.\right\} .
$$

See Section 6 for additional condition for the joint $J$.
Then we prove the following:
Theorem 3.2 The connected sum $M_{m, \alpha}^{n}$ satisfies the isoperimetric inequality (3.1).

Proof. We note that the isoperimetric inequality (3.1) is invariant under quasi-isometry up to constant. Since $M_{1} \backslash A_{1} \amalg J, M_{2} \backslash A_{2} \amalg J$ are quasiisometric to $\mathbb{R}^{n} \backslash A^{\prime}$, by the previous lemma, it suffices to show that (3.1) on $\mathbb{R}^{n} \backslash A^{\prime}$.

For $\kappa=\left(k_{1}, k_{2}, \ldots, k_{n}\right) \in\{-1,1\}^{n}$, let

$$
Q_{\kappa}=\left\{\left(x_{1}, x_{2}, \ldots, x_{n}\right) \in \mathbb{R}^{n} \mid k_{i} x_{i} \geq 0\right\}
$$

be a quadrant of $\mathbb{R}^{n}$. Set

$$
\mathbf{q}=(\underbrace{0,0, \ldots, 0}_{m}, \underbrace{k_{m+1}, k_{m+2} \ldots, k_{n}}_{n-m}) \in \mathbb{R}^{n}
$$



Figure 7: $Q_{\kappa} \backslash A^{\prime}$
and $H=\mathbf{q}^{\perp}$, that is, the orthogonal complement of $\mathbf{q}$ (see Figure 7). For $\omega \in Q_{\kappa}$, we denote by $\omega_{H}$ the orthogonal projection of $\omega$ onto $H$.

Let $\Omega$ be a compact subset of $\mathbb{R}^{n} \backslash A^{\prime}$ and set $\Omega_{\kappa}=\Omega \cap Q_{\kappa}$. Since

$$
\omega \in \Omega_{\kappa} \cap \partial A^{\prime} \Rightarrow \exists \eta \in \partial \Omega \cap Q_{\kappa}, \eta_{H}=\omega_{H}
$$

(see Figure 7), we have

$$
\mu_{n-1}\left(\partial \Omega \cap Q_{\kappa}\right) \geq \mu_{n-1}\left(\left(\partial \Omega \cap Q_{\kappa}\right)_{H}\right) \geq \mu_{n-1}\left(\left(\Omega_{\kappa} \cap \partial A^{\prime}\right)_{H}\right)
$$

Here $0 \leq \alpha \leq 1$ implies that the Jacobian of the map $*_{H}: Q_{\kappa} \cap \partial A^{\prime} \rightarrow H$ is uniformly non-degenerate. Therefore there exists $\epsilon>0$ such that, for every compact set $U \subset Q_{\kappa} \cap \partial A^{\prime}$,

$$
\mu_{n-1}\left(U_{H}\right) \geq \epsilon \mu_{n-1}(U) .
$$

Then we obtain

$$
\begin{equation*}
\mu_{n-1}\left(\partial \Omega \cap Q_{\kappa}\right) \geq \epsilon \mu_{n-1}\left(\Omega_{\kappa} \cap \partial A^{\prime}\right) \tag{3.3}
\end{equation*}
$$

Summing up (3.3) for $\kappa \in\{-1,1\}^{n}$, we obtain

$$
\begin{aligned}
\mu_{n-1}(\partial \Omega) & =\sum_{\kappa \in\{-1,1\}^{n}} \mu_{n-1}\left(\partial \Omega \cap Q_{\kappa}\right) \\
& \geq \epsilon \sum_{\kappa \in\{-1,1\}} \mu_{n-1}\left(\Omega_{\kappa} \cap \partial A\right) \\
& =\epsilon \mu_{n-1}\left(\Omega \cap \partial A^{\prime}\right) .
\end{aligned}
$$

By the isoperimetric inequality (3.1) on $\mathbb{R}^{n}$, we have

$$
\begin{aligned}
\mu_{n-1}(\partial \Omega) & \geq \frac{1}{2} \mu_{n-1}(\partial \Omega)+\frac{\epsilon}{2} \mu_{n-1}\left(\Omega \cap \partial A^{\prime}\right) \\
& \geq c \mu_{n-1}\left(\partial \Omega \cup\left(\Omega \cap \partial A^{\prime}\right)\right) \\
& \geq c^{\prime} \mu_{n}(\Omega)^{\frac{n-1}{n}}
\end{aligned}
$$

which concludes the isoperimetric inequality on $\mathbb{R}^{n} \backslash A^{\prime}$.
We remark that the above theorem implies that the connected sum $M_{m, \alpha}^{n}$ admits the global Gaussian heat kernel upper bound (3.2).

## 4 Heat kernel upper bound

### 4.1 General estimates

Let $M_{1}, M_{2}$ be geodesically complete non-parabolic Riemannian manifolds. We denote by $d_{k}(x, y), V_{k}(x, r)$ and $p_{k}(t, x, y)$ the geodesic distance, the Riemannian volume of the ball and the heat kernel on $M_{k}$, respectively. For closed sets $A_{1} \subset M_{1}$ and $A_{2} \subset M_{2}$ of non-empty interior, let us consider the connected sum $M=M_{1} \#_{J} M_{2}$ along $\partial A_{1}$ and $\partial A_{2}$ by a joint $J$. Then the heat kernel $p(t, x, y)$ on $M$ satisfies the following upper estimate:

Lemma 4.1 Let us fix two families $\left\{F_{i}\right\}_{i \in I_{1}}$ and $\left\{U_{i}\right\}_{i \in I_{1}}$ of subsets of $M_{1}$ such that $F_{i}$ are compact, $U_{i}$ are open, $F_{i} \subset U_{i}$ and

$$
A_{1} \subset \bigcup_{i \in I_{1}} F_{i}
$$

We set also two families $\left\{K_{j}\right\}_{j \in I_{2}},\left\{V_{j}\right\}_{j \in I_{2}}$ of subsets of $M_{2}$ by the same manner. Let $x$ be a point in $M_{1} \backslash \bigcup_{i \in I_{1}} U_{i}$ and $y$ be a point in $M_{2} \backslash \bigcup_{j \in I_{2}} V_{j}$. Then, for all $t>0$, the following estimate holds

$$
\begin{align*}
p(t, x, y) \leq & \leq \sum_{i \in I_{1}} \operatorname{cap}\left(F_{i}, U_{i}\right) \int_{0}^{t / 2} \sup _{z \in U_{i} \backslash F_{i}} p_{1}(s, x, z) d s \sup _{\substack{0 \leq s \leq t / 2 \\
z \in s A_{1} \cap F_{i}}} p(s, z, y) \\
& +\sum_{j \in I_{2}} \operatorname{cap}\left(K_{j}, V_{j}\right) \int_{0}^{t / 2} \sup _{z \in V_{j} \backslash K_{j}} p_{2}(s, y, z) d s \sup _{\substack{0 \leq s \leq t / 2 \\
z \in \mathcal{A} A_{2} \cap K_{j}}} p(s, z, x) . \tag{4.1}
\end{align*}
$$

Moreover, suppose that the heat kernels $p_{1}\left(t, x_{1}, x_{2}\right)$ of $M_{1}$ and $p_{2}\left(t, y_{1}, y_{2}\right)$ of $M_{2}$ satisfy the Gaussian upper estimate (2.8) and the volume functions $V_{1}(x, R)$ of $M_{1}, V_{2}(y, R)$ of $M_{2}$ satisfy the volume doubling property (2.9). For $i \in I_{1}$, let $u_{i}(x)=d_{1}\left(x, U_{i}\right)$ and

$$
f_{i}(y)=d\left(y, \partial A_{1} \cap F_{i}\right) .
$$

For $j \in I_{2}$, we set $v_{j}(y), k_{j}(x)$ by the same manner. Then

$$
\begin{array}{r}
p(t, x, y) \leq C_{1} t^{-n / 2}\left(\sum_{i \in I_{1}} \frac{u_{i}(x)^{2}}{V_{1}\left(x, u_{i}(x)\right)} \exp \left(-b_{1} \frac{u_{i}(x)^{2}+f_{i}(y)^{2}}{t}\right)\right. \\
\left.+\sum_{j \in I_{2}} \frac{v_{j}(y)^{2}}{V_{2}\left(y, v_{j}(y)\right)} \exp \left(-b_{1} \frac{v_{j}(y)^{2}+k_{j}(x)^{2}}{t}\right)\right) \tag{4.2}
\end{array}
$$

where the constants $C_{1}, b_{1}$ depend only on the constants $\kappa, \kappa^{\prime}, \beta, \beta^{\prime}$ in (2.9) and $C, b$ in (2.8).

Proof. From the argument in the proof of [16, Lemma 3.3], we have

$$
\begin{equation*}
p(t, x, y) \leq \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right)+\mathbb{E}_{y}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, x\right)\right) . \tag{4.3}
\end{equation*}
$$

Since $A_{1} \subset \bigcup_{i \in I_{1}} F_{i}$, by using the same argument as in the proof of Lemma 2.3 , the first expectation in (4.3) can be estimated by

$$
\begin{aligned}
& \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) \leq \\
& \quad \sum_{i \in I_{1}} \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\} \cap\left\{X_{\tau_{A}} \in \partial A_{1} \cap F_{i}\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) .
\end{aligned}
$$

Then the strong Markov property yields

$$
\begin{aligned}
& \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\} \cap\left\{X_{\tau_{A}} \in \partial A_{1} \cap F_{i}\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) \\
& \quad \leq \mathbb{P}_{x}\left(\left\{\tau_{A}<t / 2\right\} \cap\left\{X_{\tau_{A}} \in \partial A_{1} \cap F_{i}\right\}\right) \sup _{\substack{0 \leq s \leq t / 2 \\
z \in \partial A_{1} \cap F_{i}}} p(s, z, y) .
\end{aligned}
$$

By the same argument as in the proof of Lemma 2.3, we have

$$
\mathbb{P}_{x}\left(\left\{\tau_{A}<t / 2\right\} \cap\left\{X_{\tau_{A}} \in \partial A_{1} \cap F_{i}\right\}\right) \leq \mathbb{P}_{x}^{M_{1}}\left(\tau_{F_{i}}<t / 2\right) .
$$

Applying the estimate of the hitting probability (2.2), we obtain

$$
\begin{aligned}
& \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) \leq \\
& \sum_{i \in I_{1}} \operatorname{cap}\left(F_{i}, U_{i}\right) \int_{0}^{t / 2} \sup _{z \in U_{i} \backslash F_{i}} p_{1}(s, x, z) d s \sup _{\substack{0 \leq \leq \leq t / 2 \\
z \in \partial A_{1} \cap F_{i}}} p(s, z, y) .
\end{aligned}
$$

Similarly we have

$$
\begin{aligned}
& \mathbb{E}_{y}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, x\right)\right) \leq \\
& \sum_{j \in I_{2}} \operatorname{cap}\left(K_{j}, V_{j}\right) \int_{0}^{t / 2} \sup _{z \in V_{j} \backslash K_{j}} p_{2}(s, y, z) d s \sup _{\substack{0 \leq s \leq t / 2 \\
z \in \mathcal{A} A_{2} \cap K_{j}}} p(s, z, x),
\end{aligned}
$$

whence we obtain (4.1).
Under the additional conditions (2.8) and (2.9), we have

$$
\sup _{\substack{0 \leq s \leq t / 2 \\ z \in \partial A_{1} \cap F_{i}}} p(s, z, y) \leq \frac{C}{V(y, \sqrt{t})} \exp \left(-b \frac{f_{i}(y)^{2}}{t}\right)
$$

and, by Lemma 2.3,

$$
\int_{0}^{t / 2} \sup _{z \in U_{i} \backslash F_{i}} p_{1}(s, x, z) d s \leq \frac{u_{i}(x)^{2}}{V_{1}\left(x, u_{i}(x)\right)} \exp \left(-b \frac{u_{i}(x)^{2}}{t}\right) .
$$

Substituting them into (4.1), we obtain (4.2).

### 4.2 Heat kernel upper bound on $M_{m, \alpha}^{n}$

Fix parameters $1 \leq m \leq n-3,0 \leq \alpha<1$, or $m=0, \alpha=0, n \geq 3$ and recall that the subset $A=A(m, \alpha)$ of $\mathbb{R}^{n}$ given by

$$
A(m, \alpha)=\left\{x \in \mathbb{R}^{n} \mid h(x) \leq r(x)^{\alpha}\right\} .
$$

We consider $M_{1}=M_{2}=\mathbb{R}^{n}$ and denote by $A_{1}$ and $A_{2}$ the two copies of $A(m, \alpha)$ on $M_{1}$ and $M_{2}$, respectively. Then $M_{m, \alpha}^{n}$ denotes $M_{1} \#_{J} M_{2}$, the connected sum of $M_{1} \backslash A_{1}$ and $M_{2} \backslash A_{2}$ by a joint $J$. Our goal of this section is to prove the following upper estimate of the heat kernel $p(t, x, y)$ on $M_{m, \alpha}^{n}$ :

Theorem 4.2 There exists $L \geq 1$ such that for all $x \in M_{1} \backslash A_{1}, y \in M_{2} \backslash A_{2}$ satisfying $d(x, A)>\operatorname{Lr}(x)^{\alpha}, d(y, A)>\operatorname{Lr}(x)^{\alpha}$ and $t>0$,

$$
\begin{aligned}
p(t, x, y) \leq C t^{-n / 2} & \left(\left(\frac{r(x)^{\alpha}}{d(x, A)}\right)^{n-3}+\frac{1}{d(x, A)^{(1-\alpha)(n-3)}}\right. \\
& \left.+\left(\frac{r(y)^{\alpha}}{d(y, A)}\right)^{n-3}+\frac{1}{d(y, A)^{(1-\alpha)(n-3)}}\right) e^{-b d(x, y)^{2} / t}
\end{aligned}
$$

Proof. Given a point $x \in M_{1}$, define the sequence of the couples $F_{i} \subset U_{i}$ by (2.20), (2.21). Such sequence can be defined in the same way for any point $y \in M_{2}$; in this case we denote the couples by $K_{j} \subset V_{j}$.

Since by Theorem 3.2 $M_{m, \alpha}^{n}$ satisfies the isoperimetric inequality (3.1), Lemma 4.1 implies that

$$
\begin{aligned}
p(t, x, y) & \leq C t^{-n / 2}\left(\sum_{i \in\{0\} \cup \mathbb{N}} \frac{\operatorname{cap}\left(F_{i}, U_{i}\right)}{u_{i}(x)^{n-2}} \exp \left(-b_{1} \frac{u_{i}(x)^{2}+f_{i}(y)^{2}}{t}\right)\right. \\
& \left.+\sum_{j \in\{0\} \cup \mathbb{N}} \frac{\operatorname{cap}\left(K_{j}, V_{j}\right)}{v_{j}(y)^{n-2}} \exp \left(-b_{1} \frac{v_{j}(y)^{2}+k_{j}(x)^{2}}{t}\right)\right)
\end{aligned}
$$

From the estimates in (2.22), by taking $L$ large enough, for $x \in M_{1}$ with $d(x, A)>\operatorname{Lr}(x)^{\alpha}$,

$$
\operatorname{diam} U_{i} \leq C_{1} 2^{i} d(x, A) \leq C_{2} d\left(x, U_{i}\right)=C_{2} u_{i}(x)
$$

for some $C_{1}, C_{2}>0$. Then we have

$$
\begin{aligned}
d(x, y) & \leq u_{i}(x)+\operatorname{diam} U_{i}+f_{i}(y) \\
& \leq\left(1+C_{2}\right) u_{i}(x)+f_{i}(y),
\end{aligned}
$$

which implies that

$$
\exp \left(-b_{1} \frac{u_{i}(x)^{2}+f_{i}(y)^{2}}{t}\right) \leq \exp \left(-b \frac{d(x, y)^{2}}{t}\right)
$$

for some $b>0$.
By the same argument, for $y \in M_{2}$ with $d(y, A) \geq \operatorname{Lr}(y)^{\alpha}$,

$$
\exp \left(-b_{1} \frac{v_{j}(y)^{2}+k_{j}(x)^{2}}{t}\right) \leq \exp \left(-b \frac{d(x, y)^{2}}{t}\right)
$$

Using the estimate (2.23) from the proof Theorem 2.6, we conclude that

$$
\begin{aligned}
p(t, x, y) \leq C t^{-n / 2} & \left(\left(\frac{r(x)^{\alpha}}{d(x, A)}\right)^{n-3}+\frac{1}{d(x, A)^{(1-\alpha)(n-3)}}\right. \\
& \left.+\left(\frac{r(y)^{\alpha}}{d(x, A)}\right)^{n-3}+\frac{1}{d(y, A)^{(1-\alpha)(n-3)}}\right) \exp \left(-b \frac{d(x, y)^{2}}{t}\right)
\end{aligned}
$$

## 5 Dirichlet heat kernel in the exterior of a non-compact set

In this section, we study the Gaussian lower bound of the Dirichlet heat kernel in the exterior of a non-compact set. This is a generalization of such an
estimate on the exterior of a compact set proved in [15]. The Gaussian lower bound of the Dirichlet heat kernel plays a crucial role for the lower estimates of the heat kernel on connected sums (Lemma 6.1).

Let $M$ be a geodesically complete non-parabolic Riemannian manifold that admits Li-Yau estimate (1.2), that is,

$$
\begin{equation*}
\frac{c_{0}}{V(x, \sqrt{t})} \exp \left(-B_{0} \frac{d(x, y)^{2}}{t}\right) \leq p(t, x, y) \leq \frac{C_{0}}{V(x, \sqrt{t})} \exp \left(-b_{0} \frac{d(x, y)^{2}}{t}\right), \tag{5.1}
\end{equation*}
$$

for some constants $b_{0}, B_{0}, c_{0}, C_{0}>0$. By Theorem 7.1, (5.1) implies the volume doubling property

$$
\begin{equation*}
V(x, 2 r) \leq D_{0} V(x, r), \tag{5.2}
\end{equation*}
$$

for all $x \in M, r>0$ and with some constant $D_{0}>1$. For any closed set $A \subset M$, define the hitting probability of $A$ by

$$
\Psi_{A}(x)=\mathbb{P}_{x}\left(\tau_{A}<\infty\right)
$$

(cf. Section 2).
We say that a set $\Omega \subset M$ is a good domain with respect to $A \subset M$ if

$$
\begin{equation*}
\Psi_{A}(x)<\frac{c_{0}}{4 D_{0}^{2} C_{0}} e^{-B_{0}} \text { for all } x \in \Omega \tag{5.3}
\end{equation*}
$$

and

$$
\begin{equation*}
V_{\Omega}(x, r):=\mu(B(x, r) \cap \Omega)>c V(x, r) \quad \forall x \in \Omega, \forall r>0 \tag{5.4}
\end{equation*}
$$

for some $c>0$. Clearly, (5.4) implies the volume doubling property for $V_{\Omega}(x, r)$ on $\Omega$. Denote by $d_{\Omega}$ the geodesic distance on $\Omega$.

In the next theorem, we obtain the Gaussian lower estimate of the Dirichlet heat kernel $p_{M \backslash A}(t, x, y)$.

Theorem 5.1 Let $\Omega$ be a good domain with respect to $A \subset M$. Then for all $x, y \in \Omega$ and $t>0$,

$$
\begin{equation*}
p_{M \backslash A}(t, x, y) \geq \frac{c_{1}}{V_{\Omega}(x, \sqrt{t})} \exp \left(-B_{1} \frac{d_{\Omega}(x, y)^{2}}{t}\right), \tag{5.5}
\end{equation*}
$$

where the constants $c_{1}, B_{1}$ depend only on the constants $b_{0}, B_{0}, c_{0}, C_{0}$ from (5.1) and on the constant $D_{0}$ from (5.2).

Proof. First we assume that $x, y \in \Omega$ satisfies

$$
\begin{equation*}
d(x, y) \leq d_{\Omega}(x, y) \leq \sqrt{t} . \tag{5.6}
\end{equation*}
$$

[16, Lemma 3.3] implies that

$$
p_{M \backslash A}(t, x, y) \geq p(t, x, y)-\sup _{\substack{t / 2 \leq s \leq t \\ v \in g A}} p(s, v, y) \Psi_{A}(x)-\sup _{\substack{t / 2 \leq \leq \leq t \\ \omega \in \partial A}} p(s, \omega, x) \Psi_{A}(y) .
$$

From the assumption of the Gaussian lower bound (1.2) for $p(t, x, y)$ and (5.6), $p_{M \backslash A}(t, x, y) \geq \frac{c_{0}}{V(x, \sqrt{t})} e^{-B_{0}}-\sup _{t / 2 \leq s \leq t} \frac{C_{0}}{V(y, \sqrt{t})} \Psi_{A}(x)-\sup _{t / 2 \leq s \leq t} \frac{C_{0}}{V(x, \sqrt{t})} \Psi_{A}(y)$.

Since

$$
B(x, r) \subset B(y, r+d(x, y)) \subset B(y, r+\sqrt{t}),
$$

by the volume doubling property on $M$,

$$
\frac{1}{V\left(y, \sqrt{\frac{t}{2}}\right)} \leq \frac{V(x, \sqrt{t})}{V\left(y, \frac{\sqrt{t}}{2}\right)} \frac{1}{V(x, \sqrt{t})} \leq \frac{V(y, 2 \sqrt{t})}{V\left(y, \frac{\sqrt{t}}{2}\right)} \frac{1}{V(x, \sqrt{t})} \leq \frac{D_{0}^{2}}{V(x, \sqrt{t})}
$$

and

$$
\frac{1}{V\left(x, \sqrt{\frac{t}{2}}\right)} \leq \frac{V(x, \sqrt{t})}{V\left(x, \frac{\sqrt{t}}{2}\right)} \frac{1}{V(x, \sqrt{t})} \leq \frac{D_{0}}{V(x, \sqrt{t})} .
$$

Then we get

$$
p_{M \backslash A}(t, x, y) \geq \frac{1}{V(x, \sqrt{t})}\left(c_{0} e^{-B_{0}}-D_{0}^{2} C_{0}\left(\Psi_{A}(x)+\Psi_{A}(y)\right)\right) .
$$

From the assumption (5.3) of $\Omega$, we have

$$
D_{0}^{2} C_{0}\left(\Psi_{A}(x)+\Psi_{A}(y)\right)<\frac{c_{0}}{2} e^{-B_{0}}
$$

and then

$$
p_{M \backslash A}(t, x, y) \geq \frac{c_{0}}{2 V(x, \sqrt{t})} e^{-B_{0}} \geq \frac{c c_{0}}{2 V_{\Omega(A)}(x, \sqrt{t})} e^{-B_{0}}
$$

for $x, y \in \Omega$ with $d_{\Omega}(x, y) \leq \sqrt{t}$.
Since $V_{\Omega}(x, r)$ satisfies the volume doubling condition (5.4), applying the usual chaining argument (cf. [18]) to arbitrary $x, y \in \Omega$, we conclude the theorem.

Remark 5.2 Sharp Dirichlet heat kernel estimate on inner uniform domains is obtained in [17].

## 6 Heat kernel lower bound

Let $M_{1}$ and $M_{2}$ be geodesically complete non-parabolic Riemannian manifolds. In this section we consider a lower bound of the heat kernel $p(t, x, y)$ on a connected sum $M=M_{1} \#_{J} M_{2}$ of $M_{1}$ and $M_{2}$ along the boundary of $A_{1} \subset M_{1}$ and $A_{2} \subset M_{2}$ by $J$.

Lemma 6.1 Let $U$ be an open subset of $M_{1}$ so that $U \cap A_{1} \neq \emptyset$ and let $F$ be a compact subset of $A_{1} \cap U$. We set $W, K \subset M_{2}$ by the same manner. Let

$$
M_{1}^{\prime}=\left(M_{1} \backslash A_{1}\right) \cup U, \quad M_{2}^{\prime}=\left(M_{2} \backslash A_{2}\right) \cup W,
$$

and denote by $p_{M_{i}^{\prime}}(t, x, y)$ the Dirichlet heat kernel on $M_{i}^{\prime}$. Then for all $x \in M_{1}^{\prime}$, $y \in M_{2}^{\prime}$ and $t>0$, we have

$$
\begin{align*}
p(t, x, y) \geq & \frac{1}{2} \operatorname{cap}\left(F, M_{1}^{\prime}\right) \int_{0}^{t / 2} \inf _{z \in \partial F} p_{M_{1}^{\prime}}(s, x, z) d s \inf _{\substack{t / 2 \leq s \leq t \\
z \in \partial A_{1} \cap U}} p(s, z, y) \\
& +\frac{1}{2} \operatorname{cap}\left(K, M_{2}^{\prime}\right) \int_{0}^{t / 2} \inf _{z \in \partial K} p_{M_{2}^{\prime}}(s, y, z) d s \inf _{\substack{t \in z \leq s \leq t \\
z \in \partial A_{2} \cap W}} p(s, z, x) . \tag{6.1}
\end{align*}
$$

Moreover, assume that the heat kernels $p_{1}\left(t, x_{1}, x_{2}\right)$ on $M_{1}$ and $p_{2}\left(t, y_{1}, y_{2}\right)$ on $M_{2}$ satisfy the Li-Yau bound (1.2) and the volume functions $V_{1}(x, R)$ of $M_{1}$ and $V_{2}(y, R)$ of $M_{2}$ satisfy the volume doubling property (2.9). Let $\Omega_{1}, \Omega_{2}$ be good domains in $M_{1}, M_{2}$ with respect to $A_{1} \backslash U, A_{2} \backslash W$, respectively. We suppose that $F \subset \Omega_{1}$ and $K \subset \Omega_{2}$. For $x \in \Omega_{1}, y \in \Omega_{2}$, we set

$$
\begin{aligned}
& F(x)=\sup \left\{d_{\Omega_{1}}(x, z) \mid z \in F\right\}, \\
& K(y)=\sup \left\{d_{\Omega_{2}}(y, z) \mid z \in K\right\} .
\end{aligned}
$$

Then, for all $x \in \Omega_{1}, y \in \Omega_{2}$ and $t>0$,

$$
\begin{align*}
p(t, x, y) \geq & c_{1} \operatorname{cap}\left(F, M_{1}^{\prime}\right) \frac{F(x)^{2}}{V_{1}(x, F(x))} e^{-B_{1} \frac{F(x)^{2}}{t}} \inf _{\substack{t / 2 \leq s \leq t \\
z \in A_{1} \cap U}} p(s, z, y) \\
& +c_{1} \operatorname{cap}\left(K, M_{2}^{\prime}\right) \frac{K(y)^{2}}{V_{2}(y, K(y))} e^{-B_{1} \frac{K(y)^{2}}{t}} \inf _{\substack{t / 2 \leq s \leq t \\
z \in \partial A_{2} \cap W}} p(s, z, x) . \tag{6.2}
\end{align*}
$$

where the constants $B_{1}, c_{1}>0$ depend only on constants $\kappa, \beta$ from (2.9), and on constants $C, b$ from (1.2).

Proof. By using [16, Lemma 3.1], the strong Markov property yields

$$
\begin{aligned}
p(t, x, y) & \geq \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) \\
& \geq \mathbb{E}_{x}\left(1_{\left\{\tau_{A}<t / 2\right\} \cap\left\{X_{\tau_{A}} \in \partial A_{1} \cap U\right\}} p\left(t-\tau_{A}, X_{\tau_{A}}, y\right)\right) \\
& \geq \mathbb{P}_{x}\left(\left\{\tau_{A_{1}}<t / 2\right\} \cap\left\{X_{\tau_{A_{1}}} \in A_{1} \cap U\right\}\right) \inf _{\substack{t / 2 \leq \leq \leq t \\
z \in \partial A_{1} \cap U}} p(s, z, y)
\end{aligned}
$$

Since $F \subset A_{1} \cap U$, we note that

$$
\begin{aligned}
\tau_{A_{1} \backslash U} \geq \frac{t}{2} \text { and } \tau_{F}<\frac{t}{2} & \Rightarrow \tau_{A_{1}}<\frac{t}{2} \text { and } X_{\tau_{A_{1}}} \in A_{1} \cap U \\
& \Leftrightarrow \tau_{A_{1} \backslash U} \geq \frac{t}{2} \text { and } \tau_{A_{1} \cap U}<\frac{t}{2}
\end{aligned}
$$

Then the hitting probability

$$
\mathbb{P}_{x}\left(\left\{\tau_{A_{1}}<t / 2\right\} \cap\left\{X_{\tau_{A_{1}}} \in A_{1} \cap U\right\}\right)
$$

can be estimated from below by the hitting probability to $F$ by time $t / 2$ in $\left(A_{1} \backslash U\right)^{c}=M_{1}^{\prime}$ with Dirichlet boundary condition. By using the estimate of the hitting probability (2.2) on $M_{1}^{\prime}$, the following lower estimate holds:

$$
\mathbb{P}_{x}\left(\left\{\tau_{A_{1}}<t / 2\right\} \cap\left\{X_{\tau_{A_{1}}} \in \partial A_{1} \cap U\right\}\right) \geq \operatorname{cap}\left(F, M_{1}^{\prime}\right) \int_{0}^{t / 2} \inf _{z \in \partial F} p_{M_{1}^{\prime}}(s, x, z) d s
$$

Hence we obtain

$$
\begin{equation*}
p(t, x, y) \geq \operatorname{cap}\left(F, M_{1}^{\prime}\right) \int_{0}^{t / 2} \inf _{z \in \partial F} p_{M_{1}^{\prime}}(s, x, z) d s \inf _{\substack{t / 2 \leq s_{\leq t} \leq t \\ z \in \mathcal{A} A_{1} \cap U}} p(s, z, y) . \tag{6.3}
\end{equation*}
$$

By the symmetry of $p(t, x, y)$ with respect to $x, y$, the estimate (6.1) follows. Under the additional assumptions (1.2), (2.9) of $M$ and $F \subset \Omega_{1}$, we have

$$
\inf _{z \in \partial F} p_{M_{1}^{\prime}}(s, x, z) d s \geq \frac{c}{V_{1}(x, \sqrt{s})} \exp \left(-B \frac{F(x)^{2}}{s}\right)
$$

by Theorem 5.1, and

$$
\int_{0}^{t} \frac{c}{V_{1}(x, \sqrt{s})} \exp \left(-B \frac{F(x)^{2}}{s}\right) \geq \frac{c^{\prime} F(x)^{2}}{V_{1}(x, F(x))} \exp \left(-B_{1} \frac{F(x)^{2}}{t}\right)
$$

by Lemmas 2.2, 2.4. Substituting into (6.3), we obtain

$$
\begin{aligned}
& p(t, x, y) \geq \\
& c^{\prime} \operatorname{cap}\left(F, M_{1}^{\prime}\right) \frac{F(x)^{2}}{V_{1}(x, F(x))} \exp \left(-B_{1} \frac{F(x)^{2}}{t}\right) \inf _{\substack{t / 2 \leq s \leq t \\
z \in A A_{1} \cap U}} p(s, z, y) .
\end{aligned}
$$

By the symmetry of $p(t, x, y)$ with respect to $x, y$, we conclude the lemma.
Next we need the lower bound for

$$
\inf _{\substack{t \mid 2 \leq s \leq t \\ z \in \mathcal{A} \mathcal{A}_{1} \cap U}} p(s, z, y) .
$$

Suppose that the heat kernel $p_{2}\left(t, y_{1}, y_{2}\right)$ on $M_{2}$ satisfies the Li-Yau bound (1.2). Let $\Omega_{2}$ be a good domain in $M_{2}$ with respect to $J$ and let us assume the parabolic Harnack inequality (7.3) for all balls in $M \backslash \Omega_{2}$ which do not intersect the boundary.

For $z \in \partial A_{1} \cap U$, set $w=w(z)$ in $\Omega_{2}$ and fix a continuous curve $\gamma_{z}$ between $z$ and $w$ of length $\ell_{z}$. For $r>0$, let $\gamma_{1}$ be a connected component of

$$
\gamma_{z} \backslash B\left(\Omega_{2}, 2 r\right)
$$

containing $z$, and $\gamma_{2}$ be a connected component of

$$
\gamma_{z} \backslash B(J, 2 r)
$$

containing $w$. We set

$$
\Gamma_{1}(r)=B\left(\gamma_{1}, r\right), \quad \Gamma_{2}(r)=B\left(\gamma_{2}, r\right) .
$$

We denote by $\rho_{z}$ the supremum of $r>0$ so that

$$
\Gamma_{1}(r) \cap \Gamma_{2}(r) \neq \emptyset
$$

(see Figure 8).


Figure 8: $\Gamma_{1}(r)$ and $\Gamma_{2}(r)$
Set

$$
\begin{aligned}
\mathcal{W} & =\bigcup_{z \in \partial A_{1} \cap U} w(z), \\
\ell & =\sup _{z \in \partial A_{1} \cap U} \ell_{z}, \\
\rho & =\frac{1}{2} \inf _{z \in \partial A_{1} \cap U} \rho_{z} .
\end{aligned}
$$

For $y \in \Omega_{2}$, set also

$$
\mathcal{W}(y)=\sup _{w \in \mathcal{W}} d_{\Omega_{2}}(y, w) .
$$

Then we obtain the following:

Lemma 6.2 For all $y \in \Omega_{2}$ and $t>2 \ell^{2}$,

$$
\inf _{z \in \partial A_{1} \cap U} p(t, z, y) \geq \exp \left(-H^{\prime}\left(1+\frac{\ell^{2}}{\rho^{2}}\right)\right) \frac{c}{V(y, \sqrt{t})} \exp \left(-B \frac{\mathcal{W}(y)^{2}}{t}\right)
$$

where the constant $H^{\prime}$ depends only on the constants $H$ from (7.3) on $M \backslash \Omega_{2}$ and on $M_{2}$, and the constants $c, B$ depend only on the constants $C, b$ from (1.2).

Proof. It should be noted that the Harnack inequality (7.3) holds on $M_{2}$ from the assumption of the Li-Yau estimate (1.2). Conjunction with the assumption of the Harnack inequality on $M \backslash \Omega_{2}$ for all balls which do not intersect the boundary, for any $z \in \partial A_{1} \cap U$, we can apply [23, Corollary 5.4.4] on $\Gamma_{1}(\rho)$ and $\Gamma_{2}(\rho)$. Hence there exists $H^{\prime}>0$ such that for all $t>2 \ell^{2}$,

$$
\begin{aligned}
p(t, z, y) & \geq \exp \left(-H^{\prime}\left(1+\frac{\ell_{z}^{2}}{\rho_{z}^{2}}\right)\right) p\left(t-\ell_{z}^{2}, w, y\right) \\
& \geq \exp \left(-H^{\prime}\left(1+\frac{\ell^{2}}{\rho^{2}}\right)\right) p_{M_{2} \backslash A_{2}}\left(t-\ell_{z}^{2}, w, y\right) .
\end{aligned}
$$

Since $w, y \in \Omega_{2}$, Theorem 5.1 implies that

$$
p_{M_{2} \backslash A_{2}}\left(t-\ell_{z}^{2}, w, y\right) \geq \frac{c}{V\left(y, \sqrt{t-\ell_{z}^{2}}\right)} \exp \left(-B \frac{d_{\Omega_{2}}(w, y)^{2}}{t-\ell_{a}^{2}}\right) .
$$

By the volume doubling property (7.2), for $t>2 \ell^{2} \geq 2 \ell_{z}^{2}$, we obtain

$$
\frac{c}{V\left(y, \sqrt{t-\ell_{z}^{2}}\right)} \exp \left(-B \frac{d_{\Omega_{2}}(w, y)^{2}}{t-\ell_{z}^{2}}\right) \geq \frac{c^{\prime}}{V(y, \sqrt{t})} \exp \left(-B^{\prime} \frac{\mathcal{W}(y)^{2}}{t}\right)
$$

which concludes the lemma.
Let $n, m, \alpha$ be as in (1.7) and let $A=A(m, \alpha)$ where the latter is defined by (1.6). Consider two copies of $\mathbb{R}^{n}: M_{1}=M_{2}=\mathbb{R}^{n}$ and denote by $A_{1}, A_{2}$ the copies of the set $A$ on $M_{1}$ and $M_{2}$, respectively. Consider the connected sum

$$
M_{m, \alpha}^{n}=M_{1} \#_{J} M_{2}=\mathbb{R}^{n} \#_{J} \mathbb{R}^{n}
$$

between $M_{1} \backslash A_{1}$ and $M_{2} \backslash A_{2}$ by $J$. Here the joint $J$ is defined so that for all $L \geq 0$, there exists a quasi-isometry

$$
f_{k}^{L}: \mathbb{R}^{n} \backslash A^{\prime} \rightarrow M_{m, \alpha}^{n} \backslash E_{k}^{L},
$$

where

$$
A^{\prime}=\left\{x \in \mathbb{R}^{n} \left\lvert\, h(x) \leq \frac{1}{2} r(x)^{\alpha}\right.\right\}
$$

and

$$
E_{k}^{L}=\left\{x \in M_{k} \mid d(x, A) \geq \operatorname{Lr}(x)^{\alpha}\right\} .
$$

Note that, by Theorem 2.6, there exists $L_{0}>0$ such that $E_{1}^{L} \subset M_{1}$, $E_{2}^{L} \subset M_{2}$ are good domains with respect to $A_{1}=A_{2}=A(m, \alpha)$ for all $L \geq L_{0}$, respectively. Then we obtain the following lower bound of the heat kernel $p(t, x, y)$ on $M_{m, \alpha}^{n}$ assuming that $x$ and $y$ belong to different copies of $\mathbb{R}^{n}$ and $d(x, J), d(y, J), t$ are large enough:

Theorem 6.3 There exist $L \geq L_{0}, T>1$ such that, for all $x \in E_{1}^{L}, y \in E_{2}^{L}$ and $t>T(d(x, J)+d(y, J))^{2 \alpha}$,

$$
\begin{aligned}
p(t, x, y) \geq c t^{-n / 2} & \left\{\left(\frac{r(x)^{\alpha}}{d(x, J)}\right)^{n-m-2}+\frac{1}{d(x, J)^{(1-\alpha)(n-m-2)}}\right. \\
+ & \left.\left(\frac{r(y)^{\alpha}}{d(y, J)}\right)^{n-m-2}+\frac{1}{d(y, J)^{(1-\alpha)(n-m-2)}}\right\} e^{-B \frac{d(x, y)^{2}}{t}} .
\end{aligned}
$$

Proof. As we have taken in (2.24), recall

$$
x_{z}=\left\{\begin{array}{l}
\left(1+\frac{z}{\left|x^{\prime}\right|}\right) x^{\prime}, \text { if } x^{\prime} \neq 0 \\
(z, 0, \ldots, 0), \text { if } x^{\prime}=0
\end{array}\right.
$$

For $d=d(x, J)$, we define

$$
U=x_{4 d}+B_{m}(3 d) \times B_{n-m}\left((r(x)+7 d)^{\alpha}\right) \subset M_{1}
$$

and a compact set

$$
F=x_{4 d}+\overline{B_{m}(d)} \times \overline{B_{n-m}\left(r\left(x_{3 d}\right)^{\alpha}\right)},
$$

which has been taken in (2.25). By the same argument as in Theorem 2.6, the hitting probability

$$
\mathbb{P}_{z}\left(\tau_{A_{1} \backslash U}<\infty\right)
$$

has the same upper bound with respect to the distance $d\left(z, A_{1} \backslash U\right)$. Since

$$
d\left(F, A_{1} \backslash U\right)=2 d
$$

by taking $L>1$ large enough, for all $x \in M_{1} \backslash A_{1}$ with $d \geq \operatorname{Lr}(x)^{\alpha}$,

$$
\Omega=E_{1}^{L} \cup\left\{z \in M_{1}:\left|z^{\prime}-x_{4 d}\right| \leq 2 d\right\}
$$

is a good domain with respect to $A_{1} \backslash U$ containing $F$ (see Figure 9).


Figure 9: Good domain $\Omega$ with respect to $A_{1} \backslash U$.

Then Theorem 2.6 and Lemma 6.1 imply that

$$
\begin{align*}
p(t, x, y) \geq & c\left(\left(\frac{r(x)^{\alpha}}{d}\right)^{n-m-2}+\frac{c}{d^{(1-\alpha)(n-m-2)}}\right) \exp \left(-B \frac{F(x)^{2}}{t}\right) \\
& \times \inf _{\substack{t / 2 \leq \leq t \\
z \in Q A_{1} \cap U}} p(s, z, y) . \tag{6.4}
\end{align*}
$$

Next we estimate

$$
\inf _{\substack{t / 2 \leq \leq \leq t \\ z \in \partial A_{1} \cap U}} p(s, z, y) .
$$

Due to the quasi-isometry

$$
f_{2}^{L}: \mathbb{R}^{n} \backslash A^{\prime} \rightarrow M_{m, \alpha}^{n} \backslash E_{2}^{L}
$$

the Harnack inequality (7.3) holds on $M_{m, \alpha}^{n} \backslash E_{2}^{L}$ for all balls which do not intersect the boundary. For $z \in \partial A_{1} \cap U$, set $\zeta=\left(f_{2}^{L}\right)^{-1}(z) \in \mathbb{R}^{n} \backslash A^{\prime}$. Define a smooth curve $\gamma_{z}(t)$ by

$$
\begin{equation*}
\gamma_{z}(t)=f_{2}^{L}\left(\zeta^{\prime}+(1-t)\left(\zeta-\zeta^{\prime}\right)\right), \quad 0 \leq t \leq T \tag{6.5}
\end{equation*}
$$

where $T=T(\zeta)$ is the time so that $\zeta^{\prime}+(1-T)\left(\zeta-\zeta^{\prime}\right)$ is on $\partial A^{\prime}$. Set

$$
w(z)=f_{2}^{L}\left(\zeta^{\prime}+(1-T)\left(\zeta-\zeta^{\prime}\right)\right) \in \partial E_{2}^{L}, \quad \mathcal{W}=\cup_{z \in \partial A_{1} \cap U} w(z)
$$

Since the map $f_{2}^{L}$ is quasi-isometric, $r(z) \asymp r(\zeta), T \asymp r(\zeta)^{\alpha}$, and then

$$
\ell_{z} \asymp r(z)^{\alpha} \asymp \rho_{z} \asymp d^{\alpha} .
$$

Therefore $\ell^{2} / \rho^{2}$ is uniformly bounded, and hence Lemma 6.2 implies that, for all $t \geq 2 C^{2} d^{2 \alpha}$ we obtain

$$
\begin{equation*}
\inf _{\substack{t / 2 \leq s \leq t \\ z \in \partial \mathbb{A}_{1} \cap U}} p(s, z, y) \geq c t^{-n / 2} \exp \left(-B \frac{D_{2}(y)^{2}}{t}\right) \tag{6.6}
\end{equation*}
$$

To finish the proof, we show that there exist $B_{1}, B_{2}>0$ such that

$$
\begin{align*}
F(x) & =\sup \left\{d_{\Omega}(x, z) \mid z \in F\right\} \leq B_{1} d(x, y)  \tag{6.7}\\
\mathcal{W}(y) & =\sup \left\{d_{E_{2}^{L}}(y, w) \mid w \in \mathcal{W}\right\} \leq B_{2} d(x, y) \tag{6.8}
\end{align*}
$$

From the definition of $F$,

$$
F(x) \leq 9 d+h(x)+r\left(x_{3 d}\right)^{\alpha} .
$$

Since

$$
\begin{aligned}
h(x) & \leq C d+r(x)^{\alpha}, \\
r\left(x_{3 d}\right)^{\alpha} & \leq r(x)^{\alpha}+3 d,
\end{aligned}
$$

by taking $L \geq L_{0}$ large enough, for all $x \in M_{1}$ satisfying $d \geq \operatorname{Lr}(x)^{\alpha}$, there exists $B_{1}>0$ such that

$$
F(x) \leq B_{1} d \leq B_{1} d(x, y)
$$

To prove (6.8), we introduce the following notation. For any $y \in \mathbb{R}^{n}$, we denote the coordinates of $y$ by

$$
\left(y^{\prime}, h(h), \eta(y)\right) \in \mathbb{R}^{m} \times \mathbb{R}^{n-m},
$$

where $(h(y), \eta(y))$ is the polar coordinates of $y-y^{\prime} \in \mathbb{R}^{n-m}$ with radius $h(y) \geq$ 0 and angle $\eta(y) \in \mathbb{S}^{n-m-1}$. For $y \in E_{2}^{L}$ and $w=w(z) \in \mathcal{W}$, set

$$
\begin{aligned}
w_{y} & =\left(w^{\prime}, h(y), \eta(y)\right) \\
y_{w} & =\left(y^{\prime}, h(y)+h(w), \eta(y)\right)
\end{aligned}
$$

(see Figure 10).
Then we obtain

$$
\begin{aligned}
d_{E_{2}^{L}}(y, w) \leq & d\left(y, y_{w}\right)+d\left(y_{w}, w_{y}\right)+d_{E_{2}^{L}}\left(w_{y}, w\right) \\
\leq & h(w)+d\left(y_{w}, y\right)+d(y, x)+d(x, z)+d(z, w) \\
& +d\left(w, w_{y}\right)+d_{E_{2}^{L}}\left(w_{y}, w\right) \\
\leq & 2 h(w)+d(y, x)+d(x, z)+d(z, w)+2 d_{E_{2}^{L}}\left(w_{y}, w\right) .
\end{aligned}
$$



Figure 10: $w_{y}$ and $y_{w}$
Taking $L \geq L_{0}$ large enough and $x \in E_{1}^{L}$, there exists $B_{2}^{\prime}>0$ such that

$$
\begin{aligned}
d_{E_{2}^{L}}\left(w_{y}, y\right) & \leq C h(w), \\
h(w) & \leq 2 d(z, w), \\
d(z, w) & \leq B_{2}^{\prime} d \leq B_{2}^{\prime} d(x, y), \\
d(x, z) & \leq B_{2}^{\prime} d \leq B_{2}^{\prime} d(x, y)
\end{aligned}
$$

whence we obtain (6.8).
Combining the above estimates (6.4), (6.6), (6.7) and (6.8), we obtain that the heat kernel $p(t, x, y)$ on $M_{m, \alpha}^{n}$ admits the following lower estimate:

$$
p(t, x, y) \geq c t^{-n / 2}\left(\left(\frac{r(x)^{\alpha}}{d}\right)^{n-m-2}+\frac{1}{d^{(1-\alpha)(n-m-2)}}\right) \exp \left(-B \frac{d(x, y)^{2}}{t}\right)
$$

By the symmetry of $p(t, x, y)$ with respect to $x$ and $y$, we conclude the theorem.
Finally we prove the rest of Theorem 1.1. Set $L \geq L_{0}$ as we have chosen in the above theorem. The lower bound of $p(t, x, y)$ for $x, y \in E_{1}^{L}$ has already proved in Theorem 2.6 and Theorem 5.1 because $E_{1}^{L}$ is a good domain with respect to $J$. Let us set

$$
C(L)=M_{m, \alpha}^{n} \backslash\left(E_{1}^{L} \cup E_{2}^{L}\right)
$$

and consider the lower bound of the heat kernel $p(t, x, y)$ on $M_{m, \alpha}^{n}$ for $x, y \in$ $C(L)$ or $x \in E_{1}^{L}, y \in C(L)$.

For $z \in C(L) \cup E_{1}^{L}$, let $\gamma_{z}$ be a curve from $z$ to $E_{1}^{L}$ given by the same manner of (6.5) ( $\gamma_{z}=$ const if $z \in E_{1}^{L}$ ). By using the argument in Lemma 6.2, for all $t \geq 2\left(\ell_{x}^{2}+\ell_{y}^{2}\right)$, we have

$$
p(t, x, y) \geq \exp \left(-H^{\prime}\left(1+\frac{\ell_{x}^{2}}{\rho_{x}^{2}}+\frac{\ell_{y}^{2}}{\rho_{y}^{2}}\right)\right) p_{M_{1} \backslash A_{1}}\left(t-2\left(\ell_{x}^{2}+\ell_{y}^{2}\right), w(x), w(y)\right) .
$$

Since

$$
\begin{array}{ll}
\ell_{x} \leq C d\left(x, E_{1}^{L}\right), & \rho_{x} \geq c r(x)^{\alpha} \geq c^{\prime} d\left(x, E_{1}^{L}\right) \\
\ell_{y} \leq C d\left(y, E_{1}^{L}\right), & \rho_{y} \geq c r(y)^{\alpha} \geq c^{\prime} d\left(y, E_{1}^{L}\right)
\end{array}
$$

Theorem 5.1 implies that, for $t \geq T\left(d\left(x, E_{1}^{L}\right)+d\left(y, E_{1}^{L}\right)\right)^{2}$

$$
p(t, x, y) \geq \frac{c}{V(x, \sqrt{t})} \exp \left(-B \frac{d(x, y)^{2}}{t}\right)
$$

which completes the proof of Theorem 1.1.

## 7 Appendix

The following theorem is a combined result of [10], [13], [22].
Theorem 7.1 For any geodesically complete non-compact Riemannian manifold $M$, the following three properties are equivalent:
(i) The Li-Yau bound (1.2).
(ii) The Poincaré inequality: there exists $P>0$ such that for all $x \in M$, $r>0$ and all $f \in C^{\infty}(B(x, 2 r))$,

$$
\begin{equation*}
\int_{B(x, r)}\left|f-f_{B(x, r)}\right|^{2} d \mu \leq \operatorname{Pr}^{2} \int_{B(x, 2 r)}|\nabla f|^{2} d \mu, \tag{7.1}
\end{equation*}
$$

where

$$
f_{B(x, r)}=\frac{1}{V(x, r)} \int_{B(x, r)} f d \mu
$$

and the volume doubling condition: there exists $D>1$ such that for all $x \in M, r>0$,

$$
\begin{equation*}
V(x, 2 r) \leq D V(x, r) \tag{7.2}
\end{equation*}
$$

(iii) The parabolic Harnack inequality: there exists $H>0$ such that for all $x \in M, r>0$ and for any positive solution $u$ of the heat equation (1.1) on a cylinder $Q=\left(0, r^{2}\right) \times B(x, r)$, the following inequality holds

$$
\begin{equation*}
\sup _{Q_{-}} u \leq H \inf _{Q_{+}} u \tag{7.3}
\end{equation*}
$$

where

$$
\begin{aligned}
& Q_{+}=\left(\frac{3}{4} r^{2}, r^{2}\right) \times B\left(x, \frac{1}{2} r\right) \\
& Q_{+}=\left(\frac{1}{4} r^{2}, \frac{1}{2} r^{2}\right) \times B\left(x, \frac{1}{2} r\right)
\end{aligned}
$$

Let us use this theorem to verify that the connected sum $M_{m, \alpha}^{n}$ does not satisfy the Li-Yau estimate (1.2). Of course, this follows from our main Theorem 1.1, but one can see directly the failure of the Poincaré inequality (7.1) on $M_{m, \alpha}^{n}$.

For any closed set $A \subset M_{m, \alpha}^{n}$, let $\Psi_{A}(z)=\mathbb{P}_{z}\left(\tau_{A}<\infty\right)$ be the hitting probability of $A$ (see Section 2). For any $a \in J$ and $r>0$, we write $B_{r}:=$ $B(a, r)$ and consider a function $f$ on $B_{r}$ given by

$$
f(z)=\left\{\begin{array}{cl}
1-\Psi_{\overline{J \cap B_{2 r}}}(z) & z \in\left(M_{1} \backslash A_{1}\right) \cap B_{2 r} \\
0 & z \in J \cap B_{2 r} \\
-c\left(1-\Psi_{\overline{J \cap B_{2 r}}}(z)\right) & z \in\left(M_{2} \backslash A_{2}\right) \cap B_{2 r}
\end{array},\right.
$$

where $c \in \mathbb{R}$ is chosen so that $f_{B_{2 r}}=0$. Since $\Psi_{\overline{J \cap B_{2 r}}}$ is the equilibrium potential for $\operatorname{cap}\left(J \cap B_{2 r}\right)$ (cf. [11], [15]), we have

$$
\int_{B_{2 r}}|\nabla f|^{2} d \mu \leq \operatorname{cap}\left(J \cap B_{2 r}\right) .
$$

Moreover we have

$$
\begin{aligned}
\int_{B_{2 r}}\left|f-f_{B_{2 r}}\right|^{2} d \mu & \geq \int_{\left(M_{1} \backslash A_{1}\right) \cap B_{2 r}}\left|1-\Psi \overline{J \cap B_{2 r}}\right|^{2} d \mu \\
& \geq(1-\epsilon)^{2} \mu\left\{z \in\left(M_{1} \backslash A_{1}\right) \cap B_{2 r}: \Psi_{\overline{J \cap B_{2 r}}}(z)<\epsilon\right\}
\end{aligned}
$$

for all $0<\epsilon<1$. Then we obtain

$$
\frac{\int_{B_{2 r}}|\nabla f|^{2} d \mu}{\int_{B_{2 r}}\left|f-f_{B_{2 r}}\right|^{2} d \mu} \leq \frac{\operatorname{cap}\left(J \cap B_{2 r}\right)}{(1-\epsilon)^{2} \mu\left\{z \in B_{2 r} \cap M_{1}: \Psi_{J \cap B_{2 r}}(z)<\epsilon\right\}} .
$$

By Theorem 2.6, for all $\epsilon>0$, there exists $L>0$ such that

$$
\begin{aligned}
\left\{z \in B_{2 r} \cap M_{1}: \Psi_{J \cap B_{2 r}}(z)<\epsilon\right\} & \supset\left\{z \in B_{2 r} \cap M_{1}: \Psi_{J}(z)<\epsilon\right\} \\
& \supset B_{2 r} \cap E_{1}^{L} .
\end{aligned}
$$

Since $E_{1}^{L}$ is a good domain, there exists a positive constant $r_{a}>0$ depending only on $a \in J$ such that for all $r \geq r_{a}$

$$
\begin{aligned}
\mu\left\{x \in B_{2 r} \cap M_{1}: \Psi_{J \cap B_{2 r}}(x)<\epsilon\right\} & \geq \mu\left(B_{2 r} \cap E_{1}^{L}\right) \\
& \geq c r^{n} .
\end{aligned}
$$

On the other hand, Lemma 2.5 implies that

$$
\begin{aligned}
\operatorname{cap}\left(J \cap B_{2 r}\right) & \leq \operatorname{cap}\left(B_{m}(4 r) \times B_{n-m}\left(\left(\sqrt{r^{2}+1}\right)^{\alpha}\right)\right) \\
& \leq C r^{m+\alpha(n-m-2)} .
\end{aligned}
$$

Then we obtain

$$
\frac{\int_{B_{2 r}}|\nabla f|^{2} d \mu}{\int_{B_{2 r}}\left|f-f_{B_{2 r}}\right|^{2} d \mu} \leq \frac{C}{r^{2+(1-\alpha)(n-m-2)}}
$$

for $r \geq r_{a}$, which shows that the Poincaré inequality (7.1) fails on $M_{m, \alpha}^{n}$.

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[^0]:    *This work was partially supported by SFB 701 of German Research Council
    ${ }^{\dagger}$ This work was partially supported by JSPS, KAKENHI 21740034

