# OFF-DIAGONAL LOWER ESTIMATES AND HÖLDER REGULARITY OF THE HEAT KERNEL 

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#### Abstract

We study the heat kernel of a regular symmetric Dirichlet form on a metric space with doubling measure, in particular, a connection between the properties of the jump measure and the long time behaviour of the heat kernel. Under appropriate optimal hypotheses, we obtain the Hölder regularity and lower estimates of the heat kernel.


Dedicated to the memory of Professor Ka-Sing Lau.

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## 1. Introduction

In this paper, we are concerned with the heat kernel lower estimates for regular symmetric Dirichlet forms on metric spaces with doubling measures.

Let $(M, d)$ be a locally compact separable metric space and let $\mu$ be a Radon measure on $M$ with full support. A triple $(M, d, \mu)$ is called a metric measure space. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form on $L^{2}:=L^{2}(M, \mu)$. Let $\left\{P_{t}\right\}_{t>0}$ be the heat semigroup in $L^{2}$ associated with $(\mathcal{E}, \mathcal{F})$, that is, $P_{t}=e^{t \mathcal{L}}, t>0$, where $\mathcal{L}$ is the generator of $(\mathcal{E}, \mathcal{F})$.

Note that $P_{t}$ is a bounded self-adjoint operator in $L^{2}$. If, for any $t>0$, the operator $P_{t}$ has an integral kernel then the latter will be denoted by $p_{t}(x, y)$ and will be referred to as the heat kernel of $(\mathcal{E}, \mathcal{F})$. The heat kernel coincides with the transition density of the Hunt process associated with $(\mathcal{E}, \mathcal{F})$.

For the sake of Introduction, assume that $(\mathcal{E}, \mathcal{F})$ is of jump type and that it is determined by a jump kernel $J(x, y)$, that is,

$$
\begin{equation*}
\mathcal{E}(u, v)=\iint_{M \times M}(u(x)-u(y))(v(x)-v(y)) J(x, y) d \mu(x) d \mu(y) \tag{1.1}
\end{equation*}
$$

Our main goal is investigation of the influence of the jump kernel on the heat kernel long time behaviour.

For example, consider in $\mathbb{R}^{n}$ the following jump kernel

$$
\begin{equation*}
J(x, y)=\frac{1}{|x-y|^{n+\beta}} \tag{1.2}
\end{equation*}
$$

where $0<\beta<2$. In this case $\mathcal{E}(u, v)$ is a regular Dirichlet form with the generator const $(-\Delta)^{\beta / 2}$, and its heat kernel admits the following two-sided estimate:

$$
\begin{equation*}
p_{t}(x, y) \simeq \frac{1}{t^{n / \beta}}\left(1+\frac{|x-y|}{t^{1 / \beta}}\right)^{-(n+\beta)} \simeq \frac{1}{t^{n / \beta}} \wedge \frac{t}{|x-y|^{n+\beta}} \tag{1.3}
\end{equation*}
$$

for all $t>0$ and $x, y \in \mathbb{R}^{n}$. Here $\wedge$ means minimum and $\simeq$ means comparable, that is, the ratio of the both sides is bounded from above and below by positive constants (in this case, for all $t>0$ and $x, y \in \mathbb{R}^{n}$ ).

For simplicity of presentation, we assume throughout Introduction that the metric measure space $(M, d, \mu)$ is $\alpha$-regular for some $\alpha>0$, that is, for any metric ball $B(x, r)$ in $M$,

$$
\begin{equation*}
\mu(B(x, r)) \simeq r^{\alpha} \tag{1.4}
\end{equation*}
$$

although the main results of this paper are stated and proved under a weaker hypothesis of the volume doubling.

Assume further that the jump kernel satisfies for some $\beta>0$ the estimate

$$
\begin{equation*}
J(x, y) \simeq \frac{1}{d(x, y)^{\alpha+\beta}} \tag{J}
\end{equation*}
$$

for all $x, y \in M$. A natural question arises whether the heat kernel of $(\mathcal{E}, \mathcal{F})$ exists and satisfies an estimate similar to (1.3), that is, whether the following estimate holds:

$$
\begin{equation*}
p_{t}(x, y) \simeq \frac{C}{t^{\alpha / \beta}}\left(1+\frac{d(x, y)}{t^{1 / \beta}}\right)^{-(\alpha+\beta)} \simeq \frac{1}{t^{\alpha / \beta}} \wedge \frac{t}{d(x, y)^{\alpha+\beta}} \tag{1.5}
\end{equation*}
$$

for all $t>0$ and $x, y \in M$. If $\beta<2$ then the answer is affirmative; moreover, by a result of [4], the following equivalence holds:

$$
(\mathrm{J}) \Leftrightarrow(1.5) .
$$

However, if $\beta \geq 2$ then one more hypothesis is needed: a so called generalized capacity condition that will be denoted by (Gcap). This condition ensures the existence of cutoff functions with controlled energy and will be rigorously formulated in the next section. It was proved independently in [6] and [9] that, for any $\beta>0$,

$$
\begin{equation*}
(\mathrm{J})+(\mathrm{Gcap}) \Leftrightarrow(1.5) \tag{1.6}
\end{equation*}
$$

It is natural to ask then what kind of heat kernel bounds can be ensured if the jump kernel satisfies instead of (J) some weaker hypotheses. This problem has been addressed in a series of papers of the authors [11], [12], [13], which is concluded with the present work.

We replace (J) by some integral estimates of the jump kernel as follows. The pointwise upper bound of $J$ is replaced by the hypothesis about the tail of the jump kernel:

$$
\begin{equation*}
\int_{B(x, r)^{c}} J(x, y) d \mu(y) \leq \frac{C}{r^{\beta}} \tag{TJ}
\end{equation*}
$$

for all $x \in M$ and $r>0$, while the pointwise lower bound of $J$ is replaced by an appropriate Poincaré inequality that is denoted by (PI). A detailed definition of the latter will be given in the next section. It is easy to verify that (J) implies (TJ) and (PI) but not vice versa.

The first main result of the present paper - Theorem 2.10, says that the hypotheses (TJ), (PI) and (Gcap) imply the following near-diagonal lower estimate of the heat kernel

$$
\begin{equation*}
p_{t}(x, y) \geq c t^{-\alpha / \beta} \text { if } d(x, y) \leq \delta t^{1 / \beta} \tag{NLE}
\end{equation*}
$$

for some $c, \delta>0$. Moreover, under the standing hypothesis (TJ), we have the equivalence

$$
\begin{equation*}
(\mathrm{PI})+(\mathrm{Gcap}) \Leftrightarrow(\mathrm{LLE}), \tag{1.7}
\end{equation*}
$$

where (LLE) denotes a similar near-diagonal lower bound of the Dirichlet heat kernels in balls, which is a somewhat stronger condition than (NLE) (see the next section for a detailed definition).

Note that, under the hypotheses of Theorem 2.10, one cannot ensure an off-diagonal lower estimate of the form

$$
p_{t}(x, y) \geq \frac{c}{t^{\alpha / \beta}}\left(1+\frac{d(x, y)}{t^{1 / \beta}}\right)^{-N}
$$

for all $t>0$ and $x, y \in M$, whatever $N>0$ is, as it was shown by a counterexample in [1].
However, if we replace in (1.7) the Poincaré inequality (PI) by a stronger hypothesis - the pointwise lower estimate of the jump kernel

$$
J(x, y) \geq \frac{c}{d(x, y)^{\alpha+\beta}}
$$

then we do obtain a full off-diagonal lower estimate

$$
\begin{equation*}
p_{t}(x, y) \geq \frac{c}{t^{\alpha / \beta}}\left(1+\frac{d(x, y)}{t^{1 / \beta}}\right)^{-(\alpha+\beta)} \tag{LE}
\end{equation*}
$$

This follows from our second main result in this paper - Theorem 2.13, that says the following: under the standing hypothesis (TJ), the following equivalence holds:

$$
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap}) \Leftrightarrow(\mathrm{LLE})+(\mathrm{LE})
$$

(see also Corollary 2.14).
As far as upper bounds of the heat kernel are concerned, this problem under weaker assumptions on $J$ has been addressed in our companion papers [12] and [13]. For any $q \geq 1$, let us introduce the following hypothesis about the $L^{q}$-tail of the jump kernel:

$$
\begin{equation*}
\left(\int_{B(x, r)^{c}} J(x, y)^{q} d \mu(y)\right)^{1 / q} \leq \frac{C}{r^{\alpha / q^{\prime}+\beta}}, \tag{q}
\end{equation*}
$$

for all $x \in M$ and $r>0$, where $q^{\prime}$ is the Hölder conjugate to $q$. For example, if $q=1$ then $\left.(\mathrm{TJ})_{q}\right)$ coincides with (TJ). It is easy to see that $(\mathrm{TJ})$ gets stronger when $q$ increases (see [13, Proposition 3.1]).

By a result of [12], if $q \geq 2$ then ( $\mathrm{TJ}_{q}$ ), (Gcap), and a certain Faber-Krahn inequality imply the following upper bound of the heat kernel:

$$
\begin{equation*}
p_{t}(x, y) \leq \frac{C}{t^{\alpha / \beta}}\left(1+\frac{d(x, y)}{t^{1 / \beta}}\right)^{-\left(\alpha / q^{\prime}+\beta\right)} \simeq C\left(\frac{1}{t^{\alpha /\left(\beta q^{\prime}\right)}} \wedge \frac{t}{d(x, y)^{\alpha / q^{\prime}+\beta}}\right) \frac{1}{t^{\alpha /(\beta q)}} \tag{q}
\end{equation*}
$$

for all $t>0$ and $x, y \in M$. Combining the results of the present paper with those of [12] yields the following implication for any $2 \leq q \leq \infty$ :

$$
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) \Rightarrow\left(\mathrm{UE}_{q}\right)+(\mathrm{LE})
$$

(cf. Theorem 2.20 and Corollary 2.21).
Note that there is a mismatch in the exponents of the off-diagonal terms in (LE) and ( $\mathrm{UE}_{q}$ ) that are $\alpha+\beta$ and $\alpha / q^{\prime}+\beta$, respectively. The gap between these exponents is in general unavoidable as an example in [1, Section 3] (see [1, Proposition 3.5 and Theorem 2.8]) shows. However, if $q=\infty$ then $q^{\prime}=1$, and the two exponents coincide. In this case we recover the equivalence (1.6).

In the main body of the paper our results are stated and proved in a more general form as follows.
(1) Instead of volume regularity, we assume the volume doubling condition, so that the volume function $V(x, r)=\mu(B(x, r))$ explicitly enters the heat kernel estimates.
(2) Instead of the scaling function $r^{\beta}$ that appears in (TJ) as well as in (Gcap) and (PI), we use a more general scaling function $W(x, r)$ depending also on the space variable $x \in M$, which causes additional difficulties in the proof.
(3) The Dirichlet form $(\mathcal{E}, \mathcal{F})$ may contain a local part, that is, $(\mathcal{E}, \mathcal{F})$ may be an arbitrary regular Dirichlet form without killing part.
(4) The hypotheses (Gcap) and (PI) are assumed in a localized form, that is, for a bounded range of radii of balls involved, which, in particular, allows to include bounded metric spaces. In this case, the heat kernel estimates are valid for a bounded range of time.
(5) Together with heat kernel lower estimates, we obtain also the Hölder regularity of the heat kernel.

In Section 2 we give all necessary definitions and formulate our main results in full generality. In a short Section 3, we recall some general properties of the energy measure of $(\mathcal{E}, \mathcal{F})$. In Section 4 we change the metric $d$ so that under the new metric the scaling function does not depend on the space variable. In Section 5 we prove an oscillation inequality that is a central technical result. It is used, in particular, in Section 6 to prove the Hölder continuity of the heat kernel. In Section 7 we prove Theorem 2.10. In Section 8 we prove Theorems 2.13 and 2.20. Appendix contains some auxiliary results.

Notation. Letters $c, C, C^{\prime}, C_{1}, C_{2}$, etc. are used to denote positive numbers, depending on the constants in the hypotheses, whose values may change at each occurrence. For a function $u$ on $M$, we denote by $\operatorname{supp}(u)$ the support of $u$ that is, the minimal closed subset of $M$ so that
$u=0$ a.e. outside it. For an open set $U$, the notation $A \Subset U$ means that $A$ is a precompact subset of $U$ with $\bar{A} \subset U$.

## 2. Statement of the main Results

Now we give precise statements of our results. For any $x \in M$ and $r>0$, consider an open metric ball

$$
B(x, r):=\{y \in M: d(y, x)<r\}
$$

and its volume

$$
V(x, r):=\mu(B(x, r))
$$

For any ball $B=B(x, r)$ and any $\lambda>0$, set

$$
\lambda B:=B(x, \lambda r)
$$

Definition 2.1 (Volume doubling condition). We say that a measure $\mu$ on $(M, d)$ satisfies the condition (VD) if there exists a constant $C \geq 1$ such that, for all $x \in M$ and all $r>0$,

$$
\begin{equation*}
V(x, 2 r) \leq C V(x, r) \tag{2.1}
\end{equation*}
$$

Condition (VD) implies that $0<V(x, r)<\infty$ for all $r>0$.
It is known that condition (VD) is equivalent to the following: there exists a positive number $\alpha$ such that, for all $x, y \in M$ and all $0<r \leq R<\infty$,

$$
\begin{equation*}
\frac{V(x, R)}{V(y, r)} \leq C\left(\frac{d(x, y)+R}{r}\right)^{\alpha} \tag{2.2}
\end{equation*}
$$

where constant $C$ can be taken the same as in (VD). In particular, for all $x \in M$ and all $0<r \leq R<\infty$,

$$
\begin{equation*}
\frac{V(x, R)}{V(x, r)} \leq C\left(\frac{R}{r}\right)^{\alpha} \tag{2.3}
\end{equation*}
$$

Let us fix throughout the paper a parameter $\bar{R} \in(0, \operatorname{diam} M]$, where $\operatorname{diam} M$ is the diameter of $M$.

Definition 2.2 (Reverse volume doubling condition). We say that $\mu$ satisfies the condition (RVD) if there exist positive numbers $C, \alpha^{\prime}$ such that, for all $x \in M$ and for all $0<r \leq R<\bar{R}$,

$$
\begin{equation*}
\frac{V(x, R)}{V(x, r)} \geq C^{-1}\left(\frac{R}{r}\right)^{\alpha^{\prime}} \tag{2.4}
\end{equation*}
$$

Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form on $L^{2}$. Recall that any regular symmetric Dirichlet form $(\mathcal{E}, \mathcal{F})$ in $L^{2}$ admits the following unique Beurling-Deny decomposition (cf. [7, Theorem 3.2.1 and Theorem 4.5.2]):

$$
\begin{equation*}
\mathcal{E}(u, v)=\mathcal{E}^{(L)}(u, v)+\mathcal{E}^{(J)}(u, v)+\mathcal{E}^{(K)}(u, v) \tag{2.5}
\end{equation*}
$$

where $\mathcal{E}^{(L)}$ is the local part (or diffusion part) associated with a unique Radon measure $d \Gamma^{(L)}$ (the notions $\mathcal{E}^{(L)}(u, v), d \Gamma^{(L)}(u, v)$ are instead denoted by $\mathcal{E}^{(c)}(u, v), \frac{1}{2} d \mu_{\langle u, v\rangle}^{c}$ respectively in [7, see Eq. (3.2.22) on p. 126]):

$$
\mathcal{E}^{(L)}(u, v)=\int_{M} d \Gamma^{(L)}(u, v)
$$

$\mathcal{E}^{(J)}$ is the jump part associated with a unique Radon measure $j$ defined on $M \times M \backslash$ diag:

$$
\begin{equation*}
\mathcal{E}^{(J)}(u, v)=\iint_{M \times M \backslash \operatorname{diag}}(u(x)-u(y))(v(x)-v(y)) d j(x, y) \tag{2.6}
\end{equation*}
$$

and finally, $\mathcal{E}^{(K)}$ is the killing part. We assume throughout the paper that $\mathcal{E}^{(K)} \equiv 0$ and, thus,

$$
\begin{equation*}
\mathcal{E}(u, v)=\mathcal{E}^{(L)}(u, v)+\mathcal{E}^{(J)}(u, v) \tag{2.7}
\end{equation*}
$$

For simplicity, we set $j=0$ on the diagonal of $M \times M$ so that the integral in (2.6) can be extended to the entire space $M \times M$.

Let us fix a scaling function $W: M \times[0, \infty] \rightarrow[0, \infty]$ such that, for each $x \in M$, the function $W(x, \cdot)$ is strictly increasing, and $W(x, 0)=0, W(x, \infty)=\infty$. Assume also that there exist three positive numbers $C, \beta_{1}, \beta_{2}\left(\beta_{1} \leq \beta_{2}\right)$ such that, for all $0<r \leq R<\infty$ and for all $x, y \in M$ with $d(x, y) \leq R$,

$$
\begin{equation*}
C^{-1}\left(\frac{R}{r}\right)^{\beta_{1}} \leq \frac{W(x, R)}{W(y, r)} \leq C\left(\frac{R}{r}\right)^{\beta_{2}} \tag{2.8}
\end{equation*}
$$

Clearly, we have by (2.8) that, for all $x \in M$ and all $0<r \leq R<\infty$

$$
\begin{equation*}
C^{-1}\left(\frac{R}{r}\right)^{1 / \beta_{2}} \leq \frac{W^{-1}(x, R)}{W^{-1}(x, r)} \leq C\left(\frac{R}{r}\right)^{1 / \beta_{1}} \tag{2.9}
\end{equation*}
$$

where $W^{-1}(x, \cdot)$ is the inverse function of $W(x, \cdot)$ for every $x \in M$.
This type of scaling functions depending both on $x$ and $r$ was first considered by Telcs in [22], where the author studied the heat kernels of random walks and related probabilistic problems.

The function $W$ will determine the space/time scaling of the Hunt process of the Dirichlet form $(\mathcal{E}, \mathcal{F})$. A typical example of a scaling function is $W(x, r)=r^{\beta}$ as was considered in Introduction. For example, if $M=\mathbb{R}^{n}$ and $(\mathcal{E}, \mathcal{F})$ is the classical Dirichlet integral

$$
\mathcal{E}(u, u)=\int_{\mathbb{R}^{n}}|\nabla u|^{2} d \mu
$$

then $\beta=2$. For the jump type Dirichlet form in $\mathbb{R}^{n}$ with the jump kernel (1.2), $\beta$ can be any number from $(0,2)$. If $M$ is a fractal space and $(\mathcal{E}, \mathcal{F})$ is a self-similar strongly local Dirichlet form then typically $\beta>2$, for example, for the Sierpinski gasket in $\mathbb{R}^{2}$ we have $\beta=\frac{\log 5}{\log 2}$. This value of $\beta$ is called the walk dimension of the fractal.

For any metric ball $B:=B(x, r)$, set

$$
W(B):=W(x, r)
$$

Despite of notation, $W(B)$ is not a function of a ball as a subset of $M$, but is a function of a pair $(x, r)$ as it may happen that $B\left(x_{1}, r_{1}\right)=B\left(x_{2}, r_{2}\right)$ whereas $W\left(x_{1}, r_{1}\right) \neq W\left(x_{2}, r_{2}\right)$.

Let $U \subset M$ be an open set, $A$ be a Borel subset of $U$ and $\bar{\kappa} \geq 1$ be a number. A $\bar{\kappa}$-cutoff function of the pair $(A, U)$ is any function $\phi$ in $\mathcal{F}$ such that

- $0 \leq \phi \leq \bar{\kappa} \mu$-a.e. in $M$;
- $\phi \geq 1 \mu$-a.e. in $A$;
- $\phi=0 \mu$-a.e. in $U^{c}$.


Figure 1. A function $\phi \in \bar{\kappa}$-cutoff $(A, U)$
We denote by $\bar{\kappa}$-cutoff $(A, U)$ the collection of all $\bar{\kappa}$-cutoff functions of the pair $(A, U)$. Any 1 -cutoff function for $\bar{\kappa}=1$ will be simply referred to as a cutoff function. Clearly, $\phi \in \mathcal{F}$ is a cutoff function of $(A, U)$ if and only if $0 \leq \phi \leq 1,\left.\phi\right|_{A}=1$ and $\left.\phi\right|_{U^{c}}=0$. Denote by

$$
\text { cutoff }(A, U):=1 \text { - cutoff }(A, U)
$$

Note that for every $\bar{\kappa} \geq 1$,

$$
\text { cutoff }(A, U) \subset \bar{\kappa} \text { - cutoff }(A, U)
$$

and that, if $\phi \in \bar{\kappa}$-cutoff $(A, U)$, then $1 \wedge \phi \in \operatorname{cutoff}(A, U)$. It is known that if $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form in $L^{2}$, then cutoff $(A, U)$ is not empty for any non-empty precompact $A$ with $\bar{A} \subset U$.

Define a function space $\mathcal{F}^{\prime}$ by

$$
\mathcal{F}^{\prime}:=\{v+a: v \in \mathcal{F}, a \in \mathbb{R}\}
$$

that is, $\mathcal{F}^{\prime}$ is a vector space that contains $\mathcal{F}$ and constants.
Definition 2.3 (Generalized capacity condition). We say that condition (Gcap) is satisfied if there exist two numbers $\bar{\kappa} \geq 1, C>0$ such that, for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ and for any pair of concentric balls $B_{0}:=B\left(x_{0}, R\right), B:=B\left(x_{0}, R+r\right)$ with $x_{0} \in M$ and $0<R<R+r<\bar{R}$, there exists $\phi \in \bar{\kappa}$-cutoff $\left(B_{0}, B\right)$ such that

$$
\begin{equation*}
\mathcal{E}\left(u^{2} \phi, \phi\right) \leq \sup _{x \in B} \frac{C}{W(x, r)} \int_{B} u^{2} d \mu \tag{2.10}
\end{equation*}
$$

We remark that the function $\phi$ in (Gcap) may depend on $u$, but the constants $\bar{\kappa}, C$ are independent of $u, B_{0}, B$.


Figure 2. Function $\phi$ in (2.10)
For any open set $U \subset M$ and a Borel set $A \subset U$, define the capacity of the pair $(A, U)$ by

$$
\operatorname{cap}(A, U):=\inf \{\mathcal{E}(\varphi, \varphi): \text { for any } \varphi \in \operatorname{cutoff}(A, U)\}
$$

Definition 2.4 (Capacity upper bound). We say that the condition $\left(\mathrm{Cap}_{\leq}\right)$is satisfied if there exists a constant $C>0$ such that for all balls $B$ of radius $R$ less than $\bar{R}$

$$
\begin{equation*}
\operatorname{cap}\left(\frac{1}{2} B, B\right) \leq C \frac{\mu(B)}{W(B)} \tag{2.11}
\end{equation*}
$$

Note that the following implication is obvious:

$$
\begin{equation*}
(\text { Gcap }) \Rightarrow\left(\mathrm{Cap}_{\leq}\right) \tag{2.12}
\end{equation*}
$$

Indeed, using (Gcap) with $u \equiv 1$, we see that there exists a function

$$
\phi \in \bar{\kappa}^{-} \operatorname{cutoff}\left(\frac{1}{2} B, B\right)
$$

such that

$$
\mathcal{E}(\phi, \phi) \leq \frac{C}{W(B)} \int_{B} u^{2} d \mu=C \frac{\mu(B)}{W(B)}
$$

Replacing $\phi$ by $\widetilde{\phi}:=1 \wedge \phi \in \operatorname{cutoff}\left(\frac{1}{2} B, B\right)$ and then using the Markov property

$$
\mathcal{E}(\widetilde{\phi}, \widetilde{\phi}) \leq \mathcal{E}(\phi, \phi)
$$

we obtain that $\mathcal{E}(\widetilde{\phi}, \widetilde{\phi})$ satisfies the same estimate, which implies the condition $\left(\operatorname{Cap}_{\leq}\right)$.

It would be ideal if in all our results (Gcap) could be replaced by the simpler condition ( $\mathrm{Cap}_{\leq}$), but so far there is no technique for that. Usually it is very difficult to verify (Gcap). However, there are some cases when (Gcap) is trivially satisfied (see [11, Section 4]).

For a Borel measurable subset $U \subset M$ and $u \in \mathcal{F}^{\prime}$, define the energy measure $d \Gamma_{U}(u)$ by

$$
\begin{equation*}
d \Gamma_{U}(u)(x):=d \Gamma^{(L)}(u)(x)+\int_{M} \mathbf{1}_{U}(y)(u(x)-u(y))^{2} d j(x, y) . \tag{2.13}
\end{equation*}
$$

Here we use $\Gamma^{(L)}(u):=\Gamma^{(L)}(u, u)$ for short.
The following condition (ABB) (which is named after Andres, Barlow and Bass) is an equivalent condition to (Gcap) in some sense. Indeed, the authors proved in [11, Theorem 2.11] that under mild assumptions, $(\mathrm{Gcap}) \Leftrightarrow(\mathrm{ABB})+\left(\mathrm{Cap}_{\leq}\right)$. While, in [12, Lemma 9.4], we further prove that under the same assumptions, (Gcap) $\Leftrightarrow \overline{\text { (ABB }})$.
Definition 2.5. We say that condition ( ABB ) is satisfied if there exist $C_{1} \geq 0, C_{2}>0$ such that, for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ and for any three concentric balls $B_{0}:=B\left(x_{0}, R\right), B:=B\left(x_{0}, R+r\right)$ and $\Omega:=B\left(x_{0}, R^{\prime}\right)$ with $0<R<R+r<R^{\prime}<\bar{R}$, there exists some $\phi \in \operatorname{cutoff}\left(B_{0}, B\right)$ such that

$$
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) \leq C_{1} \int_{B} \phi^{2} d \Gamma_{B}(u)+\sup _{x \in \Omega} \frac{C_{2}}{W(x, r)} \int_{\Omega} u^{2} d \mu,
$$

where $\Gamma_{B}(u)$ is defined as in (2.13).
Let $\mathcal{B}(M)$ be the sigma-algebra of Borel sets of $M$. Recall that a transition kernel is a map $J: M \times \mathcal{B}(M) \mapsto \mathbb{R}_{+}$satisfying the following two properties:

- for every fixed $x$ in $M$, the map $E \mapsto J(x, E)$ is a measure on $\mathcal{B}(M)$;
- for every fixed $E$ in $\mathcal{B}(M)$, the map $x \mapsto J(x, E)$ is a non-negative measurable function on $M$.

Definition 2.6 (Tail estimate of jump measure). We say that condition (TJ) is satisfied if there exists a transition kernel $J(x, E)$ on $M \times \mathcal{B}(M)$ such that

$$
d j(x, y)=J(x, d y) d \mu(x) \text { in } M \times M
$$

and, for any point $x$ in $M$ and any $R>0$,

$$
\begin{equation*}
J\left(x, B(x, R)^{c}\right)=\int_{B(x, R)^{c}} J(x, d y) \leq \frac{C}{W(x, R)}, \tag{2.14}
\end{equation*}
$$

where $C \in[0, \infty)$ is a constant independent of $x, R$.
For example, if $W(x, R)=R^{\beta}$ for any $x \in M$ and $R>0$ then the inequality (2.14) reads

$$
J\left(x, B(x, R)^{c}\right) \leq \frac{C}{R^{\beta}} \quad \text { for all } x \text { in } M \text { and } R>0
$$

The latter condition was introduced in [1] in the setting of the ultra-metric spaces.
For a measurable function $u$ and a measurable set $A$, let $u_{A}$ denote the mean of the function $u$ over $A$, that is,

$$
u_{A}:=\frac{1}{\mu(A)} \int_{A} u d \mu=: f_{A} u d \mu,
$$

whenever the integral makes sense.
Definition 2.7 (Poincaré inequality). We say that the Poincaré inequality (PI) holds if there exist constants $C>0$ and $\kappa \in(0,1]$ such that, for any ball $B:=B\left(x_{0}, R\right)$ with $0<R<\bar{R}$ and for any function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$,

$$
\begin{equation*}
\int_{\kappa B}\left|u-u_{\kappa B}\right|^{2} d \mu \leq C W\left(x_{0}, R\right) \int_{B} d \Gamma_{B}(u) \tag{2.15}
\end{equation*}
$$

where $\Gamma_{B}$ is defined in (2.13).

For example, if $M$ is a complete manifold of non-negative Ricci curvature, $d$ is the geodesic metric, $\mu$ is the Riemannian measure, and $\mathcal{E}$ is the Dirichlet integral, then (PI) holds with $W(x, R)=R^{2}$.

Definition 2.8 (Near-diagonal lower estimate). We say that condition (NLE) holds if the heat kernel $p_{t}(x, y)$ exists and satisfies a near-diagonal lower estimate: for any $C_{0} \geq 1$, there exist two constants $\delta, C>0$ such that

$$
\begin{equation*}
p_{t}(x, y) \geq \frac{C^{-1}}{V\left(x, W^{-1}(x, t)\right)} \tag{2.16}
\end{equation*}
$$

for $(\mu \times \mu)$-almost all $(x, y) \in M \times M$ and for any $t<C_{0} W(x, \bar{R})$ such that

$$
d(x, y) \leq \delta W^{-1}(x, t)
$$

We say that condition (sNLE) (strong near-diagonal lower estimate) is satisfied if the function $p_{t}(x, y)$ has a version satisfying the semigroup identity

$$
p_{t+s}(x, y)=\int_{M} p_{t}(x, z) p_{s}(z, y) d z
$$

for any $t, s>0, x, y \in M$, and satisfying (2.16) for any $t<C_{0} W(x, \bar{R})$ and all $x, y \in M$ such that $d(x, y) \leq \delta W^{-1}(x, t)$.

For a non-empty open subset $U$ of $M$, let $C_{0}(U)$ denote the space of all continuous functions with compact supports contained in $U$. Let $\mathcal{F}(U)$ be a vector space defined by

$$
\begin{equation*}
\mathcal{F}(U)=\text { the closure of } \mathcal{F} \cap C_{0}(U) \text { in the norm of } \sqrt{\mathcal{E}(\cdot)+\|\cdot\|_{L^{2}}^{2}} \tag{2.17}
\end{equation*}
$$

where $\mathcal{E}(u):=\mathcal{E}(u, u)$. By the theory of Dirichlet forms, $(\mathcal{E}, \mathcal{F}(U))$ is a regular Dirichlet form on $L^{2}(U)$ if $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form on $L^{2}(M, \mu)$ (see, for example, [7, Theorem 4.4.3]). In this case, denote the heat semigroup of $(\mathcal{E}, \mathcal{F}(U))$ by $\left\{P_{t}^{U}\right\}_{t>0}$. The integral kernel of $\left\{P_{t}^{U}\right\}_{t>0}$ (should it exist) is denoted by $p_{t}^{U}(x, y)$ and is referred to as the heat kernel of $(\mathcal{E}, \mathcal{F}(U))$ or the Dirichlet heat kernel of $(\mathcal{E}, \mathcal{F})$ in $U$.

Definition 2.9 (Localized lower estimate). We say that condition (LLE) holds if the following two properties are satisfied:
(1) for any bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists;
(2) there exist $C>0$ and $\delta \in(0,1)$ such that, for any ball $B:=B\left(x_{0}, R\right)$ with $R \in(0, \bar{R})$, for any $t \leq W\left(x_{0}, \delta R\right)$ and for $\mu$-almost all $x, y \in B\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)$,

$$
\begin{equation*}
p_{t}^{B}(x, y) \geq \frac{C^{-1}}{V\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)} \tag{2.18}
\end{equation*}
$$

We say that condition (sLLE) (strong localized lower estimate) holds if (LLE) holds and, in addition, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ is locally Hölder continuous in

$$
(x, y, t) \in \Omega \times \Omega \times(0, \infty)
$$

for any non-empty bounded open set $\Omega \subset M$.
In other words, the inequality (2.18) says that the Dirichlet heat kernel $p_{t}^{B}(x, y)$ satisfies the near-diagonal lower bound for $x, y$ close to the center of $B$.

Under condition (sLLE), we can rephrase the inequality (2.18) in a simpler way: there exist some constants $C>0, \delta \in(0,1)$ such that, for all $x \in M, 0<R<\bar{R}$ and all $t \leq W(x, \delta R)$,

$$
p_{t}^{B}(x, y) \geq \frac{C^{-1}}{V\left(x, W^{-1}(x, t)\right)} \quad \text { for all } y \in B\left(x, \delta W^{-1}(x, t)\right)
$$

The following theorem is our first main result that gives a lower estimate of the heat kernel.

Theorem 2.10. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. If conditions (VD), (RVD) and (TJ) hold, then

$$
(\mathrm{PI})+(\mathrm{Gcap}) \Leftrightarrow(\mathrm{PI})+(\mathrm{ABB}) \Leftrightarrow(\mathrm{sLLE}) \Leftrightarrow(\mathrm{LLE}) \Rightarrow(\mathrm{sNLE})
$$

We will prove Theorem 2.10 in Section 7.5. The most difficult part is to show the implication

$$
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{PI})+(\mathrm{Gcap}) \Rightarrow(\mathrm{sLLE})
$$

which will be done in Section 7.
Let us turn to off-diagonal lower estimates of the heat kernel. For that we need two more conditions $\left(\mathrm{J}_{\geq}\right)$and (LE). For all $x, y \in M$, denote

$$
V(x, y):=V(x, d(x, y)) \text { and } W(x, y):=W(x, d(x, y))
$$

Note that $V(x, y)$ and $W(x, y)$ are not symmetric in $x, y$ in general.
Definition 2.11 (Lower bound of jump kernel). We say that condition $\left(\mathrm{J}_{\geq}\right)$is satisfied if there exists a non-negative function $J$ (called the jump kernel) such that

$$
d j(x, y)=J(x, y) d \mu(y) d \mu(x)
$$

in $M \times M$, and, for $(\mu \times \mu)$-almost all $(x, y) \in M \times M$,

$$
\begin{equation*}
J(x, y) \geq \frac{C}{V(x, y) W(x, y)} \tag{2.19}
\end{equation*}
$$

where $C>0$ is a constant independent of $x, y$.
Definition 2.12 (Lower bound of heat kernel). We say that condition (LE) is satisfied if the heat kernel $p_{t}(x, y)$ exists and, for any $C_{0} \geq 1$, there exists a constant $C>0$ such that for $(\mu \times \mu)$-almost all $(x, y) \in M \times M$ and any $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$,

$$
\begin{equation*}
p_{t}(x, y) \geq C\left(\frac{1}{V\left(x, W^{-1}(x, t)\right)} \wedge \frac{t}{V(x, y) W(x, y)}\right) \tag{2.20}
\end{equation*}
$$

We say that condition (sLE) (strong lower estimate) is satisfied if condition (LE) is satisfied and the function $p_{t}(x, y)$ has a version satisfying

$$
p_{t+s}(x, y)=\int_{M} p_{t}(x, z) p_{s}(z, y) d z
$$

for any $t, s>0, x, y \in M$ and satisfying (2.20) for all $x, y \in M$ and $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$.
Denote by $(\mathrm{C})$ the condition that the Dirichlet form $(\mathcal{E}, \mathcal{F})$ is conservative, that is

$$
P_{t} 1=1 \text { in } M \text { for each } t>0
$$

The second main result of this paper is the following theorem.
Theorem 2.13. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. If conditions (VD), (RVD) and (TJ) hold, and the jump kernel $J(x, y)$ exists, then $\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+(\mathrm{C}) \Leftrightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{ABB})+(\mathrm{C}) \Rightarrow(\mathrm{sLLE})+(\mathrm{sLE}) \Rightarrow(\mathrm{LLE})+(\mathrm{LE}) \Rightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})$.

We will prove Theorem 2.13 in Section 8.
Corollary 2.14. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that conditions (VD), (RVD) and (TJ) hold, and the jump kernel $J(x, y)$ exists. If

$$
\begin{equation*}
\inf _{z \in M} W(z, \bar{R})>0 \tag{2.21}
\end{equation*}
$$

then

$$
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap}) \Leftrightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{ABB}) \Leftrightarrow(\mathrm{sLLE})+(\mathrm{sLE}) \Leftrightarrow(\mathrm{LLE})+(\mathrm{LE})
$$

Moreover, under these hypotheses, $(\mathcal{E}, \mathcal{F})$ is conservative.

Remark 2.15. The assumption (2.21) can be easily verified in the following two cases:
(1) $\bar{R}=\operatorname{diam} M$;
(2) the function $W(z, R)$ is, in fact, independent of the space variable $z$.

Indeed, in the case (2) the condition (2.21) is obvious. In the case (1), if $\bar{R}=\infty$ then $W(z, \bar{R})=\infty$ so that (2.21) is again trivially satisfied. Consider the case when $\bar{R}=\operatorname{diam} M<$ $\infty$. Then we have by (2.8), for any $x, y \in M$,

$$
\begin{equation*}
\frac{W(x, \bar{R})}{W(y, \bar{R})} \leq \frac{W(x, d(x, y)+\bar{R})}{W(y, \bar{R})} \leq C\left(\frac{d(x, y)+\bar{R}}{\bar{R}}\right)^{\beta_{2}} \leq 2^{\beta_{2}} C . \tag{2.22}
\end{equation*}
$$

Hence, for an arbitrary fixed point $x \in M$,

$$
\inf _{y \in M} W(y, \bar{R}) \geq c W(x, \bar{R})>0
$$

for some $c>0$, which is (2.21).
In the paper [12], the authors study the upper bound of heat kernel under mild assumptions on a doubling space. Combining the results in [12] and the results in this paper, we can obtain the two-sided heat kernel estimates (see Theorem 2.20 and Corollary 2.21). To state these results, let us introduce more conditions.

For a given number $1 \leq q \leq \infty$, let $q^{\prime}$ be the Hölder conjugate of $q$, that is,

$$
q^{\prime}:=\frac{q}{q-1}
$$

so that $q^{\prime}=1$ if $q=\infty$, and $q^{\prime}=\infty$ if $q=1$.
Definition 2.16 ( $L^{q}$-tail estimate of jump kernel). For $q \in[1, \infty]$, we say that condition ( $\mathrm{TJ}_{q}$ ) is satisfied if $(\mathcal{E}, \mathcal{F})$ has the jump kernel $J(x, y)$ such that, for all $x \in M$ and $R>0$,

$$
\begin{equation*}
\|J(x, \cdot)\|_{L^{q}\left(B(x, R)^{c}\right)} \leq \frac{C}{V(x, R)^{1 / q^{\prime}} W(x, R)}, \tag{2.23}
\end{equation*}
$$

where $C \in[0, \infty)$ is a constant independent of $x, R$.
Of course, if $q<\infty$ then we have

$$
\|J(x, \cdot)\|_{L^{q}\left(B(x, R)^{c}\right)}=\left(\int_{B(x, R)^{c}} J(x, y)^{q} d \mu(y)\right)^{1 / q}
$$

while for $q=\infty$

$$
\|J(x, \cdot)\|_{L^{q}\left(B(x, R)^{c}\right)}=\operatorname{esup}_{B(x, R)^{c}} J(x, \cdot) .
$$

Definition 2.17 (Upper bound of jump kernel). We say that condition $\left(\mathrm{J}_{\leq}\right)$is satisfied if $(\mathcal{E}, \mathcal{F})$ has the jump kernel $J(x, y)$ such that, for $(\mu \times \mu)$-almost all $(x, y)$ in $M \times M$,

$$
\begin{equation*}
J(x, y) \leq \frac{C}{V(x, y) W(x, y)}, \tag{2.24}
\end{equation*}
$$

where $C \in[0, \infty)$ is a constant independent of $x, y$.
Note that if $q=\infty$ then $q^{\prime}=1$ and, hence, condition $\left(\mathrm{TJ}_{\infty}\right)$ coincides with $\left(\mathrm{J}_{\leq}\right)$, that is,

$$
\left(\mathrm{J}_{\leq}\right)=\left(\mathrm{TJ}_{\infty}\right) .
$$

If further $V(x, R) \asymp R^{\alpha}$ and $W(x, R) \asymp R^{\beta}$, then (2.24) becomes

$$
J(x, y) \leq \frac{C}{d(x, y)^{\alpha+\beta}},
$$

which was a starting point in a lot of literature, see for example [6], [9] and the references therein.

Let us recall the notion of a regular $\mathcal{E}$-nest (cf. [7, Section 2.1, p. 66-69]). For an open set $U \subset M$, let

$$
\begin{equation*}
\operatorname{Cap}_{1}(U):=\inf \left\{\mathcal{E}(u)+\|u\|_{L^{2}}^{2}: u \in \mathcal{F} \text { and } u \geq 1 \mu \text {-almost everywhere on } U\right\} \tag{2.25}
\end{equation*}
$$

(noting that $\operatorname{Cap}_{1}(U)=\infty$ if the set $\{u \in \mathcal{F}: u \geq 1$ on $U\}$ is empty). An increasing sequence of closed subsets $\left\{F_{k}\right\}_{k=1}^{\infty}$ of $M$ is called an $\mathcal{E}$-nest of $M$ if

$$
\lim _{k \rightarrow \infty} \operatorname{Cap}_{1}\left(M \backslash F_{k}\right)=0
$$

An $\mathcal{E}$-nest $\left\{F_{k}\right\}$ is said to be regular with respect to $\mu$ if for each $k$,

$$
\mu\left(U(x) \cap F_{k}\right)>0 \text { for any } x \in F_{k} \text { and any open neighborhood } U(x) \text { of } x .
$$

For an $\mathcal{E}$-nest $\left\{F_{k}\right\}_{k=1}^{\infty}$, denote by

$$
\begin{equation*}
C\left(\left\{F_{k}\right\}\right):=\left\{u \text { is a function on } M:\left.u\right|_{F_{k}} \text { is continuous for each } k\right\} . \tag{2.26}
\end{equation*}
$$

A function $u: M \mapsto \mathbb{R} \cup\{\infty\}$ is said to be quasi-continuous if and only if $u \in C\left(\left\{F_{k}\right\}\right)$ for some $\mathcal{E}$-nest $\left\{F_{k}\right\}_{k=1}^{\infty}$.

Note that any function $u \in \mathcal{F}$ admits a quasi-continuous version $\widetilde{u}$ (see. [7, Theorem 2.1.3 on p. 71 and Theorem 2.1.7 on p. 75]). Unless otherwise stated, we always use the quasi-continuous versions of functions in $\mathcal{F}$. We also follow this convention for other Dirichlet forms.

We introduce condition $\left(\mathrm{TP}_{q}\right)$ for $q \in[1, \infty]$ that means a certain $L^{q}$-estimate of the tail $P_{t} \mathbf{1}_{B^{c}}$ of the heat semigroup $\left\{P_{t}\right\}$ outside ball.

Definition 2.18 ( $L^{q}$-tail bound of heat semigroup). We say that condition $\left(\mathrm{TP}_{q}\right)$ holds for a given number $1 \leq q \leq \infty$ if the heat kernel $p_{t}(x, y)$ exists on $(0, \infty) \times M \times M$, and there exists a regular $\mathcal{E}$-nest $\left\{F_{k}\right\}$ such that the following two statements are true:
(1) for every $x$ in $M$ and every $t>0$,

$$
p_{t}(x, \cdot) \in C\left(\left\{F_{k}\right\}\right),
$$

(2) for any ball $B:=B(x, R)$ with $R \in(0, \bar{R})$ and any $0<t<W(x, \bar{R})$,

$$
\begin{equation*}
\left\|p_{t}(x, \cdot)\right\|_{L^{q}\left(B^{c}\right)} \leq C\left(\frac{1}{V\left(x, W^{-1}(x, t)\right)^{1 / q^{\prime}}} \wedge \frac{t}{V(x, R)^{1 / q^{\prime}} W(x, R)}\right) \tag{2.27}
\end{equation*}
$$

where $C$ is a positive constant independent of $B, t$.
For any $q \in[1, \infty]$, define condition $\left(\mathrm{UE}_{q}\right)$ that is an off-diagonal upper estimate of the heat kernel.

Definition 2.19 ( $L^{q}$-upper bound of heat kernel). For a given $1 \leq q \leq \infty$, we say that condition $\left(\mathrm{UE}_{q}\right)$ is satisfied if there exists a pointwise defined heat kernel $p_{t}(x, y)$ such that, for all $x, y \in M$ and all $0<t<W(x, \bar{R}) \wedge W(y, \bar{R})$,

$$
\begin{align*}
p_{t}(x, y) \leq C & \left(\frac{1}{V\left(x, W^{-1}(x, t)\right)^{1 / q^{\prime}}} \wedge \frac{t}{V(x, y)^{1 / q^{\prime}} W(x, y)}\right) \\
& \times\left(\frac{1}{V\left(x, W^{-1}(x, t)\right)^{1 / q}}+\frac{1}{V\left(y, W^{-1}(y, t)\right)^{1 / q}}\right) \tag{2.28}
\end{align*}
$$

for some positive constant $C$ independent of $t, x, y$.
For $q=\infty$, we write ( UE ) for $\left(\mathrm{UE}_{\infty}\right)$, by omitting the subscript $\infty$.
The following theorem provides a two-sided estimate of the heat kernel.
Theorem 2.20. Suppose that $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form in $L^{2}$ without killing part. Let $q \in[2, \infty]$. Assume that $\bar{R}=\operatorname{diam} M$ and the jump kernel $J(x, y)$ exists when $q \neq \infty$. If conditions (VD) and (RVD) hold, then

$$
(\mathrm{PI})+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) \Leftrightarrow(\mathrm{PI})+(\mathrm{ABB})+\left(\mathrm{TJ}_{q}\right)
$$

$$
\begin{aligned}
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{sLLE}) \\
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{LLE}) \\
& \Rightarrow\left(\mathrm{UE}_{q}\right)+(\mathrm{NLE})+(C) .
\end{aligned}
$$

We will prove Theorem 2.20 in Section 8.
We say that condition $(\mathrm{J})$ is satisfied if both $\left(\mathrm{J}_{\leq}\right)$and $\left(\mathrm{J}_{>}\right)$are satisfied. Combining Theorem 2.20 and Theorem 2.13 (or Corollary 2.14), we immediately obtain the following corollary.

Corollary 2.21. Suppose that $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form in $L^{2}$ without killing part. Let $q \in[2, \infty]$. Assume that $\bar{R}=\operatorname{diam} M$ and the jump kernel $J(x, y)$ exists when $q \neq \infty$. If conditions (VD) and (RVD) hold, then

$$
\begin{align*}
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) & \Leftrightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{ABB})+\left(\mathrm{TJ}_{q}\right) \\
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{sLE})+(C)  \tag{2.29}\\
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{LE})+(C)  \tag{2.30}\\
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{LE})  \tag{2.3.3}\\
& \Rightarrow\left(\mathrm{UE}_{q}\right)+(\mathrm{LE})+(C) . \tag{2.32}
\end{align*}
$$

In particular, if $q=\infty$ (so that $\left(\mathrm{TP}_{\infty}\right) \Leftrightarrow\left(\mathrm{UE}_{\infty}\right)=(\mathrm{UE})$ ), then we have

$$
\begin{equation*}
(\mathrm{Gcap})+(\mathrm{J}) \Leftrightarrow(\mathrm{ABB})+(\mathrm{J}) \Leftrightarrow(\mathrm{UE})+(\mathrm{LE}) \tag{2.33}
\end{equation*}
$$

Moreover, under any set of conditions in the above equivalences, the Dirichlet form $(\mathcal{E}, \mathcal{F})$ is conservative.

The equivalence in (2.33) generalizes the results in [6], [9] (see also [5]). Let us emphasize that the scaling function $W(x, r)$ in the present paper may depend on the variable $x$ (which causes serious difficulties in the proof), while in [6] and [9] the scaling function does not depend on $x$.

Remark 2.22. Note that condition (ABB) is stable under bounded perturbation in the following sense. Let $\left(\mathcal{E}^{(i)}, \mathcal{F}^{(i)}\right), i=1,2$, be two regular Dirichlet forms without killing parts on $L^{2}(M)$, whose energy measures (see (2.13)) for any $u \in \mathcal{F}$ on any ball $B$ are denoted by $\Gamma_{B}^{(i)}(u), i=$ 1,2 respectively. Suppose that there exists $c \geq 1$ such that $c^{-1} \int_{U} d \Gamma_{B}^{(1)}(u) \leq \int_{U} d \Gamma_{B}^{(2)}(u) \leq$ $c \int_{U} d \Gamma_{B}^{(1)}(u)$ for any ball $B$, any $u \in \mathcal{F}$ and any Borel subset $U \subset M$. Then, condition (ABB) holds true for $\left(\mathcal{E}^{(1)}, \mathcal{F}^{(1)}\right)$ if and only if it holds true for $\left(\mathcal{E}^{(2)}, \mathcal{F}^{(2)}\right)$.

Consequently, all results related with (ABB) are also stable, such as Theorem 2.10, 2.13 and 2.20, Corollaries 2.14, 2.21, and so on.

Example 2.23. Assume that the measure $\mu$ is $\alpha$-regular for some $\alpha>0$, that is,

$$
V(x, r) \simeq r^{\alpha}
$$

for all $x \in M$ and $r>0$. Then the both conditions (VD), (RVD) are trivially satisfied with $\bar{R}=\infty$. Set $W(x, r)=r^{\beta}$ for some $\beta>0$ and all $x \in M$ and $r>0$. The condition (TJ) means in this case that

$$
\begin{equation*}
\int_{B(x, R)^{c}} J(x, d y) \leq \frac{C}{R^{\beta}} . \tag{2.34}
\end{equation*}
$$

The Poincaré inequality (PI) means that, there exist $C>0$ and $\kappa \in(0,1]$ such that, for any ball $B:=B\left(x_{0}, R\right)$ with $0<R<\bar{R}$ and any function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$,

$$
\begin{equation*}
\int_{\kappa B}\left|u-u_{\kappa B}\right|^{2} d \mu \leq C R^{\beta} \int_{B} d \Gamma_{B}(u) \tag{2.35}
\end{equation*}
$$

The generalized capacity condition (Gcap) means that, for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ and for any pair of concentric balls $B_{0}:=B\left(x_{0}, R\right), B:=B\left(x_{0}, R+r\right)$ with $x_{0} \in M$ and $0<R<R+r<\bar{R}$, there
exists some $\phi \in \bar{\kappa}$-cutoff $\left(B_{0}, B\right)$ such that

$$
\begin{equation*}
\mathcal{E}\left(u^{2} \phi, \phi\right) \leq \frac{C}{r^{\beta}} \int_{B} u^{2} d \mu \tag{2.36}
\end{equation*}
$$

Theorem 2.10 says in this case that, under the standing assumption (2.34), the conditions (2.35), (2.36) are equivalent to the following localized lower estimate: for any ball $B=B(x, r)$ and for any $t<(\delta r)^{\beta}$, the Dirichlet heat kernel in $B$ exists and satisfies the inequality

$$
p_{t}^{B}(x, y) \geq \frac{c}{t^{\alpha / \beta}} \quad \text { if } y \in B\left(x, \delta t^{1 / \beta}\right)
$$

Consequently, the global heat kernel exists and satisfies the near-diagonal lower estimate

$$
p_{t}(x, y) \geq \frac{c}{t^{\alpha / \beta}} \quad \text { if } d(x, y) \leq \delta t^{1 / \beta}
$$

The condition $\left(\mathrm{J}_{\geq}\right)$means in this case that

$$
\begin{equation*}
J(x, y) \geq \frac{C}{d(x, y)^{\alpha+\beta}} \tag{2.37}
\end{equation*}
$$

Hence, under the hypotheses $(2.34),(2.35),(2.36)$ and (2.37), Theorem 2.13 yields the full lower estimate:

$$
p_{t}(x, y) \geq C\left(\frac{1}{t^{\alpha / \beta}} \wedge \frac{t}{d(x, y)^{\alpha+\beta}}\right) \simeq \frac{C}{t^{\alpha / \beta}}\left(1+\frac{d(x, y)}{t^{1 / \beta}}\right)^{-(\alpha+\beta)}
$$

## 3. Energy measure

In this section we collect some elementary properties on energy measures, which will be used later on.

Let $(\mathcal{E}, \mathcal{F})$ be any regular Dirichlet form in $L^{2}$ with the Beurling-Deny decomposition (2.5). Let

$$
\mathcal{F}_{\text {loc }}:=\{u: \forall U \Subset M, \text { there exists } v \in \mathcal{F} \text { so that } v=u \mu \text {-a.e. on } U\} .
$$

Since $(\mathcal{E}, \mathcal{F})$ is regular, the constant function $1 \in \mathcal{F}_{\text {loc }}$, so that $\mathcal{F}^{\prime} \subset \mathcal{F}_{\text {loc }}$. It is known that for any $u \in \mathcal{F}_{\text {loc }} \cap L^{\infty}$, there exists a unique Radon measure $d \Gamma^{(L)}(u):=d \Gamma^{(L)}(u, u)$ such that

$$
\mathcal{E}^{(L)}(u, u)=\int_{M} d \Gamma^{(L)}(u, u)
$$

see for example [7, Lemma 3.2.3, and the first two paragraphs on p. 130] wherein the symbol

$$
d \mu_{\langle u\rangle}^{c}=2 d \Gamma^{(L)}(u, u)
$$

is used instead. Moreover, these measures satisfy the following properties: for any $u, v, w \in$ $\mathcal{F}_{\text {loc }} \cap L^{\infty}$,

- the product rule ([7, Lemma 3.2.5, and the second paragraph on p. 130]):

$$
\begin{equation*}
d \Gamma^{(L)}(u v, w)=u d \Gamma^{(L)}(v, w)+v d \Gamma^{(L)}(u, w) \tag{3.1}
\end{equation*}
$$

- the chain rule ([7, Theorem 3.2.2, and the second paragraph on p. 130]):

$$
\begin{equation*}
d \Gamma^{(L)}(\Phi(u), v)=\Phi^{\prime}(u) d \Gamma^{(L)}(v, w) \tag{3.2}
\end{equation*}
$$

for any $\Phi \in C^{1}(\mathbb{R})$ (one does not need to assume $\Phi(0)=0$ );

- the Cauchy-Schwarz inequality: for any $f \in L^{2}\left(M, \Gamma^{(L)}(u)\right), g \in L^{2}\left(M, \Gamma^{(L)}(v)\right)$

$$
\begin{equation*}
\int|f g| d \Gamma^{(L)}(u, v) \leq\left(\int f^{2} d \Gamma^{(L)}(u)\right)^{1 / 2}\left(\int g^{2} d \Gamma^{(L)}(v)\right)^{1 / 2} \tag{3.3}
\end{equation*}
$$

(cf. [21, on p. 390]).

Moreover, for any $u \in \mathcal{F}_{\text {loc }} \cap L^{\infty}$, we have

$$
\begin{equation*}
d \Gamma^{(L)}(|u|)=d \Gamma^{(L)}(u) \tag{3.4}
\end{equation*}
$$

(see [11, Eq. (5.6)]).
Recall that for a Borel measurable subset $U$ of $M$ and $u \in \mathcal{F}^{\prime}$, the energy measure $\Gamma_{\Omega}(u)$ is define in (2.13):

$$
d \Gamma_{U}(u)(x)=d \Gamma^{(L)}(u)(x)+\int_{M} \mathbf{1}_{U}(y)(u(x)-u(y))^{2} d j(x, y) .
$$

Such a measure $d \Gamma_{U}(u)$ is well-defined for any $u \in \mathcal{F}^{\prime}$ and $U \subset M$. Clearly, for any three sets $A, B, \Omega$ with $A \subset B$, any $u \in \mathcal{F}^{\prime}$ and any measurable function $f \geq 0$,

$$
\begin{equation*}
\int_{\Omega} f d \Gamma_{A}(u) \leq \int_{\Omega} f d \Gamma_{B}(u), \tag{3.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{\Omega} f d \Gamma_{B}(u \wedge 1) \leq \int_{\Omega} f d \Gamma_{B}(u) . \tag{3.6}
\end{equation*}
$$

## 4. Change of metric

4.1. A new metric. In [12], the authors introduced a new metric $d_{*}$ on $M$ with the following properties: under this new metric $d_{*}$, the measure $\mu$ still retains the doubling property (or the reverse doubling property), while the scaling function $W(x, R)$ becomes independent of a point $x$. This type of change of metric was first used by Kigami in [19]. Let us recall the construction and some properties of the new metric.

For any $x, y \in M$, set $W(x, y):=W(x, d(x, y))$. Let

$$
\begin{equation*}
D(x, y):=W(x, y)+W(y, x), \tag{4.1}
\end{equation*}
$$

Clearly, the quantity $D(x, y)=0$ if and only if $x=y$, and is symmetric: $D(x, y)=D(y, x)$. The following proposition shows that $D(x, y)$ is a quasi-metric on $M$.

Proposition 4.1 ([12, Proposition 5.1]). There exists a constant $C_{1} \geq 1$ such that for all $x, y, z$ in $M$,

$$
\begin{equation*}
D(x, y) \leq C_{1}(D(x, z)+D(z, y)) . \tag{4.2}
\end{equation*}
$$

Consequently, there exist two constants $\beta, C_{2}>0$ and a metric $d_{*}$ on $M$ such that

$$
\begin{equation*}
C_{2}^{-1} d_{*}(x, y)^{\beta} \leq D(x, y) \asymp W(x, y) \leq C_{2} d_{*}(x, y)^{\beta} \tag{4.3}
\end{equation*}
$$

for all $x, y$ in $M$.
In the rest of the paper, $\beta$ will be always referred to as the constant from Proposition 4.1.
Define the function $F$ by

$$
\begin{equation*}
F(x, R):=W(x, R)^{1 / \beta}, \quad x \in M, R>0 \tag{4.4}
\end{equation*}
$$

where $\beta$ comes from (4.3). Clearly, such a function $F(x, \cdot)$ is strictly increasing on $[0, \infty]$ for any $x \in M$, since so is $W(x, \cdot)$. Moreover, by (4.3)

$$
\begin{equation*}
L^{-1} d_{*}(x, y) \leq F(x, d(x, y))=W(x, y)^{1 / \beta} \leq L d_{*}(x, y), \quad x, y \in M \tag{4.5}
\end{equation*}
$$

for some constant $L \geq 1$. For $x \in M$, let $F^{-1}(x, \cdot)$ be the inverse of the function $t \mapsto F(x, t)$, and then

$$
F^{-1}(x, t)=W^{-1}\left(x, t^{\beta}\right), \quad t>0 .
$$

For any $r>0$, let

$$
B_{*}(x, r):=\left\{y \in M: d_{*}(y, x)<r\right\}
$$

be an open ball under the new metric $d_{*}$.

Proposition 4.2 ([12, Proposition 5.2]). There exists a number $L_{0}$ with $L_{0} \geq L^{2}>1$, where $L>1$ is the same constant as in (4.5), such that the following properties are true.
(1) For all $x$ in $M$ and all $r>0$,

$$
\begin{equation*}
B_{*}\left(x, L_{0}^{-1} r\right) \subset B\left(x, F^{-1}\left(x, L^{-1} r\right)\right) \subset B_{*}(x, r) \tag{4.6}
\end{equation*}
$$

where $F^{-1}(x, \cdot)$ is the inverse of $F(x, \cdot)$ with $F(x, \cdot)$ defined by (4.4).
(2) For all $x$ in $M$ and all $R>0$,

$$
\begin{equation*}
B\left(x, L_{0}^{-1} R\right) \subset B_{*}\left(x, L^{-1} F(x, R)\right) \subset B(x, R) \tag{4.7}
\end{equation*}
$$

Consequently, a subset of $M$ is open under the metric $d_{*}$ if and only if it is also open under d.

Proposition 4.3. For any $\eta>0$ and for any $x, z \in M$ with $d_{*}(x, z)<\eta W(x, \bar{R})^{1 / \beta}$, there exists a constant $C>0$ such that

$$
\begin{equation*}
C^{-1} W(z, \bar{R}) \leq W(x, \bar{R}) \leq C W(z, \bar{R}) \tag{4.8}
\end{equation*}
$$

Proof. Fix $x, z \in M$ with $d_{*}(x, z)<\eta W(x, \bar{R})^{1 / \beta}$. It suffices to consider the case when $\bar{R}<\infty$.
By the second inequality in (4.5) and the left inequality in (2.8), we have

$$
W(x, d(x, z))=F(z, d(z, y))^{\beta} \leq\left(L d_{*}(x, z)\right)^{\beta}<(L \eta)^{\beta} W(x, \bar{R}) \leq W(x, c \bar{R})
$$

for some $c>0$. This implies that

$$
d(x, z) \leq c \bar{R}
$$

This together with the right inequality in (2.8) implies that

$$
\frac{W(x, \bar{R})}{W(z, \bar{R})} \leq \frac{W(x, d(x, z)+\bar{R})}{W(z, \bar{R})} \leq C\left(\frac{d(x, z)+\bar{R})}{\bar{R}}\right)^{\beta_{2}} \leq C(c+1)^{\beta_{2}}
$$

Similarly, we also have

$$
\frac{W(z, \bar{R})}{W(x, \bar{R})} \leq C(c+1)^{\beta_{2}}
$$

By renaming the constant $C$, we finish the proof.
For any $x$ in $M$ and any $r>0$, let $V_{*}(x, r)$ be the volume of a ball $B_{*}(x, r)$ under the metric $d_{*}$, that is,

$$
V_{*}(x, r):=\mu\left(B_{*}(x, r)\right) .
$$

Note that $\bar{R}$ is the diameter of $M$ in [12], while in this paper, it can be smaller than diam $M$. Following the proof of [12, Proposition 5.4] and using Proposition 4.3 instead of [12, Proposition 5.3], we can prove that the reverse doubling condition $\left(\mathrm{RVD}_{*}\right)$ under the new metric $d_{*}$ holds true for all $x \in M$ and $r<W(x, \bar{R})$ (see Proposition 4.4(2)).
Proposition 4.4 ([12, Proposition 5.4]). Assume that (VD) is satisfied. Then the following statements are true.
(1) Condition $\left(\mathrm{VD}_{*}\right)$ holds true: there exists a constant $C>0$ such that, for all $x$ in $M$ and all $r>0$,

$$
\begin{equation*}
V_{*}(x, 2 r) \leq C V_{*}(x, r) \tag{4.9}
\end{equation*}
$$

Consequently, there exists a constant $\alpha_{*}>0$ such that for all $x, y \in M$ and all $0<s \leq r$ with $d_{*}(x, y) \leq r$,

$$
\frac{V_{*}(x, r)}{V_{*}(y, s)} \leq C\left(\frac{r}{s}\right)^{\alpha_{*}}
$$

(2) Assume in addition that (RVD) is satisfied. Then condition $\left(\mathrm{RVD}_{*}\right)$ holds true: there exists a constant $\alpha_{*}^{\prime}>0$ such that for all $x \in M$ and all $0<s \leq r<W(x, \bar{R})^{1 / \beta}$,

$$
\begin{equation*}
\frac{V_{*}(x, r)}{V_{*}(x, s)} \geq C^{-1}\left(\frac{r}{s}\right)^{\alpha_{*}^{\prime}} \tag{4.10}
\end{equation*}
$$

4.2. Some conditions under the new metric. In this subsection, we will rephrase the conditions (TJ), (PI), ( $\mathrm{Cap}_{<}$) under the new metric $d_{*}$. Besides, we will use conditions ( $\mathrm{Nash}_{*}$ ) and $\left(\mathrm{FK}_{*}\right)$ under $d_{*}$, that are called the Nash inequality and Faber-Krahn inequality, respectively. These conditions will be used to derive the weak Harnack inequality.

Definition 4.5. We say that condition $\left(T J_{*}\right)$ is satisfied if there exists a non-negative kernel $J$ on $M \times \mathcal{B}(M)$ such that

$$
d j(x, y)=J(x, d y) d \mu(x) \quad \text { in } M \times M
$$

and for any point $x$ in $M$ and any $r>0$,

$$
\begin{equation*}
J\left(x, B_{*}(x, r)^{c}\right) \leq \frac{C}{r^{\beta}} \tag{4.11}
\end{equation*}
$$

where $C \in[0, \infty)$ is a constant independent of $x, r$ with $C=0$ when $J \equiv 0$.
It is proved in [12, Proposition $6.4(3)]$ that

$$
\begin{equation*}
(\mathrm{TJ}) \Rightarrow\left(\mathrm{TJ}_{*}\right) \tag{4.12}
\end{equation*}
$$

Definition 4.6. We say that the Poincaré inequality $\left(\mathrm{PI}_{*}\right)$ is satisfied if there exist two positive constants $C_{*}, \kappa_{*}$ with $\kappa_{*} \leq 1$ such that, for all $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r \in\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and all functions $u \in \mathcal{F}^{\prime} \cap L^{\infty}$,

$$
\begin{equation*}
\int_{\kappa_{*} B_{*}}\left|u-u_{\kappa_{*} B_{*}}\right|^{2} d \mu \leq C_{*} r^{\beta} \int_{B_{*}} d \Gamma_{B_{*}}(u) \tag{4.13}
\end{equation*}
$$

where $\Gamma_{B_{*}}(u)$ is defined as in (2.13).
It is known that for any ball $B$,

$$
\begin{equation*}
f_{B}\left|u-u_{B}\right|^{2} d \mu=\inf _{a \in \mathbb{R}} f_{B}|u-a|^{2} d \mu \tag{4.14}
\end{equation*}
$$

Indeed, for any $a \in \mathbb{R}$, we have

$$
\begin{aligned}
f_{B}|u-a|^{2} d \mu & =f_{B}\left|u-u_{B}+u_{B}-a\right|^{2} d \mu \\
& =f_{B}\left(\left|u-u_{B}\right|^{2}+2\left(u_{B}-a\right)\left(u-u_{B}\right)+\left(u_{B}-a\right)^{2}\right) d \mu \\
& =f_{B}\left|u-u_{B}\right|^{2} d \mu+2\left(u_{B}-a\right)\left(u_{B}-u_{B}\right)+\left(u_{B}-a\right)^{2} \\
& =f_{B}\left|u-u_{B}\right|^{2} d \mu+\left(u_{B}-a\right)^{2} \geq f_{B}\left|u-u_{B}\right|^{2} d \mu
\end{aligned}
$$

which implies that

$$
\inf _{a \in \mathbb{R}} f_{B}|u-a|^{2} d \mu \geq f_{B}\left|u-u_{B}\right|^{2} d \mu
$$

The other direction is trivial, thus showing that (4.14) is true.
Proposition 4.7. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and let $d_{*}$ be the new metric defined in Proposition 4.1. Assume that condition (VD) holds. Then

$$
\begin{equation*}
(\mathrm{PI}) \Leftrightarrow\left(\mathrm{PI}_{*}\right) \tag{4.15}
\end{equation*}
$$

Proof. Assume that condition (PI) holds with the constant $\kappa \leq 1$.
Fix a ball $B_{*}:=B_{*}(x, r)$ with $r<W(x, \bar{R})^{1 / \beta}$. Set

$$
R:=F^{-1}\left(x, L^{-1} r\right)<F^{-1}(x, r)<\bar{R}
$$

Note that by (4.4)

$$
\begin{equation*}
W(x, R)=F(x, R)^{\beta}=\left(L^{-1} c r\right)^{\beta} \tag{4.16}
\end{equation*}
$$

By (4.6), we have

$$
\begin{equation*}
B_{*}\left(x, L_{0}^{-1} r\right) \subset B(x, R) \subset B_{*}(x, r)=B_{*} \tag{4.17}
\end{equation*}
$$

It follows that

$$
\begin{aligned}
f_{\kappa L_{0}^{-1} B_{*}}\left|u-u_{\kappa L_{0}^{-1} B_{*}}\right|^{2} d \mu & =\inf _{a \in \mathbb{R}} f_{\kappa B_{*}\left(x, L_{0}^{-1} r\right)}|u-a|^{2} d \mu \quad(\text { by }(4.14)) \\
& \leq \inf _{a \in \mathbb{R}} \frac{V_{*}(x, r)}{V_{*}\left(x, \kappa L_{0}^{-1} r\right)} f_{\kappa B(x, R)}|u-a|^{2} d \mu \quad(\text { by }(4.17)) \\
& \leq C \inf _{a \in \mathbb{R}} f_{\kappa B(x, R)}|u-a|^{2} d \mu \quad\left(\text { by }\left(\mathrm{VD}_{*}\right)\right) \\
& =C f_{\kappa B(x, R)}\left|u-u_{\kappa B(x, R)}\right|^{2} d \mu \quad(\text { by }(4.14) \text { again }) \\
& \leq C^{\prime} W(x, R) \int_{B(x, R)} d \Gamma_{B(x, R)}(u) \quad(\text { by }(\mathrm{PI})) \\
& \leq C^{\prime}\left(L^{-1} c r\right)^{\beta} \int_{B_{*}} d \Gamma_{B *}(u) \quad(\text { by }(4.16),(4.17),(3.5)),
\end{aligned}
$$

thus showing condition $\left(\mathrm{PI}_{*}\right)$ by setting $\kappa_{*}=\kappa L_{0}^{-1}$.
Similarly, one can show $\left(\mathrm{PI}_{*}\right) \Rightarrow(\mathrm{PI})$. Indeed, let $B:=B(x, R)$ with $R<\bar{R}$ and set

$$
r:=L^{-1} F(x, R)<W(x, \bar{R})^{1 / \beta}
$$

Note that

$$
\begin{equation*}
W(x, R)=F(x, R)^{\beta}=(L r)^{\beta} \tag{4.18}
\end{equation*}
$$

By (4.7), we have

$$
\begin{equation*}
B\left(x, L_{0}^{-1} R\right) \subset B_{*}(x, r) \subset B(x, R)=B \tag{4.19}
\end{equation*}
$$

It follows that

$$
\begin{aligned}
f_{\kappa_{*} L_{0}^{-1} B}\left|u-u_{\kappa_{*} L_{0}^{-1} B}\right|^{2} d \mu & =\inf _{a \in \mathbb{R}} f_{\kappa_{*} B\left(x, L_{0}^{-1} R\right)}|u-a|^{2} d \mu \quad(\text { by }(4.14)) \\
& \leq \inf _{a \in \mathbb{R}} \frac{V(x, R)}{V\left(x, \kappa_{*} L_{0}^{-1} R\right)} f_{\kappa_{*} B_{*}(x, r)}|u-a|^{2} d \mu \quad(\text { by (4.19)) } \\
& \leq C \inf _{a \in \mathbb{R}} f_{\kappa_{*} B_{*}(x, r)}|u-a|^{2} d \mu \quad(\text { by }(\mathrm{VD})) \\
& \leq C^{\prime} r^{\beta} \int_{B_{*}(x, r)} d \Gamma_{B_{*}(x, r)}(u) \quad\left(\text { by }(4.14) \text { and }\left(\mathrm{PI}_{*}\right)\right) \\
& \leq C^{\prime} L^{-\beta} W(x, R) \int_{B} d \Gamma_{B}(u) \quad(\text { by }(4.18),(4.19),(3.5))
\end{aligned}
$$

thus showing that condition (PI) holds by setting $\kappa=\kappa_{*} L_{0}^{-1} \leq 1$.
We look at condition ( $\mathrm{Nash}_{*}$ ).
Definition 4.8. We say the Nash inequality $\left(\operatorname{Nash}_{*}\right)$ holds for $(\mathcal{E}, \mathcal{F})$ if there exist two positive constants $C, \nu$ such that, for all $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r>0$ and all $u \in \mathcal{F}\left(B_{*}\right)$

$$
\begin{equation*}
\|u\|_{L^{2}}^{2(1+\nu)} \leq \frac{C r^{\beta}}{V_{*}\left(x_{0}, r\right)^{\nu}}\left(\mathcal{E}(u, u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)\|u\|_{L^{1}}^{2 \nu} . \tag{4.20}
\end{equation*}
$$

We remark that both constants $C, \nu$ above are independent of $\bar{R}$.
Lemma 4.9. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and let $d_{*}$ be the new metric defined in Proposition 4.1. Then

$$
\begin{equation*}
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right)+\left(\mathrm{PI}_{*}\right) \Rightarrow\left(\mathrm{Nash}_{*}\right) \tag{4.21}
\end{equation*}
$$

Proof. Fix a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ of radius $r>0$. We divide the proof into three steps.
Step 1. We show that for any $s>0$ and $u \in \mathcal{F}\left(B_{*}\right)$,

$$
\begin{equation*}
\left\|u_{s}\right\|_{L^{2}}^{2} \leq \sup _{x \in B_{*}} \frac{C}{V_{*}(x, s)}\|u\|_{L^{1}}^{2} \tag{4.22}
\end{equation*}
$$

where $C$ is a positive constant independent of $s, u, B_{*}$, and

$$
u_{s}(x):=f_{B_{*}(x, s)} u(z) d \mu(z)
$$

is the average of $u$ over the ball $B_{*}(x, s)$.
Indeed, we have by condition $\left(\mathrm{VD}_{*}\right)$ that for all $s>0$,

$$
\begin{aligned}
\left\|u_{s}\right\|_{L^{1}} & \leq \int_{M} \frac{1}{V_{*}(x, s)} \int_{B_{*}(x, s)}|u(z)| d \mu(z) d \mu(x) \\
& =\int_{M}|u(z)| d \mu(z) \int_{M} \frac{\mathbf{1}_{B_{*}(x, s)}(z)}{V_{*}(x, s)} d \mu(x) \\
& =\int_{M}|u(z)| d \mu(z) \int_{M} \frac{V_{*}(z, s)}{V_{*}(x, s)} \frac{\mathbf{1}_{B_{*}(z, s)}(x)}{V_{*}(z, s)} d \mu(x) \\
& \leq C \int_{M}|u(z)| d \mu(z) \int_{M} \frac{\mathbf{1}_{B_{*}(z, s)}(x)}{V_{*}(z, s)} d \mu(x)=C\|u\|_{L^{1}}
\end{aligned}
$$

On the other hand, since $u=0$ outside $B_{*}=B_{*}\left(x_{0}, r\right)$, the function $u_{s}=0$ outside the set $\cup_{y \in B_{*}} B(y, s)$. It follows that

$$
\begin{aligned}
\left\|u_{s}\right\|_{L^{\infty}} & =\sup _{x \in \cup_{y \in B_{*}} B(y, s)} \frac{1}{V_{*}(x, s)} \int_{B_{*}(x, s)}|u(z)| d \mu(z) \\
& \leq \sup _{y \in B_{*}} \sup _{x \in B_{*}(y, s)} \frac{V_{*}(y, s)}{V_{*}(x, s)} \frac{1}{V_{*}(y, s)} \int_{B_{*}(x, s)}|u(z)| d \mu(z) \\
& \leq \sup _{y \in B_{*}} \frac{C}{V_{*}(y, s)}\|u\|_{L^{1}} . \quad\left(\text { by }\left(\mathrm{VD}_{*}\right)\right)
\end{aligned}
$$

Therefore,

$$
\left\|u_{s}\right\|_{L^{2}}^{2} \leq\left\|u_{s}\right\|_{L^{\infty}}\left\|u_{s}\right\|_{L^{1}} \leq \sup _{x \in B_{*}} \frac{C^{2}}{V_{*}(x, s)}\|u\|_{L^{1}}^{2}
$$

thus showing (4.22).
Step 2. We show that for any $s \in\left(0, \frac{\kappa_{*}}{6} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and any $u \in \mathcal{F}$,

$$
\begin{equation*}
\left\|u-u_{s}\right\|_{L^{2}}^{2} \leq C s^{\beta} \mathcal{E}(u, u) \tag{4.23}
\end{equation*}
$$

where $C>0$ is some constant independent of $s, u$, and the constant $\kappa_{*}$ comes from condition $\left(\mathrm{PI}_{*}\right)$.

Indeed, fix a function $u \in \mathcal{F}$ and $s \in\left(0, \frac{\kappa_{*}}{6} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$. Since $M$ is separable, there is a countable sequence of balls $\left\{B_{i}:=B_{*}\left(x_{i}, s\right), i \geq 1\right\}$ such that $B_{i} \cap B_{j}=\emptyset$ if $i \neq j$ and $M \subset \cup_{i=1}^{\infty} 5 B_{i}$, see for example [18, Theorem 1.2, p. 2]. Thus,

$$
\begin{align*}
\left\|u-u_{s}\right\|_{L^{2}}^{2} & \leq \sum_{i=1}^{\infty} \int_{5 B_{i}}\left|u-u_{s}\right|^{2} d \mu \\
& \leq 2 \sum_{i=1}^{\infty} \int_{5 B_{i}}\left|u-u_{6 B_{i}}\right|^{2} d \mu+2 \sum_{i=1}^{\infty} \int_{5 B_{i}}\left|u_{6 B_{i}}-u_{s}\right|^{2} d \mu \tag{4.24}
\end{align*}
$$

Note that by condition $\left(\mathrm{PI}_{*}\right)$,

$$
\begin{equation*}
\int_{5 B_{i}}\left|u-u_{6 B_{i}}\right|^{2} d \mu \leq \int_{6 B_{i}}\left|u-u_{6 B_{i}}\right|^{2} d \mu \leq C\left(6 \kappa_{*}^{-1} s\right)^{\beta} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{\left(6 \kappa_{*}^{-1} B_{i}\right)}(u), \tag{4.25}
\end{equation*}
$$

from which, it follows from $\left(\mathrm{VD}_{*}\right)$ and Cauchy-Schwarz inequality that

$$
\begin{align*}
\int_{5 B_{i}}\left|u_{6 B_{i}}-u_{s}\right|^{2} d \mu & \leq \int_{5 B_{i}} \frac{1}{V_{*}(x, s)} \int_{B_{*}(x, s)}\left|u_{6 B_{i}}-u(z)\right|^{2} d \mu(z) d \mu(x) \\
& \leq \int_{5 B_{i}} \frac{1}{V_{*}(x, s)} \int_{6 B_{i}}\left|u_{6 B_{i}}-u(z)\right|^{2} d \mu(z) d \mu(x) \\
& \leq \int_{5 B_{i}} \frac{d \mu(x)}{V_{*}(x, s)} \cdot C\left(6 \kappa_{*}^{-1} s\right)^{\beta} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{\left(6 \kappa_{*}^{-1} B_{i}\right)}(u) \\
& =\int_{5 B_{i}} \frac{V_{*}\left(x_{i}, 5 s\right)}{V_{*}(x, s)} \frac{d \mu(x)}{\mu\left(5 B_{i}\right)} \cdot C\left(6 \kappa_{*}^{-1} s\right)^{\beta} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{\left(6 \kappa_{*}^{-1} B_{i}\right)}(u) \\
& \leq C^{\prime} s^{\beta} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{\left(6 \kappa_{*}^{-1} B_{i}\right)}(u) \tag{4.26}
\end{align*}
$$

Therefore, plugging (4.26), (4.25) into (4.24), we obtain

$$
\left\|u-u_{s}\right\|_{L^{2}}^{2} \leq C s^{\beta} \sum_{i=1}^{\infty} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{\left(6 \kappa_{*}^{-1} B_{i}\right)}(u) \leq C s^{\beta} \sum_{i=1}^{\infty} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{M}(u)
$$

On the other hand, by the doubling property $\left(\mathrm{VD}_{*}\right)$, there is an integer $N_{0} \geq 1$, depending only on the constant in $\left(\mathrm{VD}_{*}\right)$, such that every point $x \in M$ is contained at most $N_{0}$ number of sets $6 \kappa_{*}^{-1} B_{j}$. Then, we obtain

$$
\left\|u-u_{s}\right\|_{L^{2}}^{2} \leq C s^{\beta} \sum_{i=1}^{\infty} \int_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{M}(u)=C s^{\beta} \int_{M} \sum_{i=1}^{\infty} \mathbf{1}_{\left(6 \kappa_{*}^{-1} B_{i}\right)} d \Gamma_{M}(u) \leq N_{0} C s^{\beta} \mathcal{E}(u)
$$

thus showing (4.23).
Step 3. We show the inequality (4.20) in condition $\left(\mathrm{Nash}_{*}\right)$.
Indeed, we have by (4.22), (4.23) that for any $s \in\left(0, \frac{\kappa_{*}}{6} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and any $u \in \mathcal{F}\left(B_{*}\right)$,

$$
\|u\|_{L^{2}}^{2} \leq 2\left\|u-u_{s}\right\|_{L^{2}}^{2}+2\left\|u_{s}\right\|_{L^{2}}^{2} \leq C_{1}\left(s^{\beta} \mathcal{E}(u, u)+\frac{\|u\|_{L^{1}}^{2}}{\inf _{x \in B_{*}} V_{*}(x, s)}\right)
$$

On the other hand, when $\bar{R}<\infty$, we have for any $s \in\left[\frac{\kappa_{*}}{6} W\left(x_{0}, \bar{R}\right)^{1 / \beta}, \infty\right)$

$$
\|u\|_{L^{2}}^{2} \leq \frac{s^{\beta}}{\left(6^{-1} \kappa_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)^{\beta}}\|u\|_{L^{2}}^{2}=\left(6 \kappa_{*}^{-1}\right)^{\beta} s^{\beta} W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}
$$

Adding up the above two inequalities and setting $C_{2}:=C_{1} \vee\left(6 \kappa_{*}^{-1}\right)^{\beta}$, we have for all $s>0$

$$
\begin{aligned}
C_{2}^{-1}\|u\|_{L^{2}}^{2} & \leq s^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+\sup _{x \in B_{*}} \frac{\|u\|_{L^{1}}^{2}}{V_{*}(x, s)} \\
& =s^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+\frac{\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)} \sup _{x \in B_{*}} \frac{V_{*}\left(x_{0}, r\right)}{V_{*}(x, s)}
\end{aligned}
$$

From this and $\left(\mathrm{VD}_{*}\right)$, we have for all $s<r$,

$$
\begin{equation*}
C_{2}^{-1}\|u\|_{L^{2}}^{2} \leq s^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+C\left(\frac{r}{s}\right)^{\alpha_{*}} \frac{\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)} \tag{4.27}
\end{equation*}
$$

Whilst for all $s \geq r$,

$$
\begin{equation*}
C_{2}^{-1}\|u\|_{L^{2}}^{2} \leq s^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+C\left(\frac{r}{s}\right)^{\alpha_{*}^{\prime}} \frac{\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)} \tag{4.28}
\end{equation*}
$$

since, by using $\left(\mathrm{VD}_{*}\right)$ and $\left(\mathrm{RVD}_{*}\right)$,

$$
\sup _{x \in B_{*}} \frac{V_{*}\left(x_{0}, r\right)}{V_{*}(x, s)}=\sup _{x \in B_{*}} \frac{V_{*}\left(x_{0}, r\right)}{V_{*}(x, r)} \frac{V_{*}(x, r)}{V_{*}(x, s)} \leq C\left(\frac{r}{s}\right)^{\alpha_{*}^{\prime}} .
$$

Define two functions $f_{1}, f_{2}: \mathbb{R}_{+} \mapsto \mathbb{R}_{+}$by

$$
\begin{aligned}
& f_{1}(s):=\frac{s^{\beta}}{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+\frac{s^{-\alpha_{*}}}{\alpha_{*}}\left(\frac{r^{\alpha_{*}}\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)}\right), \quad s>0, \\
& f_{2}(s):=\frac{s^{\beta}}{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)+\frac{s^{-\alpha_{*}^{\prime}}}{\alpha_{*}^{\prime}}\left(\frac{r^{\alpha_{*}^{\prime}}\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)}\right), \quad s>0 .
\end{aligned}
$$

It follows from (4.27), (4.28) that

$$
C^{-1}\|u\|_{L^{2}}^{2} \leq \begin{cases}f_{1}(s), & \text { if } s<r  \tag{4.29}\\ f_{2}(s), & \text { if } s \geq r\end{cases}
$$

where $C>0$ is independent of $u, B_{*}, W\left(x_{0}, \bar{R}\right)^{1 / \beta}, s$, but may depend on $\alpha_{*}, \alpha_{*}^{\prime}, \beta$ and on constants in conditions $\left(\mathrm{VD}_{*}\right),\left(\mathrm{RVD}_{*}\right)$.

We will minimize the right hand side of (4.29) over $s \in(0, \infty)$. Indeed, a direct computation shows that $f_{1}(s)$ attains its minimum over $s \in(0, \infty)$ at

$$
s_{1}:=r(F(u, r))^{\frac{1}{\alpha_{*}+\beta}}
$$

where

$$
F(u, r):=\frac{\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right) r^{\beta}\left(\mathcal{E}(u, u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)} .
$$

Similarly, the function $f_{2}(s)$ attains its minimum over $s \in(0, \infty)$ at

$$
s_{2}:=r(F(u, r))^{\frac{1}{\alpha_{*}^{\prime}+\beta}}
$$

We distinguish two cases whether $F(u, r)<1$ or not.
Case 1 when $F(u, r)<1$. In this case,

$$
s_{1}=r(F(u, r))^{\frac{1}{\alpha_{*}+\beta}}<r .
$$

Thus, applying (4.29) with $s=s_{1}$, we obtain

$$
C^{-1}\|u\|_{L^{2}}^{2} \leq f_{1}\left(s_{1}\right)=C\left(\alpha_{*}, \beta\right)\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)^{\frac{\alpha_{*}}{\alpha_{*}+\beta}}\left(\frac{r^{\alpha_{*}}\|u\|_{L^{1}}^{2}}{V_{*}\left(x_{0}, r\right)}\right)^{\frac{\beta}{\alpha_{*}+\beta}}
$$

for a positive constant $C\left(\alpha_{*}, \beta\right)$ depending only on $\alpha_{*}, \beta$. Raising to the power $1+\frac{\beta}{\alpha_{*}}$ on the both sides and then rearranging the terms, we obtain that

$$
\begin{equation*}
\|u\|_{L^{2}}^{2}\left(\frac{\|u\|_{L^{2}}^{2} V_{*}\left(x_{0}, r\right)}{\|u\|_{L^{1}}^{2}}\right)^{\frac{\beta}{\alpha_{*}}} \leq C r^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right) \tag{4.30}
\end{equation*}
$$

where $C$ is a positive constant independent of $u, B_{*}, W\left(x_{0}, \bar{R}\right)^{1 / \beta}$.
Case 2 when $F(u, r) \geq 1$. In this case,

$$
s_{2}=r(F(u, r))^{\frac{1}{\alpha_{*}+\beta}} \geq r
$$

Thus, applying (4.29) with $s=s_{2}$, we obtain

$$
\begin{equation*}
\|u\|_{L^{2}}^{2}\left(\frac{\|u\|_{L^{2}}^{2} V_{*}\left(x_{0}, r\right)}{\|u\|_{L^{1}}^{2}}\right)^{\frac{\beta}{\alpha_{*}^{\prime}}} \leq C r^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right) \tag{4.31}
\end{equation*}
$$

for a positive constant $C$ independent of $u, B_{*}, W\left(x_{0}, \bar{R}\right)^{1 / \beta}$.

On the other hand, since $u \in \mathcal{F}\left(B_{*}\right)$, we have by the Hölder inequality,

$$
\|u\|_{L^{1}}^{2} \leq \mu\left(B_{*}\right)\|u\|_{L^{2}}^{2}=V_{*}\left(x_{0}, r\right)\|u\|_{L^{2}}^{2} .
$$

That is,

$$
\frac{\|u\|_{L^{2}}^{2} V_{*}\left(x_{0}, r\right)}{\|u\|_{L^{1}}^{2}} \geq 1
$$

Hence, it follows from (4.30), (4.31) that

$$
\|u\|_{L^{2}}^{2}\left(\frac{\|u\|_{L^{2}}^{2} V_{*}\left(x_{0}, r\right)}{\|u\|_{L^{1}}^{2}}\right)^{\nu} \leq C r^{\beta}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)
$$

where $\nu:=\frac{\beta}{\alpha_{*}} \wedge \frac{\beta}{\alpha_{*}^{\prime}}=\frac{\beta}{\alpha_{*}}$ since $\alpha_{*}^{\prime} \leq \alpha_{*}$, thus showing that

$$
\|u\|_{L^{2}}^{2(1+\nu)} \leq \frac{C r^{\beta}}{V_{*}\left(x_{0}, r\right)^{\nu}}\left(\mathcal{E}(u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)\|u\|_{L^{1}}^{2 \nu}
$$

for some $C>0$ independent of $W\left(x_{0}, \bar{R}\right)^{1 / \beta}$. This proves that condition $\left(\mathrm{Nash}_{*}\right)$ holds.
For a non-empty open set $U \subset M$, let $\mathcal{L}^{U}$ be the generator of the $\operatorname{Dirichlet}$ form $(\mathcal{E}, \mathcal{F}(U))$. Denote by $\lambda_{1}(U)$ the bottom of the spectrum of $\mathcal{L}^{U}$ in $L^{2}(U)$. It is known that

$$
\lambda_{1}(U)=\inf _{u \in \mathcal{F}(U) \backslash\{0\}} \frac{\mathcal{E}(u)}{\|u\|_{L^{2}}^{2}} .
$$

Definition 4.10. We say the Faber-Krahn inequality $\left(\mathrm{FK}_{*}\right)$ holds for $(\mathcal{E}, \mathcal{F})$ if there exist three positive constants $C, \nu, \sigma_{*}$ with $\sigma_{*} \leq 1$ such that, for all $B_{*}:=B_{*}(x, r)$ with $r \in\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)\right)$ and for all non-empty open subsets $U_{*}$ of $B_{*}$

$$
\begin{equation*}
\lambda_{1}\left(U_{*}\right) \geq \frac{C^{-1}}{r^{\beta}}\left(\frac{\mu\left(B_{*}\right)}{\mu\left(U_{*}\right)}\right)^{\nu} \tag{4.32}
\end{equation*}
$$

The following derives the Faber-Krahn inequality from the Nash inequality, under the metric $d_{*}$.

Lemma 4.11. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and $d_{*}$ be the new metric defined in Proposition 4.1. Assume that every ball has finite measure under the metric $d_{*}$. Then

$$
\left(\mathrm{Nash}_{*}\right) \Rightarrow\left(\mathrm{FK}_{*}\right)
$$

Consequently, we have

$$
\begin{equation*}
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right)+\left(\mathrm{PI}_{*}\right) \Rightarrow\left(\mathrm{FK}_{*}\right) \tag{4.33}
\end{equation*}
$$

Proof. Let $\sigma_{*} \in(0,1 / 2)$ be a number to be determined later on. Fix a ball $B_{*}:=B\left(x_{0}, r\right)$ of radius $r \in\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$. Let $U_{*} \subset B_{*}$ be open. For any $u \in \mathcal{F}\left(U_{*}\right) \backslash\{0\}$, since

$$
\|u\|_{L^{1}}^{2} \leq \mu\left(U_{*}\right)\|u\|_{L^{2}}^{2}
$$

we have by condition $\left(\mathrm{Nash}_{*}\right)$ that

$$
\begin{aligned}
\|u\|_{L^{2}}^{2(1+\nu)} & \leq \frac{C r^{\beta}}{V_{*}\left(x_{0}, r\right)^{\nu}}\left(\mathcal{E}(u, u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)\|u\|_{L^{1}}^{2 \nu} \\
& \leq C r^{\beta}\left(\mathcal{E}(u, u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)\left(\frac{\mu\left(U_{*}\right)\|u\|_{L^{2}}^{2}}{\mu\left(B_{*}\right)}\right)^{\nu} \\
& \leq C\left(r^{\beta} \mathcal{E}(u, u)+\sigma_{*}^{\beta}\|u\|_{L^{2}}^{2}\right)\left(\frac{\mu\left(U_{*}\right)}{\mu\left(B_{*}\right)}\right)^{\nu}\|u\|_{L^{2}}^{2 \nu}
\end{aligned}
$$

Since $\mu\left(U_{*}\right) \leq \mu\left(B_{*}\right)$, it follows that

$$
\begin{equation*}
\|u\|_{L^{2}}^{2} \leq C r^{\beta} \mathcal{E}(u, u)\left(\frac{\mu\left(U_{*}\right)}{\mu\left(B_{*}\right)}\right)^{\nu}+C \sigma_{*}^{\beta}\|u\|_{L^{2}}^{2} \tag{4.34}
\end{equation*}
$$

Taking $\sigma_{*} \in(0,1 / 2)$ to be so small that

$$
C \sigma_{*}^{\beta} \leq \frac{1}{2},
$$

we obtain from (4.34) that

$$
\frac{1}{2}\|u\|_{L^{2}}^{2} \leq C r^{\beta} \mathcal{E}(u, u)\left(\frac{\mu\left(U_{*}\right)}{\mu\left(B_{*}\right)}\right)^{\nu}
$$

from which,

$$
\lambda_{1}\left(U_{*}\right)=\inf _{u \in \mathcal{F}\left(U_{*}\right) \backslash\{0\}} \frac{\mathcal{E}(u, u)}{\|u\|_{L^{2}}^{2}} \geq \frac{1}{2 C r^{\beta}}\left(\frac{\mu\left(B_{*}\right)}{\mu\left(U_{*}\right)}\right)^{\nu},
$$

thus showing that condition $\left(\mathrm{FK}_{*}\right)$ holds.
Let us rephrase $\left(\mathrm{FK}_{*}\right)$ in terms of the original metric $d$, and denote it by ( FK ).
Definition 4.12 (Faber-Krahn inequality). We say that condition (FK) holds if there exist three numbers $\sigma \in(0,1]$ and $C, \nu>0$ such that, for all balls $B$ with radius less than $\sigma \bar{R}$ and all non-empty open subsets $U$ of $B$,

$$
\begin{equation*}
\lambda_{1}(U) \geq \frac{C^{-1}}{W(B)}\left(\frac{\mu(B)}{\mu(U)}\right)^{\nu} . \tag{4.35}
\end{equation*}
$$

Proposition 4.13. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and $d_{*}$ be the new metric defined in Proposition 4.1. Assume that condition (VD) holds. Then

$$
\begin{equation*}
(\mathrm{FK}) \Leftrightarrow\left(\mathrm{FK}_{*}\right) . \tag{4.36}
\end{equation*}
$$

Proof. Assume that condition (FK) holds. Fix a ball $B_{*}:=B_{*}(x, r)$ with $0<r<\sigma_{*} W(x, \bar{R})^{1 / \beta}$, where $\sigma_{*}$ is a positive constant to be determined later. Let $U_{*}$ be an open subset of $B_{*}$. Note that $U_{*}$ is also open under the metric $d$ by using Proposition 4.2. Set

$$
R:=F^{-1}\left(x, L^{-1} L_{0} r\right)
$$

so that

$$
W(x, R)=F(x, R)^{\beta}=\left(L^{-1} L_{0} r\right)^{\beta}<\left(L^{-1} L_{0}\right)^{\beta} \sigma_{*}^{\beta} W(x, \bar{R}) .
$$

By the right inequality in (2.8), one can choose $\sigma_{*}$ to be so small that $R<\sigma \bar{R}$, where $\sigma$ is the constant from condition (FK).

Using (4.6) with $r$ replaced by $L_{0} r$, we have

$$
B_{*}=B_{*}(x, r) \subset B(x, R)=: B,
$$

from which, using condition (FK), it follows that

$$
\lambda_{1}\left(U_{*}\right) \geq \frac{C^{-1}}{W(x, R)}\left(\frac{\mu(B)}{\mu\left(U_{*}\right)}\right)^{\nu} \geq \frac{C^{-1}}{W(x, R)}\left(\frac{\mu\left(B_{*}\right)}{\mu\left(U_{*}\right)}\right)^{\nu}=\frac{C^{-1}}{\left(L^{-1} L_{0} r\right)^{\beta}}\left(\frac{\mu\left(B_{*}\right)}{\mu\left(U_{*}\right)}\right)^{\nu},
$$

thus showing that condition $\left(\mathrm{FK}_{*}\right)$ holds.
Finally, we show the converse implication $\left(\mathrm{FK}_{*}\right) \Rightarrow(\mathrm{FK})$. Indeed, assume that condition ( $\mathrm{FK}_{*}$ ) holds. Fix a ball $B:=B(x, R)$ with $R<\sigma \bar{R}$, where $\sigma>0$ will be picked up later. Let $U$ be an open subset of $B$, which is also open under the metric $d_{*}$. Set

$$
r:=L^{-1} F\left(x, L_{0} R\right)
$$

so that

$$
W\left(x, L_{0} R\right)=F\left(x, L_{0} R\right)^{\beta}=(L r)^{\beta} .
$$

Using (4.7) with $R$ replaced by $L_{0} R$, we have

$$
\begin{equation*}
B=B(x, R) \subset B_{*}(x, r)=: B_{*} . \tag{4.37}
\end{equation*}
$$

By the left inequality in (2.8), one can choose $\sigma$ to be so small that

$$
r=L^{-1} W\left(x, L_{0} R\right)^{1 / \beta} \leq L^{-1} W\left(x, L_{0} \sigma \bar{R}\right)^{1 / \beta} \leq \sigma_{*} W(x, \bar{R})^{1 / \beta} .
$$

Since $U \subset B \subset B_{*}$, it follows from condition $\left(\mathrm{FK}_{*}\right)$ that, using (4.37) and the right inequality in (2.8),

$$
\begin{aligned}
\lambda_{1}(U) & \geq \frac{C^{-1}}{r^{\beta}}\left(\frac{\mu\left(B_{*}\right)}{\mu(U)}\right)^{\nu} \geq \frac{C^{-1}}{r^{\beta}}\left(\frac{\mu(B)}{\mu(U)}\right)^{\nu} \\
& =\frac{C^{-1}}{L^{-\beta} W\left(x, L_{0} R\right)}\left(\frac{\mu(B)}{\mu(U)}\right)^{\nu} \geq \frac{C^{\prime}}{W(x, R)}\left(\frac{\mu(B)}{\mu(U)}\right)^{\nu}
\end{aligned}
$$

thus showing that condition (FK) holds.
We introduce condition ( $\mathrm{Cap}_{\leq}^{*}$ ).
Definition 4.14 (Condition $\left(\mathrm{Cap}_{\leq}^{*}\right)$ ). We say that condition ( $\mathrm{Cap}_{\leq}^{*}$ ) is satisfied if there exists a positive constant $C$ such that for all balls $B_{*}\left(x_{0}, r\right)$ with $r<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$

$$
\begin{equation*}
\operatorname{cap}\left(\frac{1}{2} B_{*}, B_{*}\right) \leq C \frac{\mu\left(B_{*}\right)}{r^{\beta}} \tag{4.38}
\end{equation*}
$$

Lemma 4.15. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and $d_{*}$ be the new metric defined in Proposition 4.1. Then

$$
(\mathrm{VD})+\left(\mathrm{Cap}_{\leq}\right) \Rightarrow\left(\mathrm{Cap}_{\leq}^{*}\right)
$$

Consequently, we have

$$
(\mathrm{VD})+(\mathrm{Gcap}) \Rightarrow(\mathrm{VD})+\left(\mathrm{Cap}_{\leq}\right) \Rightarrow\left(\mathrm{Cap}_{\leq}^{*}\right)
$$

Proof. Fix $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$. Let $C_{W}$ be the constant in (2.8), $L_{0}>1$ be the constant as in (4.6) and $\bar{C}$ be the constant in Proposition 4.3 with $\eta=1$.

Step 1. We show that for any $z \in \frac{1}{2} B_{*}$,

$$
\begin{equation*}
\operatorname{cap}\left(B_{*}(z, a r), B_{*}(z, b r)\right) \leq \frac{c \mu\left(B_{*}(z, b r)\right)}{r^{\beta}} \tag{4.39}
\end{equation*}
$$

where $c$ is some positive constant independent of $z, B_{*}$, and $a, b$ are given by

$$
a:=\left(2^{\beta_{2} / \beta+1} L_{0} C_{W}^{2 / \beta} \bar{C}^{1 / \beta}\right)^{-1} \text { and } b=\left(2 C_{W}^{1 / \beta} \bar{C}^{1 / \beta}\right)^{-1}
$$

so that $a<L_{0}^{-1} b<b<\frac{1}{2}$.
Indeed, let

$$
R_{1}:=F^{-1}\left(z, L^{-1} L_{0} a r\right) \text { and } R_{2}:=F^{-1}\left(z, L^{-1} b r\right)
$$

so that $R_{1}<R_{2}$ and

$$
W\left(z, R_{1}\right)=F\left(z, R_{1}\right)^{\beta}=\left(L^{-1} L_{0} a r\right)^{\beta} \quad \text { and } W\left(z, R_{2}\right)=F\left(z, R_{2}\right)^{\beta}=\left(L^{-1} b r\right)^{\beta}
$$

Moreover, by (4.8) and the fact that $d_{*}\left(x_{0}, z\right)<\frac{1}{2} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, we have

$$
W\left(z, R_{2}\right)=\frac{r^{\beta}}{(2 L)^{\beta} C_{W} \bar{C}}<\frac{W\left(x_{0}, \bar{R}\right)}{(2 L)^{\beta} C_{W} \bar{C}} \leq \frac{\bar{C} W(z, \bar{R})}{(2 L)^{\beta} C_{W} \bar{C}} \leq W(z, \bar{R})
$$

which shows that

$$
R_{2}<\bar{R}
$$

By (2.8), we have

$$
C_{W}\left(\frac{R_{2}}{R_{1}}\right)^{\beta_{2}} \geq \frac{W\left(z, R_{2}\right)}{W\left(z, R_{1}\right)}=\frac{\left(L^{-1} b r\right)^{\beta}}{\left(L^{-1} L_{0} a r\right)^{\beta}}=2^{\beta_{2}} C_{W}
$$

which implies that

$$
2 R_{1} \leq R_{2}
$$

Also note that by (4.6),

$$
B_{*}(z, a r) \subset B\left(z, R_{1}\right) \subset B\left(z, R_{2}\right) \subset B_{*}(z, b r)
$$

It follows from condition $\left(\mathrm{Cap}_{\leq}\right)$that

$$
\begin{aligned}
\operatorname{cap}\left(B_{*}(z, a r), B_{*}(z, b r)\right) & \leq \operatorname{cap}\left(B\left(z, R_{1}\right), B\left(z, R_{2}\right)\right) \leq \operatorname{cap}\left(B\left(z, R_{1}\right), B\left(z, 2 R_{1}\right)\right) \\
& \leq \frac{C \mu\left(B\left(z, 2 R_{1}\right)\right)}{W\left(z, 2 R_{1}\right)} \leq \frac{C \mu\left(B_{*}(z, b r)\right)}{W\left(z, R_{1}\right)}=\frac{C \mu\left(B_{*}(z, b r)\right)}{\left(L^{-1} L_{0} a r\right)^{\beta}}
\end{aligned}
$$

thus showing (4.39).
Step 2. We show condition ( $\mathrm{Cap}_{\leq}^{*}$ ).
Indeed, using condition $\left(\mathrm{VD}_{*}\right)$, there exist a finite number $N$ of balls $\left\{B_{*}\left(z_{i}, a r\right)\right\}_{i=1}^{N}$ covering $\frac{1}{2} B_{*}$, where each center $z_{i}$ lies in $\frac{1}{2} B_{*}$ and $\left\{B_{*}\left(z_{i}, a r / 5\right)\right\}_{i=1}^{N}$ are disjoint, for some integer $N$ independent of $B_{*}$. Since each ball $B_{*}\left(z_{i}, b r\right)$ is contained in $B_{*}$, using the subadditivity and monotonicity of capacity, it follows from (4.39) that

$$
\begin{aligned}
\operatorname{cap}\left((1 / 2) B_{*}, B_{*}\right) & \leq \sum_{i=1}^{N} \operatorname{cap}\left(B\left(z_{i}, a r\right), B_{*}\right) \leq \sum_{i=1}^{N} \operatorname{cap}\left(B\left(z_{i}, a r\right), B_{*}(z, b r)\right) \\
& \leq \sum_{i=1}^{n} \frac{c \mu\left(B_{*}\left(z_{i}, b r\right)\right)}{r^{\beta}} \leq N c \frac{\mu\left(B_{*}\right)}{r^{\beta}}
\end{aligned}
$$

thus proving (4.38), and so condition ( $\mathrm{Cap}_{\leq}^{*}$ ) follows.

## Remark 4.16.

(1) Under (VD), conditions $\left(\mathrm{TJ}_{*}\right),\left(\mathrm{PI}_{*}\right),\left(\mathrm{Cap}_{\leq}^{*}\right)$ follow from conditions (TJ), (PI), (Cap $\left.{ }_{\leq}\right)$ respectively. We emphasize that the number $\beta$ appearing in $\left(\mathrm{TJ}_{*}\right),\left(\mathrm{PI}_{*}\right),\left(\mathrm{Nash}_{*}\right)$, $\left(\mathrm{FK}_{*}\right),\left(\mathrm{Cap}_{\leq}^{*}\right)$ is the same, and it comes from (4.3).
(2) By Propositions 4.4 and 4.7, Lemmas 4.9 and 4.11, and Proposition 4.13, we see that under the conditions (VD) and (RVD), condition (PI) implies (FK). Hence, most of results involving (FK) in [11], [12], [13], also hold true if (FK) is replaced by (PI).

## 5. Weak Harnack inequality and Oscillation inequality

In this section, we will derive the weak Harnack inequality and the oscillation inequality. The oscillation inequality gives rise to the local Hölder continuity of harmonic function, which is used to derive the lower bound of the heat kernel.

Definition 5.1. Let $\Omega$ be an open subset of $M$. We say that a function $u \in \mathcal{F}^{\prime}$ is subharmonic (resp. superharmonic) in $\Omega$ if

$$
\begin{equation*}
\mathcal{E}(u, \varphi) \leq 0 \quad(\text { resp. } \mathcal{E}(u, \varphi) \geq 0) \tag{5.1}
\end{equation*}
$$

for any $0 \leq \varphi \in \mathcal{F}(\Omega)$. A function $u \in \mathcal{F}^{\prime}$ is called harmonic in $\Omega$ if it is both subharmonic and superharmonic in $\Omega$.

For any function $v \in \mathcal{F}$ and any two subsets $U \subset V$ of $M$, define the tail of $v$ outside $V$ by

$$
\begin{equation*}
T_{U, V}(v):=\operatorname{esup}_{x \in U} \int_{V^{c}}|v(y)| J(x, d y) . \tag{5.2}
\end{equation*}
$$

Note that, since $v \in \mathcal{F}$ is quasi-continuous, the integral in (5.2) is well defined.
5.1. Lemma of growth under new metric. We introduce condition ( $\mathrm{LG}_{*}$ ) that is called a lemma of growth.

Definition 5.2 (Lemma of growth under new metric). We say that condition ( $\mathrm{LG}_{*}$ ) holds if there exist three constants $\varepsilon_{0}>0, \sigma_{*} \in(0,1), \nu>0$ such that the following is true: if a
function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ is superharmonic, non-negative in $2 B_{*}$, where $B_{*}:=B_{*}\left(x_{0}, r\right)$ with radius $r \in\left(0,2^{-1} \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, and if

$$
\begin{equation*}
\frac{\mu\left(B_{*} \cap\{u<a\}\right)}{\mu\left(B_{*}\right)} \leq \varepsilon_{0}\left(1+\frac{r^{\beta} T_{B_{*}, 2 B_{*}}\left(u_{-}\right)}{a}\right)^{-1 / \nu} \tag{5.3}
\end{equation*}
$$

for some $a>0$, where tail function $T_{B_{*}, 2 B_{*}}\left(u_{-}\right)$is defined by (5.2), then

$$
\begin{equation*}
\underset{\frac{1}{2} B_{*}}{\operatorname{einf}} u \geq \frac{a}{2} \tag{5.4}
\end{equation*}
$$

(see Figure 3).
We remark that the three constants $\varepsilon_{0}, \nu, \sigma$ appearing in (5.3) are all independent of $B_{*}, u, \bar{R}_{*}$.


Figure 3. Illustration to condition ( $\mathrm{LG}_{*}$ )
Before proving $\left(\mathrm{LG}_{*}\right)$, we need more conditions, say, $\left(\mathrm{ABB}_{*}\right),\left(\mathrm{EP}_{*}\right)$. We first introduce condition $\left(\mathrm{ABB}_{\zeta}^{*}\right)$ for a number $\zeta \geq 0$.

Definition 5.3. Given a number $\zeta \geq 0$, we say that condition $\left(\mathrm{ABB}_{\zeta}^{*}\right)$ is satisfied if for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ and any three concentric balls $B_{0}^{*}:=B_{*}\left(x_{0}, R\right), B_{*}:=B_{*}\left(x_{0}, R+r\right)$ and $\Omega:=$ $B_{*}\left(x_{0}, R^{\prime}\right)$ with $0<R<R+r<R^{\prime}<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, there exists some $\phi \in \operatorname{cutoff}\left(B_{0}^{*}, B_{*}\right)$ such that

$$
\begin{equation*}
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) \leq \zeta \int_{B_{*}} \phi^{2} d \Gamma_{B_{*}}(u)+\frac{C}{r^{\beta}}\left(\frac{R^{\prime}}{r}\right)^{C_{1}} \int_{\Omega} u^{2} d \mu \tag{5.5}
\end{equation*}
$$

where $C>0, C_{1} \geq 0$ are two constants independent of function $u$ and three balls $B_{0}^{*}, B_{*}, \Omega$, and $d \Gamma_{\Omega}, d \Gamma_{B_{*}}$ are defined by (2.13). We say that condition $\left(\mathrm{ABB}_{*}\right)$ holds if condition $\left(\mathrm{ABB}_{\zeta}^{*}\right)$ holds for some $\zeta \geq 0$ and $C_{1} \geq 0$.

We mention that the value of the exponent $C_{1}$ in (5.5) is unimportant.
The following result is an analogue of [11, Lemma 6.2], which derives condition $\left(\mathrm{ABB}_{*}\right)$.
Lemma 5.4. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$, and $d_{*}$ be the new metric defined in Proposition in 4.1. Then

$$
\left(\mathrm{VD}_{*}\right)+(\mathrm{Gcap})+\left(\mathrm{TJ}_{*}\right) \Rightarrow\left(\mathrm{ABB}_{*}\right)
$$

Proof. Let $C_{W}, L_{0} \geq 1$ be the constants in (2.8) and (4.6) respectively. Fix three concentric balls $B_{0}^{*}:=B_{*}\left(x_{0}, R\right), B_{*}:=B_{*}\left(x_{0}, R+r\right)$ and $\Omega:=B_{*}\left(x_{0}, R^{\prime}\right)$ with $0<R<R+r<R^{\prime}<$ $W\left(x_{0}, \bar{R}\right)^{1 / \beta}$.

We divide the proof into two steps.
Step 1. We will show that for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ and any two concentric balls $B_{*}(z, a r) \subset$ $B_{*}(z, r / 2)$ with $z \in B_{0}^{*}=B_{*}\left(x_{0}, R\right)$ and with

$$
\begin{equation*}
a:=\left(2^{\beta_{2} / \beta+1} L_{0} C_{W}^{1 / \beta}\right)^{-1} \in(0,1 / 2) \tag{5.6}
\end{equation*}
$$

there exists some $\phi \in \operatorname{cutoff}\left(B_{*}(z, a r), B_{*}(z, r / 2)\right)$ such that

$$
\begin{equation*}
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) \leq 4 \bar{\kappa} \int_{B_{*}(z, r)} \phi^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{C}{r^{\beta}} \int_{\Omega} u^{2} d \mu \tag{5.7}
\end{equation*}
$$

where $\bar{\kappa}$ is the constant in condition (Gcap) and $C>0$ is independent of $u, B_{0}^{*}, B_{*}, \Omega$ and $z$.
Indeed, let

$$
R_{1}:=F^{-1}\left(z, L^{-1} L_{0} a r\right) \text { and } R_{2}:=F^{-1}\left(z, L^{-1} r / 2\right)
$$

so that, using definition (4.4),

$$
\begin{equation*}
W\left(z, R_{1}\right)=F\left(z, R_{1}\right)^{\beta}=\left(L^{-1} L_{0} a r\right)^{\beta} \text { and } W\left(z, R_{2}\right)=F\left(z, R_{2}\right)^{\beta}=\left(L^{-1} r / 2\right)^{\beta} \tag{5.8}
\end{equation*}
$$

With the choice of $a$ in (5.6), we have

$$
\begin{equation*}
2 R_{1} \leq R_{2} \tag{5.9}
\end{equation*}
$$

since, by (2.8),

$$
C_{W}\left(\frac{R_{2}}{R_{1}}\right)^{\beta_{2}} \geq \frac{W\left(z, R_{2}\right)}{W\left(z, R_{1}\right)}=\frac{\left(L^{-1} r / 2\right)^{\beta}}{\left(L^{-1} L_{0} a r\right)^{\beta}}=2^{\beta_{2}} C_{W}
$$

We may assume that $r<C_{0}^{-1} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$ for some sufficiently large constant $C_{0} \geq 1$ so that

$$
\begin{equation*}
R_{2}<\bar{R} \tag{5.10}
\end{equation*}
$$

otherwise, one can replace $r$ by $C_{0}^{-1} r$, which is less than $C_{0}^{-1} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, and then runs the same argument in the sequel. In fact, the value of $C_{0}$ can be chosen in the following way: by (4.8)

$$
\begin{aligned}
W\left(z, R_{2}\right) & =\left(L^{-1} r / 2\right)^{\beta}<\left(L^{-1} / 2\right)^{\beta}\left(C_{0}^{-1} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)^{\beta} \\
& =\left(L^{-1} / 2\right)^{\beta}\left(C_{0}^{-1}\right)^{\beta} C W(z, \bar{R})<W(z, \bar{R})
\end{aligned}
$$

provided $C_{0}$ is chosen such that $\left(2 L C_{0}\right)^{-\beta} C<1$. With this choice of $C_{0}$, we see that $R_{2}<\bar{R}$ by using the monotonicity of the function $W(z, \cdot)$.

Note that by (4.6),

$$
\begin{equation*}
B_{*}(z, a r) \subset B\left(z, R_{1}\right) \subset B\left(z, R_{2}\right) \subset B_{*}(z, r / 2) \tag{5.11}
\end{equation*}
$$

By condition (Gcap), there exists a function $g$ such that

$$
\begin{equation*}
g \in \bar{\kappa}-\operatorname{cutoff}\left(B\left(z, R_{1}\right), B\left(z, R_{2}\right)\right) \subset \bar{\kappa}-\operatorname{cutoff}\left(B_{*}(z, a r), B_{*}(z, r / 2)\right) \tag{5.12}
\end{equation*}
$$

and that

$$
\begin{aligned}
\mathcal{E}\left(u^{2} g, g\right) & \leq \sup _{x \in B\left(z, R_{2}\right)} \frac{C}{W\left(x, R_{2}-R_{1}\right)} \int_{B\left(z, R_{2}\right)} u^{2} d \mu \\
& \leq \sup _{x \in B\left(z, R_{2}\right)} \frac{C}{W\left(x, R_{1}\right)} \int_{B\left(z, R_{2}\right)} u^{2} d \mu \quad(\operatorname{using}(5.9)) \\
& =\sup _{x \in B\left(z, R_{2}\right)} \frac{W\left(z, R_{1}\right)}{W\left(x, R_{1}\right)} \frac{C}{W\left(z, R_{1}\right)} \int_{B\left(z, R_{2}\right)} u^{2} d \mu \\
& \leq \frac{C}{\left(L^{-1} L_{0} a r\right)^{\beta}} \int_{B_{*}(z, r / 2)} u^{2} d \mu \quad \quad(\operatorname{using}(2.8),(5.8) \text { and }(5.11)) .
\end{aligned}
$$

From this and applying [11, Eq. (5.9)] with $\Omega$ being replaced by $B_{*}(z, r)$, we obtain

$$
\begin{align*}
\int_{B_{*}(z, r)} u^{2} d \Gamma_{B_{*}(z, r)}(g) & \leq 4 \int_{B_{*}(z, r)} g^{2} d \Gamma_{B_{*}(z, r)}(u)+2 \mathcal{E}\left(u^{2} g, g\right) \\
& \leq 4 \int_{B_{*}(z, r)} g^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{C}{r^{\beta}} \int_{B_{*}(z, r / 2)} u^{2} d \mu \tag{5.13}
\end{align*}
$$

On the other hand, since the function $g$ is supported in $B_{*}(z, r / 2) \subset B_{*}(z, r) \subset \Omega=$ $B_{*}\left(x_{0}, R^{\prime}\right)$, we have

$$
\begin{align*}
\iint_{\Omega \times \Omega} u^{2}(x)(g(x)-g(y))^{2} d j= & \left(\iint_{B_{*}(z, r) \times B_{*}(z, r)}+\iint_{B_{*}(z, r) \times\left(\Omega \backslash B_{*}(z, r)\right)}+\iint_{\left(\Omega \backslash B_{*}(z, r)\right) \times B_{*}(z, r)}\right. \\
& \left.+\iint_{\left(\Omega \backslash B_{*}(z, r)\right) \times\left(\Omega \backslash B_{*}(z, r)\right)}\right) \cdots \\
= & \iint_{B_{*}(z, r) \times B_{*}(z, r)} u^{2}(x)(g(x)-g(y))^{2} d j \\
& +\iint_{B_{*}\left(z, \frac{r}{2}\right) \times\left(\Omega \backslash B_{*}(z, r)\right)} u^{2}(x) g^{2}(x) d j \\
& +\iint_{\left(\Omega \backslash B_{*}(z, r)\right) \times B_{*}\left(z, \frac{r}{2}\right)} u^{2}(x) g^{2}(y) d j \tag{5.14}
\end{align*}
$$

We estimate the last two integrals in (5.14). Indeed, for any

$$
(x, y) \in B_{*}\left(z, \frac{r}{2}\right) \times\left(\Omega \backslash B_{*}(z, r)\right),
$$

we have $d_{*}(x, y) \geq \frac{r}{2}$. It follows from $\left(\mathrm{TJ}_{*}\right)$ that

$$
\begin{aligned}
\iint_{B_{*}(z, r / 2) \times\left(\Omega \backslash B_{*}(z, r)\right)} u^{2}(x) g^{2}(x) d j & \leq \int_{B_{*}(z, r / 2)} u^{2}(x) d \mu(x) \operatorname{esup}_{x \in B_{*}(z, r / 2)} \int_{B_{*}(x, r / 2) c} J(x, d y) \\
& \leq \frac{c}{r^{\beta}} \int_{B_{*}(z, r / 2)} u^{2}(x) d \mu(x) .
\end{aligned}
$$

Similarly, for any $(x, y) \in\left(\Omega \backslash B_{*}(z, r)\right) \times B_{*}\left(z, \frac{r}{2}\right)$, we see that $d_{*}(x, y) \geq \frac{r}{2}$. Thus by ( $\mathrm{TJ}_{*}$ ),

$$
\begin{aligned}
\iint_{\left(\Omega \backslash B_{*}(z, r)\right) \times B_{*}\left(z, \frac{r}{2}\right)} u^{2}(x) g^{2}(y) d j & \leq \int_{\Omega \backslash B_{*}(z, r)} u^{2}(x) d \mu(x) \operatorname{esup}_{x \in \Omega \backslash B_{*}(z, r)} \int_{B_{*}(x, r / 2)^{c}} g^{2}(y) J(x, d y) \\
& \leq \int_{\Omega \backslash B_{*}(z, r)} u^{2}(x) d \mu(x) \operatorname{esup}_{x \in \Omega \backslash B_{*}(z, r)} \int_{B_{*}(x, r / 2)^{c}} J(x, d y) \\
& \leq \frac{c}{r^{\beta}} \int_{\Omega \backslash B_{*}(z, r)} u^{2}(x) d \mu(x) .
\end{aligned}
$$

Plugging the above two inequalities into (5.14), we have

$$
\begin{equation*}
\iint_{\Omega \times \Omega} u^{2}(x)(g(x)-g(y))^{2} d j \leq \iint_{B_{*}(z, r) \times B_{*}(z, r)} u^{2}(x)(g(x)-g(y))^{2} d j+\frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu . \tag{5.15}
\end{equation*}
$$

Therefore, using the fact that $\operatorname{supp}(g) \subset B_{*}\left(z, \frac{r}{2}\right)$, we have by (5.15) that

$$
\begin{aligned}
\int_{\Omega} u^{2} d \Gamma_{\Omega}(g) & =\int_{\Omega} u^{2} d \Gamma^{(L)}(g)+\iint_{\Omega \times \Omega} u^{2}(x)(g(x)-g(y))^{2} d j \\
& =\int_{B_{*}(z, r)} u^{2} d \Gamma^{(L)}(g)+\iint_{\Omega \times \Omega} u^{2}(x)(g(x)-g(y))^{2} d j \\
& \leq \int_{B_{*}(z, r)} u^{2} d \Gamma^{(L)}(g)+\iint_{B_{*}(z, r) \times B_{*}(z, r)} u^{2}(x)(g(x)-g(y))^{2} d j+\frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu \\
& =\int_{B_{*}(z, r)} u^{2} d \Gamma_{B_{*}(z, r)}(g)+\frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu \\
& \leq 4 \int_{B_{*}(z, r)} g^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{C}{r^{\beta}} \int_{B_{*}(z, r / 2)} u^{2} d \mu+\frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu \quad(\text { by }(5.13))
\end{aligned}
$$

$$
\begin{equation*}
\leq 4 \int_{B_{*}(z, r)} g^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{c^{\prime}}{r^{\beta}} \int_{\Omega} u^{2} d \mu \tag{5.16}
\end{equation*}
$$

By (5.11) and (5.12), we have

$$
\phi:=g \wedge 1 \in \operatorname{cutoff}\left(B\left(z, R_{1}\right), B\left(z, R_{2}\right)\right) \subset \operatorname{cutoff}\left(B_{*}(z, a r), B_{*}(z, r / 2)\right)
$$

Since $g \leq \bar{\kappa} \phi$ in $M$, we obtain by (3.6) and (5.16) that

$$
\begin{aligned}
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) & \leq \int_{\Omega} u^{2} d \Gamma_{\Omega}(g) \leq 4 \int_{B_{*}(z, r)} g^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{c^{\prime}}{r^{\beta}} \int_{\Omega} u^{2} d \mu \\
& \leq 4 \bar{\kappa} \int_{B_{*}(z, r)} \phi^{2} d \Gamma_{B_{*}(z, r)}(u)+\frac{c^{\prime}}{r^{\beta}} \int_{\Omega} u^{2} d \mu
\end{aligned}
$$

thus showing (5.7), as desired.
Step 2 . We show condition $\left(\mathrm{ABB}_{*}\right)$.
Indeed, by condition $\left(\mathrm{VD}_{*}\right)$, there exist a finite number of balls $\left\{B_{*}\left(z_{i}, a r\right)\right\}_{i=1}^{N}$ with $z_{i} \in B_{0}^{*}$ such that $\left\{B_{*}\left(z_{i}, a r\right)\right\}_{i=1}^{N}$ cover $B_{0}^{*}=B_{*}\left(x_{0}, R\right)$ and $\left\{B_{*}\left(z_{i}, a r / 5\right)\right\}_{i=1}^{N}$ are disjoint, where

$$
\begin{equation*}
N \leq c\left(\frac{R+r}{r}\right)^{\alpha_{*}} \tag{5.17}
\end{equation*}
$$

By (5.7), for each $1 \leq i \leq N$, there exists some $\phi_{i} \in \operatorname{cutoff}\left(B_{*}\left(z_{i}, \operatorname{ar}\right), B_{*}\left(z_{i}, r / 2\right)\right)$ such that

$$
\begin{equation*}
\int_{\Omega} u^{2} d \Gamma_{\Omega}\left(\phi_{i}\right) \leq 4 \bar{\kappa} \int_{B_{*}\left(z_{i}, r\right)} \phi_{i}^{2} d \Gamma_{B_{*}\left(z_{i}, r\right)}(u)+\frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu \tag{5.18}
\end{equation*}
$$

Define

$$
\phi:=\max \left\{\phi_{1}, \phi_{2}, \cdots, \phi_{N}\right\}
$$

Since $\left\{B_{*}\left(z_{i}, a r\right)\right\}_{i=1}^{N}$ cover $B_{0}^{*}$ and

$$
\bigcup_{i=1}^{N} B_{*}\left(z_{i}, r / 2\right) \subset B_{*}\left(x_{0}, R+r / 2\right)
$$

the function $\phi$ belongs to cutoff $\left(B_{0}^{*}, B_{*}\right)$. On the other hand, for any $f, g \in \mathcal{F}^{\prime}$,

$$
d \Gamma_{\Omega}(f \vee g)+d \Gamma_{\Omega}(f \wedge g) \leq d \Gamma_{\Omega}(f)+d \Gamma_{\Omega}(g)
$$

It follows from (5.18) that, using (5.17) and (3.5),

$$
\begin{aligned}
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) & \leq \sum_{i=1}^{N} \int_{\Omega} u^{2} d \Gamma_{\Omega}\left(\phi_{i}\right) \\
& \leq 4 \bar{\kappa} \sum_{i=1}^{N} \int_{B_{*}\left(z_{i}, r\right)} \phi_{i}^{2} d \Gamma_{B_{*}\left(z_{i}, r\right)}(u)+\sum_{i=1}^{N} \frac{c}{r^{\beta}} \int_{\Omega} u^{2} d \mu \\
& \leq 4 \bar{\kappa} \sum_{i=1}^{N} \int_{B_{*}\left(z_{i}, r\right)} \phi^{2} d \Gamma_{B_{*}}(u)+\frac{c^{\prime}}{r^{\beta}}\left(\frac{R+r}{r}\right)^{\alpha_{*}} \int_{\Omega} u^{2} d \mu \\
& \leq 4 \bar{\kappa} \int_{B_{*}}\left(\sum_{i=1}^{N} \mathbf{1}_{B_{*}\left(z_{i}, R+r\right)}\right) \phi^{2} d \Gamma_{B_{*}}(u)+\frac{c^{\prime}}{r^{\beta}}\left(\frac{R^{\prime}}{r}\right)^{\alpha_{*}} \int_{\Omega} u^{2} d \mu .
\end{aligned}
$$

By condition $\left(\mathrm{VD}_{*}\right)$, there exists an integer $N_{0} \geq 1$, independent of balls $B_{0}^{*}, B_{*}, \Omega$, such that each point $y$ in $B_{*}$ belongs to at most $N_{0}$ balls like $B_{*}\left(z_{i}, R+r\right)$. Therefore, we conclude from above that

$$
\int_{\Omega} u^{2} d \Gamma_{\Omega}(\phi) \leq 4 \bar{\kappa} N_{0} \int_{B_{*}} \phi^{2} d \Gamma_{B_{*}}(u)+\frac{c^{\prime}}{r^{\beta}}\left(\frac{R^{\prime}}{r}\right)^{\alpha_{*}} \int_{\Omega} u^{2} d \mu
$$

thus proving $\left(\mathrm{ABB}_{*}\right)$.

The following condition $\left(\mathrm{EP}_{*}\right)$ is the counterpart of condition (EP) in [11] under the new metric $d_{*}$.

Definition 5.5 (Condition $\left(\mathrm{EP}_{*}\right)$ ). We say that the condition $\left(\mathrm{EP}_{*}\right)$ is satisfied if there exist two universal constants $C>0, C_{1} \geq 0$ such that, for any three concentric balls $B_{0}^{*}:=B_{*}\left(x_{0}, R\right)$, $B_{*}:=B_{*}\left(x_{0}, R+r\right)$ and $\Omega:=B_{*}\left(x_{0}, R^{\prime}\right)$ with $0<R<R+r<R^{\prime}<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, and for any $u \in \mathcal{F}^{\prime} \cap L^{\infty}$, there exists some $\phi \in \operatorname{cutoff}\left(B_{0}^{*}, B_{*}\right)$ such that

$$
\mathcal{E}(u \phi, u \phi) \leq \frac{3}{2} \mathcal{E}\left(u, u \phi^{2}\right)+\frac{C}{r^{\beta}}\left(\frac{R^{\prime}}{r}\right)^{C_{1}} \int_{\Omega} u^{2} d \mu+3 \iint_{\Omega \times \Omega^{c}} u(x) u(y) \phi^{2}(x) d j .
$$

The following is a parallel version of [11, Eq. (8.3)] under the new metric $d_{*}$.
Proposition 5.6. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that every metric ball has finite measure. Then

$$
\begin{equation*}
\left(\mathrm{TJ}_{*}\right)+\left(\mathrm{ABB}_{*}\right) \Rightarrow\left(\mathrm{EP}_{*}\right) \tag{5.19}
\end{equation*}
$$

Consequently,

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{Gcap})+(\mathrm{TJ}) \Rightarrow\left(\mathrm{EP}_{*}\right) \tag{5.20}
\end{equation*}
$$

Proof. Note that conditions $\left(T J_{*}\right)$ and $\left(\mathrm{ABB}_{*}\right)$ are analogous to conditions (TJ) and (ABB) respectively under the new metric $d_{*}$ (although there is a ratio term $\left(\frac{R^{\prime}}{r}\right)^{C_{1}}$ in $\left(\mathrm{ABB}_{*}\right)$ and there is no such term in (ABB). Hence, one can follow the same arguments in the proof of [11, Eq. (8.3)] to obtain the first implication (5.19).

The second implication (5.20) follows from Proposition 4.4(1), (4.12), Lemma 5.4 and (5.19).

The following lemma plays an important role in the proof of Lemma 5.8. For simplicity of notation, fix some $x_{0} \in M$ and set for any $r>0$

$$
B_{r}:=B_{*}\left(x_{0}, r\right)
$$

Let us also recall the notion of "quasi-everywhere" (see the last paragraph in [7, p. 68]). Let E be a subset of $M$. A statement depending on $x \in E$ is said to hold q.e. on $E$ if there exists a set $N \subset E$ with $\operatorname{Cap}_{1}(N)=0$ (see (2.25) for the definition of $\mathrm{Cap}_{1}$ ) such that the statement is true for every $x \in E \backslash N$. "q.e." is an abbreviation of "quasi-everywhere". We also write $\mathcal{E}$-q.e. to emphasize the notion q.e. for the $\operatorname{Dirichlet~form~}(\mathcal{E}, \mathcal{F})$. In particular, one can introduce the notion of q.e. for other regular Dirichlet forms.

Lemma 5.7. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that conditions $\left(\mathrm{VD}_{*}\right),\left(\mathrm{EP}_{*}\right),\left(\mathrm{FK}_{*}\right)$, and $\left(\mathrm{TJ}_{*}\right)$ are all satisfied. Let a function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ be superharmonic, non-negative in a ball $B_{2 r}$ with $r \in\left(0,2^{-1} \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, where constant $\sigma_{*}$ comes from condition $\left(\mathrm{FK}_{*}\right)$. Let $0<a<b, r_{1}<r_{2}<r$ be some numbers and set

$$
m_{1}=\frac{\mu\left(B_{r_{1}} \cap\{u<a\}\right)}{\mu\left(B_{r_{1}}\right)} \quad \text { and } \quad m_{2}=\frac{\mu\left(B_{r_{2}} \cap\{u<b\}\right)}{\mu\left(B_{r_{2}}\right)}
$$

Then, with the same constants $\alpha_{*}, \nu$ and $C_{1}$ as in conditions $\left(\mathrm{VD}_{*}\right),\left(\mathrm{FK}_{*}\right)$ and $\left(\mathrm{EP}_{*}\right)$,

$$
\begin{equation*}
m_{1} \leq C A\left(\frac{b}{b-a}\right)^{2}\left(\frac{r_{2}}{r_{1}}\right)^{\alpha_{*}}\left(\frac{r_{2}}{r_{2}-r_{1}}\right)^{\beta+C_{1}} m_{2}^{1+\nu} \tag{5.21}
\end{equation*}
$$

where the positive constant $C$ depends only on the hypotheses and

$$
A:=1+\frac{\left(r_{2}-r_{1}\right)^{\beta} T_{B_{\left(r_{1}+r_{2}\right) / 2}, B_{r_{2}}}\left(u_{-}\right)}{b}
$$



Figure 4. Illustration to Lemma 5.7
Proof. Note that any function $u \in \mathcal{F}$ admits a quasi-continuous version $\widetilde{u}$ (see. [7, Theorem 2.1.3 on p. 71]), and that for any $u \in \mathcal{F}$ and any open subset $\Omega$ of $M$, we have $u \in \mathcal{F}(\Omega)$ if and only if $\widetilde{u}=0$ q.e. in $\Omega^{c}$, (cf. [7, Corollary 2.3 .1 on p. 98]).

Let us fix a quasi-continuous modification of a given function $u$ in $\mathcal{F}$ and denote it by the same letter $u$. Set $v:=(b-u)_{+}$and

$$
\widetilde{m}_{1}:=\mu\left(B_{r_{1}} \cap\{u<a\}\right), \quad \widetilde{m}_{2}:=\mu\left(B_{r_{2}} \cap\{u<b\}\right) .
$$

Taking $\phi \in \operatorname{cutoff}\left(B_{r_{1}}, B_{\frac{1}{2}\left(r_{1}+r_{2}\right)}\right)$, we have

$$
\begin{equation*}
\widetilde{m}_{1}=\int_{B_{r_{1} \cap\{u<a\}}} \phi^{2} d \mu \leq \int_{B_{r_{1}}} \phi^{2} \underbrace{\left(\frac{(b-u)_{+}}{b-a}\right)^{2}}_{\geq 1 \text { on }\{u<a\}} d \mu=\frac{1}{(b-a)^{2}} \int_{B_{r_{1}}}(\phi v)^{2} d \mu . \tag{5.22}
\end{equation*}
$$

Consider the set

$$
E:=B_{\frac{1}{2}\left(r_{1}+r_{2}\right)} \cap\{u<b\} .
$$

By the outer regularity of $\mu$, for any $\varepsilon>0$, there is an open set $\Omega$ such that $E \subset \Omega \subset B_{r_{2}}$ and

$$
\begin{equation*}
\mu(\Omega) \leq \mu(E)+\varepsilon \leq \widetilde{m}_{2}+\varepsilon . \tag{5.23}
\end{equation*}
$$

On the other hand, since $\phi=0$ q.e. outside $B_{\frac{1}{2}\left(r_{1}+r_{2}\right)}$ and $v=0$ outside $\{u<b\}$, we see that $\phi v=0$ q.e. in $E^{c}$. Since $\phi v \in \mathcal{F}$ and $\phi v=0$ q.e. in $\Omega^{c} \subset E^{c}$, we have

$$
\begin{equation*}
\phi v \in \mathcal{F}(\Omega), \tag{5.24}
\end{equation*}
$$

from which, by the definition of $\lambda_{1}(\Omega)$,

$$
\int_{\Omega}(\phi v)^{2} d \mu \leq \frac{\mathcal{E}(\phi v, \phi v)}{\lambda_{1}(\Omega)} .
$$

Therefore, using $\phi v=0$ outside $\Omega$ again, it follows from (5.22) that

$$
\begin{equation*}
\widetilde{m}_{1} \leq \frac{1}{(b-a)^{2}} \int_{\Omega}(\phi v)^{2} d \mu \leq \frac{\mathcal{E}(\phi v, \phi v)}{(b-a)^{2} \lambda_{1}(\Omega)} \tag{5.25}
\end{equation*}
$$

By condition $\left(\mathrm{FK}_{*}\right)$ and (5.23), we have

$$
\begin{equation*}
\lambda_{1}(\Omega) \geq \frac{c}{r_{2}^{\beta}}\left(\frac{\mu\left(B_{r_{2}}\right)}{\mu(\Omega)}\right)^{\nu} \geq \frac{c}{r_{2}^{\beta}}\left(\frac{\mu\left(B_{r_{2}}\right)}{\widetilde{m}_{2}+\varepsilon}\right)^{\nu}, \tag{5.26}
\end{equation*}
$$

where $\nu$ is the constant from $\left(\mathrm{FK}_{*}\right)$.
Let us estimate $\mathcal{E}(\phi v, \phi v)$ from above. Since $u$ is superharmonic in $B_{2 r}$, the function $b-u$ is subharmonic in $B_{2 r}$ and so, the function $v=(b-u)_{+}$is also subharmonic in $B_{2 r}$ by using [11, Lemma 9.3]. By Proposition 9.2(iii) in Appendix and using (5.24), we see $v \phi^{2}=v \phi \cdot \phi \in$ $\mathcal{F}(\Omega) \subset \mathcal{F}\left(B_{2 r}\right)$, which gives that

$$
\mathcal{E}\left(v, v \phi^{2}\right) \leq 0 .
$$

Applying $\left(\mathrm{EP}_{*}\right)$ to the triple $B_{r_{1}}, B_{\left(r_{1}+r_{2}\right) / 2}, B_{r_{2}}$ and to $v$, there exists $\phi \in \operatorname{cutoff}\left(B_{r_{1}}, B_{\left(r_{1}+r_{2}\right) / 2}\right)$ such that

$$
\mathcal{E}(\phi v, \phi v) \leq \frac{3}{2} \mathcal{E}\left(v, v \phi^{2}\right)+\frac{c}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}} \int_{B_{r_{2}}} v^{2} d \mu+3 \iint_{B_{r_{2}} \times B_{r_{2}}^{c}} v(x) v(y) \phi^{2}(x) d j
$$

where $\bar{r}:=r_{2}-r_{1}$. Combining the above two inequalities and using the fact that $\phi=0$ outside $B_{\left(r_{1}+r_{2}\right) / 2}$, we obtain

$$
\begin{align*}
\mathcal{E}(v \phi, v \phi) \leq & \frac{c}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}} \int_{B_{r_{2}}} v^{2} d \mu+3 \int_{B_{\left(r_{1}+r_{2}\right) / 2}} v(x) d \mu(x) \cdot \operatorname{esup}_{x \in B_{\left(r_{1}+r_{2}\right) / 2}} \int_{B_{r_{2}}^{c}} v(y) J(x, d y) \\
\leq & \frac{c}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}} \int_{B_{r_{2}}} v^{2} d \mu+3 \int_{B_{r_{2}}} v d \mu \cdot \operatorname{esup}_{x \in B_{\left(r_{1}+r_{2}\right) / 2}} \int_{B_{r_{2}}^{c}}(b+u-(y)) J(x, d y) \\
\leq & \frac{c b^{2}}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}} \mu\left(B_{r_{2}} \cap\{u<b\}\right)+3 b \mu\left(B_{r_{2}} \cap\{u<b\}\right) \quad \quad\left(\text { using } v \leq b \mathbf{1}_{\{u<b\}}\right) \\
& \cdot\left(b \operatorname{esup}_{x \in B_{\left(r_{1}+r_{2}\right) / 2}} \int_{B\left(x,\left(r_{2}-r_{1}\right) / 2\right)^{c}} J(x, d y)+T_{B_{\left(r_{1}+r_{2}\right) / 2}, B_{r_{2}}}\left(u_{-}\right)\right) \\
\leq & \left.c \widetilde{m}_{2} \frac{b^{2}}{\bar{r}^{\beta}}\left(\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}}+\frac{\bar{r}^{\beta}}{(\bar{r} / 2)^{\beta}}+\frac{\bar{r}^{\beta} T_{B_{\left(r_{1}+r_{2}\right) / 2}, B_{r_{2}}}(u-)}{b}\right) \quad \text { (by definition of } \widetilde{m}_{2} \text { and }\left(\mathrm{TJ}_{*}\right)\right) \\
\leq & \left.c \widetilde{m}_{2} \frac{b^{2}}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}}\left(1+\frac{\bar{r}^{\beta} T_{B_{\left(r_{1}+r_{2}\right) / 2}, B_{r_{2}}}\left(u_{-}\right)}{b}\right) \quad \text { (by the fact } \frac{r_{2}}{\bar{r}} \geq 1\right) \\
= & c \widetilde{m}_{2} \frac{b^{2}}{\bar{r}^{\beta}}\left(\frac{r_{2}}{\bar{r}}\right)^{C_{1}} A, \tag{5.27}
\end{align*}
$$

where in the fourth line we have used the fact that, for any point $x \in B_{\left(r_{1}+r_{2}\right) / 2}$,

$$
B_{r_{2}}^{c} \subset B_{*}(x, \bar{r} / 2)^{c}
$$

Combining (5.25), (5.26), (5.27) and letting $\varepsilon \rightarrow 0$, we obtain

$$
\widetilde{m}_{1} \leq c\left(\frac{b}{b-a}\right)^{2} \frac{\left(\widetilde{m}_{2}\right)^{1+\nu}}{\mu\left(B_{r_{2}}\right)^{\nu}}\left(\frac{r_{2}}{\bar{r}}\right)^{\beta+C_{1}} A .
$$

Dividing this inequality by $\mu\left(B_{r_{1}}\right)$ and observing that

$$
m_{1}=\frac{\widetilde{m}_{1}}{\mu\left(B_{r_{1}}\right)} \quad \text { and } \quad m_{2}=\frac{\widetilde{m}_{2}}{\mu\left(B_{r_{2}}\right)}
$$

we obtain by using $\left(\mathrm{VD}_{*}\right)$,

$$
\begin{aligned}
m_{1} & \leq c\left(\frac{b}{b-a}\right)^{2} m_{2}^{1+\nu} \frac{\mu\left(B_{r_{2}}\right)}{\mu\left(B_{r_{1}}\right)}\left(\frac{r_{2}}{\bar{r}}\right)^{\beta+C_{1}} A \\
& \leq C\left(\frac{b}{b-a}\right)^{2}\left(\frac{r_{2}}{r_{1}}\right)^{\alpha_{*}}\left(\frac{r_{2}}{\bar{r}}\right)^{\beta+C_{1}} A \cdot m_{2}^{1+\nu}
\end{aligned}
$$

thus showing (5.21).
Now we prove ( $\mathrm{LG}_{*}$ ).
Lemma 5.8. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
\begin{equation*}
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{EP}_{*}\right)+\left(\mathrm{TJ}_{*}\right)+\left(\mathrm{FK}_{*}\right) \Rightarrow\left(\mathrm{LG}_{*}\right) \tag{5.28}
\end{equation*}
$$

Consequently,

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{Gcap})+(\mathrm{TJ})+\left(\mathrm{FK}_{*}\right) \Rightarrow\left(\mathrm{LG}_{*}\right) \tag{5.29}
\end{equation*}
$$

Moreover, the constants $\nu, \sigma_{*}$ in (5.3) of condition $\left(\mathrm{LG}_{*}\right)$ can be taken as the same as those in condition $\left(\mathrm{FK}_{*}\right)$.

Proof. Let $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ be superharmonic, non-negative in $B_{2 r}$ with $r \in\left(0,2^{-1} \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and let $a>0$. Consider the following two sequences of numbers

$$
r_{k}:=\frac{1}{2}\left(1+2^{-k}\right) r \quad \text { and } \quad a_{k}:=\frac{1}{2}\left(1+2^{-k}\right) a \quad \text { for } k=0,1,2, \cdots
$$

Clearly, $r_{0}=r, a_{0}=a$ and $r_{k} \downarrow \frac{1}{2} r, a_{k} \downarrow \frac{1}{2} a$ as $k \rightarrow \infty$ (see Figure 5). Set

$$
m_{k}:=\frac{\mu\left(B_{r_{k}} \cap\left\{u<a_{k}\right\}\right)}{\mu\left(B_{r_{k}}\right)}
$$



Figure 5. Sets $B_{r_{k}} \cap\left\{u<a_{k}\right\}$
Note that the hypothesis of Lemma 5.7 is satisfied. Applying inequality (5.21) with $a=a_{k}$, $b=a_{k-1}, r_{1}=r_{k}$ and $r_{2}=r_{k-1}$, we obtain for any $k \geq 1$,

$$
m_{k} \leq C A_{k}\left(\frac{a_{k-1}}{a_{k-1}-a_{k}}\right)^{2}\left(\frac{r_{k-1}}{r_{k}}\right)^{\alpha_{*}}\left(\frac{r_{k-1}}{r_{k-1}-r_{k}}\right)^{\beta+C_{1}} m_{k-1}^{1+\nu}
$$

where

$$
A_{k}:=1+\frac{\left(r_{k-1}-r_{k}\right)^{\beta} T_{B_{\left(r_{k-1}+r_{k}\right) / 2}, B_{r_{k-1}}}\left(u_{-}\right)}{a_{k-1}}
$$

Since $u$ is non-negative in $B_{2 r}$ and $B_{r_{k-1}} \subset B_{r} \subset B_{2 r}$, we see by definition (5.2)

$$
T_{B_{\left(r_{k-1}+r_{k}\right) / 2}, B_{r_{k-1}}}\left(u_{-}\right)=T_{B_{\left(r_{k-1}+r_{k}\right) / 2}, B_{2 r}}\left(u_{-}\right) \leq T_{B_{r}, B_{2 r}}\left(u_{-}\right)
$$

from which, using the fact that $a_{k-1} \geq \frac{1}{2} a$, it follows that

$$
A_{k} \leq 2 A
$$

where

$$
A=1+\frac{r^{\beta} T_{B_{r}, B_{2 r}}\left(u_{-}\right)}{a}
$$

Noting that

$$
\frac{r_{k-1}}{r_{k}} \leq 2, \quad \frac{r_{k-1}}{r_{k-1}-r_{k}}=\frac{1+2^{-(k-1)}}{2^{-(k-1)}-2^{-k}} \leq 2^{k+1}, \quad \frac{a_{k-1}}{a_{k-1}-a_{k}} \leq 2^{k+1}
$$

we obtain that for all $k \geq 1$

$$
m_{k} \leq C \cdot 2 A \cdot 2^{2(k+1)} \cdot 2^{\alpha_{*}} \cdot 2^{(k+1)\left(\beta+C_{1}\right)} \cdot m_{k-1}^{1+\nu}=D \lambda^{k} m_{k-1}^{1+\nu}
$$

where $D=2^{3+\alpha_{*}+\beta+C_{1}} C A, \lambda=2^{2+\beta+C_{1}}$. Thus, applying Proposition 9.3 in Appendix, we have

$$
\begin{equation*}
m_{k} \leq D^{-\frac{1}{\nu}}\left(D^{\frac{1}{\nu}} \lambda^{\frac{1+\nu}{\nu^{2}}} m_{0}\right)^{(1+\nu)^{k}} \rightarrow 0 \tag{5.30}
\end{equation*}
$$

as $k \rightarrow \infty$, provided that

$$
\begin{equation*}
D^{\frac{1}{\nu}} \lambda^{\frac{1+\nu}{\nu^{2}}} m_{0}=\left(2^{3+\alpha_{*}+\beta+C_{1}} C A\right)^{\frac{1}{\nu}}\left(2^{2+\beta+C_{1}}\right)^{\frac{1+\nu}{\nu^{2}}} m_{0} \leq \frac{1}{2} \tag{5.31}
\end{equation*}
$$

Note that (5.31) is equivalent to

$$
\begin{aligned}
\frac{\mu\left(B_{r} \cap\{u<a\}\right)}{\mu\left(B_{r}\right)} & =m_{0} \leq \frac{1}{2}\left(2^{3+\alpha_{*}+\beta+C_{1}} C\right)^{-\frac{1}{\nu}}\left(2^{2+\beta+C_{1}}\right)^{-\frac{1+\nu}{\nu^{2}}} A^{-\frac{1}{\nu}} \\
& =: \varepsilon_{0} A^{-\frac{1}{\nu}}=\varepsilon_{0}\left(1+\frac{r^{\beta} T_{B_{r}, B_{2 r}}\left(u_{-}\right)}{a}\right)^{-\frac{1}{\nu}}
\end{aligned}
$$

which is secured by the hypothesis (5.3) with

$$
\varepsilon_{0}:=\frac{1}{2}\left(2^{3+\alpha_{*}+\beta+C_{1}} C\right)^{-\frac{1}{\nu}}\left(2^{2+\beta+C_{1}}\right)^{-\frac{1+\nu}{\nu^{2}}}
$$

With the choice of $\varepsilon_{0}$, we conclude by (5.30) that

$$
\frac{\mu\left(B_{r / 2} \cap\left\{u<\frac{a}{2}\right\}\right)}{\mu\left(B_{r / 2}\right)}=0
$$

thus showing (5.4). That is, we obtain (5.28).
It remains to prove the implication (5.29). Indeed, by Proposition 4.4, we have that $\left(\mathrm{VD}_{*}\right)$ is true. By (5.20), we have that $\left(\mathrm{EP}_{*}\right)$ is true. By (4.12), we have that $\left(\mathrm{TJ}_{*}\right)$ is true. Therefore, implication (5.29) follows from implication (5.28).
5.2. Weak Harnack inequality. In this subsection, we show the weak Harnack inequality, which will be used in deriving the oscillation inequality below.

We introduce condition $\left(\mathrm{WHI}_{*}\right)$, that is called the weak Harnack inequality .
Definition 5.9 (Weak Harnack inequality). We say that condition $\left(\mathrm{WHI}_{*}\right)$ holds if there exist three numbers $\varepsilon, \kappa_{*}, \sigma_{*}$ in $(0,1)$ such that the following is true: if a function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ is superharmonic, non-negative in $2 B_{*}$, where $B_{*}:=B_{*}\left(x_{0}, r\right)$ has radius $r \in\left(0,2^{-1} \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, and if

$$
\begin{equation*}
\frac{\mu\left(\left(\kappa_{*} B_{*}\right) \cap\{u \geq a\}\right)}{\mu\left(\kappa_{*} B_{*}\right)} \geq \frac{1}{2} \tag{5.32}
\end{equation*}
$$

and

$$
\begin{equation*}
r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(u_{-}\right) \leq \varepsilon a \tag{5.33}
\end{equation*}
$$

for some $a>0$, then

$$
\begin{equation*}
\operatorname{einf}_{\frac{\kappa *}{2} B_{*}} u \geq \varepsilon a . \tag{5.34}
\end{equation*}
$$

We remark that the three constants $\varepsilon, \kappa_{*}, \sigma_{*}$ are all independent of $B_{*}, u, a$.


Figure 6. Illustration to condition $\left(\mathrm{WHI}_{*}\right)$
To obtain the weak Harnack inequality, we need the following result on the average of logarithm function cut off by two constants, see (5.39) below. The following result is a stronger version of [11, Proposition 12.3] (see also [9, Lemma 3.7, p. 469] for the version of pure jump type Dirichlet form).

Proposition 5.10. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Let a function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ be non-negative in an open set $B \subset M$ and $\phi \in \mathcal{F} \cap L^{\infty}$ be such that $\phi=0$ in $B^{c}$. Fix any $\lambda>0$ and set $u_{\lambda}:=u+\lambda$. Then $\frac{\phi^{2}}{u_{\lambda}} \in \mathcal{F} \cap L^{\infty}$ and

$$
\begin{align*}
\mathcal{E}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right) \leq & 3 \mathcal{E}(\phi, \phi)-\frac{1}{2} \int_{M} \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)-\frac{1}{2} \iint_{B \times B}\left(\phi^{2}(x) \wedge \phi^{2}(y)\right)\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j \\
& -2 \iint_{B \times B^{c}} u_{\lambda}(y) \frac{\phi^{2}(x)}{u_{\lambda}(x)} d j . \tag{5.35}
\end{align*}
$$

Proof. It is already proved in [11, Proposition 12.3] that $\frac{\phi^{2}}{u_{\lambda}} \in \mathcal{F} \cap L^{\infty}$. We sketch its proof. Indeed, define the Lipschitz function $F(t):=\frac{1}{|t|+\lambda}$ with Lipschitz constant $\lambda^{-2}$ on $\mathbb{R}$. Then, we have $\frac{\phi^{2}}{u_{\lambda}}=F(u) \phi^{2}$ on $M$. Moreover, by Proposition $9.2(i)$, (ii) in Appendix, we can prove

$$
F(u) \in \mathcal{F}^{\prime} \quad \text { and } \quad F(u) \phi^{2} \in \mathcal{F} \cap L^{\infty}
$$

That is, $\frac{\phi^{2}}{u_{\lambda}} \in \mathcal{F} \cap L^{\infty}$.
It remains to show (5.35). Indeed, it was proved in [9, Lemma 3.7, p. 469] that

$$
\begin{align*}
\mathcal{E}^{(J)}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right) \leq & 3 \mathcal{E}^{(J)}(\phi, \phi)-\frac{1}{2} \iint_{B \times B}\left(\phi^{2}(x) \wedge \phi^{2}(y)\right)\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j(x, y) \\
& -2 \iint_{B \times B^{c}} u_{\lambda}(y) \frac{\phi^{2}(x)}{u_{\lambda}(x)} d j(x, y) \tag{5.36}
\end{align*}
$$

(noting that the existence of the jump kernel $J$ is not assumed therein).
On the other hand, by using the product and chain rules ((3.1) and (3.2)), and then using the Cauchy-Schwarz inequality (3.3), we have

$$
\begin{aligned}
\mathcal{E}^{(L)}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right) & =\int_{M} d \Gamma^{(L)}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right)=\int \frac{2 \phi}{u_{\lambda}} d \Gamma^{(L)}(u, \phi)-\int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}\left(u, u_{\lambda}\right) \\
& \leq \frac{1}{2} \int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)+2 \int d \Gamma^{(L)}(\phi)-\int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}\left(u, u_{\lambda}\right) \\
& =-\frac{1}{2} \int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)+2 \mathcal{E}^{(L)}(\phi, \phi)
\end{aligned}
$$

From this and using (5.36), we conclude that

$$
\begin{aligned}
\mathcal{E}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right)= & \mathcal{E}^{(L)}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right)+\mathcal{E}^{(J)}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right) \\
\leq & -\frac{1}{2} \int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)+2 \mathcal{E}^{(L)}(\phi, \phi)+3 \mathcal{E}^{(J)}(\phi, \phi) \\
& -\frac{1}{2} \iint_{B \times B}\left(\phi^{2}(x) \wedge \phi^{2}(y)\right)\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j(x, y) \\
& -2 \iint_{B \times B^{c}} u_{\lambda}(y) \frac{\phi^{2}(x)}{u_{\lambda}(x)} d j(x, y) \\
\leq & 3 \mathcal{E}(\phi, \phi)-\frac{1}{2} \int \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)-\frac{1}{2} \iint_{B \times B}\left(\phi^{2}(x) \wedge \phi^{2}(y)\right)\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j(x, y) \\
& -2 \iint_{B \times B^{c}} u_{\lambda}(y) \frac{\phi^{2}(x)}{u_{\lambda}(x)} d j(x, y),
\end{aligned}
$$

thus proving (5.35).

Lemma 5.11. Let $B \subset M$ be a ball and $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ be non-negative, superharmonic in $2 B$ in M. Set $u_{\lambda}:=u+\lambda$ for $\lambda>0$. Then

$$
\begin{equation*}
\int_{B} \frac{1}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)+\iint_{B \times B}\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j \leq 6 \operatorname{cap}\left(B, \frac{3}{2} B\right)+4 \iint_{\frac{3}{2} B \times(2 B)^{c}} \frac{\left(u_{\lambda}(y)\right)_{-}}{u_{\lambda}(x)} d j \tag{5.37}
\end{equation*}
$$

Proof. Let $\phi$ be the potential for the pair $\left(B, \frac{3}{2} B\right)$ so that

$$
\begin{equation*}
\mathcal{E}(\phi, \phi)=\operatorname{cap}\left(B, \frac{3}{2} B\right) \tag{5.38}
\end{equation*}
$$

By Proposition 9.2 in Appendix, one can show that

$$
\frac{\phi^{2}}{u_{\lambda}} \in \mathcal{F}\left(\frac{3}{2} B\right) \cap L^{\infty}
$$

because $0 \leq \phi \in \mathcal{F}\left(\frac{3}{2} B\right) \cap L^{\infty}$. Since $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ is superharmonic in $2 B$, we have

$$
\mathcal{E}\left(u, \frac{\phi^{2}}{u_{\lambda}}\right) \geq 0
$$

Applying Proposition 5.10 in $2 B$ instead of $B$, we obtain

$$
\begin{aligned}
\int_{M} \frac{\phi^{2}}{u_{\lambda}^{2}} d \Gamma^{(L)}(u)+\iint_{2 B \times 2 B}\left(\phi^{2}(x) \wedge \phi^{2}(y)\right)\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j & \leq 6 \mathcal{E}(\phi, \phi) \\
& -4 \iint_{2 B \times(2 B)^{c}} u_{\lambda}(y) \frac{\phi^{2}(x)}{u_{\lambda}(x)} d j
\end{aligned}
$$

Applying (5.38) and observing that $\phi=1$ on $B$ and $\phi=0$ outside $\frac{3}{2} B$, we obtain (5.37).
Lemma 5.12. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Assume that conditions $\left(\mathrm{VD}_{*}\right)$, $\left(\mathrm{Cap}_{\leq}^{*}\right)$ and $\left(\mathrm{PI}_{*}\right)$ are all satisfied. Let $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r<\frac{1}{2} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$ and a function $u \in \overline{\mathcal{F}}^{\prime} \cap L^{\infty}$ be non-negative, superharmonic in the ball $2 B_{*}$. Fix three positive numbers $a, b, \lambda$ and consider the function:

$$
v:=\left(\ln \frac{a}{u_{\lambda}}\right)_{+} \wedge b
$$

where $u_{\lambda}:=u+\lambda$. Then

$$
\begin{equation*}
f_{\kappa_{*} B_{*}} f_{\kappa_{*} B_{*}}(v(x)-v(y))^{2} d \mu(x) d \mu(y) \leq C\left(1+\frac{r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)}{\lambda}\right) \tag{5.39}
\end{equation*}
$$

where $\kappa_{*} \in(0,1]$ is the same constant as in $\left(\mathrm{PI}_{*}\right)$ and $C>0$ is a universal constant depending only on constants in conditions $\left(\mathrm{VD}_{*}\right),\left(\mathrm{Cap}_{\leq}^{*}\right)$ and $\left(\mathrm{PI}_{*}\right)$.

Proof. By the similar arguments in Proposition 5.10, we can prove that $v \in \mathcal{F} \cap L^{\infty}$. Moreover, by (3.4), (3.6) and (3.2), we obtain that

$$
\begin{aligned}
\int_{B_{*}} d \Gamma^{(L)}(v, v) & \leq \int_{B_{*}} d \Gamma^{(L)}\left(\ln \frac{a}{u_{\lambda}}, \ln \frac{a}{u_{\lambda}}\right)=\int_{B_{*}} d \Gamma^{(L)}\left(\ln u_{\lambda}, \ln u_{\lambda}\right) \\
& =\int_{B_{*}} \frac{1}{u_{\lambda}^{2}} d \Gamma^{(L)}\left(u_{\lambda}, u_{\lambda}\right)=\int_{B_{*}} \frac{1}{u_{\lambda}^{2}} d \Gamma^{(L)}(u, u)
\end{aligned}
$$

On the other hand, by the definition of $v$, we have for all $x, y \in B_{*}$,

$$
|v(x)-v(y)| \leq\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|
$$

Combining the above two inequalities, we see that, using (5.37) with $B$ being replaced by $B_{*}$,

$$
\int_{B_{*}} d \Gamma^{(L)}(v, v)+\iint_{B_{*} \times B_{*}}(v(x)-v(y))^{2} d j
$$

$$
\begin{aligned}
& \leq \int_{B_{*}} \frac{1}{u_{\lambda}} d \Gamma^{(L)}(u, u)+\iint_{B_{*} \times B_{*}}\left|\ln \frac{u_{\lambda}(y)}{u_{\lambda}(x)}\right|^{2} d j \\
& \leq 6 \operatorname{cap}\left(B_{*}, \frac{3}{2} B_{*}\right)+4 \int_{\left(\frac{3}{2} B_{*}\right) \times\left(2 B_{*}\right)^{c}} \frac{\left(u_{\lambda}(y)\right)_{-}}{u_{\lambda}(x)} d j \\
& \leq \frac{C \mu\left(\frac{3}{2} B_{*}\right)}{r^{\beta}}+4 \int_{\frac{3}{2} B_{*}} d \mu(x) \int_{\left(2 B_{*}\right)^{c}} \frac{\left(u_{\lambda}(y)\right)_{-}}{\lambda} J(x, d y) \quad\left(\text { by }\left(\mathrm{Cap}_{\leq}^{*}\right)\right) \\
& \leq C^{\prime}\left(\frac{\mu\left(B_{*}\right)}{r^{\beta}}+\frac{\mu\left(B_{*}\right)}{\lambda} \sup _{x \in \frac{3}{2} B_{*}} \int_{\left(2 B_{*}\right)^{c}}\left(u_{\lambda}(y)\right)_{-} J(x, d y)\right) \quad\left(\text { by }\left(\mathrm{VD}_{*}\right)\right) \\
& \leq C^{\prime} \frac{\mu\left(B_{*}\right)}{r^{\beta}}\left(1+\frac{r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)}{\lambda}\right)
\end{aligned}
$$

Using the above inequality and the following equality that holds for any open $\Omega$ in $M$,

$$
\iint_{\Omega \times \Omega}\left(f(x)-f(y)^{2} d \mu(x) d \mu(y)=2 \mu(\Omega) \int_{\Omega}\left(f-f_{\Omega}\right)^{2} d \mu, \quad f \in L^{2}\right.
$$

we obtain that

$$
\begin{aligned}
f_{\kappa_{*} B_{*}} f_{\kappa_{*} B_{*}}(v(x)-v(y))^{2} d \mu(x) d \mu(y) & =\frac{2}{\mu\left(\kappa_{*} B_{*}\right)} \int_{\kappa_{*} B_{*}}\left(v-v_{\kappa_{*} B_{*}}\right)^{2} d \mu \\
& \leq \frac{2 C r^{\beta}}{\mu\left(\kappa_{*} B_{*}\right)}\left(\int_{B_{*}} d \Gamma^{(L)}(v)+\iint_{B_{*} \times B_{*}}(v(x)-v(y))^{2} d j(x, y)\right) \\
& \leq \frac{2 C r^{\beta}}{\mu\left(B_{*}\right)} \cdot C^{\prime} \frac{\mu\left(B_{*}\right)}{r^{\beta}}\left(1+\frac{r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)}{\lambda}\right) \\
& =2 C C^{\prime}\left(1+\frac{r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(\left(u_{\lambda}\right)-\right)}{\lambda}\right)
\end{aligned}
$$

(where in the second line we have used $\left(\mathrm{PI}_{*}\right)$ ), which proves (5.39).
Lemma 5.13. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
\begin{equation*}
\left(\mathrm{LG}_{*}\right)+\left(\mathrm{Cap}_{\leq}^{*}\right)+\left(\mathrm{PI}_{*}\right) \Rightarrow\left(\mathrm{WHI}_{*}\right) \tag{5.40}
\end{equation*}
$$

Moreover, the constants $\kappa_{*}, \sigma_{*}$ in $\left(\mathrm{WHI}_{*}\right)$ can be taken as the same as in $\left(\mathrm{PI}_{*}\right)$ and $\left(\mathrm{LG}_{*}\right)$ respectively. Consequently,

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow\left(\mathrm{WHI}_{*}\right) \tag{5.41}
\end{equation*}
$$

Proof. Consider a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ with

$$
r \in\left(0,2^{-1} \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)
$$

where $\sigma_{*}$ is the constant from $\left(\mathrm{LG}_{*}\right)$. Assume that $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ is superharmonic, non-negative in $2 B_{*}$. Let $\lambda, b$ be two positive numbers to be determined later on. Let $u_{\lambda}:=u+\lambda$ and

$$
v:=\left(\ln \frac{a+\lambda}{u_{\lambda}}\right)_{+} \wedge b
$$

Note that $0 \leq v \leq b$ in $M$, and in $2 B_{*}$

$$
\begin{aligned}
& v=0 \quad \Leftrightarrow \quad \frac{a+\lambda}{u_{\lambda}} \leq 1 \quad \Leftrightarrow \quad u \geq a \\
& v=b \quad \Leftrightarrow \quad \frac{a+\lambda}{u_{\lambda}} \geq e^{b} \quad \Leftrightarrow \quad u_{\lambda} \leq(a+\lambda) e^{-b}=: q
\end{aligned}
$$

For simplicity, set

$$
\begin{equation*}
\omega:=\frac{\mu\left(\left(\kappa_{*} B_{*}\right) \cap\{u \geq a\}\right)}{\mu\left(\kappa_{*} B_{*}\right)}=\frac{\mu\left(\left(\kappa_{*} B_{*}\right) \cap\{v=0\}\right)}{\mu\left(\kappa_{*} B_{*}\right)}, \tag{5.42}
\end{equation*}
$$

and

$$
\begin{equation*}
m_{0}:=\frac{\mu\left(\left(\kappa_{*} B_{*}\right) \cap\left\{u_{\lambda} \leq q\right\}\right)}{\mu\left(\kappa_{*} B_{*}\right)}=\frac{\mu\left(\left(\kappa_{*} B_{*}\right) \cap\{v=b\}\right)}{\mu\left(\kappa_{*} B_{*}\right)} . \tag{5.43}
\end{equation*}
$$

Here $k_{*}$ is the same constant as in (5.39).
Therefore, applying ( $\mathrm{LG}_{*}$ ) to the function $u_{\lambda} \in \mathcal{F}^{\prime} \cap L^{\infty}$, which is superharmonic, non-negative in a ball $2 \kappa_{*} B_{*}$, we have that, if

$$
\begin{equation*}
m_{0} \leq \varepsilon_{0}\left(1+\frac{\left(\kappa_{*} r\right)^{\beta} T_{\kappa_{*} B_{*}, 2 \kappa_{*} B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)}{q}\right)^{-1 / \nu} \tag{5.44}
\end{equation*}
$$

then

$$
\begin{equation*}
\operatorname{einf}_{\frac{\kappa_{*}}{2} B_{*}} u_{\lambda} \geq \frac{q}{2} \tag{5.45}
\end{equation*}
$$

We need to verify condition (5.44).
Since $\left(u_{\lambda}\right)_{-} \leq u_{-}$in $M$ and $u$ is non-negative in $2 B_{*}$, we have

$$
A:=r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(u_{-}\right)=r^{\beta} T_{\frac{3}{2} B_{*}, 2 \kappa_{*} B_{*}}\left(u_{-}\right) \geq\left(\kappa_{*} r\right)^{\beta} T_{\kappa_{*} B_{*}, 2 \kappa_{*} B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)
$$

from which, in order to guarantee (5.44), it suffices to ensure that

$$
\begin{equation*}
m_{0} \leq \varepsilon_{0}\left(1+\frac{A}{q}\right)^{-1 / \nu} \tag{5.46}
\end{equation*}
$$

By Lemma 5.12 and using definitions (5.42) and (5.43), we see that

$$
\begin{aligned}
b^{2} m_{0} \omega & =\frac{1}{\mu\left(\kappa_{*} B_{*}\right)^{2}} \int_{\left(\kappa_{*} B_{*}\right) \cap\{v=0\}} \int_{\left(\kappa_{*} B_{*}\right) \cap\{v=b\}} b^{2} d \mu(x) d \mu(y) \\
& =\frac{1}{\mu\left(\kappa_{*} B_{*}\right)^{2}} \int_{\left(\kappa_{*} B_{*}\right) \cap\{v=0\}} \int_{\left(\kappa_{*} B_{*}\right) \cap\{v=b\}}(v(x)-v(y))^{2} d \mu(x) d \mu(y) \\
& \leq f_{\kappa_{*} B_{*}} f_{\kappa_{*} B_{*}}(v(x)-v(y))^{2} d \mu(x) d \mu(y) \\
& \leq c\left(1+\frac{r^{\beta} T_{\frac{3}{2} B_{*}, 2 B_{*}}\left(\left(u_{\lambda}\right)_{-}\right)}{\lambda}\right) \quad(\text { by }(5.39)) \\
& =c\left(1+\frac{A}{\lambda}\right) .
\end{aligned}
$$

It follows that

$$
m_{0} \leq \frac{c}{b^{2} \omega}\left(1+\frac{A}{\lambda}\right) \leq \frac{2 c}{b^{2}}\left(1+\frac{A}{\lambda}\right)
$$

where we have used the fact that $\omega \geq 1 / 2$, which is true by assumption (5.32). Hence, the condition (5.46) will be satisfied provided that

$$
\frac{2 c}{b^{2}}\left(1+\frac{A}{\lambda}\right) \leq \varepsilon_{0}\left(1+\frac{A}{q}\right)^{-1 / \nu}
$$

which is equivalent to

$$
\begin{equation*}
b^{2} \geq \frac{2 c}{\varepsilon_{0}}\left(1+\frac{A}{\lambda}\right)\left(1+\frac{A}{q}\right)^{1 / \nu} \tag{5.47}
\end{equation*}
$$

Fix a number $\varepsilon>0$ whose value will be determined later. We pick the parameters $\lambda, b$ by

$$
\lambda:=\varepsilon a, \quad b:=\ln \frac{1+\varepsilon}{4 \varepsilon} .
$$

Then we have

$$
q=(a+\lambda) e^{-b}=4 \varepsilon a,
$$

and the inequality (5.47) is equivalent to

$$
\begin{equation*}
\left(\ln \frac{1+\varepsilon}{4 \varepsilon}\right)^{2} \geq \frac{2 c}{\varepsilon_{0}}\left(1+\frac{A}{\varepsilon a}\right)\left(1+\frac{A}{4 \varepsilon a}\right)^{1 / \nu} . \tag{5.48}
\end{equation*}
$$

Since $A \leq \varepsilon a$ by assumption (5.33), the inequality (5.48) will follow if

$$
\left(\ln \frac{1+\varepsilon}{4 \varepsilon}\right)^{2} \geq \frac{4 c}{\varepsilon_{0}}\left(\frac{5}{4}\right)^{1 / \nu}
$$

which can be achieved by choosing $\varepsilon$ to be sufficiently small. With this choice of $\varepsilon$, we conclude that (5.45) holds, which implies that

$$
\underset{\frac{\varepsilon x}{2} B_{*}}{\operatorname{einf}} u \geq \frac{q}{2}-\lambda=2 \varepsilon a-\varepsilon a=\varepsilon a,
$$

thus showing (5.34).
Finally, the implication (5.41) follows directly from Propositions 4.4 and 4.7, (4.33), Lemmas 5.8 and 4.15, and the implication (5.40).
5.3. Oscillation inequalities. In this subsection, we will show the oscillation inequality for harmonic function in a ball. The oscillation inequality will be used to derive lower bound of the heat kernel. We will frequently use the notion $B_{r}:=B_{*}\left(x_{0}, r\right)$, without mentioning its center $x_{0}$, nor the new metric $d_{*}$.

We introduce condition $\left(\mathrm{OSC}_{*}\right)$ that is called the oscillation inequality.
Definition 5.14 (Oscillation inequality). We say that condition $\left(\mathrm{OSC}_{*}\right)$ holds if there exist three constants $\sigma_{*}, \varepsilon, \kappa_{*}$ in $(0,1)$ such that the following is true: for any ball $B_{r}=B_{*}\left(x_{0}, r\right)$ with $r \in\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and any function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$ that is harmonic in $B_{r}$, we have either

$$
\begin{equation*}
\underset{B_{\kappa_{*} r / 4}}{\operatorname{osc}^{2}} u \leq(1-\varepsilon) \underset{B_{r}}{\operatorname{osc}} u, \tag{5.49}
\end{equation*}
$$

or

$$
\begin{equation*}
\underset{B_{r}}{\operatorname{osc}} u \leq \varepsilon^{-1} r^{\beta} T_{B_{\frac{3}{4} r}, B_{r}}\left((u-m)_{-}+(M-u)_{-}\right), \tag{5.50}
\end{equation*}
$$

where

$$
m=\operatorname{einf}_{B_{r}} u \text { and } M=\operatorname{esup}_{B_{r}} u
$$

We mention that the constants $\sigma_{*}, \varepsilon, \kappa_{*}$ are all independent of $B_{r}, u, \bar{R}$.
Lemma 5.15. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
\left(\mathrm{WHI}_{*}\right) \Rightarrow\left(\mathrm{OSC}_{*}\right) .
$$

Consequently, we have by (5.41)

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow\left(\mathrm{WHI}_{*}\right) \Rightarrow\left(\mathrm{OSC}_{*}\right) . \tag{5.51}
\end{equation*}
$$

Proof. Let $B_{r}=B_{*}\left(x_{0}, r\right)$ with $r \in\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, where $\sigma_{*}$ is the positive constant in ( $\mathrm{WHI}_{*}$ ). For simplicity, denote by

$$
A=r^{\beta} T_{B_{\frac{3}{4} r}, B_{r}}\left((u-m)_{-}+(M-u)_{-}\right) .
$$

Consider the function $u-m \in \mathcal{F}^{\prime} \cap L^{\infty}$, which is non-negative, harmonic in $B_{r}$. Applying the weak Harnack inequality $\left(\mathrm{WHI}_{*}\right)$ in the ball $\frac{1}{2} B_{r}$ for the function $u-m$, we obtain that if

$$
\begin{equation*}
\frac{\mu\left(B_{\kappa_{*} r / 2} \cap\{u-m \geq a\}\right)}{\mu\left(B_{\kappa_{*} r / 2}\right)} \geq \frac{1}{2} \tag{5.52}
\end{equation*}
$$

where $a=\frac{M-m}{2}$ and if

$$
\begin{equation*}
(r / 2)^{\beta} T_{B_{\frac{3}{4}} r}, B_{r}\left((u-m)_{-}\right) \leq A_{1}:=r^{\beta} T_{B_{\frac{3}{4}} r}, B_{r}\left((u-m)_{-}\right) \leq \varepsilon^{\prime} a \tag{5.53}
\end{equation*}
$$

then

$$
\operatorname{einf}_{B_{\kappa_{*} r / 4}}(u-m) \geq \varepsilon^{\prime} a
$$

for some constant $\varepsilon^{\prime} \in(0,1)$.


Figure 7. Level sets of the function $u-m$
It follows that

$$
\underset{B_{\kappa_{*} r / 4}}{\operatorname{osc}} u=\underset{B_{\kappa_{*} r / 4}}{\operatorname{osc}}(u-m) \leq(M-m)-\varepsilon^{\prime} a=\left(1-\frac{\varepsilon^{\prime}}{2}\right)(M-m)=\left(1-\frac{\varepsilon^{\prime}}{2}\right) \underset{B_{r}}{\operatorname{osc}} u
$$

which implies that (5.49) holds with $\varepsilon=\varepsilon^{\prime} / 2$.
Similarly, if both conditions

$$
\begin{equation*}
\frac{\mu\left(B_{\kappa_{*} r / 2} \cap\{M-u \geq a\}\right)}{\mu\left(B_{\kappa_{*} r / 2}\right)} \geq \frac{1}{2} \tag{5.54}
\end{equation*}
$$

and

$$
\begin{equation*}
(r / 2)^{\beta} T_{B_{\frac{3}{4} r}, B_{r}}\left((M-u)_{-}\right) \leq A_{2}:=r^{\beta} T_{B_{\frac{3}{4}} r}, B_{r}\left((M-u)_{-}\right) \leq \varepsilon^{\prime} a \tag{5.55}
\end{equation*}
$$

are satisfied, then

$$
\operatorname{einf}_{B_{\kappa * r / 4}}(M-u) \geq \varepsilon^{\prime} a
$$

so that

$$
\underset{B_{\kappa_{* r} / 4}}{\mathrm{osc}} u \leq M-m-\varepsilon^{\prime} a=\left(1-\frac{\varepsilon^{\prime}}{2}\right)(M-m)=\left(1-\frac{\varepsilon^{\prime}}{2}\right) \underset{B_{r}}{\operatorname{osc}} u
$$

which again implies that (5.49) holds with $\varepsilon=\varepsilon^{\prime} / 2$.
Observing that

$$
\begin{aligned}
& u-m \geq a \quad \Leftrightarrow \quad u \geq \frac{M+m}{2} \\
& M-u \geq a \quad \Leftrightarrow \quad u \leq \frac{M+m}{2}
\end{aligned}
$$

we see that either (5.52) or (5.54) is satisfied. Hence, if both (5.53) and (5.55) are satisfied, we conclude that (5.49) is true. However, if one of (5.53) and (5.55) is not satisfied, then

$$
A \geq \frac{1}{2}\left(A_{1}+A_{2}\right) \geq \varepsilon^{\prime} a=\frac{\varepsilon^{\prime}}{2} \frac{M-m}{2}=\frac{\varepsilon^{\prime}}{4} \underset{B_{r}}{\operatorname{osc}} u
$$

which is equivalent to (5.50) with $\varepsilon=\varepsilon^{\prime} / 4$. Hence, we finish the proof by setting $\varepsilon=\frac{\varepsilon^{\prime}}{4}$.
We introduce condition $\left(\mathrm{IOS}_{*}\right)$ that is called the iterated oscillation inequality for the harmonic function.

Definition 5.16 (Iterated oscillation inequality). We say that condition ( $\mathrm{IOS}_{*}$ ) holds if there exist constants $\sigma_{*}, \gamma \in(0,1)$ and $q, C_{0}>1$ such that the following is true: for any ball $B_{r}:=$ $B_{*}\left(x_{0}, r\right)$ with $r \in\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and any function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$, which is harmonic in $B_{r}$, we have, for all $k \geq 0$,

$$
\begin{equation*}
\underset{B_{q^{-}} \operatorname{osc}_{r}}{\operatorname{osc}} u \leq C_{0} q^{-\gamma k} A \tag{5.56}
\end{equation*}
$$

where

$$
A:=r^{\beta} T_{B_{\frac{3}{4} r}, B_{r}}(u)+\|u\|_{L^{\infty}\left(B_{r}\right)}
$$

In what follows we set $r_{k}:=q^{-k} r$ and $Q_{k}:=\underset{B_{r_{k}}}{\operatorname{oscc}} u$ so that (5.56) means that

$$
\begin{equation*}
Q_{k} \leq C_{0} q^{-\gamma k} A \tag{5.57}
\end{equation*}
$$

Lemma 5.17. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
\left(\mathrm{OSC}_{*}\right)+\left(\mathrm{TJ}_{*}\right) \Rightarrow\left(\mathrm{IOS}_{*}\right)
$$

Consequently, we have by (5.51)

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow\left(\mathrm{IOS}_{*}\right) \tag{5.58}
\end{equation*}
$$

Proof. We will prove (5.57) by induction in $k$. For $k=0,1$, it is trivial, since

$$
Q_{1} \leq Q_{0}=\underset{B_{r}}{\operatorname{osc}} u \leq 2\|u\|_{L^{\infty}\left(B_{r}\right)} \leq 2 A=2 q^{\gamma}\left(q^{-\gamma} A\right)
$$

so that (5.57) holds, provided that

$$
C_{0} \geq 2 q^{\gamma}
$$

In the sequel, we will choose three constants $q, \gamma, C_{0}$ in the following order: first choosing a large number $q$, then specifying a small number $\gamma$, and finally picking up a large constant $C_{0}$.

Assume that (5.57) holds up to some integer $k$ with $k \geq 1$. We show that it also holds for $k+1$. To see this, let $q \geq 4 / \kappa_{*}$ where $\kappa_{*}$ comes from $\left(\mathrm{OSC}_{*}\right)$. Applying condition $\left(\mathrm{OSC}_{*}\right)$ over $B_{r_{k}}$, we obtain that

$$
\begin{equation*}
\text { either } \quad Q_{k+1} \leq(1-\varepsilon) Q_{k} \quad \text { or } \quad Q_{k} \leq \varepsilon^{-1} A_{k} \tag{5.59}
\end{equation*}
$$

where $\varepsilon \in(0,1)$ is the constant from $\left(\mathrm{OSC}_{*}\right)$, and $A_{k}$ is given by

$$
\begin{equation*}
A_{k}=r_{k}^{\beta} T_{\frac{3}{4} B_{r_{k}}, B_{r_{k}}}\left(\left(u-m_{k}\right)_{-}+\left(M_{k}-u\right)_{-}\right)=r_{k}^{\beta} T_{\frac{3}{4} B_{r_{k}}, B_{r_{k}}}(v) \tag{5.60}
\end{equation*}
$$

with $v:=\left(u-m_{k}\right)_{-}+\left(M_{k}-u\right)_{-}$, and

$$
m_{k}:=\operatorname{einf}_{B_{r_{k}}}^{\operatorname{einf}} u, \quad M_{k}:=\operatorname{esup}_{B_{r_{k}}} u
$$

In the first case in (5.59), that is, when

$$
Q_{k+1} \leq(1-\varepsilon) Q_{k}
$$

we obtain by induction hypothesis that

$$
Q_{k+1} \leq(1-\varepsilon) C_{0} q^{-\gamma k} A=(1-\varepsilon) q^{\gamma} C_{0} q^{-\gamma(k+1)} A \leq C_{0} q^{-\gamma(k+1)} A
$$

provided that

$$
\begin{equation*}
(1-\varepsilon) q^{\gamma} \leq 1 \tag{5.61}
\end{equation*}
$$

In the second case in (5.59) when

$$
\begin{equation*}
Q_{k} \leq \varepsilon^{-1} A_{k} \tag{5.62}
\end{equation*}
$$

we will prove that

$$
\begin{equation*}
Q_{k} \leq C_{0} q^{-\gamma(k+1)} A \tag{5.63}
\end{equation*}
$$

by choosing the suitable values of the constants $q, \gamma, C_{0}$. Since $Q_{k+1} \leq Q_{k}$, this will conclude the proof of the induction step.

In order to prove (5.63), we will estimate $A_{k}$ (defined in (5.60)) by using the induction hypothesis

$$
\begin{equation*}
Q_{j} \leq C_{0} q^{-\gamma j} A \text { for } j=0,1, \ldots, k \tag{5.64}
\end{equation*}
$$

Indeed, let us decompose $T_{\frac{3}{4} B_{r_{k}}, B_{r_{k}}}(v)$ as follows:

$$
\begin{align*}
T_{\frac{3}{4} B_{r_{k}}, B_{r_{k}}}(v) & =\operatorname{esup}_{x \in \frac{3}{4} B_{r_{k}}} \int_{B_{r_{k}}^{c}} v(y) J(x, d y) \\
& =\operatorname{esup}_{x \in \frac{3}{4} B_{r_{k}}}\left(\sum_{i=0}^{k-1} \int_{B_{r_{i}} \backslash B_{r_{i+1}}} v(y) J(x, d y)+\int_{B_{r}^{c}} v(y) J(x, d y)\right) . \tag{5.65}
\end{align*}
$$

Observe that, for any $0 \leq i \leq k$,

$$
\begin{equation*}
v=\left(u-m_{k}\right)_{-}+\left(M_{k}-u\right)_{-} \leq Q_{i}-Q_{k} \text { in } B_{r_{i}} . \tag{5.66}
\end{equation*}
$$

Indeed, if $m_{k} \leq u \leq M_{k}$ in $B_{r_{i}}$, then $v=0$ in $B_{r_{i}}$, and (5.66) is trivial by using the fact that $Q_{i}-Q_{k} \geq 0$ for any $i \leq k$. If $u<m_{k}$ in $B_{r_{i}}$, we have in $B_{r_{i}}$

$$
v=m_{k}-u \leq m_{k}-m_{i} \leq m_{k}-m_{i}+M_{i}-M_{k}=Q_{i}-Q_{k}
$$

thus showing that (5.66) holds. Similarly, if $u>M_{k}$ in $B_{r_{i}}$, then

$$
v=u-M_{k} \leq M_{i}-M_{k} \leq M_{i}-M_{k}+\left(m_{k}-m_{i}\right)=Q_{i}-Q_{k} \text { in } B_{r_{i}}
$$

showing that (5.66) holds again.


Figure 8. Balls $B_{r_{k}}$ and $B_{r_{i}}$
Therefore, by Proposition 9.6 in Appendix and using condition $\left(T J_{*}\right)$, we obtain from (5.66) that for any $0 \leq i<k$,

$$
\begin{aligned}
\operatorname{esup}_{x \in \frac{3}{4} B_{r_{k}}} \int_{B_{r_{i}} \backslash B_{r_{i+1}}} v(y) J(x, d y) & \leq\left(Q_{i}-Q_{k}\right) \operatorname{esup}_{x \in \frac{3}{4} B_{r_{k}}} \int_{B_{r_{i}} \backslash B_{r_{i+1}}} J(x, d y) \\
& \leq\left(Q_{i}-Q_{k}\right) \operatorname{esup}_{x \in \frac{3}{4} B_{r_{i+1}}} \int_{B\left(x, r_{i+1} / 4\right)^{c}} J(x, d y) \\
& \leq \frac{c\left(Q_{i}-Q_{k}\right)}{\left(r_{i+1} / 4\right)^{\beta}}
\end{aligned}
$$

where $c>1$ is the constant from condition $\left(\mathrm{TJ}_{*}\right)$.
On the other hand, by Proposition 9.5 in Appendix, we have

$$
v(y) \leq|u(y)|+\max \left(\left|m_{k}\right|,\left|M_{k}\right|\right) \leq|u(y)|+\|u\|_{L^{\infty}\left(B_{r}\right)} \text { for every } y \in M
$$

Using $\left(\mathrm{TJ}_{*}\right)$, we obtain that, for any $k \geq 1$,

$$
\operatorname{esup}_{x \in \frac{3}{4} B_{r_{k}}} \int_{B_{r}^{c}} v(y) J(x, d y) \leq \operatorname{esup}_{x \in B_{3 r / 4}} \int_{B_{r}^{c}}\left(|u(y)|+\|u\|_{L^{\infty}\left(B_{r}\right)}\right) J(x, d y)
$$

$$
\begin{aligned}
& \leq T_{\frac{3}{4} B_{r}, B_{r}}(u)+\|u\|_{L^{\infty}\left(B_{r}\right)} \operatorname{esup}_{x \in B_{3 r / 4}} \int_{B(x, r / 4)^{c}} J(x, d y) \\
& \leq T_{\frac{3}{4} B_{r}, B_{r}}(u)+\frac{c\|u\|_{L^{\infty}\left(B_{r}\right)}}{(r / 4)^{\beta}} \leq \frac{4^{\beta} c A}{r^{\beta}} .
\end{aligned}
$$

Therefore, it follows from (5.65) that

$$
T_{\frac{3}{4} B_{r_{k}}, B_{r_{k}}}(v) \leq c 4^{\beta} \sum_{i=0}^{k-1} \frac{Q_{i}-Q_{k}}{r_{i+1}^{\beta}}+\frac{4^{\beta} c A}{r^{\beta}}
$$

which together with (5.60) and the fact that $q \geq 4 / \kappa_{*}$ implies that

$$
\begin{align*}
A_{k} & =\left(r_{k}\right)^{\beta} T_{\frac{3}{4}} B r_{k}, B_{r_{k}} \\
& (v) \leq c 4^{\beta} \sum_{i=0}^{k-1}\left(\frac{r_{k}}{r_{i+1}}\right)^{\beta}\left(Q_{i}-Q_{k}\right)+4^{\beta} c\left(\frac{r_{k}}{r}\right)^{\beta} A  \tag{5.67}\\
& \leq C \sum_{i=0}^{k-1} q^{\beta(i+1-k)}\left(Q_{i}-Q_{k}\right)+C q^{-k \beta} A .
\end{align*}
$$

Assuming that $\gamma<\beta$ and using the induction hypothesis (5.64), we obtain

$$
\begin{aligned}
\sum_{i=0}^{k-1} q^{\beta(i+1-k)} Q_{i} & \leq \sum_{i=0}^{k-1} q^{\beta(i+1-k)} \cdot C_{0} q^{-\gamma i} A=C_{0} A q^{-(k-1) \gamma} \sum_{i=0}^{k-1} q^{(\beta-\gamma)(i+1-k)} \\
& =C_{0} A q^{-(k-1) \gamma} \sum_{j=0}^{k-1} q^{-(\beta-\gamma) j} \leq C_{0} A \frac{q^{-(k-1) \gamma}}{1-q^{-(\beta-\gamma)}}
\end{aligned}
$$

Noting also that

$$
\sum_{i=0}^{k-1} q^{\beta(i+1-k)} \geq 1
$$

for $k \geq 1$, it follows from (5.67) that

$$
A_{k} \leq C C_{0} A \frac{q^{-(k-1) \gamma}}{1-q^{-(\beta-\gamma)}}-C Q_{k}+C q^{-k \beta} A
$$

This together with (5.62) implies that

$$
Q_{k} \leq \frac{A_{k}}{\varepsilon} \leq \frac{C C_{0} A}{\varepsilon} \frac{q^{-(k-1) \gamma}}{1-q^{-(\beta-\gamma)}}-\frac{C}{\varepsilon} Q_{k}+\frac{C}{\varepsilon} q^{-k \beta} A
$$

which gives that

$$
Q_{k} \leq \frac{C}{C+\varepsilon}\left(C_{0} \frac{q^{-(k-1) \gamma}}{1-q^{-(\beta-\gamma)}}+q^{-k \beta}\right) A
$$

To ensure (5.63), it suffices to have

$$
\frac{C}{C+\varepsilon}\left(C_{0} \frac{q^{-(k-1) \gamma}}{1-q^{-(\beta-\gamma)}}+q^{-k \beta}\right) A \leq C_{0} q^{-(k+1) \gamma} A
$$

that is,

$$
\begin{equation*}
\frac{q^{2 \gamma}}{1-q^{-(\beta-\gamma)}}+\frac{1}{C_{0}} q^{\gamma-k(\beta-\gamma)} \leq 1+\frac{\varepsilon}{C} \tag{5.68}
\end{equation*}
$$

Now first choose $q \geq 4 / \kappa_{*}$ to be so large that

$$
\frac{1}{1-q^{-\frac{\beta}{2}}}<1+\frac{\varepsilon}{C}
$$

and then choose $\gamma \in(0, \beta / 2)$ so small that both (5.61) and

$$
\frac{q^{2 \gamma}}{1-q^{-\beta / 2}}<1+\frac{\varepsilon}{C}
$$

are satisfied. Since $\beta-\gamma>\beta / 2$, it follows that

$$
\frac{q^{2 \gamma}}{1-q^{-(\beta-\gamma)}}<\frac{q^{2 \gamma}}{1-q^{-\beta / 2}}<1+\frac{\varepsilon}{C}
$$

Finally, we choose $C_{0}$ so big that (5.68) is satisfied.
We introduce condition $\left(\mathrm{OSL}_{*}\right)$ that is called the oscillation lemma for harmonic functions on a ball. This condition says that any harmonic function is locally uniformly Hölder continuous.

Definition 5.18 (Oscillation lemma). We say that condition $\left(\mathrm{OSL}_{*}\right)$ holds if there exist three positive constants $\sigma_{*} \in(0,1)$ and $\gamma, C$ such that for any ball $B_{r}:=B_{*}\left(x_{0}, r\right)$ with $r \in$ $\left(0, \sigma_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and any function $u \in \mathcal{F}^{\prime} \cap L^{\infty}$, which is harmonic in $B_{r}$, we have for any $\rho \in(0, r]$,

$$
\begin{equation*}
\underset{B_{\rho}}{\operatorname{osc}} u \leq C\left(\frac{\rho}{r}\right)^{\gamma}\left(r^{\beta} T_{\frac{3}{4} B_{r}, B_{r}}(|u|)+\|u\|_{L^{\infty}\left(B_{r}\right)}\right) . \tag{5.69}
\end{equation*}
$$

We mention that constants $\sigma_{*}, \gamma$ and $C$ are independent of $B_{r}, u, \rho$.
Lemma 5.19. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Then

$$
\left(\mathrm{IOS}_{*}\right) \Rightarrow\left(\mathrm{OSL}_{*}\right)
$$

Moreover, the constant $\gamma$ in (5.69) of condition ( $\mathrm{OSL}_{*}$ ) can be taken as the same as that in (5.57) of condition $\left(\mathrm{IOS}_{*}\right)$. Consequently, we have by (5.58) that

$$
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow\left(\mathrm{OSL}_{*}\right)
$$

Proof. Let $C_{0}, \gamma, q$ be the same constants as in (5.57) of condition $\left(\operatorname{IOS}_{*}\right)$. As $\rho \in(0, r]$, there exists an integer $k \geq 0$ such that

$$
q^{-(k+1)}<\frac{\rho}{r} \leq q^{-k}
$$

It follows from $\left(\mathrm{IOS}_{*}\right)$ that

$$
\underset{B_{\rho}}{\operatorname{Osc}} u \leq \underset{B_{q}-k_{r}}{\operatorname{osc}} u \leq C_{0} q^{-k \gamma} A=C_{0} q^{\gamma}\left(q^{-(k+1)}\right)^{\gamma} A \leq C_{0} q^{\gamma}\left(\frac{\rho}{r}\right)^{\gamma} A,
$$

thus showing (5.69) with $C=C_{0} q^{\gamma}$.

## 6. HÖLDER CONTINUITY

In this section, we show the Hölder continuity of the heat solution, including the harmonic function.
6.1. Green operator and mean exit time. Let $\Omega \subset M$ be a non-empty open set. Note that if

$$
G^{\Omega} 1:=\int_{0}^{\infty} P_{t}^{\Omega} \mathbf{1}_{\Omega} d t \in L^{\infty}(\Omega)
$$

then $G^{\Omega}$ can be extended to a bounded operator on $L^{2}(\Omega)$ that satisfies the identity $G^{\Omega}=$ $\left(\mathcal{L}^{\Omega}\right)^{-1}$, see for example [17, Lemma 3.2, p. 1232] ${ }^{1}$. The function $G^{\Omega} 1$ is called the mean exit time from the set $\Omega$.

[^1]Lemma 6.1 ([9, Lemma 5.1]). If $G^{\Omega} 1 \in L^{\infty}(\Omega)$, then the function $u=G^{\Omega} f$, for any $f \in L^{2}(\Omega)$, belongs to $\mathcal{F}(\Omega)$ and satisfies the identity

$$
\mathcal{E}(u, \varphi)=(f, \varphi) \text { for any } \varphi \in \mathcal{F}(\Omega)
$$

If in addition $f \geq 0$, then $u$ is superharmonic in $\Omega$.
Definition 6.2. We say that condition ( $\mathrm{E}_{\leq}^{*}$ ) holds, if there exist two constants $\delta_{*}, C>0$ such that for all balls $B_{*}:=B\left(x_{0}, r\right)$ of radius $r<\delta_{*} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$,

$$
\left\|G^{B_{*}} 1\right\|_{L^{\infty}} \leq C r^{\beta}
$$

We say that condition $\left(\mathrm{E}_{\geq}^{*}\right)$ holds, if there exists a constant $C>0$ such that for all balls $B_{*}:=B\left(x_{0}, r\right)$ of radius $r<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$,

$$
\inf _{\frac{1}{4} B_{*}} G^{B_{*}} 1 \geq C^{-1} r^{\beta}
$$

We say that condition $\left(\mathrm{E}_{*}\right)$ holds if both conditions $\left(\mathrm{E}_{\leq}^{*}\right)$ and $\left(\mathrm{E}_{\geq}^{*}\right)$ are satisfied.
Definition 6.3 (condition $\left(\mathrm{S}_{*}\right)$ ). We say that condition $\left(\mathrm{S}_{*}\right)$ holds, if there exist two small constants $\varepsilon, \delta_{*}$ in $(0,1)$ such that for all metric balls $B_{*}=B_{*}(x, r)$ of radius $r<W(x, \bar{R})^{1 / \beta}$,

$$
\begin{equation*}
P_{t}^{B_{*}} \mathbf{1}_{B_{*}} \geq \varepsilon \text { in } \frac{1}{4} B_{*} \tag{6.1}
\end{equation*}
$$

provided that $t^{1 / \beta} \leq \delta_{*} r$.
Lemma 6.4. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Then

$$
\begin{equation*}
\left(\mathrm{FK}_{*}\right) \Rightarrow\left(\mathrm{E}_{\leq}^{*}\right) \tag{6.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{LG}_{*}\right)+\left(\mathrm{Cap}_{\leq}^{*}\right) \Rightarrow\left(\mathrm{E}_{\geq}^{*}\right) \tag{6.3}
\end{equation*}
$$

Consequently,

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{Gcap})+(\mathrm{PI})+(\mathrm{TJ}) \Rightarrow\left(\mathrm{E}_{*}\right) \Rightarrow\left(\mathrm{S}_{*}\right) \tag{6.4}
\end{equation*}
$$

Proof. One can follow the proof of [11, Lemma 12.2] to obtain the first implication (6.2), and follow the proof of [11, Lemma 12.4] to obtain the second implication (6.3).

Proposition 4.4 shows that $(\mathrm{VD})+(\mathrm{RVD})$ implies $\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right)$. Proposition 4.7 shows that (PI) implies $\left(\mathrm{PI}_{*}\right)$. Hence, it is shown in (4.33) that $\left(\mathrm{FK}_{*}\right)$ holds true. Then, Lemma 5.8 shows that $\left(\mathrm{LG}_{*}\right)$ holds true. On the other hand, condition ( $\mathrm{Cap}_{\leq}^{*}$ ) follows from (2.12) and Lemma 4.15. Finally, the first implication in (6.4) follows from the implications (6.2) and (6.3). The second implication in (6.4) follows from the same arguments in the proof of [11, Proposition 13.4].

Remark 6.5. One can also use [11, Theorem 14.1] to obtain condition $\left(\mathrm{S}_{*}\right)$. Indeed, as mentioned in the proof of Lemma 6.4, we have

$$
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI}) \Rightarrow\left(\mathrm{FK}_{*}\right)
$$

Then, by Proposition 4.13, condition (FK) holds true, and hence, it follows from [11, Theorem 14.1] that condition (S) (see Definition 7.13) holds rue. Finally, by Proposition 4.3 and by the method in the proof of [12, Proposition $6.4(2)]$, we can obtain condition $\left(\mathrm{S}_{*}\right)$ from (S) (note that condition $\left(\mathrm{S}_{*}\right)$ in [12, Proposition $\left.6.4(2)\right]$ looks different from that in this paper, because $\bar{R}=\operatorname{diam} M$ in [12, Proposition $6.4(2)]$ and $\bar{R} \leq \operatorname{diam} M$ in this paper. However, the method in $[12$, Proposition $6.4(2)]$ still works in the case when $\bar{R} \leq \operatorname{diam} M)$.
6.2. Oscillation inequality for solutions of Poisson equation. We study the oscillation of the weak solution of the Poisson-type equation on domain $\Omega$ by using Lemma 5.19 in Subsection 5.3. This property will be used to show the Hölder continuity of the heat kernel later on.

For a non-empty open set $\Omega \subset M$ and $f \in L^{2}(\Omega)$, we say that a function $u \in \mathcal{F}$ solves weakly the equation (called the Poisson-type equation)

$$
\begin{equation*}
\mathcal{L} u=f \text { in } \Omega \tag{6.5}
\end{equation*}
$$

if for any $\phi \in \mathcal{F}(\Omega)$,

$$
\mathcal{E}(u, \phi)=(f, \phi)
$$

Proposition 6.6. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Assume that $u \in \mathcal{F}$ solves weakly the equation (6.5) for some $f \in L^{2}(\Omega)$. Let $B$ be a non-empty open subset of $\Omega$.
(1) If $v \in \mathcal{F}$ solves weakly the equation $\mathcal{L} v=f$ in $B$, then $u-v$ is harmonic in $B$.
(2) If $\left\|G^{B} 1\right\|_{L^{\infty}}<\infty$, then $u-G^{B} f$ is harmonic in $B$.

Proof. (a) By the definition of weak solution, we see for any $\phi \in \mathcal{F}(B) \subset \mathcal{F}(\Omega)$

$$
\mathcal{E}(u, \phi)=(f, \phi) \quad \text { and } \quad \mathcal{E}(v, \phi)=(f, \phi)
$$

from which, it follows that

$$
\mathcal{E}(u-v, \phi)=0
$$

thus showing that $u-v$ is harmonic in $B$.
(b) If $\left\|G^{B} 1\right\|_{L^{\infty}}<\infty$, then by Lemma 6.1, the function $v=G^{B} f$ belongs to $\mathcal{F}(B)$ and satisfies

$$
\mathcal{E}(v, \phi)=(f, \phi)
$$

for any $\phi \in \mathcal{F}(B)$, that is, the function $v$ solves weakly the equation $\mathcal{L} v=f$ in $B$. We conclude by ( $a$ ) that $u-G^{B} f$ is harmonic in $B$.

The following gives the oscillation of the weak solution of the Poisson-type equation.
Lemma 6.7. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that conditions $\left(\mathrm{FK}_{*}\right),\left(\mathrm{TJ}_{*}\right),\left(\mathrm{OSL}_{*}\right)$ are all satisfied. Let $C_{0} \geq 1$ and $\Omega$ be any open subset of $M$ containing a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ of radius $r \in\left(0, C_{0} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$. If the function $u \in \mathcal{F}(\Omega) \cap L^{\infty}$ solves weakly the equation (6.5) for $f \in L^{2} \cap L^{\infty}(\Omega)$, then for any $0<\rho \leq r$

$$
\begin{equation*}
\underset{B_{*}\left(x_{0}, \rho\right)}{\mathrm{OSc}} u \leq C\left(\frac{\rho}{r}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)}+C r^{\beta}\|f\|_{L^{\infty}\left(B_{*}\right)} \tag{6.6}
\end{equation*}
$$

where $\gamma$ is the constant from condition $\left(\mathrm{OSL}_{*}\right)$ and $C$ is independent of $B_{*}, u, \Omega, \rho, f, \bar{R}$. Consequently,

$$
\begin{equation*}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow \text { inequality }(6.6) \tag{6.7}
\end{equation*}
$$

Proof. Let $\delta_{*}$ be the constant from $\left(\mathrm{E}_{\leq}^{*}\right)$ and $\sigma_{*}$ be the constant from $\left(\mathrm{OSL}_{*}\right)$. We consider two cases.

Case 1. $r<\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}$. Note that condition $\left(\mathrm{FK}_{*}\right)$ implies condition ( $\mathrm{E}_{\leq}^{*}$ ) by (6.2), that is, we have

$$
\left\|G^{B_{*}} 1\right\|_{L^{\infty}} \leq C r^{\beta}
$$

From this, we see that

$$
\begin{equation*}
\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)} \leq\left\|G^{B_{*}} 1\right\|_{L^{\infty}}\|f\|_{L^{\infty}\left(B_{*}\right)} \leq C r^{\beta}\|f\|_{L^{\infty}\left(B_{*}\right)} \tag{6.8}
\end{equation*}
$$

In particular, we have $\left\|G^{B_{*}} 1\right\|_{L^{\infty}}<\infty$. Consider the function

$$
v:=u-G^{B_{*}} f
$$

Clearly, we see that $v \in \mathcal{F}(\Omega) \cap L^{\infty}$. By Proposition 6.6, the function $v$ is harmonic in $B_{*}$. It follows from condition $\left(\mathrm{OSL}_{*}\right)$ that for any $0<\rho \leq r$

$$
\begin{equation*}
\underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{osc}} v \leq C\left(\frac{\rho}{r}\right)^{\gamma}\left(r^{\beta} T_{\frac{3}{4} B_{*}, B_{*}}(|v|)+\|v\|_{L^{\infty}\left(B_{*}\right)}\right) . \tag{6.9}
\end{equation*}
$$

Since $u=G^{B_{*}} f=0$ in $\Omega^{c}$, using Proposition 9.5 in Appendix, we obtain by condition ( $\mathrm{TJ}_{*}$ ) that

$$
\begin{aligned}
T_{\frac{3}{4} B_{*}, B_{*}}(v) & \leq \operatorname{esup}_{x \in \frac{3}{4} B_{*}} \int_{B_{*}^{c}}\left(|u(y)|+\left|G^{B_{*}} f(y)\right|\right) J(x, d y) \\
& \leq\left(\|u\|_{L^{\infty}(\Omega)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}\right) \operatorname{esup}_{x \in \frac{3}{4} B_{*}} \int_{B_{*}^{c}} J(x, d y) \\
& \leq\left(\|u\|_{L^{\infty}(\Omega)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}\right) \operatorname{esup}_{x \in \frac{3}{4} B_{*}} \int_{B_{*}(x, r / 4)^{c}} J(x, d y) \\
& \leq\left(\|u\|_{L^{\infty}(\Omega)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}\right) \frac{C}{(r / 4)^{\beta}}
\end{aligned}
$$

Substituting this into (6.9) and using the fact that

$$
\|v\|_{L^{\infty}\left(B_{*}\right)} \leq\|u\|_{L^{\infty}\left(B_{*}\right)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}
$$

we obtain

$$
\begin{equation*}
\underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{osc}} v \leq C\left(\frac{\rho}{r}\right)^{\gamma}\left(\|u\|_{L^{\infty}(\Omega)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}\right) . \tag{6.10}
\end{equation*}
$$

Therefore, we conclude by (6.10) and (6.8) that

$$
\begin{aligned}
\underset{B_{*}\left(x_{0}, \rho\right)}{\mathrm{OSc}} u & \leq \underset{B_{*}\left(x_{0}, \rho\right)}{\mathrm{OSc}} v+\underset{B_{*}\left(x_{0}, \rho\right)}{\mathrm{OSc}} G^{B_{*}} f \\
& \leq C\left(\frac{\rho}{r}\right)^{\gamma}\left(\|u\|_{L^{\infty}(\Omega)}+\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)}\right)+2\left\|G^{B_{*}} f\right\|_{L^{\infty}\left(B_{*}\right)} \\
& \leq C\left(\frac{\rho}{r}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)}+C r^{\beta}\|f\|_{L^{\infty}\left(B_{*}\right)},
\end{aligned}
$$

thus showing (6.6).
Case 2. $\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta} \leq r<C_{0} W\left(x_{0}, \bar{R}\right)^{1 / \beta}$ with $C_{0} \geq 1$ when $\bar{R}<\infty$.
If $\rho<\frac{1}{3}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, then, applying the result in Case 1 for $r=\frac{1}{2}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, we obtain that

$$
\begin{aligned}
\underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{Osc}} u \leq & C\left(\frac{\rho}{\frac{1}{2}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)} \\
& +C\left(\frac{1}{3}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)^{\beta}\|f\|_{L^{\infty}\left(B_{*}\left(x_{0}, \frac{1}{2}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)\right)} \\
\leq & \left(2\left(\delta_{*} \wedge \sigma_{*}\right)^{-1} C_{0}\right)^{\gamma} C\left(\frac{\rho}{C_{0} W\left(x_{0} \bar{R}\right)^{1 / \beta}}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)}+C r^{\beta}\|f\|_{L^{\infty}\left(B_{*}\right)} \\
\leq & \left(2\left(\delta_{*} \wedge \sigma_{*}\right)^{-1} C_{0}\right)^{\gamma} C\left(\frac{\rho}{r}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)}+C r^{\beta}\|f\|_{L^{\infty}\left(B_{*}\right)},
\end{aligned}
$$

which is (6.6).
If $\rho \geq \frac{1}{3}\left(\delta_{*} \wedge \sigma_{*}\right) W\left(x_{0}, \bar{R}\right)^{1 / \beta}$, then, $\frac{r}{\rho} \leq \frac{3 C_{0}}{\delta_{*} \wedge \sigma_{*}}$. Hence,

$$
\underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{osc}} u=\left(\frac{r}{\rho}\right)^{\gamma}\left(\frac{\rho}{r}\right)^{\gamma} \underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{osc}} u \leq 2\left(\frac{3 C_{0}}{\left(\delta_{*} \wedge \sigma_{*}\right)}\right)^{\gamma}\left(\frac{\rho}{r}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)},
$$

which implies (6.6).
Finally, the implication (6.7) follows directly from Lemma 5.19 by using the facts that (PI) $\Rightarrow$ $\left(\mathrm{PI}_{*}\right) \Rightarrow\left(\mathrm{FK}_{*}\right)($ see $(4.15)$ and $(4.33))$ and $(\mathrm{TJ}) \Rightarrow\left(\mathrm{TJ}_{*}\right)$ (see (4.12)).
6.3. Estimates for the heat semigroup solutions. We derive the $L^{\infty}$-estimate of the heat semigroup solutions on any open subset. The following gives the $L^{1} \rightarrow L^{\infty}$ ultra-contractivity of the heat semigroup $\left\{P_{t}^{B_{*}}\right\}$ from condition $\left(\operatorname{Nash}_{*}\right)$ (cf. [2, Theorem 2.1]).

Lemma 6.8. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. If condition ( $\mathrm{Nash}_{*}$ ) holds, then for any ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ of radius $r>0$, the operator $P_{t}^{B_{*}}$ satisfies that for any $t>0$

$$
\begin{equation*}
\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{\infty}} \leq\left\|P_{t / 2}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}^{2} \leq \frac{C(\nu) r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-\frac{1}{\nu}} \tag{6.11}
\end{equation*}
$$

where $\nu>0$ comes from condition $\left(\mathrm{Nash}_{*}\right)$. Consequently, we have for any $t>0$

$$
\begin{equation*}
\left\|P_{t}^{B_{*}} f\right\|_{L^{\infty}} \leq\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{\infty}}\|f\|_{L^{1}\left(B_{*}\right)} \leq \frac{C(\nu) r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-\frac{1}{\nu}}\|f\|_{L^{1}\left(B_{*}\right)} \tag{6.12}
\end{equation*}
$$

Moreover, we have by (4.21)

$$
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI}) \Rightarrow\left(\mathrm{Nash}_{*}\right) \Rightarrow \text { inequalities (6.11) and (6.12). }
$$

Proof. Since $P_{t}^{B_{*}}$ is symmetric, we see by duality

$$
\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}=\left\|P_{t}^{B_{*}}\right\|_{L^{2} \rightarrow L^{\infty}}
$$

from which, using the semigroup property, we see that

$$
\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{\infty}} \leq\left\|P_{t / 2}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}^{2}
$$

By condition $\left(\mathrm{Nash}_{*}\right)$, for all $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r>0$ and all $u \in \mathcal{F}\left(B_{*}\right)$

$$
\|u\|_{L^{2}}^{2(1+\nu)} \leq \frac{C r^{\beta}}{V_{*}\left(x_{0}, r\right)^{\nu}}\left(\mathcal{E}(u, u)+W\left(x_{0}, \bar{R}\right)^{-1}\|u\|_{L^{2}}^{2}\right)\|u\|_{L^{1}}^{2 \nu}=: A\left(\mathcal{E}(u, u)+\delta\|u\|_{L^{2}}^{2}\right)\|u\|_{L^{1}}^{2 \nu}
$$

where $A, \delta$ are given by

$$
A=\frac{C r^{\beta}}{V_{*}\left(x_{0}, r\right)^{\nu}} \quad \text { and } \quad \delta=W\left(x_{0}, \bar{R}\right)^{-1}
$$

Applying [2, Theorem 2.1 and its proof on Line 8 on p. 252] wherein $\nu$ being replaced by $\frac{2}{\nu}$, it follows that

$$
\exp (-2 \delta t)\left\|P_{t}^{B_{*}} f\right\|_{L^{2}}^{2}=u(t) \leq\left(\frac{2 \nu t}{A}\right)^{-1 / \nu}\|f\|_{L^{1}}^{2}
$$

for any $t>0$ and any non-negative $f$ in $L^{2}\left(B_{*}\right) \cap L^{1}$, that is,

$$
\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}^{2} \leq \exp (2 \delta t)\left(\frac{A}{2 \nu t}\right)^{1 / \nu}=\left(\frac{C}{2 \nu}\right)^{1 / \nu} \frac{r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(2 t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-\frac{1}{\nu}}
$$

thus showing (6.11).
Lemma 6.9. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Let $B_{*}:=B_{*}\left(x_{0}, r\right) \subset M$ be a ball of radius $r>0$, and $\Omega$ an open subset of $B_{*}$. Set $u=P_{t}^{\Omega} f$ for $f \in L^{1}(\Omega) \cap L^{2}$. If condition ( $\mathrm{Nash}_{*}$ ) holds, then for any $t>0$,

$$
\begin{equation*}
\left\|\partial_{t} u(\cdot, t)\right\|_{L^{\infty}(\Omega)} \leq \frac{C r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-\left(1+\frac{1}{\nu}\right)}\|f\|_{L^{1}(\Omega)} \tag{6.13}
\end{equation*}
$$

where $\partial_{t} u(\cdot, t)$ is the Fréchet derivative of the $L^{2}(\Omega)$-valued function $t \mapsto u(\cdot, t)$. Moreover, for all $t \geq s>0$,

$$
\begin{equation*}
\|u(\cdot, t)-u(\cdot, s)\|_{L^{\infty}} \leq C(t-s) \frac{r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(s W\left(x_{0}, \bar{R}\right)^{-1}\right) s^{-\left(1+\frac{1}{\nu}\right)}\|f\|_{L^{1}(\Omega)} \tag{6.14}
\end{equation*}
$$

Here $\nu>0$ is the same as in condition $\left(\mathrm{Nash}_{*}\right)$ and constant $C$ depends only on condition $\left(\mathrm{NaSh}_{*}\right)$.

Proof. Let $f \in L^{1}(\Omega) \cap L^{2}$ be non-negative in $M$. Since $P_{t}^{\Omega}$ is contractive in $L^{2}$ and

$$
P_{t}^{\Omega} f=P_{s}^{\Omega} P_{t-s}^{\Omega} f
$$

for any $t>0$ and any $s \in(0, t)$, we have

$$
\partial_{t}\left(P_{t}^{\Omega} f\right)=P_{s}^{\Omega}\left(\partial_{t} P_{t-s}^{\Omega} f\right)
$$

From this and using the following general inequality (see [17, Lemma 5.4])

$$
\begin{equation*}
\left\|\partial_{s}\left(P_{s}^{\Omega} f\right)\right\|_{L^{2}(\Omega)} \leq \frac{2}{s}\left\|P_{s / 2}^{\Omega} f\right\|_{L^{2}(\Omega)} \quad \text { for any } s>0, f \in L^{2} \tag{6.15}
\end{equation*}
$$

we obtain, since $\Omega \subset B_{*}$, that

$$
\begin{aligned}
\left\|\partial_{t}\left(P_{t}^{\Omega} f\right)\right\|_{L^{\infty}} & =\left\|P_{s}^{\Omega} \partial_{t}\left(P_{t-s}^{\Omega} f\right)\right\|_{\infty} \leq\left\|P_{s}^{\Omega}\right\|_{L^{2} \rightarrow L^{\infty}}\left\|\partial_{t}\left(P_{t-s}^{\Omega} f\right)\right\|_{L^{2}} \\
& \leq\left\|P_{s}^{\Omega}\right\|_{L^{2} \rightarrow L^{\infty}} \cdot \frac{2}{t-s}\left\|P_{(t-s) / 2}^{\Omega} f\right\|_{L^{2}} \\
& \leq \frac{2}{t-s}\left\|P_{s}^{B_{*}}\right\|_{L^{2} \rightarrow L^{\infty}}\left\|P_{(t-s) / 2}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}\|f\|_{L^{1}(\Omega)}
\end{aligned}
$$

Setting $s=t / 2$ in the above inequality and using the fact that

$$
\begin{equation*}
\left\|P_{t}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}=\left\|P_{t}^{B_{*}}\right\|_{L^{2} \rightarrow L^{\infty}} \tag{6.16}
\end{equation*}
$$

it follows from (6.11) that

$$
\begin{aligned}
\left\|\partial_{t}\left(P_{t}^{\Omega} f\right)\right\|_{L^{\infty}} & \leq \frac{4}{t}\left\|P_{t / 2}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}\left\|P_{t / 4}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}\|f\|_{L^{1}(\Omega)} \\
& \leq \frac{C r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-1-\frac{1}{\nu}}\|f\|_{L^{1}(\Omega)}
\end{aligned}
$$

thus showing (6.13).
Finally, we show (6.14). For simplicity, let $t>s \geq 2 \tau>0$. Then

$$
\begin{aligned}
\left\|P_{t}^{\Omega} f-P_{s}^{\Omega} f\right\|_{L^{\infty}(\Omega)} & =\left\|P_{\tau}^{\Omega}\left(P_{t-\tau}^{\Omega} f-P_{s-\tau}^{\Omega} f\right)\right\|_{L^{\infty}(\Omega)} \\
& \leq\left\|P_{\tau}^{\Omega}\right\|_{L^{2} \rightarrow L^{\infty}}\left\|P_{t-\tau}^{\Omega} f-P_{s-\tau}^{\Omega} f\right\|_{L^{2}(\Omega)}
\end{aligned}
$$

By (6.15) and using the fact that $t \mapsto\left\|P_{t}^{B_{*}} f\right\|_{L^{2}\left(B_{*}\right)}$ is non-increasing in $(0, \infty)$, we see that

$$
\begin{aligned}
\left\|P_{t-\tau}^{\Omega} f-P_{s-\tau}^{\Omega} f\right\|_{L^{2}(\Omega)} & =\left\|\int_{s-\tau}^{t-\tau} \partial_{\xi}\left(P_{\xi}^{\Omega} f\right) d \xi\right\|_{L^{2}(\Omega)} \\
& \leq \int_{s-\tau}^{t-\tau} \frac{2}{\xi}\left\|P_{\xi / 2}^{\Omega} f\right\|_{L^{2}} d \xi \\
& \leq(t-s) \frac{2}{\tau}\left\|P_{\tau / 2}^{\Omega} f\right\|_{L^{2}} \leq(t-s) \frac{2}{\tau}\left\|P_{\tau / 2}^{\Omega}\right\|_{L^{1} \rightarrow L^{2}}\|f\|_{L^{1}}
\end{aligned}
$$

Therefore, using (6.16) and (6.11), we conclude that

$$
\begin{aligned}
\left\|P_{t}^{\Omega} f-P_{s}^{\Omega} f\right\|_{L^{\infty}(\Omega)} & \leq(t-s) \frac{2}{\tau}\left\|P_{\tau}^{\Omega}\right\|_{L^{2} \rightarrow L^{\infty}}\left\|P_{\tau / 2}^{\Omega}\right\|_{L^{1} \rightarrow L^{2}}\|f\|_{L^{1}(\Omega)} \\
& \leq(t-s) \frac{2}{\tau}\left\|P_{\tau}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}\left\|P_{\tau / 2}^{B_{*}}\right\|_{L^{1} \rightarrow L^{2}}\|f\|_{L^{1}(\Omega)} \quad\left(\text { since } \Omega \subset B_{*}\right) \\
& \leq C(t-s) \frac{r^{\beta / \nu}}{V_{*}\left(x_{0}, r\right)} \exp \left(\tau W\left(x_{0}, \bar{R}\right)^{-1}\right) \tau^{-\left(1+\frac{1}{\nu}\right)}\|f\|_{L^{1}(\Omega)}
\end{aligned}
$$

thus showing (6.14) by letting $\tau=\frac{s}{2}$.
6.4. Hölder continuity of the heat semigroup solutions. We derive that the heat semigroup solutions are locally Hölder continuous.

Lemma 6.10. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Let $C_{0} \geq 1$ and $\Omega$ be a non-empty open subset of a ball $B_{*}\left(x_{0}, R\right)$ with $R \in\left(0, C_{0} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, and let $u(x, t)=P_{t}^{\Omega} f(x)$ for $f \in L^{1} \cap L^{2}(\Omega)$. Assume that conditions (VD), (RVD), (Gcap), (TJ), (PI) are all satisfied. Then, for any $x$ and $r>0$ so that $B_{*}(x, r) \subset \Omega$, and for any $t>0$ and $\rho>0$ so that $\rho^{\beta} \leq t \wedge r^{\beta}$, we have

$$
\begin{equation*}
\underset{B_{*}(x, \rho)}{\operatorname{osc}} u(\cdot, t) \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{\rho}{t^{1 / \beta} \wedge r}\right)^{\theta}\|f\|_{L^{1}(\Omega)} \tag{6.17}
\end{equation*}
$$

where $C$ is a positive number depending only on constants in the hypothesis, and $\theta$ is given by

$$
\begin{equation*}
\theta=\frac{\gamma \beta}{\gamma+\beta} \tag{6.18}
\end{equation*}
$$

Here $\gamma$ is the same as in Lemma 6.7, and $\nu$ comes from condition ( $\mathrm{Nash}_{*}$ ).
Proof. By (6.12), we see for any $t>0$

$$
\begin{equation*}
\|u(\cdot, t)\|_{L^{\infty}} \leq\left\|P_{t}^{B_{*}\left(x_{0}, R\right)} f\right\|_{L^{\infty}} \leq \frac{C R^{\beta / \nu}}{V_{*}\left(x_{0}, R\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) t^{-\frac{1}{\nu}}\|f\|_{L^{1}} \tag{6.19}
\end{equation*}
$$

For any $t>0$, the function $u(\cdot, t)$ belongs to $\operatorname{dom}\left(\mathcal{L}^{\Omega}\right)$, is Fréchet differentiable with respect to $t$ in $L^{2}(\Omega)$, and satisfies weakly

$$
\partial_{t} u(\cdot, t)=-\mathcal{L}^{\Omega} u(\cdot, t)
$$

that is, for any $\phi \in \mathcal{F}(\Omega)$ and $t>0$,

$$
\mathcal{E}(u(\cdot, t), \phi)=\left(\mathcal{L}^{\Omega} u(\cdot, t), \phi\right)=-\left(\partial_{t} u(\cdot, t), \phi\right)
$$

By Lemma 6.9, we have $\partial_{t} u(\cdot, t) \in L^{\infty}(\Omega)$ for any $t>0$.
Let $\rho \leq t^{1 / \beta} \wedge r<r$, and $r^{\prime} \in(\rho, r)$ be a number to be specified later on. Applying Lemma 6.7 for the ball $B_{*}\left(x, r^{\prime}\right) \subset \Omega$ and then using (6.13), (6.19), we have for any $t>0$

$$
\begin{align*}
\underset{B_{*}\left(x_{0}, \rho\right)}{\operatorname{Osc}} u(\cdot, t) & \leq C\left(\left(\frac{\rho}{r^{\prime}}\right)^{\gamma}\|u\|_{L^{\infty}(\Omega)}+\left(r^{\prime}\right)^{\beta}\left\|\partial_{t} u\right\|_{L^{\infty}(\Omega)}\right) \\
& \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\left(\frac{\rho}{r^{\prime}}\right)^{\gamma}+\frac{\left(r^{\prime}\right)^{\beta}}{t}\right)\|f\|_{L^{1}} \\
& \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\left(\frac{\rho}{r^{\prime}}\right)^{\gamma}+\frac{\left(r^{\prime}\right)^{\beta}}{\tau}\right)\|f\|_{L^{1}} \tag{6.20}
\end{align*}
$$

where

$$
\tau=t \wedge r^{\beta} \geq \rho^{\beta}
$$

Now choose $r^{\prime}$ such that

$$
\left(\frac{\rho}{r^{\prime}}\right)^{\gamma}=\frac{\left(r^{\prime}\right)^{\beta}}{\tau}
$$

that is,

$$
r^{\prime}=\rho^{\frac{\gamma}{\gamma+\beta}} \tau^{\frac{1}{\gamma+\beta}} .
$$

With this choice of $r^{\prime}$, we have that $r^{\prime} \in(\rho, r)$, as desired, since

$$
\begin{aligned}
& r^{\prime}=\rho^{\frac{\gamma}{\gamma+\beta}} \tau^{\frac{1}{\gamma+\beta}} \geq \rho^{\frac{\gamma}{\gamma+\beta}} \rho^{\frac{\beta}{\gamma+\beta}}=\rho, \\
& r^{\prime}=\rho^{\frac{\gamma}{\gamma+\beta}} \tau^{\frac{1}{\gamma+\beta}} \leq \tau^{\frac{\gamma}{(\gamma+\beta) \beta}} \tau^{\frac{1}{\gamma+\beta}}=\tau^{1 / \beta} \leq r .
\end{aligned}
$$

Noting that

$$
\frac{\left(r^{\prime}\right)^{\beta}}{\tau}=\rho^{\frac{\gamma \beta}{\gamma+\beta}} \tau^{-\frac{\gamma}{\gamma+\beta}}=\left(\frac{\rho^{\beta}}{\tau}\right)^{\gamma /(\gamma+\beta)}
$$

we see that (6.17) follows directly from (6.20).
For any set $U \subset M$ and $r>0$, denote by $U_{r}$ by the open $r$-neighborhood of $U$, that is

$$
U_{r}=\bigcup_{x \in U} B_{*}(x, r)
$$

The following gives the locally Hölder continuity of the heat semigroup solutions in an open subset.

Lemma 6.11. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Let $C_{0} \geq 1$ and $\Omega$ be a non-empty open subset of a ball $B_{*}\left(x_{0}, R\right)$ with $R \in\left(0, C_{0} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$, and let $u(x, t)=P_{t}^{\Omega} f(x)$ for $f \in L^{1} \cap L^{2}(\Omega)$. Assume that conditions (VD), (RVD), (Gcap), (TJ), (PI) are all satisfied. Then the following properties are true.
(a) For any $t>0$, the function $u(\cdot, t)$ has a locally Hölder continuous version $\widetilde{u}(\cdot, t)$ in $\Omega$ with the Hölder exponent $\theta$. Moreover, the function $\widetilde{u}(x, t)$ is jointly continuous in $(x, t) \in \Omega \times(0, \infty)$.
(b) For any open subset $U \subset \Omega$ and $r>0$ with $U_{r} \subset \Omega$, we have for all $x, x^{\prime} \in U$ and all $t>0$

$$
\begin{equation*}
\left|\widetilde{u}(x, t)-\widetilde{u}\left(x^{\prime}, t\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{d_{*}\left(x, x^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}\|f\|_{L^{1}(\Omega)} \tag{6.21}
\end{equation*}
$$

Here $\theta$ is given by (6.18), and constant $C$ depends only on constants in the hypotheses.
Proof. (a) By a standard argument, it follows from (6.17) that for any fixed $t>0, u(\cdot, t)$ has a locally Hölder continuous version $\widetilde{u}(\cdot, t)$.

On the other hand, by (6.14), we have for all $t>s>\tau>0$,

$$
\sup _{x \in \Omega}|\widetilde{u}(x, t)-\widetilde{u}(x, s)| \leq C(t-s) \frac{R^{\beta / \nu}}{V_{*}\left(x_{0}, R\right)} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) \tau^{-\left(1+\frac{1}{\nu}\right)}\|f\|_{L^{1}(\Omega)}
$$

from which, we see that the function $t \mapsto \widetilde{u}(x, t)$ is continuous in $t \in(0, \infty)$ uniformly in $x \in \Omega$. Since the function $x \mapsto \widetilde{u}(x, t)$ is continuous in $x \in \Omega$, we conclude that $\widetilde{u}(x, t)$ is jointly continuous in $(x, t) \in \Omega \times(0, \infty)$.
(b) Note that $B_{*}(x, r) \subset U_{r}$ for any $x \in U$. Set $\tau=t \wedge r^{\beta}$. By Lemma 6.10, we obtain

$$
\begin{equation*}
\underset{B_{*}(x, \rho)}{\operatorname{osc}} \widetilde{u}(\cdot, t) \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{\rho}{t^{1 / \beta} \wedge r}\right)^{\theta}\|f\|_{L^{1}(\Omega)} \tag{6.22}
\end{equation*}
$$

provided that $\rho^{\beta} \leq \tau$. If $\rho^{\beta}>\tau$, we have by (6.12)

$$
\begin{aligned}
\underset{B_{*}(x, \rho)}{\operatorname{Osc}} \widetilde{u}(\cdot, t) & \leq 2\|u(\cdot, t)\|_{L^{\infty}} \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\|f\|_{L^{1}(\Omega)} \\
& =\frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{\rho}{\tau^{1 / \beta}}\right)^{-\theta}\left(\frac{\rho}{\tau^{1 / \beta}}\right)^{\theta}\|f\|_{L^{1}(\Omega)} \\
& \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{\rho}{\tau^{1 / \beta}}\right)^{\theta}\|f\|_{L^{1}(\Omega)}
\end{aligned}
$$

Hence, we see that (6.22) holds for all $\rho>0$. Taking $\rho=d_{*}\left(x, x^{\prime}\right)$ in (6.22), we obtain (6.21).

## 7. Near-diagonal lower estimates

In this section we study the regularity of the heat kernel, and then give its near-diagonal lower bound.
7.1. Hölder continuity of the heat kernel. For any non-empty open subset $\Omega$ of $M$, let $\left\{P_{t}^{\Omega}\right\}$ and $p_{t}^{\Omega}(x, y)$ be the heat semigroup and the heat kernel of the form $(\mathcal{E}, \mathcal{F}(\Omega))$, respectively. In this subsection, we shall show that for any bounded open set $\Omega \subset M$, the heat kernel $p_{t}^{\Omega}(x, y)$ exists pointwise in $M \times M \times(0, \infty)$ and is locally, uniformly Hölder continuous. This property is used to derive near-diagonal lower bound of the global heat kernel.

If conditions (VD), (RVD), (Gcap), (TJ), and (PI) are all satisfied, we see by Lemma 6.11, the function $P_{t}^{\Omega} f(\cdot)$ has a continuous version when $f \in L^{1} \cap L^{2}(M)$, for any bounded open subset $\Omega$ of $M$. The following gives on-diagonal upper estimate and the Hölder continuity of the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$.

Lemma 7.1. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that conditions (VD), (RVD), (TJ), (Gcap), (PI) are all satisfied. Let $C_{0} \geq 1$ and $\Omega$ be any nonempty open subset of a ball $B_{*}\left(x_{0}, R\right)$ with $R \in\left(0, C_{0} W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$. Then the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists and is locally Hölder continuous. Moreover, for each $t>0$

$$
\begin{equation*}
\sup _{x, y \in \Omega} p_{t}^{\Omega}(x, y) \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) \tag{7.1}
\end{equation*}
$$

and, for any non-empty open subset $U \subset \Omega$ and $r>0$ with $U_{r} \subset \Omega$, and for all $x, x^{\prime}, y, y^{\prime} \in U$, $t \geq s>0$,

$$
\begin{align*}
\left|p_{t}^{\Omega}(x, y)-p_{s}^{\Omega}\left(x^{\prime}, y^{\prime}\right)\right| \leq & \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{s}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right) \\
& \times\left(\left(\frac{d_{*}\left(x, x^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}+\left(\frac{d_{*}\left(y, y^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}+\frac{t-s}{s}\right) \tag{7.2}
\end{align*}
$$

where $\theta \in(0,1)$ is defined in (6.18) and $C>0$ depends only on the constants in the hypotheses.

Proof. Fix an open subset $U$ of $\Omega$ and fix a number $r>0$ with $U_{r} \subset \Omega$. By Lemma 6.11, for any $f \in L^{1} \cap L^{2}(M)$ and $t>0$, the function $P_{t}^{\Omega} f$ is locally, uniformly Hölder continuous, that is, for all $x, x^{\prime} \in U$ and all $t>0$,

$$
\begin{equation*}
\left|P_{t}^{\Omega} f(x)-P_{t}^{\Omega} f\left(x^{\prime}\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{d_{*}\left(x, x^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}\|f\|_{L^{1}} \tag{7.3}
\end{equation*}
$$

where $C>0$ depends only on the constants in the hypothesis, but is independent of $B_{*}\left(x_{0}, R\right)$, $\Omega, U, r, t, x, x^{\prime}, f, \bar{R}$.

By (6.12), we have for all $t>0$ and all $x \in M$,

$$
\begin{equation*}
\left|P_{t}^{\Omega} f(x)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\|f\|_{L^{1}(\Omega)} \tag{7.4}
\end{equation*}
$$

By (6.14), we have for all $t>s>0$ and all $x \in M$,

$$
\begin{equation*}
\left|P_{t}^{\Omega} f(x)-P_{s}^{\Omega} f(x)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{s}\right)^{1 / \nu} \exp \left(s W\left(x_{0}, \bar{R}\right)^{-1}\right) \frac{t-s}{s}\|f\|_{L^{1}(\Omega)} \tag{7.5}
\end{equation*}
$$

Since $P_{t}^{\Omega} f$ is continuous, using [10, Theorem 2.1 and Corollary 4.2], it follows from (7.4) that the following are true (see also [9, Lemma 5.13, p. 506]):
(1) the Dirichlet heat kernel $p_{t}^{\Omega}$ exists pointwise for $(x, y, t) \in \Omega \times \Omega \times(0, \infty)$;
(2) both $p_{t}^{\Omega}(x, \cdot)$ and $p_{t}^{\Omega}(\cdot, x)$ are continuous in $\Omega$ for every $t>0$ and every $x \in \Omega$;
(3) the inequality (7.1) holds true.

We show (7.2). Indeed, fix a point $y$ in $U$. Setting $f=p_{t}^{\Omega}(\cdot, y)$ in (7.3), we obtain for all $x, x^{\prime} \in U$ and $t>0$,

$$
\left|p_{2 t}^{\Omega}(x, y)-p_{2 t}^{\Omega}\left(x^{\prime}, y\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{d_{*}\left(x, x^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}
$$

Since the three points $x, x^{\prime}, y \in U$ are arbitrary in the above inequality, replacing $x, x^{\prime}, y$ by $y, y^{\prime}, x^{\prime}$ respectively and using the symmetry $p_{2 t}^{\Omega}(x, y)=p_{2 t}^{\Omega}(y, x)$, we have

$$
\left|p_{2 t}^{\Omega}\left(x^{\prime}, y\right)-p_{2 t}^{\Omega}\left(x^{\prime}, y^{\prime}\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\frac{d_{*}\left(y, y^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}
$$

Summing up the above two inequalities and renaming $2 t$ by $t$, we obtain

$$
\left|p_{t}^{\Omega}(x, y)-p_{t}^{\Omega}\left(x^{\prime}, y^{\prime}\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{t}\right)^{1 / \nu} \exp \left(t W\left(x_{0}, \bar{R}\right)^{-1}\right)\left(\left(\frac{d_{*}\left(x, x^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}+\left(\frac{d_{*}\left(y, y^{\prime}\right)}{t^{1 / \beta} \wedge r}\right)^{\theta}\right)
$$

Moreover, for $x^{\prime}, y^{\prime} \in \Omega$ and $t \geq s>0$, applying (7.5) with $t$ replaced by $t-\frac{s}{2}$, $s$ by $\frac{s}{2}, x$ by $x^{\prime}$ and $f=p_{s / 2}^{\Omega}\left(\cdot, y^{\prime}\right)$, we obtain

$$
\left|p_{t}^{\Omega}\left(x^{\prime}, y^{\prime}\right)-p_{s}^{\Omega}\left(x^{\prime}, y^{\prime}\right)\right| \leq \frac{C}{V_{*}\left(x_{0}, R\right)}\left(\frac{R^{\beta}}{s / 2}\right)^{1 / \nu} \exp \left(2^{-1} s W\left(x_{0}, \bar{R}\right)^{-1}\right) \frac{t-s}{s / 2}
$$

Adding up the above two inequalities, we obtain (7.2).
By Remark 4.16(2) and [13, Corollary 2.14], the following five conditions

$$
\mathrm{VD})+(\mathrm{RVD})+\left(\mathrm{TJ}_{q}\right)+(\mathrm{Gcap})+(\mathrm{PI}) \text { for } 2 \leq q \leq \infty
$$

imply the existence of the pointwise defined heat kernel in [13, Definition 6.1]. While, the following gives a refinement of this result by reducing condition ( $\mathrm{TJ}_{q}$ ) for $2 \leq q \leq \infty$ to condition (TJ), since condition ( $\mathrm{TJ}_{q}$ ) is stronger than condition (TJ) by [13, Proposition 3.1].

Proposition 7.2. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Assume that for any bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists and is locally Hölder continuous in $(x, y) \in \Omega \times \Omega$ for any $t>0$. Then $(\mathcal{E}, \mathcal{F})$ admits a pointwise defined heat kernel $p_{t}(x, y)$ satisfying the following properties.
(1) For any $t, s>0$,

$$
p_{t+s}(x, y)=\int_{M} p_{t}(x, z) p_{s}(z, y) d \mu(z), \quad \forall x, y \in M .
$$

(2) For any $t>0$,

$$
\int_{M} p_{t}(x, z) d \mu(z) \leq 1, \quad \forall x \in M .
$$

(3) For any $t, s>0$,

$$
P_{t+s} f(x)=P_{t} P_{s} f(x), \quad \forall f \in L^{2}(M), x \in M,
$$

where

$$
P_{t} f(x):=\int_{M} p_{t}(x, y) f(y) d \mu(y), \quad f \in L^{2}(M), t>0
$$

(4) For any bounded open set $\Omega \subset M$,

$$
p_{t}(x, y) \geq p_{t}^{\Omega}(x, y), \quad \forall t>0, x, y \in M .
$$

Proof. Fix a point $x_{0} \in M$. By assumption, for any ball $B_{n}:=B\left(x_{0}, n\right)$ with $n \geq 1$, the locally Hölder continuous heat kernel $p_{t}^{B_{n}}$ exists. Since $p_{t}^{B_{n}}$ is increasing and non-negative, we can well define

$$
p_{t}(x, y):=\lim _{n \rightarrow \infty} p_{t}^{B_{n}}(x, y), \quad t>0, x, y \in M
$$

Obviously, the function $p_{t}(x, y)$ is pointwise defined and is measurable on $M \times M \times(0, \infty)$. The rest proof is motivated by [10, Lemma 5.1].

Property (1) follows from the definition of $p_{t}(x, y)$, monotone convergence theorem and the identities:

$$
p_{t+s}^{B_{n}}(x, y)=\int_{M} p_{t}^{B_{n}}(x, z) p_{s}^{B_{n}}(z, y) d \mu(z), \quad \forall t, s>0, x, y \in B_{n}
$$

Property (2) follows from the definition of $p_{t}(x, y)$, monotone convergence theorem and the inequality:

$$
\int_{M} p_{t}^{B_{n}}(x, z) d \mu(z) \leq 1, \quad \forall t>0, x \in B_{n}
$$

Since each $p_{t}^{B_{n}}$ is locally Hölder continuous, for any $n \geq 1, t>0$ and $f \in L^{1} \cap L^{2}(M)$, the function $x \mapsto P_{t}^{B_{n}} f(x)$ is also locally Hölder continuous in $B_{n}$. Then, by monotone convergence theorem, we have for any $t>0,0 \leq f \in L^{1} \cap L^{2}(M)$ and $x \in M$,

$$
\begin{aligned}
P_{t} f(x) & :=\int_{M} p_{t}(x, y) f(y) d \mu(y)=\int_{M} \lim _{n \rightarrow \infty} p_{t}^{B_{n}}(x, y) f(y) d \mu(y) \\
& =\lim _{n \rightarrow \infty} \int_{M} p_{t}^{B_{n}}(x, y) f(y) d \mu(y)=\lim _{n \rightarrow \infty} P_{t}^{B_{n}} f(x)
\end{aligned}
$$

This together with the identities

$$
P_{t+s}^{B_{n}} f(x)=P_{t}^{B_{n}} P_{s}^{B_{n}} f(x)
$$

yields the property (3) for any $0 \leq f \in L^{1} \cap L^{2}(M)$. Then, by the standard approximating arguments, we can extend it to all $f \in L^{2}(M)$.

Property (4) follows from the definition of $p_{t}(x, y)$, the monotonicity of $p_{t}^{B_{n}}$ in $n$ and the continuities of $p_{t}^{B_{n}}$ and $p_{t}^{\Omega}$.

Corollary 7.3. Under the hypothesis of Lemma 7.1, the form $(\mathcal{E}, \mathcal{F})$ admits a pointwise defined heat kernel $p_{t}(x, y)$ satisfying all properties in Proposition 7.2.

In the rest of the paper, under the conditions (VD), (RVD), (TJ), (Gcap), (PI), the heat kernel $p_{t}(x, y)$ is always referred to as that obtained in Corollary 7.3.
7.2. Derivation of the near-diagonal lower bounds. In this subsection, we will derive the near diagonal lower estimate of the heat kernel. We introduce condition ( $\mathrm{LLE}_{*}$ ) that is called the localized lower estimate under the new metric $d_{*}$.

Definition 7.4. We say that condition (LLE ${ }_{*}$ ) holds if the following two conditions are true.
(1) For any bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists.
(2) There exist $c_{*}>0$ and $\delta_{*} \in(0,1)$ such that, for any ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r \in$ $\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and for any $t^{1 / \beta} \leq \delta_{*} r$, we have

$$
\begin{equation*}
p_{t}^{B_{*}}(x, y) \geq \frac{c_{*}}{V_{*}\left(x_{0}, t^{1 / \beta}\right)}, \quad \mu \text {-а.а. } x, y \in B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right) \tag{7.6}
\end{equation*}
$$

We say that condition $\left(\operatorname{sLLE}_{*}\right)$ holds true if $\left(\mathrm{LLE}_{*}\right)$ holds true and, for any non-empty bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ is locally Hölder continuous in $(x, y, t) \in$ $\Omega \times \Omega \times(0, \infty)$.

We introduce condition $\left(\mathrm{NLE}_{*}\right)$ that is called the near-diagonal lower estimate under the new metric $d_{*}$.

Definition 7.5. We say that condition ( $\mathrm{NLE}_{*}$ ) holds if the heat kernel $p_{t}(x, y)$ exists, and for any $C_{0} \geq 1$, there exist two positive constants $\delta_{*}, C$ such that

$$
\begin{equation*}
p_{t}(x, y) \geq \frac{C^{-1}}{V_{*}\left(x, t^{1 / \beta}\right)} \tag{7.7}
\end{equation*}
$$

for $\mu \times \mu$-almost all $(x, y) \in M \times M$ and all $t<C_{0} W(x, \bar{R})$ satisfying

$$
d_{*}(x, y) \leq \delta_{*} t^{1 / \beta} .
$$

We say that condition $\left(\mathrm{sNLE}_{*}\right)$ (strong near-diagonal lower estimate) is satisfied if condition $\left(\mathrm{NLE}_{*}\right)$ is satisfied and, the function $p_{t}(x, y)$ has a version satisfying $p_{t+s}(x, y)=\int_{M} p_{t}(x, z) p_{s}(z, y) d z$ for any $t, s>0, x, y \in M$ and satisfying (2.16) for any $x, y \in M$ and $t<C_{0} W(x, \bar{R})$ with $d_{*}(x, y) \leq \delta_{*} t^{1 / \beta}$.
Lemma 7.6. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{TJ})+(\mathrm{Gcap})+(\mathrm{PI}) \Rightarrow\left(\mathrm{VD}_{*}\right)+\left(\mathrm{sLLE}_{*}\right) \Rightarrow\left(\mathrm{sNLE}_{*}\right)
$$

Proof. Assume that conditions (VD), (RVD), (TJ), (Gcap), (PI) are all satisfied. Note that the constant $C_{0} \geq 1$ in Lemma 7.1 can be arbitrary. By Lemma 7.1, we see that for any bounded open subset $\Omega$ of $M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists and is locally Hölder continuous in $(x, y, t) \in \Omega \times \Omega \times(0, \infty)$. In particular, for any ball $B_{*}$, the Dirichlet heat kernel $p_{t}^{B_{*}}(x, y)$ exists and is jointly continuous.

Condition (VD ${ }_{*}$ ) holds true by Proposition 4.4. To prove condition (sLLE $*$ ) holds. It suffices to show (7.6).

Indeed, by (6.4), we see that condition ( $\mathrm{S}_{*}$ ) is true, that is, there exist two small constant $\varepsilon, \delta_{1}$ in $(0,1)$ such that for all metric balls $B_{*}\left(z, r^{\prime}\right)$ of radius $r^{\prime}<W(z, \bar{R})^{1 / \beta}$,

$$
\begin{equation*}
P_{s}^{B_{*}\left(z, r^{\prime}\right)} \mathbf{1}_{B_{*}\left(z, r^{\prime}\right)} \geq \varepsilon \quad \text { in } \frac{1}{4} B_{*}\left(z, r^{\prime}\right), \tag{7.8}
\end{equation*}
$$

provided that $s \leq\left(\delta_{1} r^{\prime}\right)^{\beta}$. We split the proof of inequality (7.6) into two steps.
Step 1. Fix $t \in\left(0, \delta_{1}^{\beta} W\left(x_{0}, \bar{R}\right)\right)$ and set

$$
\rho:=\delta_{1}^{-1} t^{1 / \beta}<W\left(x_{0}, \bar{R}\right)^{1 / \beta} \quad \text { and } \quad B_{*}:=B_{*}\left(x_{0}, \rho\right),
$$

so that $t=\left(\delta_{1} \rho\right)^{\beta}$. We claim that there exist constants $c, \delta_{2}$ in $(0,1)$ such that

$$
\begin{equation*}
p_{t}^{B_{*}}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, \rho\right)} \tag{7.9}
\end{equation*}
$$

for all points $x, y$ in $B_{*}\left(x_{0}, \delta_{2} t^{1 / \beta}\right)$.
Indeed, for any $x \in B_{*}$, we have by the Hölder inequality,

$$
p_{t}^{B_{*}}(x, x)=\int_{B_{*}} p_{t / 2}^{B_{*}}(x, y)^{2} d \mu(y) \geq \frac{1}{\mu\left(B_{*}\right)}\left(\int_{B_{*}} p_{t / 2}^{B_{*}}(x, y) d \mu(y)\right)^{2}=\frac{\left(P_{t / 2}^{B_{*}} \mathbf{1}_{B_{*}}(x)\right)^{2}}{\mu\left(B_{*}\right)} .
$$

Since the function $P_{t / 2}^{B_{*}} \mathbf{1}_{B_{*}}$ is continuous by Lemma 6.11 and $t / 2=\left(\delta_{1} \rho\right)^{\beta} / 2 \leq\left(\delta_{1} \rho\right)^{\beta}$, it follows from (7.8) that,

$$
\begin{equation*}
p_{t}^{B_{*}}(x, x) \geq \frac{\left(P_{t / 2}^{B_{*}} \mathbf{1}_{B_{*}}(x)\right)^{2}}{\mu\left(B_{*}\right)} \geq \frac{\varepsilon^{2}}{V_{*}\left(x_{0}, \rho\right)} \text { for any } x \text { in } \frac{1}{4} B_{*} . \tag{7.10}
\end{equation*}
$$

On the other hand, since $\rho \in\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and $t \in\left(0, \delta_{1}^{\beta} W\left(x_{0}, \bar{R}\right)\right.$ ), applying (7.2) with $\Omega=B_{*}, U=\frac{1}{4} B_{*}$ and $r=\frac{3}{4} \rho$, we have for any $x, y \in \frac{1}{4} B_{*}=B_{*}\left(x_{0}, \frac{1}{4} \delta_{1}^{-1} t^{1 / \beta}\right)$,

$$
\left|p_{t}^{B_{*}}(x, x)-p_{t}^{B_{*}}(x, y)\right| \leq \frac{C}{V_{*}\left(x_{0}, \rho\right)}\left(\frac{\rho^{\beta}}{t}\right)^{1 / \nu} \exp \left(\frac{\delta_{1}^{\beta} W\left(x_{0}, \bar{R}\right)}{W\left(x_{0}, \bar{R}\right)}\right)\left(\frac{d_{*}(x, y)}{t^{1 / \beta} \wedge(3 \rho / 4)}\right)^{\theta}
$$

$$
\begin{aligned}
& \leq \frac{C}{V_{*}\left(x_{0}, \rho\right)}\left(\frac{\delta_{1}^{-\beta} t}{t}\right)^{1 / \nu}\left(\frac{d_{*}(x, y)}{t^{1 / \beta}}\right)^{\theta} \\
& =\frac{C \delta_{1}^{-\beta / \nu}}{V_{*}\left(x_{0}, \rho\right)}\left(\frac{d_{*}(x, y)}{t^{1 / \beta}}\right)^{\theta}
\end{aligned}
$$

Let $\delta_{2}$ be a constant in $\left(0, \frac{1}{4} \delta_{1}^{-1}\right)$ to be determined. If $x, y \in B_{*}\left(x_{0}, \delta_{2} t^{1 / \beta}\right)$, then

$$
\begin{equation*}
\left|p_{t}^{B_{*}}(x, x)-p_{t}^{B_{*}}(x, y)\right| \leq \frac{C^{\prime}}{V_{*}\left(x_{0}, \rho\right)}\left(\frac{d_{*}(x, y)}{t^{1 / \beta}}\right)^{\theta} \leq \frac{C^{\prime}\left(2 \delta_{2}\right)^{\theta}}{V_{*}\left(x_{0}, \rho\right)} . \tag{7.11}
\end{equation*}
$$

Combining this and (7.10), we have

$$
p_{t}^{B_{*}}(x, y) \geq p_{t}^{B_{*}}(x, x)-\left|p_{t}^{B_{*}}(x, x)-p_{t}^{B_{*}}(x, y)\right| \geq \frac{\varepsilon^{2}-C^{\prime}\left(2 \delta_{2}\right)^{\theta}}{V_{*}\left(x_{0}, \rho\right)} .
$$

Choosing $\delta_{2}=\frac{\varepsilon^{2 / \theta}}{\left(2\left(2 C^{\prime}\right)^{1 / \theta}\right)} \wedge\left(\frac{1}{4} \delta_{1}^{-1}\right)$ so that

$$
C^{\prime}\left(2 \delta_{2}\right)^{\theta} \leq \varepsilon^{2} / 2,
$$

we obtain (7.9) with $c:=\varepsilon^{2} / 2$, thus proving our claim.
Step 2. Let $\delta_{*}:=\delta_{1} \wedge \delta_{2}$. Fix a ball $B_{*}\left(x_{0}, r\right)$ with $r \in\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$ and some

$$
t \leq\left(\delta_{*} r\right)^{\beta}<\delta_{1}^{\beta} W\left(x_{0}, \bar{R}\right) .
$$

Then,

$$
\rho=\delta_{1}^{-1} t^{1 / \beta} \leq \delta_{*}^{-1} t^{1 / \beta} \leq r,
$$

so that $B_{*}\left(x_{0}, \rho\right) \subset B_{*}\left(x_{0}, r\right)$. By (7.9), we have, for all

$$
x, y \in B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right) \subset B\left(x_{0}, \delta_{2} t^{1 / \beta}\right)
$$

that

$$
p_{t}^{B_{*}\left(x_{0}, r\right)}(x, y) \geq p_{t}^{B_{*}\left(x_{0}, \rho\right)}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, \rho\right)} .
$$

Since $\rho=\delta_{1}^{-1} t^{1 / \beta}>t^{1 / \beta}$, we see by $\left(\mathrm{VD}_{*}\right)$ that

$$
\frac{V_{*}\left(x_{0}, \rho\right)}{V_{*}\left(x_{0}, t^{1 / \beta}\right)} \leq C\left(\frac{\delta_{1}^{-1} t^{1 / \beta}}{t^{1 / \beta}}\right)^{\alpha_{*}}=C \delta_{1}^{-\alpha_{*}}
$$

Therefore, it follows that for any $x, y \in B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right)$ and any $t \leq\left(\delta_{*} r\right)^{\beta}$,

$$
p_{t}^{B_{*}\left(x_{0}, r\right)}(x, y) \geq \frac{c^{\prime}}{V_{*}\left(x_{0}, t^{1 / \beta}\right)},
$$

thus showing (7.6). Therefore, condition ( sLLE $_{*}$ ) holds.
It remains to show the implication $\left(\mathrm{VD}_{*}\right)+\left(\mathrm{sLLE}_{*}\right) \Rightarrow\left(\mathrm{sNLE}_{*}\right)$.
Indeed, assume that condition $\left(\mathrm{sLLE}_{*}\right)$ holds true. Note that the hypothesis of Proposition 7.2 is satisfied. Then, the existence of the global heat kernel $p_{t}(x, y)$ follows from Proposition 7.2. In the sequel, we divide the proof of (7.7) into two steps.

Step 1. Let $\delta_{*}$ be the constant from (7.6). For any $x \in M$ and $s \in\left(0, \delta_{*}^{\beta} W(x, \bar{R})\right)$, set

$$
r:=\delta_{*}^{-1} s^{1 / \beta}<W(x, \bar{R})^{1 / \beta}
$$

so that $s \leq\left(\delta_{*} r\right)^{\beta}$. Then we have by (7.6) and Proposition 7.2(4) that

$$
\begin{equation*}
p_{s}(z, w) \geq p_{s}^{B_{*}(x, r)}(z, w) \geq \frac{c}{V_{*}\left(x, s^{1 / \beta}\right)}, \quad \forall z, w \in B_{*}\left(x, \delta_{*} s^{1 / \beta}\right) . \tag{7.12}
\end{equation*}
$$

Step 2. Fix $C_{0} \geq 1$ and take an integer $n>1$ so that

$$
n-1 \leq \frac{C_{0}}{\delta_{*}^{\beta}}<n .
$$

Set

$$
\delta_{3}:=\frac{\delta_{*}}{2 n^{1 / \beta}} .
$$

Fix $x, y \in M$ and $t<C_{0} W(x, \bar{R})$ with $d_{*}(x, y) \leq \delta_{3} t^{1 / \beta}$. By the pointwise semigroup property in Proposition 7.2(1), we have

$$
\begin{aligned}
p_{t}(x, y) & =\int_{M^{n-1}} p_{t / n}\left(x, z_{1}\right) p_{t / n}\left(z_{1}, z_{2}\right) \cdots p_{t / n}\left(z_{n-1}, y\right) d z_{1} d z_{2} \cdots d z_{n-1} \\
& \geq \int_{B\left(x, \delta_{3} t^{1 / \beta}\right)^{n-1}} p_{t / n}\left(x, z_{1}\right) p_{t / n}\left(z_{1}, z_{2}\right) \cdots p_{t / n}\left(z_{n-1}, y\right) d z_{1} d z_{2} \cdots d z_{n-1}
\end{aligned}
$$

Since

$$
B\left(x, \delta_{3} t^{1 / \beta}\right) \subset B\left(x, \delta_{*}(t / n)^{1 / \beta}\right), \quad y \in B\left(x, \delta_{*}(t / n)^{1 / \beta}\right) \text { and } t / n<\delta_{*}^{\beta} W(x, \bar{R})
$$

we obtain by the above inequality and (7.12) with $s=t / n$ that

$$
\begin{aligned}
p_{t}(x, y) & \geq \int_{B\left(x, \delta_{3} t^{1 / \beta}\right)^{n-1}}\left(\frac{c}{V_{*}\left(x,(t / n)^{1 / \beta}\right)}\right)^{n} d z_{1} d z_{2} \cdots d z_{n-1} \\
& =\left(\frac{c}{V_{*}\left(x,(t / n)^{1 / \beta}\right)}\right)^{n}\left(V_{*}\left(x, \delta_{3} t^{1 / \beta}\right)\right)^{n-1} \\
& \geq\left(\frac{c}{V_{*}\left(x, t^{1 / \beta}\right)}\right)^{n}\left(V_{*}\left(x, \delta_{3} t^{1 / \beta}\right)\right)^{n-1}=\frac{c}{V_{*}\left(x, t^{1 / \beta}\right)}\left(\frac{c V_{*}\left(x, \delta_{3} t^{1 / \beta}\right)}{V_{*}\left(x, t^{1 / \beta}\right)}\right)^{n-1} .
\end{aligned}
$$

Moreover, by ( $\mathrm{VD}_{*}$ ),

$$
\frac{V_{*}\left(x, \delta_{3} t^{1 / \beta}\right)}{V_{*}\left(x, t^{1 / \beta}\right)} \geq C\left(\frac{\delta_{3} t^{1 / \beta}}{t^{1 / \beta}}\right)^{\alpha_{*}}=c^{\prime} .
$$

Combining the above two inequalities, we obtain (7.7), thus proving ( $\mathrm{sNLE}_{*}$ ).
Lemma 7.7. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. If condition (VD) holds, then

$$
\begin{align*}
\left(\mathrm{sLLE}_{*}\right) & \Leftrightarrow(\mathrm{sLLE}),  \tag{7.13}\\
\left(\mathrm{LLE}_{*}\right) & \Leftrightarrow(\mathrm{LLE}), \\
\left(\mathrm{sNLE}_{*}\right) & \Leftrightarrow(\mathrm{sNLE}), \\
\left(\mathrm{NLE}_{*}\right) & \Leftrightarrow(\mathrm{NLE}) .
\end{align*}
$$

Proof. Let $C_{W}$ be the constant from (2.8) and (2.9). If either (sLLE ${ }_{*}$ ) or (sLLE) holds true, then for any bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ exists and is locally Hölder continuous in $(x, y, t) \in \Omega \times \Omega \times(0, \infty)$.
(1). We show implication $\left(\mathrm{sLLE}_{*}\right) \Rightarrow(\mathrm{sLLE})$.

Assume that conditions (VD), ( $\mathrm{sLLE}_{*}$ ) are satisfied. Fix a ball $B:=B\left(x_{0}, R\right)$ with $R \in(0, \bar{R})$. It suffices to prove (2.18). Indeed, let $c_{*}, \delta_{*}$ be the constants from (7.6). Let

$$
r:=L^{-1} F\left(x_{0}, R\right)<W\left(x_{0}, \bar{R}\right)^{1 / \beta} \text { so that } W\left(x_{0}, R\right)=F\left(x_{0}, R\right)^{\beta}=(L r)^{\beta} .
$$

By (4.7), we have

$$
B_{*}\left(x_{0}, r\right)=B_{*}\left(x_{0}, L^{-1} F\left(x_{0}, R\right)\right) \subset B\left(x_{0}, R\right)=B .
$$

Thus, by (7.6) and $\left(\mathrm{VD}_{*}\right)$, we have that for any

$$
t \leq\left(\delta_{*} r\right)^{\beta}=\delta_{*}^{\beta} L^{-\beta} W\left(x_{0}, R\right)
$$

and for any $x, y$ in $B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right)$,

$$
\begin{equation*}
p_{t}^{B}(x, y) \geq p_{t}^{B_{*}\left(x_{0}, r\right)}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, t^{1 / \beta}\right)} . \tag{7.14}
\end{equation*}
$$

On the other hand, let

$$
R_{1}:=F^{-1}\left(x_{0}, L^{-1} L_{0} t^{1 / \beta}\right)=W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right) \quad \text { so that } \quad W\left(x_{0}, R_{1}\right)=\left(L^{-1} L_{0}\right)^{\beta} t
$$

By (4.6),

$$
B_{*}\left(x_{0}, t^{1 / \beta}\right) \subset B\left(x_{0}, R_{1}\right)=B\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right)
$$

from which, we see that

$$
\begin{equation*}
V_{*}\left(x_{0}, t^{1 / \beta}\right) \leq V\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right) \tag{7.15}
\end{equation*}
$$

Let

$$
R_{2}:=F^{-1}\left(x_{0}, L^{-1} \delta_{*} t^{1 / \beta}\right)=W^{-1}\left(x_{0},\left(L^{-1} \delta_{*}\right)^{\beta} t\right) \quad \text { so that } \quad W\left(x_{0}, R_{2}\right)=\left(L^{-1} \delta_{*}\right)^{\beta} t
$$

By (4.6), we obtain

$$
\begin{equation*}
B\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} \delta_{*}\right)^{\beta} t\right)\right)=B\left(x_{0}, R_{2}\right) \subset B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right) \tag{7.16}
\end{equation*}
$$

Combining (7.14)-(7.16), we obtain for any

$$
t \leq \delta_{*}^{\beta} L^{-\beta} W\left(x_{0}, R\right)
$$

and for any $x, y$ in $B\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} \delta_{*}\right)^{\beta} t\right)\right)$,

$$
p_{t}^{B}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, t^{1 / \beta}\right)} \geq \frac{c}{V\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right)}
$$

Moreover, by $(2.8)$, we can choose $\delta \in(0,1)$ to be so small that

$$
\frac{W\left(x_{0}, \delta R\right)}{\delta_{*}^{\beta} L^{-\beta} W\left(x_{0}, R\right)} \leq \frac{C_{W} \delta^{\beta_{1}}}{\delta_{*}^{\beta} L^{-\beta}} \leq 1
$$

and by (2.9) that

$$
\frac{\delta W^{-1}\left(x_{0}, t\right)}{W^{-1}\left(x_{0},\left(L^{-1} \delta_{*}\right)^{\beta} t\right)} \leq \delta C_{W}^{1 / \beta_{1}}\left(\frac{t}{\left(L^{-1} \delta_{*}\right)^{\beta} t}\right)^{1 / \beta_{1}}=\delta C_{W}^{1 / \beta_{1}}\left(\frac{1}{\left(L^{-1} \delta_{*}\right)^{\beta}}\right)^{1 / \beta_{1}} \leq 1
$$

With this choice of $\delta$, we obtain for any $t \leq W\left(x_{0}, \delta R\right)$ and for any $x, y$ in $B\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)$,

$$
p_{t}^{B}(x, y) \geq \frac{c}{V\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right)}
$$

By (VD) and (2.9) and using the fact that $L^{-1} L_{0} \geq L>1$, we have

$$
\frac{V\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right)}{V\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)} \leq C\left(\frac{W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)}{W^{-1}\left(x_{0}, t\right)}\right)^{\alpha} \leq C\left(\frac{\left(L^{-1} L_{0}\right)^{\beta} t}{t}\right)^{\alpha / \beta_{1}}=C_{1}
$$

Therefore, it follows from above that for any $t \leq W\left(x_{0}, \delta R\right)$ and for any $x, y$ in $B\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)$

$$
p_{t}^{B}(x, y) \geq \frac{c}{V\left(x_{0}, W^{-1}\left(x_{0},\left(L^{-1} L_{0}\right)^{\beta} t\right)\right)} \geq \frac{c^{\prime}}{V\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)}
$$

thus showing (2.18). This proves the implication $\left(\right.$ sLLE $\left._{*}\right) \Rightarrow$ (sLLE).
To show the opposite implication (sLLE) $\Rightarrow\left(\mathrm{sLLE}_{*}\right)$, assume that condition (sLLE) is true. Fix a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ with some

$$
r \in\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)
$$

It suffices to show that the inequality (7.6) is true. Indeed, let $C, \delta$ be the constants from (2.18). Let

$$
R:=F^{-1}\left(x_{0}, L^{-1} r\right)=W^{-1}\left(x_{0},\left(L^{-1} r\right)^{\beta}\right)<W^{-1}\left(x_{0}, r^{\beta}\right)<W^{-1}\left(x_{0}, W\left(x_{0}, \bar{R}\right)\right)=\bar{R}
$$

By (4.6), we have

$$
B\left(x_{0}, R\right)=B\left(x_{0}, F^{-1}\left(x_{0}, L^{-1} r\right)\right) \subset B_{*}\left(x_{0}, r\right)=B_{*}
$$

Thus, by (2.18), we obtain that for any $t \leq W\left(x_{0}, \delta R\right)$ and for any $x, y$ in $B\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)$,

$$
\begin{equation*}
p_{t}^{B *}(x, y) \geq p_{t}^{B\left(x_{0}, R\right)}(x, y) \geq \frac{C^{-1}}{V\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)} \tag{7.17}
\end{equation*}
$$

On the other hand, set

$$
r_{1}:=L^{-1} F\left(x_{0}, L_{0} W^{-1}\left(x_{0}, t\right)\right)=L^{-1} W\left(x_{0}, L_{0} W^{-1}\left(x_{0}, t\right)\right)^{1 / \beta}
$$

By (2.8),

$$
r_{1} \leq L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} W\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)^{1 / \beta}=L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} t^{1 / \beta}
$$

from which, we see by (4.7) that

$$
B\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right) \subset B_{*}\left(x_{0}, r_{1}\right) \subset B_{*}\left(x_{0}, L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} t^{1 / \beta}\right)
$$

and hence,

$$
\begin{equation*}
V\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right) \leq V_{*}\left(x_{0}, L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} t^{1 / \beta}\right) \tag{7.18}
\end{equation*}
$$

Let

$$
r_{2}:=L^{-1} F\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)=L^{-1} W\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right)^{1 / \beta}
$$

Then by (2.8),

$$
r_{2} \geq L^{-1} C_{W}^{-1 / \beta} \delta^{\beta_{2} / \beta} W\left(x_{0}, W^{-1}\left(x_{0}, t\right)\right)^{1 / \beta}=L^{-1} C_{W}^{-1 / \beta} \delta^{\beta_{2} / \beta} t^{1 / \beta},
$$

from which, we have by (4.7) that

$$
\begin{equation*}
B\left(x_{0}, \delta W^{-1}\left(x_{0}, t\right)\right) \supset B_{*}\left(x_{0}, r_{2}\right) \supset B_{*}\left(x_{0}, L^{-1} C_{W}^{-1 / \beta} \delta^{\beta_{2} / \beta} t^{1 / \beta}\right) \tag{7.19}
\end{equation*}
$$

Combining (7.17)-(7.19), we obtain for any

$$
t \leq W\left(x_{0}, \delta R\right)=W\left(x_{0}, \delta W^{-1}\left(x_{0}, C_{W}^{-1}\left(L^{-1} r\right)^{\beta}\right)\right)
$$

and for any $x, y$ in $B_{*}\left(x_{0}, L^{-1} C_{W}^{-1 / \beta} \delta^{\beta_{2} / \beta} t^{1 / \beta}\right)$,

$$
p_{t}^{B_{*}}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} t^{1 / \beta}\right)} .
$$

Note that by (2.8),

$$
\frac{C_{W}^{-1}\left(L^{-1} r\right)^{\beta}}{W\left(x_{0}, \delta W^{-1}\left(x_{0}, C_{W}^{-1}\left(L^{-1} r\right)^{\beta}\right)\right)}=\frac{W\left(x_{0}, W^{-1}\left(x_{0}, C_{W}^{-1}\left(L^{-1} r\right)^{\beta}\right)\right)}{W\left(x_{0}, \delta W^{-1}\left(x_{0}, C_{W}^{-1}\left(L^{-1} r\right)^{\beta}\right)\right)} \leq C_{W} \delta^{-\beta_{2}}
$$

Therefore, taking $\delta_{*} \in(0,1)$ to be so small that $\delta_{*} \leq L^{-1} C_{W}^{-2 / \beta} \delta^{\beta_{2} / \beta}$ and

$$
\left(\delta_{*} r\right)^{\beta} \leq C_{W}^{-1} \delta^{\beta_{2}} C_{W}^{-1}\left(L^{-1} r\right)^{\beta} \leq W\left(x_{0}, \delta W^{-1}\left(x_{0}, C_{W}^{-1}\left(L^{-1} r\right)^{\beta}\right)\right)
$$

we obtain from above that for any $t \leq\left(\delta_{*} r\right)^{\beta}$ and for any $x, y$ in $B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right)$,

$$
p_{t}^{B_{*}}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, L^{-1} C_{W}^{1 / \beta} L_{0}^{\beta_{2} / \beta} t^{1 / \beta}\right)},
$$

thus showing (7.6) by using condition (VD ${ }_{*}$ ). Equivalence (7.13) follows. Similarly, under (VD), we have $\left(\mathrm{LLE}_{*}\right) \Leftrightarrow$ (LLE).
(2). We show $\left(\mathrm{NLE}_{*}\right) \Rightarrow$ (NLE). Assume that (7.7) is satisfied. We need only to prove the inequality (2.16) is true.

Indeed, Let $C, \delta_{*}$ be the constants as in condition $\left(\mathrm{NLE}_{*}\right)$. For any $\delta>0, t>0$ and $x, y \in M$ with $d(x, y) \leq \delta W^{-1}(x, t)$, by (4.5) and (2.8), we have

$$
\begin{aligned}
d_{*}(x, y) & \leq L F(x, d(x, y)) \leq L W\left(x, \delta W^{-1}(x, t)\right)^{1 / \beta} \\
& \leq L C_{W}^{1 / \beta} \delta^{\beta_{1} / \beta} W\left(x, W^{-1}(x, t)\right)^{1 / \beta}=L C_{W}^{1 / \beta} \delta^{\beta_{1} / \beta} t^{1 / \beta} .
\end{aligned}
$$

Then, we can take $\delta$ small enough such that

$$
B\left(x, \delta W^{-1}(x, t)\right) \subset B_{*}\left(x, \delta_{*} t^{1 / \beta}\right)
$$

Moreover, by the second inclusion in (4.7) with $R=W^{-1}(x, t)$, we obtain

$$
B_{*}\left(x, L^{-1} t^{1 / \beta}\right) \subset B\left(x, W^{-1}(x, t)\right)
$$

Therefore, using the above two inclusions and $\left(\mathrm{VD}_{*}\right)$, we obtain from condition ( $\mathrm{NLE}_{*}$ ) that

$$
p_{t}(x, y) \geq \frac{C^{-1}}{V_{*}\left(x, t^{1 / \beta}\right)} \geq \frac{C^{-1}}{V_{*}\left(x, L^{-1} t^{1 / \beta}\right)} \geq \frac{C^{-1}}{V\left(x, W^{-1}(x, t)\right)}
$$

for $(\mu \times \mu)$-almost all $x, y \in M$ and all $t<C_{0} W(x, \bar{R})$ with $C_{0} \geq 1$ satisfying

$$
d(x, y) \leq \delta W^{-1}(x, t)
$$

This shows the implication ( $\mathrm{NLE}_{*}$ ) $\Rightarrow$ (NLE).
To prove the opposite implication (NLE) $\Rightarrow\left(\mathrm{NLE}_{*}\right)$, we need only to prove (7.7) holds true.
Indeed, let $C, \delta$ be the constants as in condition (NLE). For any $\delta_{*}>0$ and $x, y \in M$ with $d_{*}(x, y) \leq \delta_{*} t^{1 / \beta} W^{-1}(x, t)$, by (4.5), we have

$$
W(x, d(x, y)) \leq\left(L d_{*}(x, y)\right)^{\beta} \leq\left(L \delta_{*}\right)^{\beta} t
$$

Then, by (2.9), we can take $\delta_{*}$ small enough such that

$$
\left.d(x, y) \leq W^{-1}\left(x,\left(L \delta_{*}\right)^{\beta} t\right)\right) \leq \delta W^{-1}(x, t)
$$

Moreover, by the second inclusion in (4.6) with $r=L t^{1 / \beta}$, we obtain

$$
B\left(x, W^{-1}\left(x, t^{1 / \beta}\right)\right) \subset B_{*}\left(x, L t^{1 / \beta}\right)
$$

Therefore, using the above two formulas and $\left(\mathrm{VD}_{*}\right)$, we obtain from condition (NLE) that

$$
p_{t}(x, y) \geq \frac{C^{-1}}{V\left(x, W^{-1}\left(x, t^{1 / \beta}\right)\right)} \geq \frac{C^{-1}}{V_{*}\left(x, L t^{1 / \beta}\right)} \geq \frac{C^{-1}}{V_{*}\left(x, t^{1 / \beta}\right)}
$$

for $(\mu \times \mu)$-almost all $x, y \in M$ and all $t<C_{0} W(x, \bar{R})$ with $C_{0} \geq 1$ satisfying

$$
d(x, y) \leq \delta W^{-1}(x, t)
$$

This shows the implication (NLE) $\Rightarrow\left(\mathrm{NLE}_{*}\right)$.
Similarly, under (VD), we can prove $\left(\mathrm{sNLE}_{*}\right) \Leftrightarrow(\mathrm{sNLE})$.
7.3. The reflected Dirichlet form. In this subsection, we recall the general theory of the reflected Dirichlet form in $L^{2}(\Omega, \mu)$ for a non-empty open subset $\Omega$ of $M$. The reflected Dirichlet form will be used to derive the Poincaré inequality in the next subsection.

Let $(\mathcal{E}, \mathcal{F})$ be a general regular Dirichlet form defined in (2.5). Let $U$ be a non-empty open subset of $M$.

- The part Dirichlet form $(\mathcal{E}, \mathcal{F}(U))$ on $L^{2}(U)$.

Let $\mathcal{F}(U)$ be a space defined by (2.17), that is $\mathcal{F}(U)={\overline{\mathcal{F} \cap C_{0}(U)}}^{\mathcal{E}_{1}}$. It is known (cf. [7, Theorem 4.4.3]) that if $(\mathcal{E}, \mathcal{F})$ is regular, then $(\mathcal{E}, \mathcal{F}(U))$ is a regular Dirichlet form on $L^{2}(U)$, which is called the part of the Dirichlet form $(\mathcal{E}, \mathcal{F})$ on $U$. Moreover, the two Dirichlet forms $(\mathcal{E}, \mathcal{F})$ in $L^{2}(M, \mu)$ and $(\mathcal{E}, \mathcal{F}(U))$ in $L^{2}(U)$ share the same set of quasi notions (cf. [7, Theorem 4.4.3(ii) on p. 174]). Note that the energy $\mathcal{E}$ keeps the same expression (cf. [3, Eq. (3.3.1) on p. 108]) but its domain $\mathcal{F}(U)$ becomes smaller than the original $\mathcal{F}$, so that $\mathcal{F}(U) \subset \mathcal{F}$.

For any $u \in \mathcal{F}(U)$, we have by (2.5)

$$
\begin{equation*}
\mathcal{E}(u, u)=\int_{U} d \Gamma^{(L)}(u, u)+\iint_{U \times U}(u(x)-u(y))^{2} d j+\int_{U} u(x)^{2} k_{U}(d x) \tag{7.20}
\end{equation*}
$$

where $k_{U}(B)=k(B)+2 j(B \times M \backslash$ diag $)$ for any Borel set $B \in \mathcal{B}(U)$ is the killing measure of the Dirichlet form $(\mathcal{E}, \mathcal{F}(U))$, see also [3, Eq. (5.2.29) on p. 189].

- The resurrected Dirichlet form $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ on $L^{2}(U)$.

We follow the arguments in [3, the first paragraph on p. 190] to recall the notion of resurrected Dirichlet form.

Indeed, for any $u \in \mathcal{F}(U)$, we define

$$
\begin{equation*}
\mathcal{E}^{U, \text { res }}(u, u)=\int_{U} d \Gamma^{(L)}(u, u)+\iint_{U \times U}(u(x)-u(y))^{2} d j \tag{7.21}
\end{equation*}
$$

that is, the energy $\mathcal{E}^{U, \text { res }}$ is defined through (7.20) by removing the killing part. Applying [3, Theorem 5.2.17] for $(\mathcal{E}, \mathcal{F}(U))$ instead of $(\mathcal{E}, \mathcal{F})$, the form $(\mathcal{E}, \mathcal{F}(U))$ has a resurrected Dirichlet form $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ with an appropriate domain $\mathcal{F}^{U, \text { res }}$ (see the last paragraph in [3, the first paragraph on p. 190]). Moreover, we also have the following conclusion from [3, Theorem 5.2.17]:
(1). $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ is a regular Dirichlet from on $L^{2}(U)$.
(2). $\mathcal{F} \cap C_{0}(U)$ is a core of $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ since it is a special standard core of $(\mathcal{E}, \mathcal{F}(U))$. Consequently,

$$
\begin{equation*}
\mathcal{F}^{U, \text { res }}={\overline{\mathcal{F}} \cap C_{0}(U)}^{\mathcal{E}_{1}^{U, \text { res }}} \tag{7.22}
\end{equation*}
$$

where

$$
\mathcal{E}_{1}^{U, \text { res }}(u, u):=\mathcal{E}^{U, \mathrm{res}}(u, u)+(u, u)_{L^{2}(U)}
$$

(3). The two Dirichlet forms $(\mathcal{E}, \mathcal{F}(U))$ and $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ in $L^{2}(U)$ share the same set of quasi notions.
Since $\mathcal{E}^{U, \text { res }}(u, u) \leq \mathcal{E}(u, u)$ for any $u$ in $\mathcal{F} \cap C_{0}(U)$, we have by (7.22)

$$
\begin{equation*}
\mathcal{F}(U) \subset \mathcal{F}^{U, \mathrm{res}} \tag{7.23}
\end{equation*}
$$

Roughly speaking, the resurrected Dirichlet form ( $\left.\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ can be viewed as a modification of the Dirichlet form $(\mathcal{E}, \mathcal{F}(U))$ on $L^{2}(U)$ by dropping its killing part and by enlarging its domain.

- The reflected Dirichlet form $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U, \text { ref }}\right)$ on $L^{2}(U)$.

The reflected Dirichlet form $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U, \text { ref }}\right)$ on $L^{2}(U)$ is a modification of the resurrected Dirichlet form $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ on $L^{2}(U)$ by adjusting its domain $\mathcal{F}^{U \text {,res }}$ while keeping the same expression of the energy $\mathcal{E}^{U, \text { res }}$ on the space $\mathcal{F} \cap L^{\infty}$.

Recall that a set $E \subset M$ is called $\mathcal{E}$-quasi open for the Dirichlet form $(\mathcal{E}, \mathcal{F})$ if for any $\varepsilon>0$ there exists an open set $U$ containing $E$ with $\operatorname{Cap}_{1}(U \backslash E)<\varepsilon$ (see (2.25) for the definition of $\mathrm{Cap}_{1}$ ). So called $\mathcal{E}^{U, \text { res }}$-quasi open sets for the Dirichlet form $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ can be similarly defined. We follow the definition of the notion $\stackrel{\circ}{\mathcal{F}}_{\text {loc }}$ in [3, Eq. (4.3.31), p. 163] to define the function class $\stackrel{\circ}{\mathcal{F}}_{\text {loc }}^{U, \text { ref }}$ on $U$ :
$\mathcal{F}_{\text {loc }}^{U, \text { res }}=\left\{u:\right.$ there is an increasing sequence of $\mathcal{E}^{U, \text { res }}{ }_{\text {-quasi }}$ open sets $\left\{D_{n}\right\}$ with $\cup_{n=1}^{\infty} D_{n}=U$ $\mathcal{E}^{U \text {,res }}$-q.e. and a sequence $\left\{u_{n}\right\} \subset \mathcal{F}^{U \text {,res }}$ such that $u=u_{n} \mu$-a.e. on $\left.D_{n}\right\}$.
That is, we replace $\mathcal{F}, E$ appearing in [3, Eq. (4.3.31), p. 163] by $\mathcal{F}^{U, \text { res }}, U$ respectively.
The arguments following [3, Eq. (4.3.31), p. 163]) shows that every function in $\mathcal{F}_{\text {loc }}^{U \text {,res }}$ admits a quasi-continuous version. Indeed, for $u \in \stackrel{\circ}{\mathcal{F}}_{\text {loc }}^{U, \text { res }}$, by definition, there exists an increasing sequence of quasi open sets $\left\{D_{n}\right\}$ with $\cup_{n=1}^{\infty} D_{n}=U$ and a sequence $\left\{u_{n}\right\} \subset \mathcal{F}^{U \text {,res }}$ such that $u=u_{n} \mu$-a.e. on $D_{n}$. Moreover, each $u_{n}$ can be chosen to be its quasi-continuous version. Consequently, for any $m \geq n$, we have $u_{m}=u=u_{n} \mu$-a.e. on $D_{n}$. Then, it follows from [7, Lemma 2.1.5, p. 70] that $u_{m}=u_{n}$ q.e. on $D_{n}$. Hence, one can define a quasi-continuous function $v$ on $M$ such that $v=u_{n}$ q.e. on $D_{n}$, and it is clear that $v$ is a quasi continuous version of $u$.

Since $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ is a regular Dirichlet form on $L^{2}(U)$ by the above result, one can follow the arguments in the last two paragraphs in [3, p. 263] to prove that (7.21) is also well defined
for all $u \in \mathcal{\mathcal { F }}_{\text {loc }}^{U}$,res $($ not only for $u \in \mathcal{F}(U)$ ). In this case, we write the formula in (7.21) by $\widehat{\mathcal{E}}^{U, \text { res }}(u, u)$ when $u \in \stackrel{\mathcal{F}}{\text { loc }}_{U, \text { res }}^{\text {. }}$. That is,

$$
\begin{equation*}
\widehat{\mathcal{E}}^{U, \text { res }}(u, u)=\int_{U} d \Gamma^{(L)}(u, u)+\iint_{U \times U}(u(x)-u(y))^{2} d j, \quad u \in \mathcal{F}_{\text {loc }}^{U, \text { res }} . \tag{7.24}
\end{equation*}
$$

Again, since $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U \text {,res }}\right)$ is a regular Dirichlet form on $L^{2}(U)$, by [3, Defintion 6.4.4, p. 256], the reflected Dirichlet space ( $\left.\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U, \text { ref }}\right)$ of $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right)$ is defined by

$$
\begin{equation*}
\mathcal{F}^{U, \text { ref }}:=\left\{u \in \mathcal{F}_{\text {loc }}^{U, \text { res }}: \widehat{\mathcal{E}}^{U, \text { res }}(u, u)<\infty\right\}, \tag{7.25}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{E}^{U, \text { ref }}(u, v)=\widehat{\mathcal{E}}^{U, \text { res }}(u, v), \quad u, v \in \mathcal{F}^{U, \text { ref }} . \tag{7.26}
\end{equation*}
$$

Moreover, applying [3, Theorems 6.4 .5 , p. 266], with $(\mathcal{E}, \mathcal{F}),\left(\mathcal{E}^{\text {ref }}, \mathcal{F}^{\text {ref }}\right)$ being replaced by $\left(\mathcal{E}^{U, \text { res }}, \mathcal{F}^{U, \text { res }}\right),\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U, \text { ref }}\right)$ respectively, we see that the form $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}_{a}^{U, \text { ref }}\right)$ with

$$
\begin{equation*}
\mathcal{F}_{a}^{U, \text { ref }}:=\mathcal{F}^{U, \text { ref }} \cap L^{2}(U) \tag{7.27}
\end{equation*}
$$

is a Dirichlet form on $L^{2}(U)$. This Dirichlet form is called the reflected Dirichlet form on $U$. It is known that the Dirichlet form $\left(\mathcal{E}^{U \text {,ref }}, \mathcal{F}_{a}^{U \text {,ref }}\right)$ need not be regular in general. In the following, we will construct a regular Dirichlet form on $L^{2}(U)$ such that the associated domain contains the function set $\left.\mathcal{F}\right|_{U}$ :

$$
\left.\mathcal{F}\right|_{U}:=\{u: \text { there exists a function } f \text { in } \mathcal{F} \text { such that } u=f \text { on } U\} .
$$

We need the following lemma.
Lemma 7.8. Let $U$ be an open subset of $M$. Then

$$
\begin{equation*}
\left.\mathcal{F}\right|_{U} \subset \mathcal{F}_{\text {loc }}^{\mathcal{l o c s}^{\text {res }}} . \tag{7.28}
\end{equation*}
$$

Proof. Let $\left\{U_{n}\right\}$ be a sequence of precompact open sets such that $U_{n} \uparrow U$ as $n \rightarrow \infty$ and $\overline{U_{n}} \subset U_{n+1}$ for $n \geq 1$. Fix a function $u$ of its $\mathcal{E}$-quasi continuous version in $\mathcal{F}$. For any $n \geq 1$, let

$$
D_{n}=\{x \in U:-n<u(x)<n\} \cap U_{n} .
$$

Then each $D_{n}$ is $\mathcal{E}$-quasi open, precompact with $\overline{D_{n}} \subset D_{n+1}$ for $n \geq 1$ and $\cup_{n=1}^{\infty} D_{n}=U$. Moreover, by definitions (7.20) and (7.21), each $D_{n}$ is also $\mathcal{E}^{U, \text { res }}$-quasi open.

Let for $n \geq 1$

$$
u_{n}:=(-n) \vee u \wedge n .
$$

Then each $u_{n} \in \mathcal{F} \cap L^{\infty}$ and $u_{n}=u$ on $D_{n}$. We show

$$
u_{n} \in \mathcal{F}^{U, \text { res }} .
$$

Indeed, let $\phi \in \operatorname{cutoff}\left(D_{n}, D_{n+1}\right)$ so that $\operatorname{supp}(\phi) \subset D_{n+1} \subset U$. We have by [7, Theorem 1.4.2(ii), p. 28] that $v_{n}:=u_{n} \cdot \phi \in \mathcal{F} \cap L^{\infty}$, and so by [15, Proposition 2.8],

$$
v_{n} \in \mathcal{F}\left(D_{n+1}\right) .
$$

From this, we have by (7.23)

$$
v_{n} \in \mathcal{F}\left(D_{n+1}\right) \subset \mathcal{F}(U) \subset \mathcal{F}^{U, \text { res }} .
$$

Since $u=v_{n} \mu$-a.e. on $D_{n}$ and $v_{n} \in \mathcal{F}^{U, \text { res }}$, we see that $\left.u\right|_{U} \in \mathcal{F}_{\text {loc }}^{U \text {,res }}$ by definition.
For any open set $U \subset M$, it is easy to see that $\left.\mathcal{F}\right|_{U} \subset L^{2}(U)$, and by the definitions (2.5) and (7.24),

$$
\widehat{\mathcal{E}}^{U, \mathrm{res}}\left(\left.u\right|_{U},\left.u\right|_{U}\right) \leq \mathcal{E}(u, u)<\infty, \quad u \in \mathcal{F} .
$$

Hence, by (7.28) and by the definitions (7.25) and (7.27), we have

$$
\left.\mathcal{F}\right|_{U} \subset \mathcal{F}^{U, \text { ref }} \cap L^{2}(U)=\mathcal{F}_{a}^{U, \text { ref }} .
$$

Assume in addition that $\mu(\partial U)=0$. In this case, we have $L^{2}(U)=L^{2}(\bar{U})$. We will construct a regular Dirichlet form on $L^{2}(\bar{U})$. Indeed, all functions in $\left.\mathcal{F}\right|_{U}$ or $\mathcal{F}_{a}^{U, \text {,ref }}$ can be identified as functions on $\bar{U}$. Moreover, note that $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}_{a}^{U, \text { ref }}\right)$ is a Dirichlet form on $L^{2}(\bar{U})$, and $\left.\mathcal{F}\right|_{U} \subset$ $\mathcal{F}_{a}^{U, \text { ref }}$. We define

$$
\begin{equation*}
\mathcal{F}^{U}:={\left.\overline{\mathcal{F}}\right|_{U}}^{\mathcal{E}_{1}^{U}, \text { ref }} \tag{7.29}
\end{equation*}
$$

where

$$
\mathcal{E}_{1}^{U, \text { ref }}(u, u):=\mathcal{E}^{U, \text { ref }}(u, u)+(u, u)_{L^{2}(U)}, \quad u \in \mathcal{F}^{U} .
$$

Denote by $C_{0}(\bar{U})$ the space of continuous functions with compact supports in $\bar{U}$. Note that the space $C_{0}(\bar{U})$ is the same to the space of functions in $C_{0}(M)$ restricted to $\bar{U}$.
Theorem 7.9. Let $U \subset M$ be a non-empty open set with $\mu(\partial U)=0$. Then $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$ defined in (7.26) and (7.29) is a regular Dirichlet form on $L^{2}(\bar{U})$. Moreover, $\left.\mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ is also the core of $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$.

Proof. It is easy to see that $\mathcal{F}^{U}$ is dense in $L^{2}(\bar{U})$, since $\left.\mathcal{F}\right|_{U} \subset \mathcal{F}^{U}$ and $\left.\mathcal{F}\right|_{U}$ is dense in $L^{2}(\bar{U})$. Hence, $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$ is a Dirichlet form on $L^{2}(\bar{U})$. It remains to prove that $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$ is regular.

Indeed, let us first prove that $\mathcal{F}^{U} \cap C_{0}(\bar{U})$ is dense in $C_{0}(\bar{U})$. Since $\mathcal{F} \cap C_{0}(M)$ is dense in $C_{0}(M)$, we have that for any $u \in C_{0}(\bar{U})$ with $u=\left.\widetilde{u}\right|_{\bar{U}}$ for some $\widetilde{u} \in C_{0}(M)$, there exists $\left\{\widetilde{u}_{n}\right\} \subset \mathcal{F} \cap C_{0}(M)$ such that

$$
\sup _{x \in M}\left|\widetilde{u}_{n}(x)-\widetilde{u}(x)\right|<\frac{1}{n}, \quad n \geq 1 .
$$

Set $u_{n}:=\left.\left.\widetilde{u}_{n}\right|_{\bar{U}} \in \mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ for $n \geq 1$. Then

$$
\sup _{x \in \bar{U}}\left|u_{n}(x)-u(x)\right| \leq \sup _{x \in M}\left|\widetilde{u}_{n}(x)-\widetilde{u}(x)\right|<\frac{1}{n}, \quad n \geq 1 .
$$

That is, $\left.\mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ is dense in $C_{0}(\bar{U})$. Since $\left.\mathcal{F}\right|_{\bar{U}} \subset \mathcal{F}^{U}$, we have that $\mathcal{F}^{U} \cap C_{0}(\bar{U})$ is also dense in $C_{0}(\bar{U})$.
Let us prove that $\mathcal{F}^{U} \cap C_{0}(\bar{U})$ is dense in $\mathcal{F}^{U}$. By the definition (7.29) of $\mathcal{F}^{U}$, for any $u \in \mathcal{F}^{U}$, there exists $\left.\left\{u_{n}\right\} \subset \mathcal{F}\right|_{\bar{U}}$ such that

$$
\begin{equation*}
\mathcal{E}_{1}^{U, \text { ref }}\left(u_{n}-u, u_{n}-u\right)<\frac{1}{n^{2}}, \quad n \geq 1 . \tag{7.30}
\end{equation*}
$$

Then there exists $\left\{\widetilde{u}_{n}\right\} \subset \mathcal{F}$ such that $u_{n}=\left.\widetilde{u}_{n}\right|_{\bar{U}}$ for $n \geq 1$. Since $\mathcal{F} \cap C_{0}(M)$ is dense in $\mathcal{F}$, there exists $\left\{\widetilde{v}_{n}\right\} \subset \mathcal{F} \cap C_{0}(M)$ such that

$$
\mathcal{E}_{1}\left(\widetilde{v}_{n}-\widetilde{u}_{n}, \widetilde{v}_{n}-\widetilde{u}_{n}\right)<\frac{1}{n^{2}}, \quad n \geq 1 .
$$

Set $v_{n}:=\left.\left.\widetilde{v}_{n}\right|_{\bar{U}} \in \mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ for $n \geq 1$. By (7.26), (7.24) and (2.7), we have

$$
\begin{equation*}
\mathcal{E}_{1}^{U, \text { ref }}\left(v_{n}-u_{n}, v_{n}-u_{n}\right) \leq \mathcal{E}_{1}\left(\widetilde{v}_{n}-\widetilde{u}_{n}, \widetilde{v}_{n}-\widetilde{u}_{n}\right)<\frac{1}{n^{2}}, \quad n \geq 1 . \tag{7.31}
\end{equation*}
$$

Combining (7.30) and (7.31), we have

$$
\mathcal{E}_{1}^{U, \text { ref }}\left(v_{n}-u, v_{n}-u\right)<\frac{4}{n^{2}}, \quad n \geq 1 .
$$

Since $\left.v_{n} \in \mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ for $n \geq 1,\left.\mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ is dense in $\mathcal{F}^{U}$. Moreover, since $\left.\mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U}) \subset$ $\mathcal{F}^{U} \cap C_{0}(\bar{U})$, we have that $\mathcal{F}^{U} \cap C_{0}(\bar{U})$ is dense in $\mathcal{F}^{U}$. Therefore, $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$ is regular.

By Theorem $7.9,\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right)$ is a regular Dirichlet form on $L^{2}(\bar{U})$. Then, its part Dirichlet form $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}(U)\right)$ is a regular Dirichlet form on $L^{2}(U)$, where

$$
\mathcal{F}^{U}(U):=\overline{\mathcal{F}}^{U} \cap C_{0}(U){ }^{\mathcal{E}_{1}^{U} \text {,ef }},
$$

and $\mathcal{E}_{1}^{U, \text { ref }}(u, u)=\mathcal{E}^{U, \text { ref }}(u, u)+(u, u)_{L^{2}(U)}, u \in \mathcal{F}^{U}$.
Recall that $(\mathcal{E}, \mathcal{F}(U))$ be the part Dirichlet form on $L^{2}(U)$ of $(\mathcal{E}, \mathcal{F})$. If we identify the functions in $\mathcal{F} \cap C_{0}(U)$ as functions on $U$, then we have by (7.29),

$$
\mathcal{F} \cap C_{0}(U) \subset \mathcal{F}^{U}(U) \cap C_{0}(U) .
$$

Moreover, since $\mathcal{E}^{U, \text { ref }}\left(\left.u\right|_{U},\left.u\right|_{U}\right) \leq \mathcal{E}(u, u), u \in \mathcal{F}$, we have

$$
\begin{equation*}
\mathcal{F}(U)=\overline{\mathcal{F} \cap C_{0}(U)}{ }^{\mathcal{E}_{1}} \subset{\overline{\mathcal{F}}{ }^{U} \cap C_{0}(U)}^{\mathcal{E}_{1}^{U} \text {,ref }}=\mathcal{F}^{U}(U) \tag{7.32}
\end{equation*}
$$

We also have the following proposition.
Proposition 7.10. Let $U \subset M$ be an open set with $\mu(\partial U)=0$. Then, $\mathcal{F} \cap C_{0}(U)$ is weakly dense in $\mathcal{F}^{U}(U)$ with respect to $\mathcal{E}^{U, \text { ref }}$ and $L^{2}$-norm.

Proof. Step 1. Fix $u \in \mathcal{F}^{U} \cap C_{0}(U)$. Let $K:=\operatorname{supp}(u) \subset U$ and choose $\varphi \in \operatorname{cutoff}(K, U) \subset \mathcal{F}^{U}$.
Since $u \in \mathcal{F}^{U}$, by Theorem 7.9, there exist $\left.\left\{u_{n}\right\} \subset \mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ such that

$$
\mathcal{E}_{1}^{U, \text { ref }}\left(u_{n}-u, u_{n}-u\right)<\frac{1}{n}, \quad n \geq 1 .
$$

Note that $u \in C_{0}(U)$ is bounded. Let $v_{n}:=\left.\left(-\|u\|_{\infty}\right) \vee u_{n} \wedge\|u\|_{\infty} \in \mathcal{F}\right|_{\bar{U}} \cap C_{0}(\bar{U})$ for $n \geq 1$. By [7, Theorem 1.4.2(v), p. 28] with $\phi(t):=\left(-\|u\|_{\infty}\right) \vee t \wedge\|u\|_{\infty}, t \in \mathbb{R}$, we have

$$
\lim _{n \rightarrow \infty} \mathcal{E}_{1}^{U, \text { ref }}\left(v_{n}-u, v_{n}-u\right)=0
$$

Consequently, we have $\varphi v_{n}$ converges to $\varphi u=u$ as $n \rightarrow \infty$ in $L^{2}$-norm, and by [7, Theorem 1.4.2(ii), p. 28]

$$
\begin{aligned}
\sup _{n \geq 1} \mathcal{E}^{U, \text { ref }}\left(\varphi v_{n}, \varphi v_{n}\right) & \leq \sup _{n \geq 1} 2\|\varphi\|_{\infty} \mathcal{E}^{U, \text { ref }}\left(v_{n}, v_{n}\right)+\sup _{n \geq 1} 2\left\|v_{n}\right\|_{\infty} \mathcal{E}^{U, \text { ref }}(\varphi, \varphi) \\
& \leq \sup _{n \geq 1} 2 \mathcal{E}^{U, \text { ref }}\left(v_{n}, v_{n}\right)+2\|u\|_{\infty} \mathcal{E}^{U, \text { ref }}(\varphi, \varphi)<\infty
\end{aligned}
$$

Hence, by Lemma 9.4 in Appendix, there exist $\left\{\varphi v_{n_{k}}\right\} \subset\left\{\varphi v_{n}\right\}$ such that $\varphi v_{n_{k}}$ converges weakly to $u$ in $\mathcal{E}^{U, \text { ref }}$-norm. Moreover, since each $\varphi v_{n_{k}} \in \mathcal{F} \cap C_{0}(U)$, we see that $\mathcal{F} \cap C_{0}(U)$ is weakly dense in $\mathcal{F}^{U} \cap C_{0}(U)$ with respect to $\mathcal{E}^{U, \text { ref }}$ and $L^{2}$-norm.

Step 2. Fix $u \in \mathcal{F}^{U}(U)$. There exist $\left\{u_{n}\right\} \subset \mathcal{F}^{U} \cap C_{0}(U)$ such that

$$
\mathcal{E}_{1}^{U \text {,ref }}\left(u_{n}-u, u_{n}-u\right)<\frac{1}{n}, \quad n \geq 1 .
$$

By step 1 , for any $v \in \mathcal{F}^{U}$, there exist $\left\{v_{n}\right\} \subset \mathcal{F} \cap C_{0}(U)$ such that

$$
\left|\mathcal{E}^{U, \text { ref }}\left(u_{n}-v_{n}, v\right)\right|<\frac{1}{n}, \quad n \geq 1
$$

and

$$
\left\|v_{n}-u_{n}\right\|_{L^{2}(U)}<\frac{1}{n}, \quad n \geq 1
$$

Consequently, we have for any $v \in \mathcal{F}^{U}$,

$$
\lim _{n \rightarrow \infty} \mathcal{E}^{U, \text { ref }}\left(v_{n}-u, v\right)=0, \quad \lim _{n \rightarrow \infty}\left\|v_{n}-v\right\|_{L^{2}(U)}=0
$$

The proof is complete.
We will use the parabolic maximum principle [14, Proposition 4.11] to prove the following Proposition 7.11. Let us recall the definition of subcaloric functions.

Let $I$ be an interval in $\mathbb{R}$. A function $u: I \rightarrow L^{2}$ is said to be weakly differentiable at $t \in I$, if for any $\varphi \in L^{2}$, the function $(u(\cdot), \varphi)$ is differentiable at $t$, that is, the limit

$$
\lim _{\varepsilon \rightarrow 0}\left(\frac{u(t+\varepsilon)-u(t)}{\varepsilon}, \varphi\right)
$$

exists. In this case, by the principle of uniform boundedness, there is some $w \in L^{2}$ such that

$$
\lim _{\varepsilon \rightarrow 0}\left(\frac{u(t+\varepsilon)-u(t)}{\varepsilon}, \varphi\right)=(w, \varphi)
$$

for any $\varphi \in L^{2}$. The vector $w$ is called the weak derivative of $u$ at $t$, and we write $w=\partial_{t} u$ or $w=\frac{\partial u}{\partial t}$.

For an open subset $U \subset M$, a function $u: I \rightarrow \mathcal{F}$ is subcaloric (caloric) in $I \times U$ if $u$ is weakly differentiable in $L^{2}$ at any $t \in I$ and if for any $t \in I$ and any non-negative $\varphi \in \mathcal{F}(U)$,

$$
\left(\partial_{t} u, \varphi\right)+\mathcal{E}(u(t, \cdot), \varphi) \leq 0(=0) .
$$

One can prove that for any $f \in L^{2}(U), P_{t}^{U} f$ is caloric in $(0, \infty) \times U$. Subcaloric (caloric) functions for other Dirichlet forms can be similarly defined.
Proposition 7.11. Let $U \subset M$ be an open set with $\mu(\partial U)=0$. Let $\left\{\widehat{P}_{t}\right\}_{t>0},\left\{\widehat{P}_{t}^{U}\right\}_{t>0},\left\{P_{t}^{U}\right\}_{t>0}$ be the heat semigroups of the Dirichlet forms $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}\right),\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}(U)\right),(\mathcal{E}, \mathcal{F}(U))$ respectively. Then for any $0 \leq f \in L^{2}(U)$ and any $t>0$,

$$
\begin{equation*}
\widehat{P}_{t} f \geq \widehat{P}_{t}^{U} f \geq P_{t}^{U} f \text { in } M \tag{7.33}
\end{equation*}
$$

Proof. Clearly, for any non-negative $f$ in $L^{2}(U)$,

$$
\widehat{P}_{t} f \geq \widehat{P}_{t}^{U} f \text { in } M
$$

Since $\widehat{P}_{t}^{U} f=0=P_{t}^{U} f$ in $U^{c}$, we only need to show

$$
\widehat{P}_{t}^{U} f \geq P_{t}^{U} f \text { in } U .
$$

To do this, note that both Dirichlet forms $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}(U)\right)$ and $(\mathcal{E}, \mathcal{F}(U))$ in $L^{2}(U)$ are regular. Let for any $f \in L^{2}(U)$ and $t>0$,

$$
u(t, \cdot):=P_{t}^{U} f-\widehat{P}_{t}^{U} f
$$

We are to show that $u \leq 0$ in $(0, \infty) \times U$ by using the parabolic maximum principle.
Indeed, it is easy to see that $u(t, \cdot) \rightarrow 0$ in $L^{2}(U)$ as $t \rightarrow 0$. Since

$$
u(t, \cdot) \leq P_{t}^{U} f(\cdot) \in \mathcal{F}(U)
$$

we see by [14, Lemma 4.4] and by using (7.32) that

$$
u_{+}(t, \cdot) \in \mathcal{F}(U) \subset \mathcal{F}^{U}(U)
$$

Thus, the function $u$ satisfies the initial and boundary conditions in $(0, \infty) \times U$ with respect to $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}(U)\right)$.

We show that $u$ is subcaloric in $(0, \infty) \times U$ with respect to the form $\left(\mathcal{E}^{U, \text { ref }}, \mathcal{F}^{U}(U)\right)$, that is, for any non-negative function $\varphi \in \mathcal{F}^{U}(U)$

$$
\begin{equation*}
\left(\frac{\partial u}{\partial t}, \varphi\right)+\mathcal{E}^{U, \text { ref }}(u, \varphi) \leq 0 \tag{7.34}
\end{equation*}
$$

Indeed, using the definitions (7.20) and (7.26), we see for any $u, v \in \mathcal{F}(U)$

$$
\begin{aligned}
\mathcal{E}(u, v) & =\int_{U} d \Gamma^{(L)}(u, v)+\iint_{U \times U}(u(x)-u(y))(v(x)-v(y)) d j+\int_{U} u(x) v(x) k_{U}(d x) \\
& =\mathcal{E}^{U, \text { ref }}(u, v)+\int_{U} u(x) v(x) k_{U}(d x) .
\end{aligned}
$$

From this, we have for any non-negative function $\varphi \in \mathcal{F}(U) \subset \mathcal{F}^{U}(U)$,

$$
\begin{aligned}
\left(\frac{\partial u}{\partial t}, \varphi\right) & =\left(\frac{\partial}{\partial t} P_{t}^{U} f-\frac{\partial}{\partial t} \widehat{P}_{t}^{U} f, \varphi\right)=-\mathcal{E}\left(P_{t}^{U} f, \varphi\right)+\mathcal{E}^{U, \text { ref }}\left(\widehat{P}_{t}^{U} f, \varphi\right) \\
& =-\mathcal{E}^{U, \text { ref }}\left(P_{t}^{U} f, \varphi\right)-\int_{U} P_{t}^{U} f(x) \varphi(x) k_{U}(d x)+\mathcal{E}^{U, \text { ref }}\left(\widehat{P}_{t}^{U} f, \varphi\right)
\end{aligned}
$$

$$
\begin{equation*}
=-\mathcal{E}^{U, \mathrm{ref}}(u, \varphi)-\int_{U} P_{t}^{U} f(x) \varphi(x) k_{U}(d x) \leq-\mathcal{E}^{U, \mathrm{ref}}(u, \varphi) \tag{7.35}
\end{equation*}
$$

that is, the inequality (7.34) holds for any $0 \leq \varphi \in \mathcal{F}(U)$. Moreover, by Proposition 7.10, (7.34) holds for any $0 \leq \varphi \in \mathcal{F}^{U}(U)$.

Therefore, by the parabolic maximum principle [14, Proposition 4.11], we have

$$
u(t, \cdot)=P_{t}^{U} f-\widehat{P}_{t}^{U} f \leq 0 \text { in }(0, \infty) \times U
$$

The proof is complete.
7.4. Derivation of conditions (PI) and (S). Recall that $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form without killing part defined by (2.7), and $d_{*}$ is the metric defined by Proposition 4.1.

In this section we derive conditions (PI) and (S) by using condition (LLE). Here the condition $(\mathrm{S})$ is called survival estimate which is defined below. This condition is used to derive the implication (LLE) $\Rightarrow$ (Gcap).

We start with the implication $\left(\mathrm{LLE}_{*}\right) \Rightarrow\left(\mathrm{PI}_{*}\right)$.
Lemma 7.12. Assume that condition (VD) is satisfied. Then ( $\mathrm{LLE}_{*}$ ) $\Rightarrow\left(\mathrm{PI}_{*}\right)$.
Proof. Fix a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ of radius $r \in\left(0, W\left(x_{0}, \bar{R}\right)^{1 / \beta}\right)$.
Case 1. $\mu\left(\partial B_{*}\right)=0$.
Let the Dirichlet forms $\left(\mathcal{E}^{B_{*}, \text { ref }}, \mathcal{F}^{B_{*}}\right),\left(\mathcal{E}^{B_{*}, \text { ref }}, \mathcal{F}^{B_{*}}\left(B_{*}\right)\right),\left(\mathcal{E}, \mathcal{F}\left(B_{*}\right)\right)$ be as in Proposition 7.11 with $U=B_{*}$, whose heat semigroups are denoted by $\left\{\widehat{P}_{t}\right\}_{t>0},\left\{\widehat{P}_{t}^{B_{*}}\right\}_{t>0},\left\{P_{t}^{B_{*}}\right\}_{t>0}$ respectively.

By [16, Eq. (8.7)] and (7.33), we have for any $t>0$ and for any $u \in \mathcal{F}^{B_{*}}$,

$$
\begin{aligned}
\mathcal{E}^{B_{*}, \text { ref }}(u, u) & \geq \frac{1}{2 t}\left(\widehat{P}_{t}(u(x) 1-u)^{2}(x), 1(x)\right) \\
& \geq \frac{1}{2 t}\left(\widehat{P}_{t}^{B_{*}}(u(x) 1-u)^{2}(x), 1(x)\right) \\
& \geq \frac{1}{2 t}\left(P_{t}^{B_{*}}(u(x) 1-u)^{2}(x), 1(x)\right) \\
& =\frac{1}{2 t} \int_{B_{*}} \int_{B_{*}} p_{t}^{B_{*}}(x, y)(u(x)-u(y))^{2} d \mu(x) d \mu(y)
\end{aligned}
$$

Let $t=\left(\delta_{*} r\right)^{\beta}$ where $\delta_{*}$ is the constant from $\left(\operatorname{LLE}_{*}\right)$. By ( $\left.\mathrm{LLE}_{*}\right)$,

$$
p_{t}^{B_{*}}(x, y) \geq \frac{c}{V_{*}\left(x_{0}, t^{1 / \beta}\right)}=\frac{c}{V_{*}\left(x_{0}, \delta_{*} r\right)} \geq \frac{c^{\prime}}{\mu\left(B_{*}\right)}, \quad \mu \text {-a.a. } x, y \in B_{*}\left(x_{0}, \delta_{*} t^{1 / \beta}\right)=\delta_{*}^{2} B_{*} .
$$

Combining the above two formulas and using condition $\left(\mathrm{VD}_{*}\right)$, it follows that for any $u \in \mathcal{F}^{B_{*}}$,

$$
\begin{align*}
\mathcal{E}^{B_{*}, \mathrm{ref}}(u, u) & \geq \frac{c^{\prime}}{2\left(\delta_{*} r\right)^{\beta} \mu\left(B_{*}\right)} \int_{\delta_{*}^{2} B_{*}} \int_{\delta_{*}^{2} B_{*}}(u(x)-u(y))^{2} d \mu(x) d \mu(y) \\
& =\frac{c^{\prime} \mu\left(\delta^{2} B_{*}\right)}{\left(\delta_{*} r\right)^{\beta} \mu\left(B_{*}\right)} \int_{\delta_{*}^{2} B_{*}}\left|u-u_{\delta_{*}^{2} B_{*}}\right|^{2} d \mu \geq \frac{c}{r^{\beta}} \int_{\delta_{*}^{2} B_{*}}\left|u-u_{\delta_{*}^{2} B_{*}}\right|^{2} d \mu \tag{7.36}
\end{align*}
$$

Setting $\kappa_{*}:=\delta_{*}^{2}$, we see by (7.36) and definition (7.26) that for any $\left.u \in \mathcal{F}\right|_{B_{*}} \subset \mathcal{F}^{B_{*}}$,

$$
\int_{\kappa_{*} B_{*}}\left|u-u_{\kappa_{*} B_{*}}\right|^{2} d \mu \leq C r^{\beta} \mathcal{E}^{B_{*}, \text { ref }}(u, u)(u, u)=C r^{\beta} \int_{B_{*}} d \Gamma_{B_{*}}(u, u)
$$

thus showing that condition $\left(\mathrm{PI}_{*}\right)$ holds.
Case 2. $\mu\left(\partial B_{*}\right)>0$.
It follows from $\left(\mathrm{VD}_{*}\right)$ that there exist at most countably many numbers $s \in(0, r)$ such that $\mu\left(\partial B_{*}\left(x_{0}, s\right)\right)>0$. Then, we can take a sequence $\left\{r_{n}\right\}_{n \geq 1} \subset(0, r)$ such that $B_{n}:=B_{*}\left(x_{0}, r_{n}\right) \uparrow$
$B_{*}$ as $n \rightarrow \infty$ and $\mu\left(\partial B_{n}\right)=0$ for all $n \geq 1$. Moreover, applying the result in Case 1 for each $B_{n}$ and using (3.5), we obtain

$$
\int_{\kappa_{*} B_{n}}\left|u-u_{\kappa_{*} B_{n}}\right|^{2} d \mu(x) \leq C r_{n}^{\beta} \int_{B_{n}} d \Gamma_{B_{n}}(u) \leq C r^{\beta} \int_{B_{*}} d \Gamma_{B_{*}}(u)
$$

Passing to the limit in the above inequality as $n \rightarrow \infty$, we obtain (4.13) for the ball $B_{*}$. That is, condition $\left(\mathrm{PI}_{*}\right)$ holds.
Definition 7.13 . We say that condition ( S ) holds if there exist two small constants $\varepsilon, \delta \in(0,1)$ such that for all balls $B$ of radius less than $\bar{R}$,

$$
\begin{equation*}
P_{t}^{B} \mathbf{1}_{B} \geq \varepsilon \text { in } \frac{1}{4} B \tag{7.37}
\end{equation*}
$$

provided that $t \leq \delta W(B)$.
We show that condition (LLE) implies condition (S).
Lemma 7.14. Assume that condition (VD) is satisfied. Then (LLE) $\Rightarrow(\mathrm{S})$.
Proof. Rename the constant $\delta$ in (LLE) by $\delta_{0}$.
Step 1. Let $B_{0}:=B(x, R)$ with $x \in M$ and $R \in(0, \bar{R})$. By (LLE) and (VD), we obtain for any $t \leq W\left(x, \delta_{0} R\right)$ and $\mu$-almost all $z \in B\left(x, \delta_{0} W^{-1}(x, t)\right)$,

$$
\begin{align*}
P_{t}^{B_{0}} \mathbf{1}_{B_{0}}(z) & =\int_{B_{0}} p_{t}^{B_{0}}(z, y) d \mu(y) \geq \int_{B\left(x, \delta_{0} W^{-1}(x, t)\right)} p_{t}^{B_{0}}(z, y) d \mu(y) \\
& \geq \int_{B\left(x, \delta_{0} W^{-1}(x, t)\right)} \frac{C^{-1}}{V\left(x, W^{-1}(x, t)\right)} d \mu(y)=C^{-1} \frac{V\left(x, \delta_{0} W^{-1}(x, t)\right)}{V\left(x, W^{-1}(x, t)\right)} \\
& \geq \varepsilon \quad(\operatorname{using}(9.1)) \tag{7.38}
\end{align*}
$$

for some positive constant $c$ independent of $B_{0}, t, z$.
Step 2. Fix $B:=B\left(x_{0}, R\right)$ with $x_{0} \in M$ and $R \in(0, \bar{R})$. Let $x$ be any point in $\frac{1}{4} B$ so that $B\left(x, \frac{R}{2}\right) \subset B$. Applying (7.38) with $B_{0}$ being replaced by $B\left(x, \frac{R}{2}\right)$, it follows that for any $t \leq W\left(x, \delta_{0} R / 2\right)$,

$$
\begin{equation*}
P_{t}^{B} \mathbf{1}_{B} \geq P_{t}^{B(x, R / 2)} \mathbf{1}_{B(x, R / 2)} \geq \varepsilon \quad \text { in } B\left(x, \delta_{0} W^{-1}(x, t)\right) \tag{7.39}
\end{equation*}
$$

Moreover, by the right inequality in (2.8), we have for any $x \in \frac{1}{4} B$

$$
\frac{W\left(x_{0}, R\right)}{W\left(x, \delta_{0} R / 2\right)} \leq c^{\prime}\left(\frac{2}{\delta_{0}}\right)^{\beta_{2}}=: \delta^{-1}
$$

that is, $\delta W\left(x_{0}, R\right) \leq W\left(x, \delta_{0} R / 2\right)$. And, by the left inequality in (2.8), we have for any $x \in \frac{1}{4} B$ and $t<\delta W\left(x_{0}, R\right)$,

$$
\begin{aligned}
\frac{W^{-1}\left(x_{0}, t\right)}{W^{-1}(x, t)} & \leq \frac{W^{-1}\left(x_{0}, t\right)+R}{W^{-1}(x, t)} \leq c^{\prime \prime}\left(\frac{W\left(x_{0}, W^{-1}\left(x_{0}, t\right)+R\right)}{W\left(x, W^{-1}(x, t)\right)}\right)^{1 / \beta_{1}} \\
& =c^{\prime \prime}\left(\frac{W\left(x_{0}, W^{-1}\left(x_{0}, t\right)+R\right)}{t}\right)^{1 / \beta_{1}}=: c\left(x_{0}, t, R\right)^{-1}
\end{aligned}
$$

that is, $c\left(x_{0}, t, R\right) W^{-1}\left(x_{0}, t\right) \leq W^{-1}(x, t)$. Here $c\left(x_{0}, t, R\right)$ is a positive constant depending on $x_{0}, t, R$.

Hence, by (7.39), we have that for any $x \in \frac{1}{4} B$ and $t<\delta W\left(x_{0}, R\right)$,

$$
P_{t}^{B} \mathbf{1}_{B} \geq \varepsilon \quad \text { in } B\left(x, \delta_{0} c\left(x_{0}, t, R\right)\right)
$$

Since $\frac{1}{4} B$ can be covered by at most countable balls like $\left\{B\left(x, \delta_{0} c\left(x_{0}, t, R\right)\right), x \in \frac{1}{4} B\right\}$, it follows that for any $t \leq \delta W\left(x_{0}, R\right)$,

$$
P_{t}^{B} \mathbf{1}_{B} \geq \varepsilon \quad \text { in } \frac{1}{4} B
$$

thus showing that $(\mathrm{S})$ is true.
7.5. Proof of Theorem 2.10. The follow lemma was proved in [12, Lemma 9.4], which shows that under mild assumptions, conditions (Gcap) and (ABB) are equivalent.

Lemma $7.15\left(\left[12\right.\right.$, Lemma 9.4]). Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then, we have

$$
(\mathrm{VD})+(\mathrm{TJ})+(\mathrm{ABB}) \Rightarrow\left(\mathrm{Cap}_{\leq}\right)
$$

Consequently, under conditions (VD), (FK) and (TJ), we have the following equivalence:

$$
\begin{equation*}
(\mathrm{Gcap}) \Leftrightarrow(\mathrm{ABB}) \tag{7.40}
\end{equation*}
$$

Proof of Theorem 2.10. Assume that conditions (VD), (RVD) and (TJ) are satisfied. We prove the first equivalence: $(\mathrm{PI})+(\mathrm{Gcap}) \Leftrightarrow(\mathrm{PI})+(\mathrm{ABB})$ which follows from $(7.40)$ and the following equivalences:

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{PI} & \Rightarrow\left(\mathrm{PI}_{*}\right) \quad(\text { Proposition 4.7) } \\
(\mathrm{VD})+(\mathrm{RVD}) & \Rightarrow\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right) \quad \text { (Proposition 4.4) } \\
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right)+\left(\mathrm{PI}_{*}\right) & \Rightarrow\left(\mathrm{FK}_{*}\right) \quad(\mathrm{Eq} . \quad(4.33)) \\
(\mathrm{VD})+\left(\mathrm{FK}_{*}\right) & \Rightarrow(\mathrm{FK}) \quad \text { (Proposition 4.13) }
\end{aligned}
$$

Next, we prove the following two equivalences:

$$
\begin{equation*}
(\mathrm{PI})+(\mathrm{Gcap}) \Leftrightarrow(\mathrm{sLLE}) \Leftrightarrow(\mathrm{LLE}) \tag{7.41}
\end{equation*}
$$

Indeed, we have the following results:

$$
\begin{aligned}
&(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{Gcap})+(\mathrm{TJ})+(\mathrm{PI}) \Rightarrow\left(\mathrm{LLE}_{*}\right) \\
&(\mathrm{Lemma} 7.6) \\
&(\mathrm{VD})+\left(\mathrm{LLE}_{*}\right) \Rightarrow(\mathrm{sLLE})(\text { Lemma 7.7 })
\end{aligned}
$$

Moreover, it is obvious that $(\mathrm{sLLE}) \Rightarrow(\mathrm{LLE})$. To verify the opposition implication (LLE) $\Rightarrow(\mathrm{PI})+$ (Gcap), we use the following implications:

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{LLE}) & \Rightarrow\left(\mathrm{LLE}_{*}\right) \quad(\text { Lemma } 7.7) \\
(\mathrm{VD})+\left(\mathrm{LLE}_{*}\right) & \Rightarrow\left(\mathrm{PI}_{*}\right) \quad(\text { Lemma } 7.12) \\
(\mathrm{VD})+\left(\mathrm{PI}_{*}\right) & \Rightarrow(\mathrm{PI}) \quad(\text { Proposition } 4.7) \\
(\mathrm{VD})+(\mathrm{LLE}) & \Rightarrow(\mathrm{S}) \quad(\text { Lemma } 7.14) \\
(\mathrm{VD})+(\mathrm{S}) & \Rightarrow(\text { Gcap }) \quad([11, \text { Lemma 13.5]). }
\end{aligned}
$$

Hence, we have proved (7.41).
To prove the implication (LLE) $\Rightarrow$ (sNLE), by the above equivalence, it suffices to prove $(\mathrm{sLLE}) \Rightarrow(\mathrm{sNLE})$, which in turn follows from the following implications:

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{sLLE}) & \Rightarrow\left(\mathrm{sLLE}_{*}\right) \quad(\text { Lemma } 7.7) \\
(\mathrm{VD})+\left(\mathrm{sLLE}_{*}\right) & \Rightarrow\left(\mathrm{sNLE}_{*}\right) \quad(\text { Lemma } 7.6) \\
(\mathrm{VD})+\left(\mathrm{sNLE}_{*}\right) & \Rightarrow(\mathrm{sNLE}) \quad(\text { Lemma } 7.7) .
\end{aligned}
$$

The proof of Theorem 2.10 is complete.

## 8. Full lower estimates of the heat kernel

8.1. Proofs of Theorem 2.13 and Corollary 2.14. We start with derivation of (PI) from the lower bound of the jump kernel.

Lemma 8.1. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Then

$$
(\mathrm{VD})+\left(\mathrm{J}_{\geq}\right) \Rightarrow(\mathrm{PI})
$$

Proof. Fix a ball $B:=B\left(x_{0}, R\right)$ with $x_{0} \in M$ and $R \in(0, \bar{R})$. It follows from conditions $(\mathrm{VD}),\left(\mathrm{J}_{\geq}\right)$that, for any $u \in \mathcal{F}$,

$$
\begin{aligned}
\int_{B} d \Gamma_{B}(u) & \geq \iint_{B \times B}(u(x)-u(y))^{2} J(x, y) d \mu(y) d \mu(x) \\
& \geq \iint_{B \times B}(u(x)-u(y))^{2} \frac{c}{V(x, y) W(x, y)} d \mu(y) d \mu(x) \\
& \geq \iint_{B \times B}(u(x)-u(y))^{2} \frac{c}{V(x, 2 R) W(x, 2 R)} d \mu(y) d \mu(x) \\
& \geq \frac{c^{\prime}}{V\left(x_{0}, R\right) W\left(x_{0}, R\right)} \iint_{B \times B}(u(x)-u(y))^{2} d \mu(y) d \mu(x) .
\end{aligned}
$$

From this and using the identity

$$
\iint_{B \times B}\left(u(x)-u(y)^{2} d \mu(y) d \mu(x)=2 \mu(B) \int_{B}\left(u-u_{B}\right)^{2} d \mu\right.
$$

we obtain

$$
\int_{B} d \Gamma_{B}(u) \geq \frac{c^{\prime}}{V\left(x_{0}, R\right) W\left(x_{0}, R\right)} \cdot 2 \mu(B) \int_{B}\left(u-u_{B}\right)^{2} d \mu=\frac{2 c^{\prime}}{W\left(x_{0}, R\right)} \int_{B}\left(u-u_{B}\right)^{2} d \mu
$$

thus showing that (2.15) holds with $\kappa=1$.
We introduce condition $\left(J_{\geq}^{*}\right)$.
Definition 8.2. We say that condition $\left(J_{\geq}^{*}\right)$ holds if there exists a non-negative function $J$ such that $d j(x, y)=J(x, y) d \mu(y) d \mu(x)$ in $M \times \bar{M}$, and for $(\mu \times \mu)$-almost all $(x, y)$ in $M \times M$,

$$
\begin{equation*}
J(x, y) \geq \frac{C}{V_{*}(x, y) d_{*}(x, y)^{\beta}} \tag{8.1}
\end{equation*}
$$

where $V_{*}(x, y):=V_{*}\left(x, d_{*}(x, y)\right), x, y \in M$, and $C$ is a positive constant independent of $x, y$ ( $C=0$ if $J \equiv 0$ ).

Then we have following.
Lemma 8.3. The following implication is true:

$$
(\mathrm{VD})+\left(\mathrm{J}_{\geq}\right) \Rightarrow\left(\mathrm{J}_{\geq}^{*}\right)
$$

Proof. It suffices to show (8.1). Indeed, fix two points $x, y$ in $M$. For any $z \in B(x, d(x, y))$, we have by (4.5) that

$$
d_{*}(x, z) \leq L F(x, d(x, z)) \leq L F(x, d(x, y)) \leq L^{2} d_{*}(x, y)
$$

showing that

$$
B(x, d(x, y)) \subset B_{*}\left(x, L^{2} d_{*}(x, y)\right)
$$

Since $\left(\mathrm{VD}_{*}\right)$ holds by Proposition 4.4, we have

$$
V(x, y)=V(x, d(x, y)) \leq V_{*}\left(x, L^{2} d_{*}(x, y)\right) \leq C V_{*}\left(x, d_{*}(x, y)\right)=C V_{*}(x, y)
$$

One the other hand, using (4.5) again, we see

$$
W(x, y)=W(x, d(x, y))=F(x, d(x, y))^{\beta} \leq\left(L d_{*}(x, y)\right)^{\beta}
$$

Therefore, it follows from (2.19) that

$$
J(x, y) \geq \frac{C}{V(x, y) W(x, y)} \geq \frac{C^{\prime}}{V_{*}(x, y) d_{*}(x, y)^{\beta}}
$$

thus showing (8.1).

Proposition 8.4 ([8, Corollary 3.5]). Assume that $(\mathcal{E}, \mathcal{F})$ is a regular conservative Dirichlet form in $L^{2}$. Let $K$ be compact and $U, V$ be open such that $K \subset U \subset V$. Then

$$
P_{t} \mathbf{1}_{V} \geq\left(1-P_{t}^{K^{c}} \mathbf{1}_{K^{c}}\right) \inf _{0<s \leq t} \operatorname{einf}_{U} P_{s}^{V} \mathbf{1}_{V} \text { in } M
$$

Proposition 8.5 ([8, Lemma 4.1]). Assume that $(\mathcal{E}, \mathcal{F})$ is a regular Dirichlet form in $L^{2}$. Let $\Omega$ be an open subset of $M$ and $f \in L^{1} \cap L^{2}$ be non-negative. Let $\phi \in \mathcal{F}$ be such that $0 \leq \phi \leq 1$ in $M$ and $\phi=0$ in $\Omega$. Then for any $t>0$,

$$
\left(1-P_{t}^{\Omega} \mathbf{1}_{\Omega}, f\right) \geq-\int_{0}^{t} \mathcal{E}\left(\phi, P_{s}^{\Omega} f\right) d s
$$

We introduce condition $\left(\mathrm{LE}_{*}\right)$, the full lower bound of the heat kernel under the metric $d_{*}$.
Definition 8.6. We say that condition $\left(\mathrm{LE}_{*}\right)$ holds if the heat kernel $p_{t}(x, y)$ exists and, for any $C_{0} \geq 1$, there exists $C>0$ such that for any $x, y$ in $M$ and $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$,

$$
\begin{equation*}
p_{t}(x, y) \geq C\left(\frac{1}{V_{*}\left(x, t^{1 / \beta}\right)} \wedge \frac{t}{V_{*}(x, y) d_{*}(x, y)^{\beta}}\right), \tag{8.2}
\end{equation*}
$$

where $C$ is a positive constant independent of $t, x, y$.
The following gives a lower estimate of the heat kernel.
Lemma 8.7. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that $(\mathcal{E}, \mathcal{F})$ is conservative, and for any non-empty bounded open set $\Omega \subset M$, the Dirichlet heat kernel $p_{t}^{\Omega}(x, y)$ is locally Hölder continuous in $(x, y, t) \in \Omega \times \Omega \times(0, \infty)$. Then

$$
(\mathrm{VD})+\left(\mathrm{J}_{\geq}^{*}\right)+\left(\mathrm{S}_{*}\right)+\left(\mathrm{sNLE}_{*}\right) \Rightarrow(\mathrm{VD})+\left(\mathrm{LE}_{*}\right) \Rightarrow(\mathrm{sLE})
$$

Proof. By assumption, the hypothesis of Proposition 7.2 is satisfied, and for any non-empty bounded open set $\Omega \subset M$ and $t>0$, the function $P_{t}^{\Omega} \mathbf{1}_{\Omega}$ is continuous.

We first show condition $\left(\mathrm{LE}_{*}\right)$ holds. The proof is motivated by that in [8, Theorem 4.8].
Let $\delta_{1}$ be the constants from (6.1) in condition ( $\mathrm{S}_{*}$ ) and $\delta_{2}$ from (7.7) in condition ( $\mathrm{sNLE}_{*}$ ). Let us fix $x, y \in M$ and $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$. We consider two cases.

Case 1: $d_{*}(x, y) \leq \delta_{2} t^{1 / \beta}$. In this case, (8.2) follows directly from (7.7).
Case 2: $d_{*}(x, y)>\delta_{2} t^{1 / \beta}$. We divide the proof of this case into four steps.
Step 1. Let

$$
\delta_{3}:=\frac{\delta_{2}}{2^{1+1 / \beta} C_{0}} \text { and } \delta_{4}:=\frac{1}{2} \wedge\left(\delta_{3} \delta_{1}\right)^{\beta} .
$$

Fix $s<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$ with

$$
\begin{equation*}
d_{*}(x, y)>\delta_{2} s^{1 / \beta} . \tag{8.3}
\end{equation*}
$$

Set $r:=\delta_{3} s^{1 / \beta}$ so that

$$
r<\frac{1}{2}(W(x, \bar{R}) \wedge W(y, \bar{R})),
$$

and set

$$
B_{x}:=B_{*}(x, r) \quad \text { and } \quad B_{y}:=B_{*}(y, r)
$$

so that $B_{x}$ and $B_{y}$ are disjoint. By the pointwise semigroup property in Proposition 7.2(1), we have for any $z \in M$,

$$
\begin{aligned}
p_{s}(x, z) & =\int_{M} p_{\left(1-\delta_{4}\right) s}(x, w) p_{\delta_{4} s}(w, z) d \mu(w) \\
& \geq \int_{B_{x}} p_{\left(1-\delta_{4}\right) s}(x, w) p_{\delta_{4} s}(w, z) d \mu(w) \\
& \geq \operatorname{einf}_{w \in B_{x}} p_{\left(1-\delta_{4}\right) s}(x, w) \int_{B_{x}} p_{\delta_{4} s}(w, z) d \mu(w)
\end{aligned}
$$

$$
\begin{equation*}
=\operatorname{einf}_{w \in B_{x}} p_{\left(1-\delta_{4}\right) s}(x, w) P_{\delta_{4} s} \mathbf{1}_{B_{x}}(z) \tag{8.4}
\end{equation*}
$$

Since for any $w \in B_{x}$,

$$
d_{*}(x, w)<r=\delta_{3} s^{1 / \beta}<\delta_{2}(s / 2)^{1 / \beta} \leq \delta_{2}\left(\left(1-\delta_{4}\right) s\right)^{1 / \beta}
$$

we have by $\left(\mathrm{sNLE}_{*}\right)$ and $\left(\mathrm{VD}_{*}\right)$ that

$$
\operatorname{einf}_{w \in B_{x}} p_{\left(1-\delta_{4}\right) s}(x, w) \geq \operatorname{einf}_{w \in B_{x}} \frac{C}{V_{*}\left(x,\left(\left(1-\delta_{4}\right) s\right)^{1 / \beta}\right)} \geq \frac{C}{V_{*}\left(x, s^{1 / \beta}\right)}
$$

From this, we have by (8.4) that for any $z \in M$,

$$
\begin{equation*}
p_{s}(x, z) \geq \frac{C}{V_{*}\left(x, s^{1 / \beta}\right)} P_{\delta_{4} s} \mathbf{1}_{B_{x}}(z) \tag{8.5}
\end{equation*}
$$

We need to estimate $P_{\delta_{4} s} \mathbf{1}_{B_{x}}$ from below.
Step 2. Let $K \subset \frac{1}{4} B_{x}$ be compact. Since $(\mathcal{E}, \mathcal{F})$ is conservative, applying Proposition 8.4 with $V=B_{x}, U=\frac{1}{4} B_{x}$ and $t=\delta_{4} s$, we obtain

$$
\begin{equation*}
P_{\delta_{4} s} \mathbf{1}_{B_{x}} \geq\left(1-P_{\delta_{4} s}^{K^{c}} \mathbf{1}_{K^{c}}\right) \inf _{0<t^{\prime} \leq \delta_{4} s} \operatorname{einf}_{\frac{1}{4} B_{x}} P_{t^{\prime}}^{B_{x}} \mathbf{1}_{B_{x}} \quad \text { in } B_{y} \tag{8.6}
\end{equation*}
$$

Since

$$
\delta_{4} s=\delta_{4}\left(\delta_{3}^{-1} r\right)^{\beta} \leq\left(\delta_{1} r\right)^{\beta}
$$

we see by condition $\left(\mathrm{S}_{*}\right)$ that

$$
\operatorname{einf}_{\frac{1}{4} B_{x}} P_{t^{\prime}}^{B_{x}} \mathbf{1}_{B_{x}} \geq \varepsilon
$$

where $\varepsilon \in(0,1)$ comes from $\left(\mathrm{S}_{*}\right)$. From this, we have by (8.6)

$$
\begin{equation*}
P_{\delta_{4} s} \mathbf{1}_{B_{x}} \geq \varepsilon\left(1-P_{\delta_{4} s}^{K^{c}} \mathbf{1}_{K^{c}}\right) \quad \text { in } B_{y} \tag{8.7}
\end{equation*}
$$

We need to estimate $1-P_{\delta_{4} s}^{K^{c}} \mathbf{1}_{K^{c}}$ from below.
Step 3. Indeed, let $\phi \in \mathcal{F}$ be such that $0 \leq \phi \leq \mathbf{1}_{K}$, and $0 \leq f \in L^{1} \cap L^{\infty}$ be such that

$$
\operatorname{supp}(f) \subset \frac{1}{4} B_{y}
$$

Since the two functions $\phi$ and $P_{\tau}^{K^{c}} f$ have disjoint supports, we have for all $\tau \in\left(0, \delta_{4} s\right)$

$$
\begin{aligned}
-\mathcal{E}\left(\phi, P_{\tau}^{K^{c}} f\right) & =-\mathcal{E}^{(L)}\left(\phi, P_{\tau}^{K^{c}} f\right)-\mathcal{E}^{(J)}\left(\phi, P_{\tau}^{K^{c}} f\right) \\
& =-\mathcal{E}^{(J)}\left(\phi, P_{\tau}^{K^{c}} f\right) \\
& =-\int_{M} \int_{M}(\phi(z)-\phi(w))\left(P_{\tau}^{K^{c}} f(z)-P_{\tau}^{K^{c}} f(w)\right) d j \\
& =2 \int_{K} \phi(z) \int_{K^{c}} P_{\tau}^{K^{c}} f(w) J(z, w) d \mu(w) d \mu(z) \\
& \geq 2 \operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w) \int_{K} \phi(z) \int_{B_{y}} P_{\tau}^{K^{c}} f(w) d \mu(w) d \mu(z) \\
& =2 \operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w)\|\phi\|_{L^{1}}\left(P_{\tau}^{K^{c}} f, \mathbf{1}_{B_{y}}\right) \\
& \geq 2 \varepsilon \operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w)\|\phi\|_{L^{1}}\|f\|_{L^{1}\left(\delta_{1} B_{y}\right)}
\end{aligned}
$$

where we have used the fact that, by condition $\left(S_{*}\right)$ and the fact that $\operatorname{supp}(f) \subset \frac{1}{4} B_{y}$

$$
\left(P_{\tau}^{K^{c}} f, \mathbf{1}_{B_{y}}\right)=\left(f, P_{\tau}^{K^{c}} \mathbf{1}_{B_{y}}\right) \geq\left(f, P_{\tau}^{B_{y}} \mathbf{1}_{B_{y}}\right) \geq \varepsilon\|f\|_{L^{1}\left(\frac{1}{4} B_{y}\right)}
$$

Therefore, applying Proposition 8.5 with $\Omega=K^{c}$, we obtain from above that

$$
\left(1-P_{\delta_{4} s}^{K^{c}} \mathbf{1}_{K^{c}}, f\right) \geq-\int_{0}^{\delta_{4} s} \mathcal{E}\left(\phi, P_{\tau}^{K^{c}} f\right) d s
$$

$$
\begin{equation*}
\geq 2 \varepsilon \delta_{4} s \operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w)\|\phi\|_{L^{1}}\|f\|_{L^{1}\left(\frac{1}{4} B_{y}\right)} . \tag{8.8}
\end{equation*}
$$

Let us estimate $\operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w)$. By (8.3), we have that, for any $z \in B_{x}$ and $w \in B_{y}$,

$$
d_{*}(z, w) \leq d_{*}(z, x)+d_{*}(x, y)+d_{*}(y, w) \leq 2 r+d_{*}(x, y) \leq 2 d_{*}(x, y),
$$

which yields by the inequality (8.1) in condition $\left(J_{\geq}^{*}\right)$ and $\left(\mathrm{VD}_{*}\right)$ that

$$
\begin{aligned}
\operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w) & \geq \operatorname{iinf}_{z \in B_{x}, w \in B_{y}} \frac{C}{V_{*}(z, w) d_{*}(z, w)^{\beta}} \\
& \geq \operatorname{einf}_{z \in B_{x}, w \in B_{y}} \frac{C}{V_{*}\left(z, 2 d_{*}(x, y)\right)(2 d(x, y))^{\beta}} \\
& \geq \frac{C^{\prime}}{V_{*}(x, y) d(x, y)^{\beta}} .
\end{aligned}
$$

Plugging the above inequality into (8.8) and using the arbitrariness of $f$, we obtain that

$$
\begin{aligned}
1-P_{\delta_{4}}^{K^{c}} \mathbf{1}_{K^{c}} & \geq 2 \varepsilon \delta_{4} s \operatorname{einf}_{z \in B_{x}, w \in B_{y}} J(z, w)\|\phi\|_{L^{1}} \\
& \geq \frac{C s}{V_{*}(x, y) d(x, y)^{\beta}}\|\phi\|_{L^{1}} \quad \text { in } \frac{1}{4} B_{y},
\end{aligned}
$$

Plugging the above inequality into (8.7), we have

$$
\begin{equation*}
P_{\delta_{4 s}} \mathbf{1}_{B_{x}} \geq \varepsilon\left(1-P_{\delta_{4} s}^{K^{c}} \mathbf{1}_{K^{c}}\right) \geq \frac{C \varepsilon s}{V_{*}(x, y) d(x, y)^{\beta}}\|\phi\|_{L^{1}} \text { in } \frac{1}{4} B_{y} . \tag{8.9}
\end{equation*}
$$

Step 4. Substituting (8.9) into (8.5), we obtain that for $\mu$-almost all $z \in \frac{1}{4} B_{y}$,

$$
p_{s}(x, z) \geq \frac{C}{V_{*}\left(x, s^{1 / \beta}\right)} P_{\delta_{4} s} \mathbf{1}_{B_{x}}(z) \geq \frac{C^{\prime}}{V_{*}\left(x, s^{1 / \beta}\right)} \frac{s\|\phi\|_{L^{1}}}{V_{*}(x, y) d(x, y)^{\beta}},
$$

where $C^{\prime}$ is a positive constant depending only on constants in hypothesis.
Since $\phi$ is arbitrary with support in $K \subset \frac{1}{4} B_{x}$, it follows from above and $\left(\mathrm{VD}_{*}\right)$ that

$$
p_{s}(x, z) \geq \frac{C^{\prime} s}{V_{*}\left(x, s^{1 / \beta}\right)} \frac{\mu\left(\frac{1}{4} B_{x}\right)}{V_{*}(x, y) d(x, y)^{\beta}} \geq \frac{C s}{V_{*}(x, y) d(x, y)^{\beta}}, \quad \mu \text {-a.a. } z \in \frac{1}{4} B_{y} .
$$

We emphasize that one can NOT set $z=y$ in the above inequality since it holds only for $\mu$-almost all $z \in \frac{1}{4} B_{y}$. To overcome this difficulty, we set $\delta_{5}:=\left(\frac{\delta_{1} \delta_{3}}{4}\right)^{\beta}$. Multiplying the above inequality by $p_{\delta_{5} s}(z, y)$, integrating it with respect to $d \mu(z)$, and using the inequality $p_{\delta_{5} s}(z, y) \geq p_{\delta_{5} s}^{\frac{1}{4} B_{y}}(z, y), z \in M$ (by Proposition 7.2(4)), we have

$$
\begin{align*}
p_{\left(1+\delta_{5}\right) s}(x, y) & =\int_{M} p_{s}(x, z) p_{\delta_{5} s}(z, y) d \mu(z) \\
& \geq \int_{\frac{1}{4} B_{y}} p_{s}(x, z) p_{\delta_{5} s}^{\frac{1}{4} B_{y}}(z, y) d \mu(z) \\
& \geq \frac{C s}{V_{*}(x, y) d(x, y)^{\beta}} \int_{\frac{1}{4} B_{y}} p_{\delta_{5} s}^{\frac{1}{4} B_{y}}(z, y) d \mu(z) \\
& =\frac{C s}{V_{*}(x, y) d(x, y)^{\beta}} \cdot P_{\delta_{5} s}^{\frac{1}{4} B_{y}} 1_{\frac{1}{4} B_{y}}(y) . \tag{8.10}
\end{align*}
$$

Moreover, note that

$$
\left(\delta_{5} s\right)^{1 / \beta}=\delta_{5}^{1 / \beta} \cdot \delta_{3}^{-1} r=\delta_{1}\left(\frac{r}{4}\right) \quad \text { and } \quad \frac{r}{4}<W(y, \bar{R}) .
$$

Since $P_{\delta s}^{\frac{1}{4} B_{y}} \mathbf{1}_{\frac{1}{4} B_{y}}$ is continuous by assumption, by condition $\left(\mathrm{S}_{*}\right)$, we have

$$
P_{\delta s}^{\frac{1}{4} B_{y}} \mathbf{1}_{\frac{1}{4} B_{y}}(y) \geq \varepsilon
$$

Hence, it follows from (8.10) that for any $s<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$ with $d_{*}(x, y)>\delta_{2} s^{1 / \beta}$,

$$
p_{\left(1+\delta_{5}\right) s}(x, y) \geq \frac{C s}{V_{*}(x, y) d(x, y)^{\beta}} \cdot P_{\delta_{5} s}^{\frac{1}{4} B_{y}} \mathbf{1}_{\frac{1}{4} B_{y}}(y) \geq \frac{C \varepsilon s}{V_{*}(x, y) d(x, y)^{\beta}}
$$

Note that $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$ and $d_{*}(x, y)>\delta_{2} t^{1 / \beta}$. Therefore, we can set $s=\frac{t}{1+\delta_{5}}$ in the above inequality and obtain

$$
p_{t}(x, y) \geq \frac{C \varepsilon\left(1+\delta_{5}\right)^{-1} t}{V_{*}(x, y) d(x, y)^{\beta}} \geq C^{\prime}\left(\frac{1}{V_{*}\left(x, t^{1 / \beta}\right)} \wedge \frac{t}{V_{*}(x, y) d_{*}(x, y)^{\beta}}\right)
$$

Finally, combining the above two cases, we have proved condition ( $\mathrm{LE}_{*}$ ).
It remains to show the implication (VD) $+\left(\mathrm{LE}_{*}\right) \Rightarrow(\mathrm{sLE})$. Assume that conditions (VD) and ( $\mathrm{LE}_{*}$ ) hold true. By Proposition $7.2(1)$, the heat kernel $p_{t}(x, y)$ satisfies the pointwise semigroup property. Hence, we need only to prove the inequality (2.20) in (sLE) is true for any $x, y \in M$ and $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$.

Indeed, fix $x, y \in M$ and $t<C_{0}(W(x, \bar{R}) \wedge W(y, \bar{R}))$. Let

$$
R:=F^{-1}\left(x, L^{-1} L_{0} t^{1 / \beta}\right)=W^{-1}\left(x, L^{-\beta} L_{0}^{\beta} t\right)
$$

By (4.6), we see $B_{*}\left(x, t^{1 / \beta}\right) \subset B(x, R)$, and hence, by (VD) and (2.8),

$$
\begin{equation*}
\frac{1}{V_{*}\left(x, t^{1 / \beta}\right)} \geq \frac{1}{V(x, R)}=\frac{1}{V\left(x, W^{-1}\left(x, L^{-\beta} L_{0}^{\beta} t\right)\right)} \geq \frac{C}{V\left(x, W^{-1}(x, t)\right)} \tag{8.11}
\end{equation*}
$$

On the other hand, by (4.5) and (2.9), we have for any $z \in B_{*}\left(x, d_{*}(x, y)\right)$,

$$
F(x, d(x, z)) \leq L d_{*}(x, z) \leq L d_{*}(x, y) \leq L^{2} F(x, d(x, y)) \leq F(x, C d(x, y))
$$

which gives that $d(x, z) \leq C d(x, y)$ by the monotonicity of $F(x, \cdot)=W(x, \cdot)^{1 / \beta}$. Thus

$$
B_{*}\left(x, d_{*}(x, y)\right) \subset B(x, C d(x, y))
$$

from which, we see by (VD)

$$
V_{*}\left(x, d_{*}(x, y)\right) \leq V(x, C d(x, y)) \leq C V(x, d(x, y))=C V(x, y)
$$

Note that by (4.5),

$$
d_{*}(x, y)^{\beta} \leq(L F(x, d(x, y)))^{\beta}=L^{\beta} W(x, d(x, y))=L^{\beta} W(x, y)
$$

Therefore, it follows from (8.11), the above two inequalities and condition ( $\mathrm{LE}_{*}$ ) that

$$
p_{t}(x, y) \geq C\left(\frac{1}{V_{*}\left(x, t^{1 / \beta}\right)} \wedge \frac{t}{V_{*}(x, y) d_{*}(x, y)^{\beta}}\right) \geq C^{\prime}\left(\frac{1}{V\left(x, W^{-1}(x, t)\right)} \wedge \frac{t}{V(x, y) W(x, y)}\right)
$$

thus showing (2.20). We have proved (sLE).
We show that condition (LE) implies condition $\left(\mathrm{J}_{\geq}\right)$.
Lemma 8.8. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. If the jump kernel $J(x, y)$ exists, then

$$
(\mathrm{LE}) \Rightarrow\left(\mathrm{J}_{\geq}\right)
$$

Proof. Let $U, V \subset M$ be bounded open sets such that $\operatorname{dist}(U, V)>0$, and let $0 \leq f, g \in \mathcal{F} \cap L^{1}$ be such that $\operatorname{supp}(f) \subset U, \operatorname{supp}(g) \subset V$. Since $\operatorname{supp}(f) \cap \operatorname{supp}(g)=\emptyset$, we have

$$
-\mathcal{E}(f, g)=-\mathcal{E}^{(J)}(f, g)=2 \int_{U} \int_{V} f(x) g(y) J(x, y) d \mu(y) d \mu(x)
$$

On the other hand, let us fix a point $x_{0} \in U$. In the case when $\bar{R}<\infty$, by the right inequality in (2.8), we have for any $x \in U$

$$
\frac{W\left(x_{0}, \bar{R}\right)}{W(x, \bar{R})} \leq \frac{W\left(x_{0}, \bar{R}+\operatorname{diam} U\right)}{W(x, \bar{R})} \leq c\left(\frac{\bar{R}+\operatorname{diam} U}{\bar{R}}\right)^{\beta_{2}}:=c_{1}^{-1} .
$$

That is,

$$
c_{1} W\left(x_{0}, \bar{R}\right) \leq W(x, \bar{R}), \quad x \in U
$$

Similarly, fix a point $y_{0} \in V$ and there exists $c_{2}=c_{2}(V, \bar{R})>0$ such that $c_{2} W\left(y_{0}, \bar{R}\right) \leq W(y, \bar{R})$ for all $y \in V$.

Hence by (LE), we have for $(\mu \times \mu)$-almost all $(x, y)$ in $U \times V$ and for any $t<\left(c_{1} W\left(x_{0}, \bar{R}\right)\right) \wedge$ $\left(c_{2} W\left(y_{0}, \bar{R}\right)\right) \leq W(x, \bar{R}) \wedge W(y, \bar{R})$,

$$
p_{t}(x, y) \geq C\left(\frac{1}{V\left(x, W^{-1}(x, t)\right)} \wedge \frac{t}{V(x, y) W(x, y)}\right)
$$

Consequently,

$$
\begin{aligned}
-\mathcal{E}(f, g) & =\lim _{t \rightarrow 0} \frac{1}{t}\left(P_{t} f-f, g\right)=\lim _{t \rightarrow 0} \frac{1}{t}\left(P_{t} f, g\right) \\
& =\lim _{t \rightarrow 0} \frac{1}{t} \int_{U} \int_{V} p_{t}(x, y) f(x) g(y) d \mu(y) d \mu(x) \\
& \geq \liminf _{t \rightarrow 0} \frac{1}{t} \int_{U} \int_{V} \frac{C t}{V(x, y) W(x, y)} f(x) g(y) d \mu(y) d \mu(x) \\
& =\int_{U} \int_{V} \frac{C}{V(x, y) W(x, y)} f(x) g(y) d \mu(y) d \mu(x)
\end{aligned}
$$

Therefore, we obtain

$$
\int_{U} \int_{V} f(x) g(y) J(x, y) d \mu(y) d \mu(x) \geq \frac{C}{2} \int_{U} \int_{V} \frac{f(x) g(y)}{V(x, y) W(x, y)} d \mu(y) d \mu(x)
$$

Since $(\mathcal{E}, \mathcal{F})$ is regular, the functions

$$
\sum_{i=1}^{n} f_{i}(x) g_{i}(y)
$$

with $f_{i}, g_{i} \in \mathcal{F} \cap C_{0}(M)$ and $\operatorname{supp}\left(f_{i}\right) \cap \operatorname{supp}\left(g_{i}\right)=\emptyset$ for all $1 \leq i \leq n$, constitute a dense subalgebra of $C_{0}(M \times M \backslash \mathrm{diag})$, see for example [7, Lemma 1.4.2 on p. 29]. It follows from above that

$$
J(x, y) \geq \frac{C / 2}{V(x, y) W(x, y)}
$$

for $(\mu \times \mu)$-almost all $(x, y)$ in $M \times M \backslash$ diag, thus showing condition $\left(\mathrm{J}_{\geq}\right)$.
We are now in a position to prove Theorem 2.13.
Proof of Theorem 2.13. We firstly prove the equivalence in Theorem 2.13. Indeed, by Lemma 8.1, (PI) follows from conditions (VD) and $\left(\mathrm{J}_{\geq}\right)$. Hence, by the first equivalence in Theorem 2.10, we obtain (Gcap) $\Leftrightarrow(\mathrm{ABB})$, and consequently,

$$
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+(\mathrm{C}) \Leftrightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{ABB})+(\mathrm{C})
$$

Next, we prove the rest implications. Indeed, under the conditions (VD), (RVD) and (TJ), the implication

$$
\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+(\mathrm{C}) \Rightarrow(\mathrm{sLLE})+(\mathrm{sLE})
$$

follows from the following sequence of implications:

$$
\begin{aligned}
(\mathrm{VD})+\left(\mathrm{J}_{\geq}\right) & \Rightarrow(\mathrm{PI}) \quad(\text { Lemma 8.1 }) \\
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI})+(\mathrm{Gcap})+(\mathrm{TJ}) & \Rightarrow(\mathrm{sLLE})+(\mathrm{NLE}) \quad(\text { Theorem 2.10 })
\end{aligned}
$$

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI})+(\mathrm{Gcap})+(\mathrm{TJ}) & \Rightarrow\left(\mathrm{S}_{*}\right) \quad(\text { by }(6.4)) \\
(\mathrm{VD})+(\mathrm{NLE}) & \Rightarrow\left(\mathrm{NLE}_{*}\right) \quad(\text { Lemma 7.7) } \\
(\mathrm{VD})+\left(\mathrm{J}_{\geq}\right) & \Rightarrow\left(\mathrm{J}_{\geq}^{*}\right) \quad(\text { Lemma 8.3 }) \\
(\mathrm{VD})+\left(\mathrm{S}_{*}\right)+\left(\mathrm{NLE}_{*}\right)+\left(\mathrm{J}_{\geq}^{*}\right)+(\mathrm{C})+\text { Hölder continuity of } p_{t}^{\Omega} & \Rightarrow(\mathrm{sLE}) \quad(\text { Lemma 8.7 }) .
\end{aligned}
$$

It is obvious that

$$
(\mathrm{sLLE})+(\mathrm{sLE}) \Rightarrow(\mathrm{LLE})+(\mathrm{LE})
$$

Under the condition (VD) and the assumption that the jump kernel $J(x, y)$ exists, the implication

$$
(\mathrm{LLE})+(\mathrm{LE}) \Rightarrow\left(\mathrm{J}_{\geq}\right)+(\text {Gcap })
$$

follows from the following implications:

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{LLE}) & \Rightarrow(\mathrm{S}) \quad(\text { Lemma } 7.14) \\
(\mathrm{VD})+(\mathrm{S}) & \Rightarrow(\mathrm{Gcap}) \quad([11, \text { Lemma 13.5] }) \\
(\mathrm{LE})+\text { "the existence of jump kernel" } & \Rightarrow\left(\mathrm{J}_{\geq}\right) \quad(\text { Lemma 8.8 }) .
\end{aligned}
$$

The proof of Theorem 2.13 is complete.
Corollary 8.9. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that

$$
\inf _{z \in M} W(z, \bar{R})>c_{0}
$$

for some $c_{0}>0$. If one of the following conditions is satisfied, then $(\mathcal{E}, \mathcal{F})$ is conservative:
(1) $\left(\mathrm{S}_{*}\right)$ and every ball under the new metric $d_{*}$ has finite measure;
(2) (S) and every ball has finite measure;

Proof. (1). Suppose that ( $\mathrm{S}_{*}$ ) is satisfied, and that every ball under the new metric $d_{*}$ has finite measure.

Since $\inf _{z \in M} W(z, \bar{R})>c_{0}$ for some $c_{0}>0$, condition ( $\mathrm{S}_{*}$ ) implies that for all metric balls $B_{*}=B_{*}(x, r)$ of radius $r<c_{0}^{1 / \beta}$,

$$
P_{t}^{B_{*}} \mathbf{1}_{B_{*}} \geq \varepsilon \text { in } \frac{1}{4} B_{*},
$$

provided that $t^{1 / \beta} \leq \delta_{*} r$. This is exactly the condition (S) in [8]. Hence, it follows from [8, Lemma 4.6, p. 3327] that $(\mathcal{E}, \mathcal{F})$ is conservative.
(2). Suppose that ( S ) is satisfied, and that every ball has finite measure.

One can follow the method in the proof of [12, Proposition 6.4(2)] and use Proposition 4.3 to prove that $(\mathrm{S}) \Rightarrow\left(\mathrm{S}_{*}\right)$. On the other hand, it follows from (4.6) that every ball under the new metric $d_{*}$ has finite measure. Hence, the conservativeness of $(\mathcal{E}, \mathcal{F})$ follows from (1).

Proof of Corollary 2.14. By Theorem 2.13, it suffices to prove the implication

$$
(\mathrm{VD})+(\mathrm{RVD})+\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+(\mathrm{TJ}) \Rightarrow(\mathrm{C}) .
$$

under the assumption (2.21). Indeed by the following two implications

$$
\begin{aligned}
&(\mathrm{VD})+(\mathrm{J} \geq) \Rightarrow(\mathrm{PI}) \\
&(\mathrm{Lemma} 8.1) \\
&(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI})+(\mathrm{Gcap})+(\mathrm{TJ}) \Rightarrow\left(\mathrm{S}_{*}\right)
\end{aligned}
$$

we obtain $\left(\mathrm{S}_{*}\right)$.
On the other hand, condition (VD) and Proposition 4.4 imply that ( $\mathrm{VD}_{*}$ ) holds true. This shows that every ball under the metric $d_{*}$ has finite measure.

Therefore, $(\mathcal{E}, \mathcal{F})$ is conservative by Corollary $8.9(1)$.
8.2. Two-sided estimates. In this subsection we combine the upper bounds of heat kernels from [12] and the lower bounds obtained in this paper, in order to state two-sided estimates of the heat kernel.

Proof of Theorem 2.20. By [13, Proposition 3.1], condition (TJ) follows from conditions (VD) and $\left(T J_{q}\right)$. Then, the first equivalence of this theorem follows directly from the first equivalence in Theorem 2.10.

The following two equivalences

$$
\begin{aligned}
(\mathrm{PI})+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) & \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{sLLE}) \\
& \Leftrightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{LLE})
\end{aligned}
$$

follow from the following implications:

$$
\begin{aligned}
(\mathrm{VD})+(\mathrm{PI}) & \Rightarrow\left(\mathrm{PI}_{*}\right) \quad(\text { Proposition 4.7) } \\
(\mathrm{VD})+(\mathrm{RVD})^{l} & \Rightarrow\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right) \quad(\text { Proposition 4.4) } \\
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{RVD}_{*}\right)+\left(\mathrm{PI}_{*}\right) & \Rightarrow\left(\mathrm{Nash}_{*}\right) \quad(\mathrm{Lemma} 4.9) \\
\left(\mathrm{Nash}_{*}\right) & \Rightarrow\left(\mathrm{FK}_{*}\right) \quad(\mathrm{Lemma} 4.11) \\
(\mathrm{VD})+\left(\mathrm{FK}_{*}\right) & \Rightarrow(\mathrm{FK}) \quad(\text { Proposition 4.13) } \\
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{FK})+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) & \Rightarrow\left(\mathrm{TP}_{q}\right) \quad([12, \text { Theorem 2.15])} \\
(\mathrm{VD})+\left(\mathrm{TJ}_{q}\right) & \Rightarrow(\mathrm{TJ}) \quad([13, \text { Proposition 3.1]) } \\
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI})+(\mathrm{Gcap})+(\mathrm{TJ}) & \Rightarrow(\mathrm{sLLE}) \Rightarrow(\mathrm{LLE}) \quad(\text { Theorem 2.10 })
\end{aligned}
$$

and

$$
\begin{aligned}
&(\mathrm{VD})+\left(\mathrm{TP}_{q}\right)+\text { "the existence of } J(x, y) " \Rightarrow\left(\mathrm{TJ}_{q}\right) \text { when } q \in[2, \infty) \quad([12, \text { Lemma } 9.1(2)]) \\
&(\mathrm{VD})+\left(\mathrm{TP}_{\infty}\right) \Rightarrow\left(\mathrm{TJ}_{\infty}\right) \text { when } q=\infty \quad([12, \text { Lemma 9.1(2)])} \\
&(\mathrm{VD})+(\mathrm{LLE}) \Rightarrow\left(\mathrm{LLE}_{*}\right) \quad(\text { Lemma } 7.7) \\
&(\mathrm{VD})+\left(\mathrm{LLE}_{*}\right) \Rightarrow\left(\mathrm{PI}_{*}\right) \quad(\text { Lemma 7.12 }) \\
&(\mathrm{VD})+\left(\mathrm{PI}_{*}\right) \Rightarrow(\mathrm{PI}) \quad(\text { Proposition 4.7 }) \\
&(\mathrm{VD})+(\mathrm{LLE}) \Rightarrow(\mathrm{S}) \quad(\text { Lemma 7.14 }) \\
&(\mathrm{VD})+(\mathrm{S}) \Rightarrow(\mathrm{Gcap}) \quad([11, \text { Lemma 13.5])}
\end{aligned}
$$

The implication

$$
\left(\mathrm{TP}_{q}\right)+(\mathrm{sLLE}) \Rightarrow\left(\mathrm{UE}_{q}\right)+(\mathrm{NLE})+(\mathrm{C})
$$

follows directly from the following implications:

$$
\begin{aligned}
& (\mathrm{VD})+\left(\mathrm{TP}_{q}\right) \Rightarrow\left(\mathrm{UE}_{q}\right) \quad([12, \text { Lemma 8.8] }) \\
& (\mathrm{VD})+(\mathrm{sLLE}) \Rightarrow\left(\mathrm{sLLE}_{*}\right) \quad(\text { Lemma 7.7) } \\
& (\mathrm{VD})+\left(\mathrm{sLLE}_{*}\right) \Rightarrow\left(\mathrm{sNLE}_{*}\right) \quad \Rightarrow \quad\left(\mathrm{NLE}_{*}\right) \quad \text { (Lemma 7.6) } \\
& (\mathrm{VD})+\left(\mathrm{NLE}_{*}\right) \Rightarrow(\mathrm{NLE}) \quad(\text { Lemma 7.7) } \\
& (\mathrm{VD})+(\mathrm{LLE}) \Rightarrow(\mathrm{S}) \quad(\text { Lemma } 7.14) \\
& (\mathrm{VD})+(\mathrm{S})+" \bar{R}=\operatorname{diam} M " \Rightarrow(\mathrm{C}) \quad(\text { Corollary } 8.9(2) \text { and Remark 2.15) } \text {. }
\end{aligned}
$$

The proof of Theorem 2.20 is complete.

Denote the diameter of $M$ under the metric $d_{*}$ by

$$
\bar{R}_{*}:=\sup \left\{d_{*}(x, y) \mid x, y \in M\right\} .
$$

Definition 8.10 (Condition $\left.\left(\mathrm{TP}_{*}\right)\right)$. We say that condition ( $\mathrm{TP}_{*}$ ) is satisfied if for any $C_{0} \geq 1$, there exists $C>0$ such that for any ball $B_{*}:=B_{*}(x, r)$ of radius $r \in\left(0, \bar{R}_{*}\right)$ and any $t<C_{0}\left(\bar{R}_{*}\right)^{\beta}$

$$
P_{t} \mathbf{1}_{B_{*}^{c}} \leq \frac{C t}{r^{\beta}} \quad \text { in } \frac{1}{4} B_{*} .
$$

Lemma 8.11. Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$ without killing part. Assume that $\bar{R}=\operatorname{diam} M$. Then

$$
\left(\mathrm{VD}_{*}\right)+\left(\mathrm{TP}_{*}\right)+\left(\mathrm{NLE}_{*}\right) \Rightarrow\left(\mathrm{S}_{*}\right) .
$$

Proof. The proof is motivated by [8, Lemma 4.10, p. 3334].
Fix a ball $B_{*}:=B_{*}\left(x_{0}, r\right)$ with $r<\bar{R}_{*}$. Since every ball has finite measure by $\left(\mathrm{VD}_{*}\right)$, we can apply [15, Eq. (4.1), p. 2626] with

$$
\Omega=M, \quad U=B_{*}, K=\left(\overline{\frac{3}{4} B_{*}}\right)^{c}, \quad \text { and } f=\frac{1}{2} B_{*}
$$

and obtain that, for any $t>0$,

$$
\begin{equation*}
P_{t}^{B_{*}} \mathbf{1}_{\frac{1}{2} B_{*}} \geq P_{t} \mathbf{1}_{\frac{1}{2} B_{*}}-\sup _{s \in(0, t)}\left\|P_{s} \mathbf{1}_{\frac{1}{2} B_{*}}\right\|_{L^{\infty}\left(\left(\frac{\overline{3} B_{*} B_{*}}{}\right)^{c}\right), \quad \mu \text {-a.e. in } B_{*} . . . . ~}^{\text {. }} \tag{8.13}
\end{equation*}
$$

Let $\delta_{*}$ be the constant from ( $\mathrm{NLE}_{*}$ ). Note that for any $x \in \frac{1}{4} B_{*}$ and $t<r^{\beta}$,

$$
B_{*}\left(x, \frac{\delta_{*}}{4} t^{1 / \beta}\right) \subset \frac{1}{2} B_{*} .
$$

By ( $\left.\mathrm{NLE}_{*}\right)$ and $\left(\mathrm{VD}_{*}\right)$, we obtain, for any $t<r^{\beta}$ and $\mu$-almost all $x \in \frac{1}{4} B_{*}$,

$$
\begin{align*}
P_{t} \mathbf{1}_{\frac{1}{2} B_{*}}(x) & =\int_{\frac{1}{2} B_{*}} p_{t}(x, z) d \mu(z) \geq \int_{B_{*}\left(x, \frac{\delta_{*}}{4} t^{1 / \beta}\right)} p_{t}(x, z) d \mu(z) \\
& \geq \frac{c}{V_{*}\left(x, t^{1 / \beta}\right)} \int_{B_{*}\left(x, \frac{\delta_{*}}{4} t^{1 / \beta}\right)} d \mu(z)=\frac{c V_{*}\left(x, \frac{\delta_{*}}{4} t^{1 / \beta}\right)}{V_{*}\left(x, t^{1 / \beta}\right)} \geq c_{0}>0 . \tag{8.14}
\end{align*}
$$

On the other hand, since for any $w \in \frac{1}{2} B_{*}$ and $z \in\left(\overline{\frac{3}{4} B_{*}}\right)^{c}$,

$$
d(z, w) \geq d\left(z, x_{0}\right)-d\left(x_{0}, w\right)>\frac{3}{4} r-\frac{1}{2} r=\frac{r}{4},
$$

we have

$$
\frac{1}{2} B_{*} \subset B_{*}\left(z, \frac{r}{4}\right)^{c} .
$$

Then, by $\left(\mathrm{TP}_{*}\right)$, we have, for any $s<t$,

$$
P_{s} \mathbf{1}_{\frac{1}{2} B_{*}} \leq P_{s} \mathbf{1}_{B_{*}\left(z, \frac{r}{4}\right)^{c}} \leq \frac{c t}{(r / 4)^{\beta}} \quad \mu \text {-a.e. in } \frac{1}{4} B_{*}\left(z, \frac{r}{4}\right)=B_{*}\left(z, \frac{r}{16}\right) .
$$

Covering $\left(\overline{\frac{3}{4} B_{*}}\right)^{c}$ by at most countable balls like $B_{*}\left(z, \frac{r}{16}\right)$ with $z \in\left(\frac{\overline{3} B_{*}}{4}\right)^{c}$, we obtain from the above inequality that

$$
\begin{equation*}
\sup _{s \in(0, t)}\left\|P_{s} \mathbf{1}_{\frac{1}{2} B_{*}}\right\|_{L^{\infty}\left(\left(\frac{3}{4} B_{*}\right)^{c}\right)} \leq \frac{c t}{r^{\beta}} . \tag{8.15}
\end{equation*}
$$

Plugging (8.14) and (8.15) into (8.13), we obtain that for $\mu$-almost all $x \in \frac{1}{4} B_{*}$ and $t<r^{\beta}$,

$$
P_{t}^{B_{*}} \mathbf{1}_{\frac{1}{2} B_{*}} \geq c_{0}-\frac{c t}{r^{\beta}} .
$$

Setting $\delta:=\left(\frac{c_{0}}{2 c}\right)^{1 / \beta}$, we have for $\mu$-almost all $x \in \frac{1}{4} B_{*}$ and $t<(\delta r)^{\beta}$,

$$
P_{t}^{B_{*}} \mathbf{1}_{\frac{1}{2} B_{*}} \geq c_{0}-\frac{c t}{r^{\beta}}=c_{0}-\frac{c_{0}}{2}=\frac{c_{0}}{2} .
$$

To prove $\left(\mathrm{S}_{*}\right)$, it suffices to extend the radius of the ball $B_{*}$ from $r<\bar{R}_{*}$ to $r<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$ in the case when $\bar{R}<\infty$. Indeed, since $\bar{R}=\operatorname{diam} M$, by (2.22), we see that

$$
\sup _{x \in M} W(x, \bar{R}) \leq C W\left(x_{0}, \bar{R}\right)<\infty
$$

for some fixed $x_{0} \in M$. Moreover, by the standard covering arguments, we can extend the radius of the ball $B_{*}$ from $r<\bar{R}_{*}$ to $r<a \bar{R}_{*}$ for any given $a \geq 1$. Taking $a$ large enough so that $a \bar{R}_{*}>C W\left(x_{0}, \bar{R}\right)$, we manage to extend the radius of the ball $B_{*}$ from $r<\bar{R}_{*}$ to $r<W\left(x_{0}, \bar{R}\right)^{1 / \beta}$ in the case when $\bar{R}<\infty$. That is, we obtain $\left(\mathrm{S}_{*}\right)$.

Proof of Corollary 2.21. Similar to the first paragraph in the proof of Theorem 2.20, by [13, Proposition 3.1], condition (TJ) follows from conditions (VD) and $\left(\mathrm{TJ}_{q}\right)$. Then, the first equivalence of this corollary follows directly from Remark 2.15 and the first equivalence in Corollary 2.14.

Let us prove the next two equivalences (2.29) and (2.30). Indeed, we have the implications

$$
\begin{aligned}
(\mathrm{VD})+\left(\mathrm{J}_{\geq}\right) & \Rightarrow(\mathrm{PI}) \quad(\text { Lemma 8.1) } \\
(\mathrm{VD})+(\mathrm{RVD})+(\mathrm{PI})+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right) & \Rightarrow\left(\mathrm{TP}_{q}\right)+(\mathrm{C}) \quad(\text { Theorem 2.20 }) \\
(\mathrm{VD})+\left(\mathrm{TJ}_{q}\right) & \Rightarrow(\mathrm{TJ}) \quad([13, \text { Proposition 3.1] }) \\
(\mathrm{VD})+(\mathrm{RVD})+\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+(\mathrm{TJ})+(\mathrm{C}) & \Rightarrow(\mathrm{sLE}) \quad(\text { Theorem 2.13 }) .
\end{aligned}
$$

Combining the above four implications, we obtain the implication " $\Rightarrow$ " in (2.29).
It is obvious that $(\mathrm{sLE}) \Rightarrow(\mathrm{LE})$.
To complete the circle in (2.29) and (2.30), it suffices to prove the implication $\left(\mathrm{TP}_{q}\right)+(\mathrm{LE})+$ $(C) \Rightarrow\left(\mathrm{J}_{\geq}\right)+(\mathrm{Gcap})+\left(\mathrm{TJ}_{q}\right)$. Indeed, note that the jump kernel $J(x, y)$ is assumed to exist when $q \in[2, \infty)$. Then this implication follows from the following implications:

$$
\begin{aligned}
(\mathrm{Gcap}) & \Leftarrow(\mathrm{VD})+\left(\mathrm{TP}_{q}\right)+(\mathrm{C}) \quad([12, \text { Lemma } 9.1(3) \text { and Eq. }(6.4)]) \\
\left(\mathrm{TJ}_{\infty}\right) & \Leftarrow(\mathrm{VD})+\left(\mathrm{TP}_{\infty}\right) \quad([12, \text { Lemma } 9.1(2)]) \\
\left(\mathrm{J}_{\geq}\right) & \Leftarrow(\mathrm{LE})+\text { "the existence of } J(x, y) "(\text { Lemma } 8.8)
\end{aligned}
$$

where the existence of $J(x, y)$ when $q=\infty$ is ensured by $\left(\mathrm{TJ}_{\infty}\right)$. Combining the above three implications, we complete the circle.

To prove the equivalence in (2.31), it suffices to prove the implication

$$
(\mathrm{VD})+\left(\mathrm{TP}_{q}\right)+(\mathrm{LE}) \Rightarrow(C)
$$

This follows from the following implications:

$$
\begin{aligned}
&(\mathrm{VD}) \Rightarrow\left(\mathrm{VD}_{*}\right) \quad(\text { Proposition 4.4) } \\
&(\mathrm{VD})+\left(\mathrm{TP}_{q}\right) \Rightarrow\left(\mathrm{TP}_{*}\right) \quad([12, \text { Proposition 3.1 and Eq. (8.17)]) } \\
&(\mathrm{LE}) \Rightarrow(\mathrm{NLE}) \\
&(\mathrm{VD})+(\mathrm{NLE}) \Rightarrow\left(\mathrm{NLE}_{*}\right) \quad(\text { Lemma 7.7 }) \\
&\left(\mathrm{VD}_{*}\right)+\left(\mathrm{TP}_{*}\right)+\left(\mathrm{NLE}_{*}\right) \Rightarrow\left(\mathrm{S}_{*}\right) \quad(\text { Lemma 8.11 }) \\
&(\mathrm{VD})+(\mathrm{S})+" \bar{R}=\operatorname{diam} M " \Rightarrow(\mathrm{C}) \quad(\text { Corollary } 8.9(1) \text { and Remark 2.15) }
\end{aligned}
$$

The implication (2.32) follows directly from (2.31) and the implication

$$
(\mathrm{VD})+\left(\mathrm{TP}_{q}\right) \Rightarrow\left(\mathrm{UE}_{q}\right) \quad([12, \text { Lemma 8.8] })
$$

Finally, the equivalence (2.33) follows from the equivalences (2.29), (2.31) and the following relations:

$$
\left(\mathrm{J}_{\leq}\right)=\left(\mathrm{TJ}_{\infty}\right) \quad \text { and } \quad\left(\mathrm{TP}_{\infty}\right) \Leftrightarrow\left(\mathrm{UE}_{\infty}\right)=(\mathrm{UE})
$$

## 9. Appendix

In this appendix, we collect some facts that have been used in this paper.
Proposition 9.1 ([12, Proposition 10.1 in Appendix]). Assume that condition (VD) holds and $W$ satisfies (2.8). Then there exists a constant $C>0$ such that, for all $t>0$ and all points $x, y$ in $M$ with $d(x, y) \leq W^{-1}(x, t) \vee W^{-1}(y, t)$,

$$
\begin{equation*}
C^{-1} \leq \frac{V\left(x, W^{-1}(x, t)\right)}{V\left(y, W^{-1}(y, t)\right)} \leq C . \tag{9.1}
\end{equation*}
$$

Proposition 9.2 ([11, Proposition 15.1 in Appendix]). Let $(\mathcal{E}, \mathcal{F})$ be a regular Dirichlet form in $L^{2}$. Suppose that $u=w+a \in \mathcal{F}^{\prime}$ with $w \in \mathcal{F}$ and $a \in \mathbb{R}, v \in \mathcal{F} \cap L^{\infty}$ and that $F: \mathbb{R} \mapsto \mathbb{R}$ is a Lipschitz function. Then the following statements are true.
(i) The function $F(u)-F(a)$ belongs to $\mathcal{F}$, so that $F(u) \in \mathcal{F}^{\prime}$.
(ii) If in addition $F(u) \in L^{\infty}$, then $F(u) v \in \mathcal{F} \cap L^{\infty}$.
(iii) Let $\Omega$ be an open subset of $M$. If in addition $v \in \mathcal{F}(\Omega)$, then $F(u) v \in \mathcal{F}(\Omega)$.

Proposition 9.3 ([11, Proposition 15.4 in Appendix]). Let $\left\{a_{k}\right\}_{k=0}^{\infty}$ be a sequence of nonnegative numbers such that

$$
a_{k} \leq D \lambda^{k} a_{k-1}^{1+\nu}, \quad k=1,2, \cdots
$$

for some constants $D, \nu>0$ and $\lambda \geq 1$. Then for any $k \geq 0$,

$$
a_{k} \leq D^{-\frac{1}{\nu}}\left(D^{\frac{1}{\nu}} \lambda^{\frac{1+\nu}{\nu^{2}}} a_{0}\right)^{(1+\nu)^{k}}
$$

The following was proved in [20, Lemma 2.12].
Lemma 9.4. Let $(\mathcal{E}, \mathcal{F})$ be a Dirichlet form in $L^{2}$. If

$$
f_{n} \xrightarrow{L^{2}} f, \quad \sup _{n} \mathcal{E}\left(f_{n}\right)<\infty,
$$

then $f \in \mathcal{F}$, and there exists a subsequence, still denoted by $\left\{f_{n}\right\}$, such that $f_{n} \underset{\mathcal{E}}{f}$ weakly, that is,

$$
\mathcal{E}\left(f_{n}, \varphi\right) \rightarrow \mathcal{E}(f, \varphi)
$$

as $n \rightarrow \infty$ for any $\varphi \in \mathcal{F}$. And there exists a subsequence $\left\{f_{n_{k}}\right\}$ such that its Cesaro mean $\frac{1}{n} \sum_{k=1}^{n} f_{n_{k}}$ converges to $f$ in $\mathcal{E}_{1}$-norm. Moreover, we have

$$
\mathcal{E}(f) \leq \liminf _{n \rightarrow \infty} \mathcal{E}\left(f_{n}\right) .
$$

The notion of the $\mu$-regular $\mathcal{E}$-nest $\left\{F_{k}\right\}$ is given in Section 2.
Proposition 9.5 ([11, Proposition 15.3 in Appendix $]$ ). Let $\left\{F_{k}\right\}$ be a $\mu$-regular $\mathcal{E}$-nest and $u \in C\left(\left\{F_{k}\right\}\right)$. Then for any open set $U \subset M$

$$
\sup _{U \cap F} u=\operatorname{esup}_{U} u \text { where } F:=\bigcup_{k \geq 1} F_{k} .
$$

Proposition 9.6 ([12, Proposition 10.6 in Appendix]). Let $B_{2} \subset B_{1}$ be two metric balls such that $B_{1} \backslash B_{2} \neq \emptyset$. Then for any quasi-continuous $v \in \mathcal{F}$,

$$
\int_{B_{1} \backslash B_{2}} v(y) J(x, d y) \leq\left(\operatorname{esup}_{B_{1}} v\right) \int_{B_{2}^{c}} J(x, d y) \quad \text { for q.e. } x \in B_{2} .
$$

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[^1]:    ${ }^{1}$ Although this lemma was stated for the local Dirichlet form, its proof also holds for the regular Dirichlet form.

